

**Kaskaskia College**  
**Associate in Arts**  
**NUTRITION**

Completion of an Associate in Arts or Science degree at Kaskaskia College fulfills SIUE’s general education requirements, with the exception of an Interdisciplinary Studies course that all students must take during their junior and senior year at SIUE.

This “Transfer Program Guide” is an **example** of proposed curriculum for students to use while completing their associate’s degree. Reading, writing and math placement could alter the course sequencing and transfer date. Therefore students should begin sequencing their reading/writing (if applicable) and math & science courses during the first semester, paying close attention to prerequisites. Students have the option of taking summer classes to lessen fall and spring course loads.

It is highly recommended that students meet with a KC advisor each semester. Please see “**Important Student Notes**” located on page of two of this transfer guide.

| Fall Year 1  |           | Spring Year 1   |           |
|--|-----------|---|-----------|
| KC Course  | Hours     | KC Course   | Hours     |
| ENGL 101 - English Composition                       | 3         | ENGL 102 - English Composition                            | 3         |
| <sup>1</sup> IAI Mathematics                         | 4         | IAI Humanities  | 3         |
| <sup>2</sup> BIOL 101 - Principles of Biology I      | 4         | BIOL 121 - Anatomy & Physiology                           | 4         |
| SPCH 103 - Fundamentals of Speech                    | 3         | SOCO 101 - Sociology                                      | 3         |
| PHLE 119- Core Values/Ethical Decision Making        | 1         | IAI Social or Behavioral Science                          | 3         |
| <b>Total</b>   | <b>15</b> | <b>Total</b>  | <b>16</b> |
| Fall Year 2  |           | Spring Year 2   |           |
| KC Course  | Hours     | KC Course   | Hours     |
| BIOL 122 - Anatomy & Physiology                      | 4         | IAI Humanities or Fine Arts                               | 3         |
| <sup>2,3</sup> CHEM 103/111 - Intro CChem/Gen Chem I | 5         | <sup>2,3</sup> CHEM 104/112 - Intro Org & Bio/Gen Chem II | 5         |
| PSYH 101 - Psychology                                | 3         | Elective  | 3         |
| IAI Fine Arts  | 3         | Elective  | 2         |
| <b>Total</b>   | <b>15</b> | Health/Personal Development                               | 5         |
|  |           | <b>Total</b>  | <b>18</b> |
|  |           | <b>Associate Total</b>                                    | <b>64</b> |

<sup>1</sup>Mathematics course depends on post graduate work. Please consult with an academic advisor.

<sup>2</sup>Courses require a grade of "C" or higher.

<sup>3</sup>For students interested in an eventual Master’s in Nutrition/Dietetics, CHEM 208 (CHEM 241a at SIUE) is required. Pre-requisites for CHEM 208 (241a) are CHEM 111 and CHEM 112. CHEM 103 = 4 credits; CHEM 111 = 5 credits; CHEM 104 = 4 credits; CHEM 112 = 5 credits.

**Although a minor is not required for students who complete the Bachelor’s degree for Nutrition, it is suggested that students consider a minor. Courses taken at KC to meet KC’s general education requirements (including electives) can be used for the minor. Students should begin planning early for any of these options.**

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**IMPORTANT STUDENT NOTES**

The preceding information is provided to assist students in the transfer process. In no way does this document substitute for meeting with an academic advisor. Students are advised to meet on a regular basis with advisors at KC. Courses taken through dual credit can be applied to required SIUE coursework; please contact KC advisor for more information. Please consult Kaskaskia College catalog for additional graduation requirements.

Students are required to complete a Bachelor of Science degree. A Bachelor of Science degree will require completion of 8 courses in life, physical, or social science, in addition to 2 courses with a lab component

**DECLARATION REQUIREMENTS FOR NUTRITION**

- An overall GPA of 2.75 or higher
- Grades of "C" or higher in BIOL 101 and CHEM 103 or 111
- Grade of "B" or higher in KIN 275 (SIUE course)

Transfer students may be accepted on a space available basis and must have a minimum 2.75 GPA to be considered for acceptance.