**BACKGROUND**

- Risky alcohol use behaviors are most prevalent in individuals 18-25 years.
- Many pharmacy students fall within that age range and may be exhibiting these behaviors.

**OBJECTIVES**

- Identify trends in alcohol use among pharmacy students.
- Determine the biggest motives behind alcohol use in pharmacy students.
- Identify ways the School of Pharmacy can support students outside of the curriculum.

**METHODS**

- An electronic survey was sent out to approximately 300 SIUe SOP students (P1-P4).
- Data was collected from Sep. 5, 2023 – Sep. 25, 2023.
- Students were asked about demographics, alcohol use habits, and ways the school can provide support.
- Data was analyzed using descriptive statistics.

**RESULTS**

- **Respondent Demographics:**
  - 83 responses
  - Female: 72%, Male: 28%
  - Age RANGE:
    - 18-25 years old: 86%
    - 26-35 years old: 12%
    - 36-45 years old: 2%
  - Class Designation:
    - P1: 18%
    - P2: 21%
    - P3: 22%
    - P4: 39%
  - 90% reported part-time work throughout the school year.

- **Average Amount of Drinks Per Week**

- **Alcohol Use Change From P1**

- **Motivations for Alcohol Use**

**CONCLUSION**

- Most common reported motives for alcohol use:
  - Social (38%)
  - Celebrations (32%)

- Participant suggested opportunities for further support from the School of Pharmacy (n=23):
  - Friday night events
  - Post-therapeutics exam events
  - Self-care items
  - Hobbies – crafts, yoga, etc.
  - Confidence building exercises

**REFERENCES**