# **SIUE School of Pharmacy Mentoring Program**

## Personal and Professional Development (PPD) Course Summary

The PPD series is taught each semester of P1-P3 year.

• This series was originally envisioned as a way to ensure we had time and space devoted to address (in part) Standard 4 of accreditation standards.

### Standard 4

- o 4.1 self-awareness
- o 4.2 leadership
- o 4.3 innovation and entrepreneurship
- 4.4 professionalism

The PPD sequence has a few common threads throughout the P1-P3 years which are summarized in the chart below:

Recurring Topic	Description	Timing
Co-Curricular	<ul> <li>At least 3 events/term</li> <li>Health-related</li> <li>Professional development</li> </ul>	P1-P3
Interprofessional	<ul> <li>Didactic information, discussion and activities in class</li> <li>Focused Interprofessional Education (IPE) events</li> </ul>	P1-P3 P3
Career Planning	<ul><li>APhA Career Pathways</li><li>CV Development, Interviewing skills</li></ul>	P1 P1 and P3
Contemporary Topics	<ul> <li>Identify and discuss current "hot topics" in pharmacy</li> <li>Increasing student responsibility over time</li> <li>Reporting -&gt; problem solving -&gt; innovating</li> </ul>	P1-P3
Book Club	<ul> <li>Students will read, discuss and reflect on one book per year</li> <li>P1 theme – ethical issues</li> <li>P2 theme – empathy</li> <li>P3 theme – leadership</li> </ul>	P1-P3
IPPE Rotations	<ul> <li>Two-week experience in fall</li> <li>3-week experience in fall and spring</li> <li>Prepare students for APPE rotations and ImPaCT project</li> </ul>	P1 P2 P3
Leadership	<ul> <li>Didactic information, discussion and activities in class</li> <li>Leading in each setting and leading change in pharmacy</li> </ul>	P1-P3
Skills	<ul> <li>Mental Health First Aid</li> <li>Immunization Certification</li> <li>Basic Life Support Training (BLS)</li> </ul>	P1 spring

\*Co-Curricular Requirements will become a longitudinal, student-driven process with requirements each semester from spring P1 year through spring P3 year.

### Categories

- A: Health-related community service (e.g., health fairs, immunization clinics, brown bags, farmers market, HVI, Springfield outreach clinic, etc)
- B: Professional development (e.g., approved CE program, Legislative day, attendance and/or presentation at professional meetings, on-campus opportunities through Kimmel)
- C: Non-profession community service volunteer event (e.g., highway clean-up, church or community organization events, etc) This category will not be required, but can be used as an option if approved by the course coordinator
- Activities that are completed as a component of a student's job / for an employer (e.g., paid or unpaid internships) or to receive course credit will not count towards the requirements

### Minimum expectations

- To fulfill the requirements, each student must complete at least 3 events per term, with at least one event from Category A and at least one event from Category B per term. The third event can be an additional Category A or B event or a Category C event if approved by Experiential Education before completion
- Students will complete a reflection assignment about why they chose the activity, how completing the activity serves their professional development, and relate it to one of the aspects of Standard 4: self-awareness, leadership, innovation, and professionalism.