



WHAT WE DO & HOW WE HELP

The Cougar Cupboard provides food and mainstay toiletry items to active students, staff and faculty that find themselves in need.

We can provide **up to three days of food one time per month to a client** at the Cougar Cupboard.

CONTACT INFORMATION

PHONE: 618-650-2020

EMAIL: cougarcupboard@siue.edu

ITEMS WE CURRENTLY NEED

Canned Fruit
Oatmeal (single flavored packs)
Cereal
Canned Chicken
Peanut Butter
Pasta Sauce
Canned Tomatoes
Rice
Canned Beans
Canned Carrots
Canned Peas
Canned Mixed Vegetables
Canned Corn
Canned Green Beans
Canned Potatoes
Conditioner
Shampoo
Body Wash
Paper Towels
Toilet Paper
Detergent pods

COUGAR CUPBOARD

THE BASICS



Hours of Operation

Monday 5:00 PM – 7:00 PM
Tuesday 10:00 AM – 1:30 PM
Thursday 5:00 PM – 7:00 PM
Friday 11:00 AM – 1:00 PM

Times will vary during breaks and holidays



Location

The Cougar Cupboard is located in the Morris University Center (MUC) on the 2nd floor. Following signage toward the International Room the Cupboard is directly across the hall from the International Room.



HOW YOU CAN HELP

Hold a Food Drive

Contact our office for details on hosting a food drive.

Hold a fundraiser

Holding a fundraiser for the Cupboard is helpful too! Monetary donations help us with small expenses (office supplies, and our holiday food programs, etc...)

Volunteer

Interested in volunteering? Email us and let us know. We'll contact you back to let you know how volunteering works at the Cupboard. There is a short but necessary training for all volunteers.



THINGS TO KNOW

Food donations should be scheduled for drop off. **Please call or email ahead if you're planning a food drive.** Scheduling a drop off time ensures we have proper volunteer staff and space available to accommodate the donation.

All donations should be taken to the Kimmel Belonging and Engagement Hub in the MUC – Open **8am-4:30pm M-F**

- We can only accept un-opened nonperishable foods
- Monetary donations can be made on the SIUE Cougar Cupboard website
- We can now assist clients with SNAP benefit applications

Website



Instagram



Facebook

