

# SIUE

## Educational Outreach

Spring 2019 Catalog



SOUTHERN ILLINOIS UNIVERSITY  
**EDWARDSVILLE**

[siue.edu/educational-outreach](http://siue.edu/educational-outreach)

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## About the Office of Educational Outreach

The SIUE Office of Educational Outreach enriches the economic, cultural, personal and professional lives of a diverse society, eliminating barriers to expand the educational resources of SIUE. We promote learning by providing accessible educational opportunities through the development of relevant, collaborative programs and partnerships.

- Continuing education courses for licensed professionals
- Training programs for personal and professional development
- Leisure learning opportunities
- Test preparation courses

### Office of Educational Outreach

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## Personal Development [siue.edu/personal-development](http://siue.edu/personal-development)

### Languages

**Conversational Japanese:** This course is designed to help students with little or no previous experience with the Japanese language. Participants will learn basic introductions, greetings and vocabulary used to describe common items and experiences. Pronunciation will be practiced, and basic Japanese conversation will be introduced, along with learning about Japanese culture. No textbook is needed for the course. The instructor will provide handouts.

Course Fee: \$89

Wednesdays, 7-8:30 p.m., February 13-April 3

SIUE Main Campus

*"This course helped me understand more about Japanese language and culture in a very comfortable setting. My daughter and I took this course in preparation for a summer trip to Japan, and we both enjoyed it very much." —Catherine W.*

*"The instructor was personable and a pleasure to learn from—always entertaining questions and offering insight about the language and some cultural and historical information, as well." —Russ B.*

**Beginning Spanish:** This course will introduce the Spanish language to those with little to no knowledge of it.

Course Fee: \$89

Mondays, 6-7:30 p.m., February 4-March 4

SIUE Main Campus

### Introduction to American Sign Language and Deaf Culture:

This is an overview of American Sign Language (ASL) and its basic vocabulary, structure, syntax and grammar. Participants will focus on mastering the basics of fingerspelling, numbers, colors, facial grammar and sentence structure. Participants will also learn conversational and cultural behaviors necessary to hold a beginning-level conversation in ASL with deaf or hearing-impaired users of the language. Introductory information about deaf culture will also be presented, along with deaf humor, to provide students with a broad picture of language and culture.

Course Fee: \$99 (with parking \$126)

Thursdays, 7-9 p.m., February 21-April 18

SIUE Main Campus

**Beginning German I:** This course introduces students to the fundamentals of the German language and culture. No prior knowledge of the language is necessary. Participants of the course are required to purchase the textbook "Deutsch: Na Klar!" sixth edition separately from the course cost.

Course Fee: \$99

Tuesdays, 6-7:30 p.m., February 26-April 2

SIUE Main Campus

**Advanced German:** Participants will continue to embellish their speaking skills. Incorporating their knowledge, participants will be able to apply that knowledge to every-day subjects. Participants of the course are required to purchase the textbook "Deutsch: Na Klar!" sixth edition.

Course Fee: \$99

Thursdays, 6-7:30 p.m., February 28-April 4

SIUE Main Campus

**Beginning Italian:** Learn Italian in this beginning course that explores the fun and enjoyment of the language and culture. It provides a basic understanding of the Italian language through grammar, pronunciation, recognition of Italian words, formulation of questions for basic conversation, and building simple vocabulary.

Course Fee: \$99

Wednesdays, 4-6 p.m., February 6-April 10

Fairview Heights Public Library

*"Italian was a great class that far exceeded my expectations. I can't wait to continue learning from Barbara Klein." —Pat V.*

**Advanced Italian:** If you already have knowledge of this beautiful language, this course is designed just for you. We will review grammar and syntax in conjunction with readings in Italian.

Course Fee: \$99

Wednesdays, 6:30-8 p.m., February 6-April 10

Fairview Heights Public Library

*"This course helped me prepare for a trip to Italy by greatly increasing my reading skills. In addition, the verbal interactions with other students and the professor provided needed exposure to new Italian language skills. I was a bit nervous about taking the course, as I did not consider myself 'advanced,' but it was a great experience." —Michael A.*

**Modern Greek for Beginners:** This class is for high school students and adults who would like to learn the Greek language. Participants will be taught Greek reading, grammar and culture. Dialogue sections will be provided in Greek and English. The dialogues are from live videos filmed in Greece. Textbook and all supporting materials are included in the cost of the course.

*Course Fee: \$129 (with parking \$174)  
Thursdays, 5-7 p.m., February 7-May 2  
SIUE Main Campus*

## Health and Wellness

**Self-Care as Preventive Healthcare:** From basic daily care to preventative measures and treatment, much of our healthcare actually takes place at home. Knowing the right information can help in making wise health choices in prevention and decisions for home treatment, as well as knowing when to seek professional medical advice and attention. We will discuss preventive measures, simple home treatment suggestions, and how to prepare for a visit and conversation with your healthcare provider for best outcomes. Being well informed can help you not only live a healthier life, but also help your healthcare dollar go farther.

*Course Fee: \$49  
Tuesdays, 6:30-7:30 p.m., February 5-26  
SIUE Main Campus*

### Renew, Do and Chew Your Way to Your Best

**You:** Being the best you is built on simple everyday choices. Getting back to the basics of wellness for better health, we will review the importance of addressing the whole you. In this course, you will learn simple mindfulness techniques for relaxation, ways to be active both physically and in the community, ideas to achieve better quality sleep, and more about wise food choices. Join us, and learn how to renew, do and chew your way to your best you!

*Course Fee: \$49  
Wednesdays, 6-7:30 p.m., February 20-March 13  
Glen Carbon Library*

### Ayurveda: The Science of Personalized, Natural

**Healthcare:** The term “ayurveda” translates as “the science of life.” Traditionally, it partners with yoga to provide a basis of personalized and natural healthcare. This course will explore the basics of ayurveda theory, including personal constitution,

seasonal changes, lifestyle and daily regimen suggestions.

*Course Fee: \$49  
Wednesdays, 5:30-7 p.m., April 3-May 8  
SIUE University Park, Technology Management Center*

**Sensing and Action:** Most of us move through life unaware of the physical patterns that result in chronic pain, stiffness and limited movement. Learn how to change physical patterns or adopt new ones to gain freedom of movement, reduce pain and stiffness, and improve quality of life. This course is for all ages and fitness levels, especially helpful for seniors. Most of the exercises will be done lying on the floor, so participants should wear loose, comfortable clothing for easy movement and bring a mat to lie on.

*Course Fee: \$49  
Tuesdays, 5:30-7 p.m., April 9-May 14  
SIUE Main Campus*

**Managing Stress:** This course is designed to increase awareness of stress and how it impacts the quality of life. Learn to identify stressors and implement strategies to effectively manage them. Develop personalized stress management skills needed to construct a healthy lifestyle.

*Course Fee: \$59  
Thursdays, 6-7 p.m., February 7-March 14  
SIUE Main Campus*

**Nia®: A Sensory Fitness Journey:** Nia® is sensory-based fusion fitness that ignites mind and body through martial arts, dance arts and healing arts. Discover the dynamics of Tae Kwon Do and Tai Chi, the fun and freedom of dance, the power of yoga and more, in this revolutionary cardiovascular experience! Tone your body and tune your mind while moving in pleasure to worldly music that inspires and motivates all body-types and fitness levels. Explore your wild-side and feed your spirit through sustainable, holistic wellness that feels good! An optional textbook for the course is “The Nia® Technique” and may be purchased for an additional fee but is not required.

*Course Fee: \$15 per workout or \$60 for all five workouts during a session  
Four sessions are available:  
Thursdays, 6-7 p.m., February 7-March 7  
Saturdays, 8:30-9:30 a.m., February 9-March 9*

*Thursdays, 6-7 p.m., March 14-April 11  
Saturdays, 8:30-9:30 a.m., March 16-April 13  
SIUE Main Campus*

**Yoga: History and Practice:** This beginning yoga class provides the fundamentals and historical principles of yoga. Participants will learn posture alignment, practice breath work through guided demonstration and reap the benefits of yoga, including improved balance, physical strength, flexibility, relaxation, increased energy and better digestion.

*Course Fee: \$10 per workout or \$85 for all 10 workouts during a session*

*Two Sessions Available:  
Tuesday and Thursdays, 5-6 p.m.,  
February 5-March 7*

*Tuesday and Thursdays, 5-6 p.m.,  
March 19-April 18  
SIUE Main Campus*

## Creative Arts

**Mosaic Stained Glass Stepping Stone:** During this two-hour course, participants will search through boxes of stained glass to create their very own stained glass mosaic stepping stone. You will have two hours to complete the course and you may purchase additional materials to create more than one stone in the course.

*Course Fee: \$25  
Three Sessions Available:  
Friday, Jan. 11, 6-8 p.m.  
Friday, Feb. 8, 6-8 p.m.  
Saturday, Feb. 9, 4-6 p.m.  
Macoupin Art Collective, Staunton, Ill.*

**Beginning Drawing:** Think drawing is a gift that must come naturally? Drawing is a skill that can be developed with practice. You will learn how to draw with proper techniques, discovering how to represent what you see through studies in contour drawing, perspective, positive/negative space and value. With feedback from an expert instructor, you will improve your drawing and develop a deeper understanding of any subject you are trying to capture as an artist or designer.

*Cost: \$79  
Thursdays, 5-6:30 p.m., February 7-March 14  
SIUE Main Campus, Art and Design West, Room 2103*

**Intermediate Drawing:** For those with some drawing experience, you will refine and expand your drawing and observation skills.

*Cost: \$79  
Thursdays, 6:30-8 p.m., February 7-March 14  
SIUE Main Campus, Art and Design West, Room 2103*

**Traditional Chinese Calligraphy:** This course introduces the basic brush work and tools used in traditional Chinese calligraphy. Individuals will learn and practice the basic skills used in writing the standard or regular script in traditional Chinese calligraphy.

*Course Fee: \$99  
Thursdays, 6:30-8 p.m., March 21-April 25  
SIUE Main Campus, Art and Design West, Room 2140*

**Crocheting:** Learn the basic stitches and techniques, plus how to read a symbol chart in this six-week course. A size H crochet hook with worsted weight yarn in a light color are recommended. We will end with the iconic granny square. These projects are so wonderfully portable.

*Course Fee: \$110  
Wednesdays, 6-8 p.m., January 9-February 13  
Macoupin Art Collective, Staunton, Ill.*

**Knitting:** Learn how to knit in this six-week course with Ms. Kate Tegtmeier! Start a new hobby, or make hats and scarves for winter. If you haven't knitted in years or are new to knitting, Ms. Kate will teach you the basics with two unique projects.

*Course Fee: \$110  
Wednesdays, 6-8 p.m., February 27-April 3  
Macoupin Art Collective, Staunton, Ill.*

**Figural Ceramics:** A study of the human form in clay. We will build a strong understanding of proportions and anatomy which will give us the freedom to stretch and stylize our study of the human form. Join us for six weeks of sculpting the human creature in this figural ceramics course.

*Course Fee: \$115  
Thursdays, 6-8 p.m., January 10-February 14  
Macoupin Art Collective, Staunton, Ill.*

**Open Figure Drawing:** Figure drawing is a time-honored practice studying the human form as an artistic subject. It engages a professional collaboration between model and art students



in which dynamic poses are held still for various lengths of time in order to capture movement and expression. Those who practice figure drawing regularly learn the underlying thought and process that aid in conveying the human form convincingly.

*Course Fee: \$8 per session or \$60 for all 8 sessions*  
*Fridays, 1-3 p.m., January 18, February 1, 15, March 1, 29, April 12, 26*  
*SIUE Main Campus, Art & Design Building, Room 2103*

## Culinary Arts

**Cookie Decorating with Blackbird Bakery:** In this two-part course with instructor Emily Paul of Blackbird Bakery, you will learn how to make royal icing, mix colors, fill cookies using basic colors and wet-on-wet designs, and add additional decorations, including flowers and lace. At the end of the course, you will take home one dozen decorated cookies.

*Course Fee: \$55*

### Two Sessions Available:

*Tuesdays, 6-8 p.m., January 15 and 22*  
*Tuesdays, 6-8 p.m., February 5 and 12*  
*Macoupin Art Collective, Staunton, Ill.*

**Cake Decorating for Beginners:** Ever wanted to make family and friends say “wow” when looking at one of your cake creations? Now you can learn the techniques needed to make this dream a reality! Learn how to decorate a cake or cupcakes using a variety of decoration and frosting techniques. All supplies will be provided, including textbook and recipes.

*Course Fee: \$129*

*Wednesdays, 6:30-8 p.m., March 6-April 10*  
*Glazy Squares Donut Shop, Edwardsville*

**Artisan Breads I:** Learn the basics of bread-making, including the terminology, ingredient functionality, dough handling, fermentation steps, mixing and dough development, as well as the fermentation in the baking process. Participants will be able to take all recipes and finished products (20-30 loaves of bread) home with them. All ingredients will be provided for the baking process. Please bring an apron, notebook and pen!

*Course Fee: \$129*

*Two sessions available:*

*Monday, Tuesday, Wednesday, 5-8 p.m., February 11-13*

*Monday, Tuesday, Wednesday, 5-8 p.m., February 25-27*  
*Artisan 222 Bakery, Edwardsville*

**Artisan Breads II:** This course will build on the knowledge learned in Artisan Breads I. The focus will be on sourdough breads and the functions of bread making. Artisan Breads I is required before participating in Artisan Breads II. Participants will be able to take all recipes and finished products (20-30 loaves of bread) home with them. All ingredients will be provided for the baking process. Please bring an apron, notebook and pen!

*Course Fee: \$129*

*Monday, Tuesday, Wednesday, 5-8 p.m., March 11-13*  
*Artisan 222 Bakery, Edwardsville*

**Breads of the World:** This course will take the knowledge learned in Artisan Breads I and II and apply it to much more complex bread making. Participants will learn how to create and bake breads from around the world, including Brioche, Challah, Mediterranean and many more! Artisan Breads I and II must be taken before participating in Breads of the World. Participants will be able to take all recipes and finished products (20-30 loaves of bread) home with them. All ingredients will be provided for the baking process. Please bring an apron, notebook and pen!

*Course Fee: \$129*

*Monday, Tuesday, Wednesday, 5-8 p.m., March 25-27*  
*Artisan 222 Bakery, Edwardsville*

## Music

**Piano for Beginners:** Participants will learn the fundamentals of music theory and will be playing and applying those skills. Notes, rhythms, tempos and more will be taught. This is a great class if you’ve never touched a piano or if you played at one time and want a refresher course!

*Course Fee: \$125*

*Tuesdays, 6-7 p.m., February 12-May 28 (no class on March 5, April 9 or April 16)*  
*SIUE Main Campus, Dunham Hall, Room 2142*

**Intermediate Piano:** This course is designed for participants who have had at least a few years of piano lessons. Students will learn new skills, review some basics and play aloud in class. Participants will be able to bring their own pieces to play weekly, as well.

*Course Fee: \$125*

*Tuesdays, 7:15-8:15 p.m., February 12-May 28 (no class on March 5, April 9 or April 16)*  
*SIUE Main Campus, Dunham Hall, Room 2142*

## Historical Studies

**Genealogy Research:** Tracing family history is a fascinating journey. Learn about the genealogy research process and the way we interpret information through hands-on examples that help you dig deeper into your family’s past. You will develop a strategy to accomplish your objectives, evaluate the results and share information with others. Make your family history come alive!

*Course Fee: \$59*

*Tuesdays, 6-7:30 p.m., March 19-April 23*  
*SIUE Main Campus, Science West, Room 1065*

*“Suzanne is a knowledgeable teacher who is willing to help her students at any time to better understand the subject of genealogy. She taught us how to be better researchers.” —Pamela M.*

## Personal Learning

**Making Kombucha:** Kombucha is a fermented, lightly effervescent sweetened black tea drink that is commonly intended as a functional beverage for health benefits. In this course, participants will learn the basics of how to make kombucha at home and will receive a starter kit.

*Course Fee: \$49*

*Wednesday, Feb. 20, 6-7:30 p.m.*  
*SIUE University Park, Biotechnology Laboratory Incubator, Room 1150/1160*

**Batman: The History of the Dark Knight:** This course will examine the history and origins of Batman, his supporting characters and the villains, looking at the actual comics and multimedia throughout the years (radio, film, television, animation, video games). Each session will be dedicated to a different decade (’30s, ’40s, ’50s, ’60s, ’70s, ’80s and ’90s). Some critical writings about the character will be used.

*Course Fee: \$49*

*Wednesdays, 5-6:30 p.m., March 27-May 1*  
*SIUE Main Campus*

**Retirement Planning Today:** This course explains time-tested strategies that help you make informed retirement planning decisions. Whether your objective is to build a nest egg, protect your assets or preserve your lifestyle throughout retirement, this course helps you plan your retirement with confidence.

*Course Fee: \$49*

*Two sessions available:*

*Tuesdays, 6-9 p.m., February 26 and March 5*  
*Thursdays, 6-9 p.m., February 28 and March 7*  
*SIUE Main Campus*

**Dungeons and Dragons: Learn to Play:** Learn the basics of playing Dungeons and Dragons, the oldest and most popular role-playing game in the world! We start by learning how to create your own character, then learn the basics of play. The course includes a short adventure to get the hang of how the game works. The fifth edition of the game will be used.

*Course Fee: \$59 (with parking \$71)*

*Tuesdays, 5:30-7:30 p.m., February 12-March 5*  
*SIUE Main Campus, Engineering Building, Room 3072*

**Traditional Korean Tea Ceremony:** This course introduces the basic knowledge and methods used in the Korean tea culture. Participants will learn and experience the propriety of preparing, making and offering tea in a traditional, everyday Korean tea ceremony.

*Course Fee: \$99*

*Thursdays, 6:30-8 p.m., February 7-March 7*  
*SIUE Main Campus, Art and Design West, Room 2139*

**Introduction to 3D Modeling and Manufacturing:** This course will give participants an introduction to 2D and 3D computer-aided drafting, Fusion 360 and SolidWorks software, as well as an introduction to design concepts and using a 3D printer. Participants will have the opportunity to engage with the software and 3D printer. Cost includes one roll of filament for 3D printing.

*Course Fee: \$125*

*Tuesdays, 5-8 p.m., January 29-March 5*  
*SIUE Main Campus, Science West, Room 1065*

### DIY Special: Build Your Own Wood Slab Coffee Table:

Learn the basics of building live edge slab furniture and wood finishing by building your own coffee table or bench. No experience necessary. Wood slabs will be selected in the first class, taken home and returned each week to make progress. Cost for wood slabs is included in course cost. You will need an orbital (finish) sander at home to make progress between sessions.

Course Fee: \$239

Tuesdays, 6-7:30 p.m., March 19-April 16

SIUE Main Campus, Engineering Building, Room 0028

### Real Estate

Buying, Selling, Investing & Making it a Career: A home is the largest asset most people ever own. In this series of courses, you can learn how to buy, sell and invest like a pro, as well as turn real estate into a career! Attend as many two-part sessions as you like or attend them all for a discounted rate!

**Top 5 Steps in Buying a Home:** Learn the steps, timelines and financial requirements to buy like a pro in these two buyer courses.

Course Fee: \$20

Thursdays, 6-7:30 p.m., February 14 and February 21  
New American Funding, Glen Carbon, Ill.

**Selling Your House Quickly for Top Dollar:** Learn the tips and tools sellers can use to set an optimal timeline to get their home in show condition with a final result of getting it sold quickly and for the highest possible price.

Course Fee: \$20

Thursdays, 6-7:30 p.m., February 28 and March 7  
New American Funding, Glen Carbon, Ill.

### Real Estate Investing: Making Money While You Sleep:

These sessions are full of tried and true practices of becoming a successful real estate investor. The key to passive income, making money even while you are sleeping.

Course Fee: \$20

Thursdays, 6-7:30 p.m., March 14 and March 21  
New American Funding, Glen Carbon, Ill.

### How to Become a Licensed Real Estate Broker:

Do you want to become a real estate broker? Attend these sessions to receive information on how to

become a licensed real estate broker and how to run your own successful business.

Course Fee: \$20

Thursdays, 6-7:30 p.m., March 28 and April 4  
New American Funding, Glen Carbon, Ill.

You are welcome to attend all sessions for a reduced rate of \$70! A portion of all proceeds from the course sessions will be donated to a children's charity on behalf of Jen and Jean Realty.

### Junior Cougars

#### Developmentally Appropriate Activities for Children 0 to 5 Years Old:

This workshop will review the developmental stages for children from birth to 5 years old and explain in detail activities you can do with your child to enhance their abilities at each level.

Course Fee: \$39

Saturday, 9 a.m.-12 p.m., February 9  
SIUE Main Campus

#### Transition from Early Intervention to Early Childhood:

This workshop will review the services provided by early intervention programming compared to those offered by public schools within the area. It will encompass information related to the transition between in-home care and the public school system.

Course Fee: \$39

Saturday, 1-3 p.m., February 9  
SIUE Main Campus

**ECM Explorers:** Join us for joyful, experiential learning! Each week we will explore a different theme through stories, songs and hands-on activities. Each class will be taught by a museum educator and all supplies are included! For ages 18 months to pre-kindergarten.

Course Fee: \$49

Tuesdays, 10-10:45 a.m., February 5-March 12  
SIUE Main Campus

**Beginning Knitting for Kids:** Would you like to give your kids something to do that's portable but doesn't require screens or power cords? In this six-week course, Ms. Kate will teach our young friends some knitting basics and give them a project to put their new skills to use. For ages 10 and up.

Course Fee: \$90

Wednesdays, 4-5:30 p.m., January 9-February 13  
Macoupin Art Collective, Staunton, Ill.

## Test Preparation [siue.edu/exam-preparation](http://siue.edu/exam-preparation)

**ACT Review:** This in-depth ACT preparatory course reviews and teaches concepts needed to prepare for the ACT. It condenses lessons into six sessions which begin with a pre-test to assess the group's strengths and weaknesses. The sessions are then individualized to effectively prepare for the test. Please bring a calculator and No. 2 pencil to each session.

Course Fee: \$199

Tuesdays and Thursdays, 5-8 p.m., March 26-April 11  
SIUE University Park, Technology Management Center

**SAT Review:** This in-depth SAT preparatory course reviews and teaches concepts needed to prepare for the SAT. It condenses lessons into individualized sessions based on the group's strengths and weaknesses to effectively prepare for the test. Please bring a calculator and No. 2 pencil to each session.

Course Fee \$199, (with parking for Tuesday evenings \$214)

## Professional Development [siue.edu/professional](http://siue.edu/professional)

**Mastering the Job Search:** This career development course teaches how to construct a dynamite resume, execute a great cover letter, develop your job search skills (including networking and LinkedIn), and master interviewing questions.

Course Fee: \$59

Wednesdays, 5:30-6:30 p.m., February 6-27  
SIUE Main Campus

**Basic Life Support (BLS) Certification:** Basic life support training for healthcare professionals covers a variety of subjects, including breathing and cardiac emergencies, defibrillation, CPR, AED and obstructed airway for adults, children and infants. Learn new techniques and sharpen your skills with hands-on experience. Two-year certification card is issued upon course completion.

Course Fee: \$79 (with parking \$82)

Two sessions are available:

Thursday, 5:30-8 p.m., March 21

Wednesday, 5:30-8 p.m., April 17

SIUE Main Campus

Two sessions are available:

Saturdays, 9-11 a.m., February 2-23

Tuesdays, 5:30-7:30 p.m., February 5-March 12

SIUE Main Campus, Engineering Building,  
Room 1140/1160

**GRE Test Review:** Prepare for the GRE test with our GRE review course taught by knowledgeable instructors. The GRE test review features six sessions that allow for a pre-test, four sessions directed toward the test items and a post-test to assess your readiness for the exam. Two of the sessions will focus on math! Tips and strategies specific to taking the GRE will be shared, as well. Post-course opportunities are available to complete additional work to increase GRE preparedness.

Course Fee: \$499

March 18-22 and 25, 5-8 p.m.

SIUE University Park, Technology Management Center

**Heartsaver CPR/AED Certification:** Heartsaver courses are designed for anyone with little or no medical training and cover first-aid basics for the most common first-aid emergencies. Hands-on training also prepares students to perform CPR and use an AED in a safe, timely and effective manner. A two-year certification card is issued upon course completion.

Course Fee: \$99 (with parking \$102)

Two sessions are available:

Wednesday, 5:30-9:30 p.m., March 20

Tuesday, 5:30-9:30 p.m., April 16

SIUE Main Campus

### FAA Remote Pilot Certification Course (Part 107):

This course will prepare participants for the FAA Remote Pilot Certificate Exam (14 CFR Part 107). Material covered includes airspace classifications, general rules and procedures, reading aviation maps, and other aeronautical knowledge.

Certification exam date is TBD based upon number of participants. Once the class has been established,



exam date will be set and additional fee will be required for exam participation.

*Course Fee: \$99 (with parking \$108)*

*Wednesdays, 5:30-8 p.m., February 6-20*

*SIUE Main Campus, Alumni Hall, Room 1316*

*This course received the 2019 International Learning Resources Network (LERN) Best Programming Award.*

**National Food Safety Certification:** This ServSafe® course, conducted by faculty from the nutrition program at SIUE, is for individuals preparing for the exam. After attending the ServSafe® course and passing the proctored, multiple-choice exam with a score of 75 percent or higher, participants will receive a ServSafe® certificate. To receive and maintain certification, all individuals are required to pass a certification exam every five years. Course fee covers cost of the most recent edition of the ServSafe® Manager book, online exam and learning materials.

*Course Fee: \$149 (with parking \$152)*

*Two sessions available:*

*Saturday, 8 a.m.-5 p.m., February 2*

*Friday, 8 a.m.-5 p.m., March 22*

*SIUE Main Campus*

**Microsoft Excel: Beginner Level:** Designed for students with limited or no previous experience with Microsoft Excel, this beginner-level course will introduce new users to Excel 2016 with an overview of Excel basics that provides a beginner-level foundation of the application. Elements covered in this course include creating and managing multiple worksheets, rearranging data, working with basic formulas and formatting, inserting charts and graphics, and sorting and organizing large amounts of data. A brief introduction to Windows is included. Basic mouse and keyboarding skills are required for this course. Textbook and online resource materials are provided.

*Course Fee: \$129 (with parking \$147)*

*Tuesdays, 6-8:30 p.m., January 29-March 5*

*SIUE Main Campus, Engineering Building, Room 1140*

**Microsoft Excel: Intermediate Level:** Designed for students with previous Microsoft Excel experience, this intermediate-level course will expand the user's Excel 2016 skill set with projects that demonstrate the application's higher capabilities. Topics covered in this course include creating formulas that use

data in multiple worksheets, working with advanced formulas and formatting, inserting charts and graphics, and writing functions. Introductory Excel 2016 knowledge and skills are required for this course; however, a brief review of basic Excel 2016 formulas will be included. Online resource materials are provided.

*Course Fee: \$129 (with parking \$147)*

*Tuesdays, 6-8:30 p.m., March 19-April 23*

*SIUE Main Campus, Engineering Building, Room 1140*

**Certified Personal Trainer Course:** Get all the information needed to start an exciting fitness career and become a Certified Personal Trainer. Presented by World Instructor Training Schools (WITS), this personal trainer course is a great way to become a successful Certified Personal Trainer with an option to complete an employer internship that can walk you into jobs! This challenging hybrid course consists of 15 hours of online lectures on key topics like biomechanics, exercise physiology, fitness testing, equipment usage and health assessment, along with 15 hours of hands-on practical training labs with role-playing drills on assessing clients, programming, performing proper exercises, presentation skills and more.

Included in this course is access to online student study tools and a voucher to take the Certified Personal Trainer exams during the last class session. You can work right after passing the exams with proof of CPR/AED to be a Level 1 Certified Personal Trainer. As a special bonus, you can take advantage of our 30-hour employer internship to get our advanced Level 2 Certified Personal Trainer credential at no additional cost!

WITS is an approved continuing education unit (CEU) provider for the American Occupational Therapy Association, National Certification Board for Therapeutic Massage and Bodywork, and the International Association of Continuing Education and Training. The American Council on Education has recommended three undergraduate academic credits for this course.

*Course Cost: \$749*

*Class dates: February 16, 23, March 2, 9, 16*

*Class times: 9 a.m.-noon*

*Exam date: March 30*

*Materials: Textbook is required and will cost approximately \$95*

*Location: SIUE Main Campus, Vadalabene Center*

## Continuing Education for Licensed Professionals [siue.edu/professional](http://siue.edu/professional)

SIUE offers numerous opportunities for professionals to earn continuing education units (CEU), continuing professional development units (CPDU) and continuing education (CE) hours. These certifications are based on hours of engagement in a workshop or other sponsored event. SIUE offers continuing education for professions such as social workers, teachers, psychologists and engineers, as well as general certification of earned hours.

**Contract Training in HVAC:** Designed for HVAC professionals including engineers, designers, architects, contractors, energy auditors, technicians, facility managers, maintenance operators and other professionals interested in gaining a better understanding of some of the fundamental HVAC

problems. These custom programs include but are not limited to the following topics and case studies:

- Understanding of Energy (energy issues, consumption, savings, efficiency)
- Energy and Psychrometric Analysis of Heating and Cooling Systems
- Basics of Heating Load Calculations
- Basics of Cooling Load Calculations
- Heat and Moisture Transfer in Building Structures
- Understanding the Psychrometric Chart

*Course Fee: Cost Varies*

*For details about upcoming events, please visit [siue.edu/professional](http://siue.edu/professional).*

## Educational Outreach Cancellation and Parking Policies

**Cancellation/Refund Policy:** All cancellation/refund requests must be made in writing and emailed to [outreach@siue.edu](mailto:outreach@siue.edu). Cancellation/refund requests must be received at least five business days prior to the first day of any conference, course or event, unless otherwise specified. A refund, minus a \$15 administrative fee, will be processed if the above terms are met. If you have questions regarding this policy, please contact the Office of Educational Outreach at 618-650-3210 or [outreach@siue.edu](mailto:outreach@siue.edu).

**Parking on Campus:** For courses on the SIUE main campus, parking can be purchased for an additional \$3 per day. If parking is pre-paid, a validation code will be emailed or a parking pass will be available on the first night of the course at the assigned classroom. The determination between code or pass

will be made based on the location of the course. The registered participant will be notified before the first day of the course regarding which form of parking they can expect to utilize. Lot B may be utilized for parking with the validation code. Metered parking can be purchased daily, if preferred. Course or event participants do not need to purchase parking accommodations through the Office of Educational Outreach. For each course listed above, the first price does not include parking (meaning parking is purchased individually or is not required for the course location) and the second price includes the fees to receive the validation code (to park in Lot B) or parking pass to park in a designated lot. For those courses less than two hours, please utilize metered parking.

## Online and Hybrid Courses

### Beer, Wine and Spirits

**Beer, Wine and Spirits 101:** The online course provides the basics of the history, styles and brewing methods of beer, wine and spirits. The applied brewing methods lab allows students to create their own products for personal use and consumption. This online course is designed to include modules that allow the student to take the course at their own pace.

**Beer, Wine and Spirits 102:** This course is offered in-person, in a lab format and in a series of four Saturday morning sessions. Students in this course will learn to create their own brewing products for personal consumption and participate in sampling sessions to study brewing products through sensory analysis. Participants must be 21 or older.

*Dates and times are TBD depending on a minimum enrollment of 12 students. Lab sessions will take place at the Biotechnology Laboratory Incubator, SIUE University Park.*

#### Cost to enroll in Beer, Wine and Spirits Courses

*Online Course: \$39*

*Online Course and Hands-on Lab: \$499*

*Register for the hands-on lab and receive the online course for free.*

### Psychology: Organizational Talent Management Series

#### Surveys 1: Developing High-Impact Surveys:

Data-driven decision making is a hallmark of organizational life, but the quality of any data-driven initiative is only as good as the data used in that decision. This course will focus on providing the skills to understand how to maximize survey efforts in your organization. This course will inform students to become skilled consumers of external survey systems and provide basic understanding of how to create surveys that will be reliable and valid.

*Course Fee: \$299*

*Three sessions are available:*

*January 14-February 15*

*February 18-March 29*

*April 1-May 3*

#### Surveys 2: Survey Analysis for Data-Driven

##### Decision Making: (Surveys Part 1 is a pre-requisite)

This course builds on Surveys 1 by providing an in-depth understanding of the recommended approaches for administering, interpreting, communicating and making decisions based on organizational surveys. This course will instruct students on how to successfully interpret and communicate the results of organizational surveys. This course will focus on providing the skills to understand how to maximize survey response and analyze the results of surveys.

*Course Fee: \$299*

*Three sessions are available:*

*January 14-February 15*

*February 18-March 29*

*April 1-May 3*

#### Surveys 3: Elevating Your Hiring Process Using

**Structured Interviews:** Selection of the right employees is an important human resources function. The most common selection tool is the in-person interview. This course will focus on providing the skills to understand how to maximize selection accuracy through best practices in interview design, interviewing skills and consistent interview scoring in your organization. This course will inform students to become skilled consumers of externally available structured interviews and provide basic understanding of how to create structured interviews to improve successful hiring.

*Course Fee: \$299*

*Three sessions are available:*

*January 14-February 15*

*February 18-March 29*

*April 1-May 3*

*Online psychology courses are self-paced, but material is sequential. Each course will be active for a five-week period.*

### MyCAA Military Spouse Program

Start training today! SIUE's MyCAA, together with Ed4Online can help you start training for a new career or get training to advance in your current career. We offer non-credit, online, self-paced, open enrollment programs to help you gain the high demand skills needed in today's workplace. Our non-

credit courses are available anytime, anywhere from any mobile device, as long as you have access to the internet.

The Department of Defense's expanded Military Spouse Career Advancement Accounts program (MyCAA) will provide up to \$4,000 of financial assistance for military spouses who are pursuing training, licenses or credentials leading to employment in portable career fields.

SIUE's MyCAA is focused on helping you succeed in your life and your career. We want to help you achieve your goals in life through ongoing training.

*For more information visit: [siuemycas.ed4online.com](http://siuemycas.ed4online.com)*

### Career Training, Personal Enrichment and Professional Development Courses

SIUE's Office of Educational Outreach, together with

## Educard [siue.edu/educard](http://siue.edu/educard)

Did you ever want the opportunity to explore professional growth or personal enrichment in an economical and flexible way? If so, we invite you to participate in regular classes at SIUE through our Educard program.

#### What is Educard?

Educard is a special community program that allows you to attend selected credit classes offered by SIUE. It provides an opportunity for you to sample the subjects that interest you most, from accounting to zoology.

#### Who is eligible for Educard?

Anyone who is not currently enrolled for credit at SIUE is eligible. High school students are eligible and may take up to three classes.

#### Which classes are approved for Educard participation?

A wide variety of classes, on-campus ONLY, are approved for Educard participation. The classes not offered through Educard are classes with a full enrollment, non-credit classes, travel study, online classes, distance education, classes in which a danger may exist, classes requiring prerequisites, and classes where added direct expense may be incurred by the University. The following departments have approved classes for the spring 2019 semester:

Ed4Online, can help you start training for a new career or get training to advance in your current career.

We offer non-credit, online, self-paced, open enrollment programs to help you gain the high-demand skills needed in today's workplace. Our non-credit courses are available anytime, anywhere from any mobile device, as long as you have access to the internet.

The non-credit courses are self-paced and incorporate a variety of learning methods to support you on your educational journey. Whether you are looking to start a new career or advance in your current occupation, our non-credit online training courses are designed to provide you the skills needed to be successful in your chosen profession.

*For more information visit: [siuenoncredit.ed4online.com](http://siuenoncredit.ed4online.com)*

- Academic Development
- Applied Communication Studies
- Art & Design
- Chemistry
- Civil Engineering
- CMIS
- Computer Science
- Construction
- Earth Science
- Economics
- English
- Environmental Sciences
- Foreign Languages
- Geography
- Historical Studies
- International Studies
- Kinesiology
- Mechanical Engineering
- Nutrition
- Philosophy
- Physics
- Political Science
- Psychology
- Public Health
- Sociology
- Special Education
- Speech Pathology & Audiology
- Women's Studies

For a full list of classes offered by these departments, please visit [siue.edu/educard](http://siue.edu/educard).

#### What is not included?

- You will not receive a grade as an Educard participant.
- No official records of your classwork or attendance will be kept; therefore no transcript is available.



- Since you do not pay normal student welfare and activity fees, you may not participate in student services and activities supported by those fees.

### What about textbooks?

As an Educard participant, you may borrow textbooks, as available, at no cost through Textbook Service, located at 200 University Park Drive, lower level. You may pick up your textbooks after the first week of classes, and you are required to return textbooks to Textbook Service at the end of the term.

### Who can answer questions about Educard and Registration?

For more information about Educard, contact the Office of Educational Outreach at 618-650-3210 or outreach@siue.edu. You may also register in person at Rendleman Hall, Room 1330, Monday-Friday 8 a.m.-4:30 p.m. **DO NOT SEND PAYMENT WITH YOUR REGISTRATION.**

**New Price: \$60**

## Lifelong Learning Speaker Series [siue.edu/lifelong-learning](http://siue.edu/lifelong-learning)

SIUE offers programs designed for a lifetime of learning and personal growth. Expert presenters provide insight on a range of topics covering history, culture, art, current events, health and nutrition. Lifelong Learning presentations require no advance registration, but guests are encouraged to sign up for a membership. Memberships are \$25 per person, per semester and help offset facility costs for the programs. Sign up to become a Lifelong Learning member to receive exclusive discounts, a

sign-up gift and extra opportunities to meet with SIUE faculty and staff.

The cost to attend each session is \$2 for Lifelong Learning members and \$5 for the public. SIUE faculty, faculty emeriti, staff and students can attend Lifelong Learning presentations for free.

All events during the spring 2019 Lifelong Learning Series will be held at the Morris University Center (MUC). Additional free events will be held at the Glen Carbon and Collinsville libraries.

### Featured Speakers for Spring



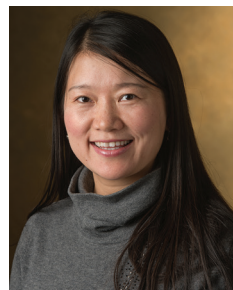
*A Painter's Explanation of Modern and Contemporary Works*  
Jane Barrow, MFA



*The Origin and Future of Mortality*  
Pastor DeBlicek



*Global Climate Change*  
Mark Hildebrandt, PhD



*Buddhism and Meditation*  
Min Liu, PhD



*Rohingya Crisis in Myanmar (Burma)*  
Nancy Lutz, PhD

For a full spring calendar of events, please visit [siue.edu/lifelong-learning](http://siue.edu/lifelong-learning).

## Corporate Partnerships [siue.edu/corporate](http://siue.edu/corporate)

SIUE partners with companies and other institutions to offer educational opportunities for their employees. Through a unique company-pay agreement, several fully-online degree programs are available for staff members, so they can earn advanced credentials without ever receiving a bill from SIUE. Corporate partnership students benefit from curriculum specifically designed for the working professional. If you don't see your employer on this list, we will be pleased to work with your human resources department to add your company to our growing list of corporations who recognize the value of investing in their employees' professional development.



### For more information, please contact:

Stephanie Simpson • Program Student Advisor - Corporate Partnerships • Office of Educational Outreach  
strober@siue.edu • 618-650-2661

## SIUE Successful Communities Collaborative [siue.edu/successful-communities](http://siue.edu/successful-communities)



@SIUESuccessfulCommunitiesCollaborative

SIUE's Successful Communities Collaborative (SSCC) is tailored after the prestigious Educational Partnerships for Innovation in Communities Network created by the University of Oregon. SSCC improves various aspects of community life and addresses issues of sustainability by connecting SIUE students and faculty to local cities.

SSCC will be partnering with the City of Alton for the 2018-2019 year. The components for this project are driven by Alton's 15-year comprehensive plan for public improvements. In collaboration with Alton,

the SSCC will engage both faculty and students by providing work and resources to:

- Develop a marketing strategy to attract youth sports tournaments to boost tourism and economic development
- Evaluate best practices for business incubation and small business start-up initiatives
- Develop traffic and transportation recommendations for some residential neighborhoods
- Identify existing and perceived barriers to business development

## Employment Training Grants [siue.edu/wioa](http://siue.edu/wioa)

College juniors and seniors enrolled in programs that lead to degrees in high-demand fields may be eligible for federal grant funding through the Workforce Innovation and Opportunity Act (WIOA), and Trade Adjustment Assistance (TAA) Programs. Qualified students who are displaced, unemployed, underemployed, veterans or economically disadvantaged may qualify. Funding covers tuition, fees and a number of other allowable educational

expenses. To determine eligibility, students should contact their county Employment and Training Department:

- Madison County Employment and Training Department (includes Bond County), 618-296-4301
- St. Clair County Intergovernmental Grants Department Workforce Development Group (St. Clair, Monroe, Randolph, Clinton and Washington Counties), 618-825-3259



Office of Educational Outreach  
Rendleman Hall  
P.O. Box 1084  
Edwardsville, IL

NON-PROFIT  
ORGANIZATION  
US POSTAGE  
PAID  
PERMIT 4678  
ST LOUIS MO

## Registration Form

Date: \_\_\_\_\_

Name \_\_\_\_\_  
*Last First Middle*

Email \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_  
*Street City State ZIP*

Non-credit Course:

Educard:

Course Title: \_\_\_\_\_ Fee: \_\_\_\_\_

Course Title: \_\_\_\_\_ Fee: \_\_\_\_\_

Course Title: \_\_\_\_\_ Fee: \_\_\_\_\_

Course Title: \_\_\_\_\_ Fee: \_\_\_\_\_

Method of Payments:  Cash  Check  Credit Card

Credit Card \_\_\_\_\_  
*Number Expiration Date Signature*

### Other Information

- I would like to teach a course on \_\_\_\_\_
- I would be interested in taking a course on \_\_\_\_\_
- I would like to be added to the email list \_\_\_\_\_

**SIUE parking permits are available for on-campus classes. For on-campus classes exceeding two hours, add \$3 per session for the permit or contact the Office of Educational Outreach at 618-650-3210 for more information.**

- Please contact me regarding parking for the courses indicated above
- I would like to make a donation to the Office of Educational Outreach (*Please fill in method of payment above and return to the below address. Thank you for your generosity!*)

### Payments are accepted in the following ways:

**Register Online:** [siue.edu/educational-outreach](http://siue.edu/educational-outreach)

**Mail:** Send your completed registration form and payment to:

SIUE Office of Educational Outreach  
Box 1084 | Edwardsville, IL 62026

**Walk In:** Visit us weekdays 8 a.m.-4:30 p.m. in Rendleman Hall, Room 1330

**Telephone:** Call 618-650-3210 and pay using a credit card