

Terah Coughlin

Mentor: Jen Arnoldi

Title: *Burnout Among Illinois Pharmacists*

#### Abstract

**Introduction:** The purpose of this research project is to determine a baseline assessment in of pharmacist burnout within the state of Illinois and more specifically within the Illinois Pharmacists Association (IPhA) and Illinois Council of Health System Pharmacists (IChP) professional organizations.

**Methods:** Our cross-sectional survey study was completed between August 2019 and October 2019 on Qualtrics software. In order to recruit our participants, we sent out the survey link via email to a facilitator of both Illinois Pharmacists Association (IPhA) and Illinois Council of Health System Pharmacists (IChP). The facilitator was asked to send out the survey to their members and to ask Pharmacist members to complete. Southern Illinois University of Edwardsville Institutional Review Board approval was obtained prior to survey distribution.

**Results:** There were 207 pharmacists that submitted the survey. Surveys that were included in the analysis was 190, due to 17 of the surveys not being completed. The mean burnout score was a 41.26 (on a scale between 16 and 64) between all pharmacists that submitted the survey. There were many baseline characteristic groups that reported higher survey scores than others.

**Conclusion:** With the average score of all participants for the survey being 41.26, this means that at least 50% of the pharmacists are experiencing a moderate amount of burnout at their place of work.