

Nutrition-Pathway Program

Lewis and Clark Community College Associate in Science Degree

Fall Year 1

LCCC Course		Hours
ENGL 131	First Year English I	3
MATH 131 ¹	College Algebra	4
CHEM 131 ^{1,3} /141 ^{1,2}	Intro or General Chemistry I	4
CHEM 121	Required if enrolled in CHEM 141	1
SPCH 131	Public Speaking	3
Total		15

Spring Year 1

LCCC Course		Hours
ELEC or CHEM 142 ^{2,3}	Elective or General Chemistry II	4
CHEM 122	Required if enrolled in CHEM 142	1
ENGL 132	First Year English II	3
IAI HUMN	IAI Humanities	3
BIOL 132*	Human Biology**	4
Total		15

Fall Year 2

LCCC Course		Hours
BIOL 141*	Anatomy and Physiology I	4
IAI FA	IAI Fine Arts	3
ELEC	Elective	3
MATH 138/171/235	Math Course ¹	4
Total		14

Spring Year 2

LCCC Course		Hours
IAI SOC BEH	IAI Social Behavioral Science	3
IAI LS ¹	IAI Non Lab Life Science	3
PSYC 131	General Psychology	3
BIOL 142*	Anatomy and Physiology II	3
BIOL 241*	Microbiology	4
Total		16

Associate in Science Total 60

¹These courses meet the Math/ Science requirements for the AS degree.

Choose Math course (138, 235, or 171) on post-graduate degree plans.

²Students planning on pursuing post graduate Dietetics program should consider taking CHEM 141 and 142.

³LCCC students will need to take CHEM 120B/124B at SIUE.

*Required course for SIUE Nutrition program

**Minimum grade of "C" or better required

***Math 131 or higher is a prerequisite for Chemistry 141, Math 171 and 235

LCCC students will need to complete one course that meets the Human relations and Non Western requirements.

Southern Illinois University Edwardsville Bachelor of Science Degree

Summer Year 3

SIUE Course		Hours
NUTR 250	Intro to Human Nutrition	3
CHEM 120B/124B ³	Gen, Organic, & Biol. Chem. /Lab	4
Total		7

Fall Year 3

SIUE Course		Hours
KIN 211	Medical Terminology	3
NUTR 319	Nutrition Biochemistry	3
NUTR 205	Food Science	3
NUTR 327	Lifecycle Nutrition	3
KIN 275	Intro to Careers - Nutr/Exsc	3
Total		15

Spring Year 3

SIUE Course		Hours
NUTR 401	Nutr. Education and Counseling	3
NUTR 210	Food and Culture	3
IS XXX	Interdisciplinary Course	3
NUTR 355/KIN 355	Sports Nutrition and Supplm.	3
ELEC	Elective	3
Total		15

Fall Year 4

SIUE Course		Hours
NUTR 408	Food Service Management I	3
NUTR 409	Large Quantity Food Prep	3
NUTR 411	Intro Medical Nutrition Therapy	3
ELEC/BSS	Elective/Breadth Social Science	3
ELEC	Elective	3
Total		15

Spring Year 4

SIUE Course		Hours
NUTR 410	Food Service Management II	3
NUTR 464	Senior Assignment in Nutrition	3
KIN 412	Biology of CVD & Metabol. Dis	3
NUTR 421	Medical Nutrition Therapy II	3
ELEC	Elective	3
Total		15

Bachelor of Science Total 127

Students must complete 50% or more of SIUE degree requirements at SIUE. (120 +hours required for

Nutrition-Pathway Program

Admission Requirements

To be admitted to the nutrition program, students must:

- Earn a grade of C or better in Biology 140 (LCCC BIOL 132) or Biology 150 or its equivalent
- Earn a C or better in Chemistry 120A and Chemistry 124A (LCCC CHEM 131) or Chemistry 121A and 125A (LCCC CHEM 141,121) or their equivalents
- Earn a B or better in KIN 275, Introduction to Careers in Nutritional and Exercise Science
- Have a cumulative grade point average of 2.75 or higher

Application Deadline: Ongoing

Transfer

Transfer students may be accepted on a space available basis and must have a minimum GPA of 2.75 and completed KIN 275 (or equivalent) with a B or better and BIOL 140 (LCCC BIOL 132) or BIOL 150 (or equivalent) and CHEM 120A/124A (LCCC CHEM 131) or CHEM 121, 125A (LCCC CHEM 141,121) (or equivalent) with a C or better to be considered for acceptance. Transfer credit for courses will be evaluated by the Registrar.