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What your interpersonal communication college professors never told you about interviews in the real world...

Picture walking into an interview and once a question is asked, your brain, the organ that is supposed to be the most intelligent and complex, turns to mush. What makes an interview so scary that your brain refuses to give you a logical answer to a question? People who have studied interpersonal communication might have the answer.

Even though many people believe that interviews are a lost art form, someone who wants to be understood and comfortable in the interview setting need only to take tips from their interpersonal communication class.

“So many times students think this is just a general education class, but knowing how to communicate with a nonverbal dominate person will give the interviewee more confidence in the interview,” said Ashley Howard, senior speech communication student. “I have noticed a huge difference in my confidence when it comes to communicating effectively with potential employers because I was required to take the basic interpersonal communication course.”

Studying interpersonal communication gives people knowledge on various forms of communication. Donnell King had an amazing way of describing interpersonal communication in his article, “The Four Principles of Interpersonal Communication.” King said, “We can't not communicate. The very attempt not to communicate communicates something.” According to King, we are constantly communicating to those around us through nonverbal cues including body language and facial expressions skills that can be extremely beneficial to you professionals entering a competitive job market Studying interpersonal communication can give you the skills you need to prevent your brain turning to mush during that all-important interview.

So do yourself a favor and enroll in an interpersonal communication class. It could help you land your dream job someday.