



Health Experience Completion Request Form

Request to acknowledge a Pre-Approved Health Experience

Student Name _____ University ID 800 _____

e-ID _____ Phone: _____

The Health Experience was designed to be flexible, and to allow for possibility of both course and non-course fulfillment. Students only need to successfully complete one Health Experience to meet the General Education requirement.

Pre-Approved Health Experience (non-SIUE) course options:

Health Experience credit will be granted when a student provides dated certification that shows they have completed one of the following experiences **post-high school graduation**. Certification materials should be presented to the Service Center.

Check one:

- One semester in collegiate Varsity Athletics
- One semester in SIUE Club Sports; eSports excluded
- PADI SCUBA diving certification (initial training only, not recertification)
- Emergency Medical Response certification (initial training only, not recertification)
- Lifeguard certification (initial training only, not recertification)
- Basic Training (Military)
- Completion of SIUE Indoor Triathlon
- SIUE Campus Recreation Participation 10 sessions of one activity:
Yoga Belly Dancing
- One semester of Air Force or Army ROTC participation
- Certified Yoga Instructor
- Certified ACSM Personal Trainer
- Certified ACSM Group Exercise Instructor
- Completion of at least five Health Experience designated SIUE Student Academic Success Sessions (SASS) through the Office of Retention and Student Success
- Completion of Introduction and at least five modules of the ACCESS "Online Learning Community Course" [available for students registered with ACCESS]
- CPR (initial certification). Cannot be completed with an online course
- Completion of 10-hour Occupational Safety and Health (OSHA) training course
- Completion of SIUE's 6-hour Green Dot Training

List attached documentation:

The General Education Committee reserves the right to request additional documentation when needed.

Student Signature

Date

Submit the request form and attached documentation to the Service Center, Rendleman Hall, room 1309, mail to: SIUE, Service Center, Box 1080, Edwardsville, IL 62026, or by email to servicecenter@siue.edu.

Office Use Only:

Rec'd in Service Center:	Entered in Banner:	Student notified via email:
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