**Goal Setting**

Preparation for the future

**Technology Knowledge**

**Classes/Program of Study**

**Finances**

**LESSON MAP**

**LESSON TOPIC**

**Goal Setting**

Specifically stating your desired result and working toward achieving that result.

**IS ABOUT**

1. Set a specific goal
2. Set a measurement - how will I know I achieved?
3. Is my goal achievable/realistic?
4. Is my goal relevant - going to change my life for better?
5. What is my timeframe to complete the goal?

**DISCUSSION:** Relationship - 1) Lesson to Unit AND 2) Importance of Lesson to Daily Life

**Self-Test Questions (Evaluation):**

1. Is my goal specific?
2. Do I have a way to measure my goal?
3. Is my goal achievable/realistic?
4. Is my goal relevant - will it make my life better?
5. Do I have a timeframe/schedule for my goal?

**Tasks/Strategies:**

1. Use SMART goal worksheet to help set goals
2. Have student write down goals and carry copy
3. Use folktales to reinforce goal setting
4. Use pebbles, rocks, & water in jar to reinforce goal setting