

**SOUTHERN ILLINOIS UNIVERSITY
EDWARDSVILLE**

Pathway to Academic Success



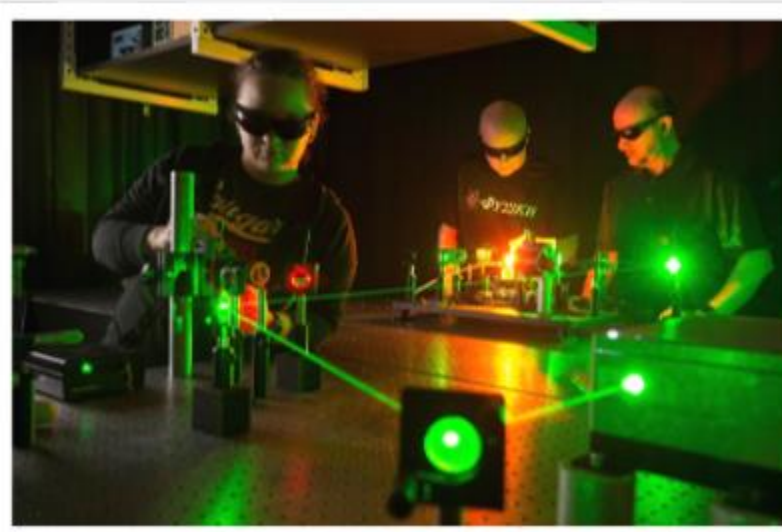
**An Introduction to
Academic Support and Success**

Academic Success

- How College is Different
- Succeeding in College
- Understanding Academic Degrees



Is it Different?



What's Different?

More
Independence

Class
Attendance

Learning
Environment

Course Load
and Time
Commitment

Time
Management

Participation
and
Engagement

Personal
Responsibility
and Motivation

Assignments
and Tests

New
Environment

Student Adjustments

| | |
|------------------------------|--|
| Homesickness | Get involved/be active, routine, connections, comforts, talk it out. |
| Time Management | Use a planner, set priorities, get organized, schedule appropriately, stop procrastinating. |
| Study Skills | Prepare for and participate in class, follow up, set a schedule, ask for help, stay focused. |
| Academic Expectations | Responsible, organized, engage with faculty and peers. |
| Financial Issues | Budget or financial plan, revenues, expenses |
| Stress Management | Be active, self-care, get enough sleep, seek support. |

University Support



- Academic Advising
- Career Development Center
- Success Coaches
- New Student Specific Course
- Learning Support Services
- ACCESS
- Counseling Services
- Kimmel Belonging and Engagement Hub
- Faculty
- Housing Staff

Family & Peer Support

- **Visit** your student.
- **Listen** objectively.
- **Engage** with student to understand their habits and behaviors.
- **Empower** your student to advocate for their needs.
- **Remind** your student about campus resources.
- **Reach out** directly to University personnel when you need to intercede.

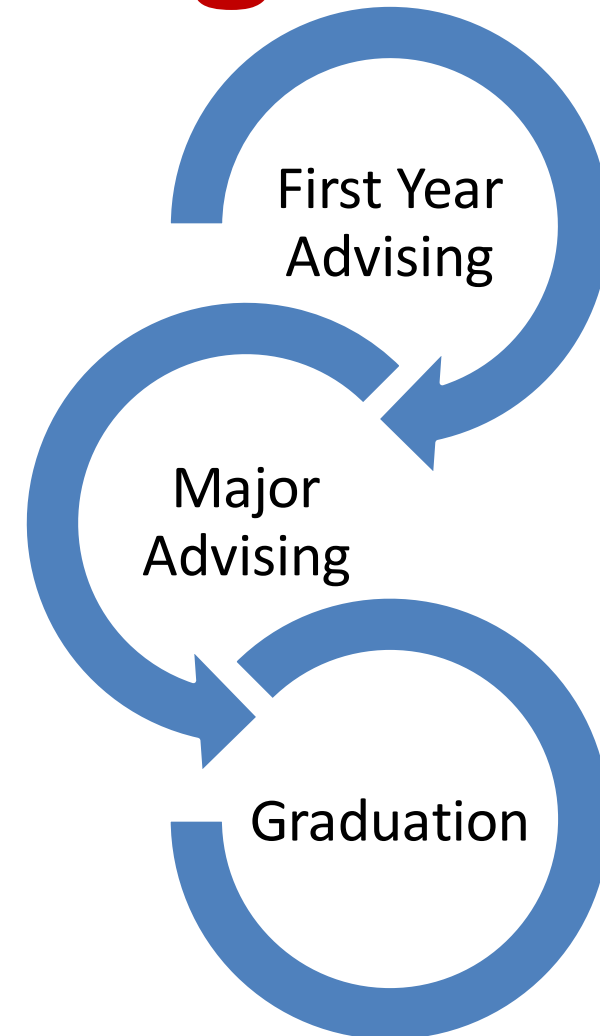
Academic Advising at SIUE

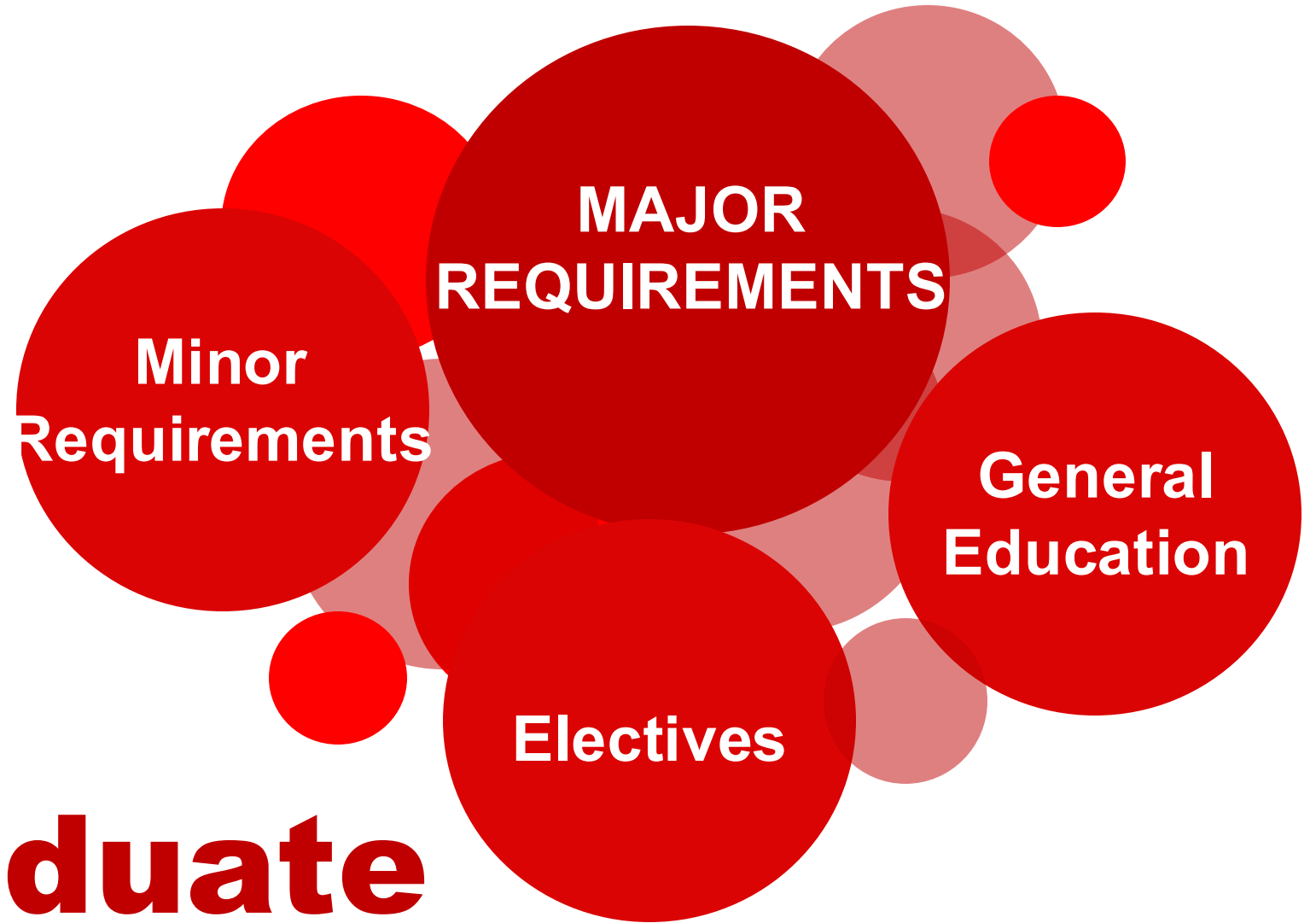
Advising is required at SIUE!

First-year students are supported by advising offices: **First-year and Transitional Advising, SOAR, Athletics, and Honors.**

First-year students: meet with your advisor at least **three times per semester**

Academic Advisors are partners on your academic journey.





Undergraduate **Degree Structure**

15 to finish.

Students who take 15 credit hours per semester or 30 credit hours per year stay on track to graduate in **4 years**.

What should my fall schedule look like?

- General education course(s)
- New student specific course
- Major related or required courses
- Electives or exploratory courses

Student Preparation

Use a planner

Put upcoming plans and schedules in a planner.

Check email

Check email twice a day to develop good habits.

Develop sleep schedule

You will know your academic schedule. Plan to develop a sleeping schedule so it is less difficult to transition.

Don't forget academics

Work on something academic so you don't get rusty.

Evaluate your career goals

If you are unsure of your major or want to confirm your decision, you can use the Career Development website to explore career outcomes.

Begin the pathway to SIUE

Be ready to make new friends and develop new networks at SIUE. Identify ways to stay in touch with family and longstanding friends. Don't expect to continue status quo.

Remember...

- Academic programs and expectations are different in college.
- Success is possible with support and your resources.
- Achieving results is within **your control**.
- This is a journey.



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