



LEARNING RESOURCE CENTER NEWSLETTER

February 2026

Issue 69



DID YOU KNOW?

Your Learning Resource Center library card has access to 75,000+ ebooks and audiobooks through Illinois Heartland Library System's cloudLibrary!

All you need is a library card with us and to set up a pin to log-in and start reading!

Read or listen on your own smart phone, tablet, or computer

- 5 items checked-out at a time
- Completely free to you!

Stop in and we will get you set up to use this service!

GRANT WRITING WORKSHOP

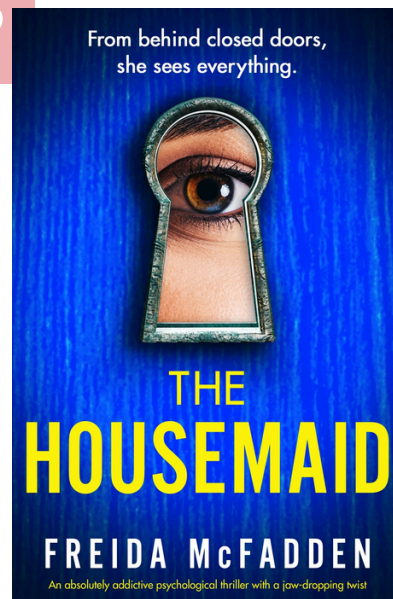
Join the LRC for a four-day Grant Proposal Workshop. Participants will learn the grant writing process and gain practical tips for developing strong proposals.

Monday, Feb. 9-
Thursday, Feb. 12
1-2pm



FEB BOOK CLUB

Our February book is *The Housemaid* by Freida McFadden. Contact the LRC to sign up and reserve your free copy. Book Club meets on the last Friday of the month, February 27, online.



JANUARY RECAP

- Jan 7-Becoming Her Session 1
- Jan 8-Kid's Corner: Kaleidoscopes
- Jan 12-16-Drop in Craft: Winter Picture Frames
- Jan 21-Becoming Her Session 2
- Jan 23-Workforce Development: LinkedIn 101
- Jan 30-LRC Book Club: The Truths We Hold by Kamala Harris

WORKFORCE DEVELOPMENT

Start your new year off right by joining the LRC for an hour-long opportunity to explore your career goals and dreams.

Tuesday, February 10, at 2:30pm

Need resume help? Set up a one-on-one appointment by scanning the QR code or contacting the LRC



Documentary Screening, Discussion and Q&A

Event Info

Join us for a screening of I Bear Witness: The Untold Stories of American Race Riots, a powerful short documentary co-directed by Tiffany Lee and Drew Brown. Through firsthand accounts and historical evidence, the film amplifies the voices of victims and eyewitnesses. This Black History month join us as we explore the long history of racially motivated violence in America. Light refreshments will be provided, along with a Q&A session with Tiffany Lee, following the screening.

Event Time & Date

February 21st, 2026
1 PM - 3 PM

Event Location

Learning Resource Center
601 James R. Thompson Blvd.
Building D
East St. Louis, IL 62201
siue.esl.library@siue.edu
618-874-8719

In the event of inclement weather this program will be rescheduled to February 28th, all time and location details will remain the same

FREE TO ATTEND RSVP REQUIRED

Visit <https://bit.ly/4pRBuqC> for more info and to RSVP or scan the QR code



SOUTHERN ILLINOIS UNIVERSITY
EDWARDSVILLE

Join us on Saturday, February 21 at 1pm for a special screening of "I Bear Witness: The Untold Stories of American Race Riots". Free to attend; RSVP required.



CONTACT US

@siue.esl.lrc.1



@SIUE_ESLC_LRC

Hours of Operation

Monday-Friday 8:30am-4:30pm

siue.esl.library@siue.edu

618-874-8719

February 2026

Learning Resource Center Hours
Monday-Friday 8:30am-4:30pm
Saturday-Sunday Closed

<p>Mon</p> <p>2</p> <p>Mindful Meditation Monday's Find Calm, Build Resilience, Live Fully!</p> <p>Join our virtual mindfulness sessions!</p> <p>These mindful sessions with the LRC, focus on every moment of your day. Mindfulness is the practice of paying attention to the present moment without judgment. It helps you become more aware of your thoughts, feelings, and actions, and helps you live more fully in the present.</p> <p>Benefits of Practicing Mindfulness:</p> <ul style="list-style-type: none"> • Reduces stress and anxiety • Improves focus and concentration • Boosts emotional well-being • Enhances self-awareness • Improves sleep • Boosts immune system • Reduces blood pressure • Improves relationships <p>Scan the QR code to receive the invitation link.</p> <p>Learning Resource Center 601 James B. Thompson Bldg. East St. Louis, IL 62202 815-528-7979 www.lrc.siu.edu</p> <p>THE LRC IS MADE POSSIBLE BY A GRANT FROM OLC.</p>	<p>9</p> <p>Grant Writing 1pm-All Week!</p> <p>Grant Proposal Workshop</p> <p>Join the LRC for a free, all-day Grant Proposal Workshop. This workshop is designed to help you understand the grant process, from identifying a topic to writing a proposal. We will cover everything you need to know to get started.</p> <p>Topics to be covered:</p> <ul style="list-style-type: none"> • Identifying a topic • Researching a topic • Writing a proposal • Finding funding sources • Submitting a proposal <p>Don't Miss This!</p> <ul style="list-style-type: none"> • Free lunch • Free refreshments • Free registration • Free parking <p>601 James B. Thompson Bldg. East St. Louis, IL 62202 815-528-7979 www.lrc.siu.edu</p> <p>THE LRC IS MADE POSSIBLE BY A GRANT FROM OLC.</p>	<p>16</p> <p>Mindful Meditation Every Monday at 12pm</p> <p>Join our virtual mindfulness sessions!</p> <p>These mindful sessions with the LRC, focus on every moment of your day. Mindfulness is the practice of paying attention to the present moment without judgment. It helps you become more aware of your thoughts, feelings, and actions, and helps you live more fully in the present.</p> <p>Benefits of Practicing Mindfulness:</p> <ul style="list-style-type: none"> • Reduces stress and anxiety • Improves focus and concentration • Boosts emotional well-being • Enhances self-awareness • Improves sleep • Boosts immune system • Reduces blood pressure • Improves relationships <p>Scan the QR code to receive the invitation link.</p> <p>Learning Resource Center 601 James B. Thompson Bldg. East St. Louis, IL 62202 815-528-7979 www.lrc.siu.edu</p> <p>THE LRC IS MADE POSSIBLE BY A GRANT FROM OLC.</p>
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<p>Tue</p> <p>3</p> <p>10</p> <p>WKFD: Career Goals 2:30pm</p> <p>CAREER GOALS Tuesday Feb 10, 2025 2:30-3:30 PM</p> <p>Meet your new year goals by joining the LRC for an interactive session. We will discuss how to set realistic goals and how to achieve them. We will also provide resources and strategies to help you reach your goals.</p> <p>Learning Resource Center 601 James B. Thompson Bldg. East St. Louis, IL 62202 815-528-7979 www.lrc.siu.edu</p> <p>THE LRC IS MADE POSSIBLE BY A GRANT FROM OLC.</p>	<p>11</p> <p>18</p> <p>XOXO</p>	<p>17</p> <p>24</p>
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<p>Wed</p> <p>4</p> <p>26</p> <p>Computer Basics 9am</p> <p>Unlock Your Digital Future Computer Basics</p> <p>Are you ready to take your computer skills to the next level? Join us for a hands-on workshop where you will learn how to use various software applications, including word processing, spreadsheets, and email. This workshop is designed for beginners and is a great way to get started with your new computer.</p> <p>Class Dates & Times:</p> <ul style="list-style-type: none"> • Monday, Feb 11, 9:00am - 12:00pm • Tuesday, Feb 12, 9:00am - 12:00pm • Wednesday, Feb 13, 9:00am - 12:00pm <p>Learning Resource Center 601 James B. Thompson Bldg. East St. Louis, IL 62202 815-528-7979 www.lrc.siu.edu</p> <p>THE LRC IS MADE POSSIBLE BY A GRANT FROM OLC.</p>	<p>5</p> <p>12</p> <p>19</p> <p>Grant Writing 1pm All Week Mon-Thu!</p> <p>Grant Proposal Workshop</p> <p>Join the LRC for a free, all-day Grant Proposal Workshop. This workshop is designed to help you understand the grant process, from identifying a topic to writing a proposal. We will cover everything you need to know to get started.</p> <p>Topics to be covered:</p> <ul style="list-style-type: none"> • Identifying a topic • Researching a topic • Writing a proposal • Finding funding sources • Submitting a proposal <p>Don't Miss This!</p> <ul style="list-style-type: none"> • Free lunch • Free refreshments • Free registration • Free parking <p>601 James B. Thompson Bldg. East St. Louis, IL 62202 815-528-7979 www.lrc.siu.edu</p> <p>THE LRC IS MADE POSSIBLE BY A GRANT FROM OLC.</p>	<p>25</p> <p>Book Club 12pm</p> <p>HOUSEMAID Friday, February 27 12:00 - 1:00 p.m.</p> <p>Join the Learning Resource Center Book Club for a discussion of the novel <i>Housemaid</i> by Heiti Lahti. The book is a gripping and powerful story of a young woman who is forced to work as a housemaid for a wealthy family in Finland. The novel explores themes of class, power, and identity.</p> <p>Learning Resource Center 601 James B. Thompson Bldg. East St. Louis, IL 62202 815-528-7979 www.lrc.siu.edu</p>
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<p>Thu</p> <p>6</p> <p>13</p> <p>I BEAR WITNESS THE UNWOUND STORIES OF AMERICAN RACE BODIES</p> <p>Documentary Screening, Discussion and Q&A</p> <p>Event Info Event Time: 6:00pm - 8:00pm Event Location: Learning Resource Center, 601 James B. Thompson Bldg., East St. Louis, IL 62202 Event Cost: Free Event Registration: Free Event Contact: 815-528-7979 www.lrc.siu.edu</p> <p>THE LRC IS MADE POSSIBLE BY A GRANT FROM OLC.</p>	<p>12</p> <p>19</p> <p>Grant Writing 1pm All Week Mon-Thu!</p> <p>Grant Proposal Workshop</p> <p>Join the LRC for a free, all-day Grant Proposal Workshop. This workshop is designed to help you understand the grant process, from identifying a topic to writing a proposal. We will cover everything you need to know to get started.</p> <p>Topics to be covered:</p> <ul style="list-style-type: none"> • Identifying a topic • Researching a topic • Writing a proposal • Finding funding sources • Submitting a proposal <p>Don't Miss This!</p> <ul style="list-style-type: none"> • Free lunch • Free refreshments • Free registration • Free parking <p>601 James B. Thompson Bldg. East St. Louis, IL 62202 815-528-7979 www.lrc.siu.edu</p> <p>THE LRC IS MADE POSSIBLE BY A GRANT FROM OLC.</p>	<p>27</p> <p>Kid's Corner 10am</p> <p>KIDS CORNER PROFESSIONAL SPREADSHEET Friday, Feb 27, 10:00 AM - 11:00 AM</p> <p>Join the LRC for a free, all-day professional spreadsheet workshop. This workshop is designed to help you understand the basics of spreadsheets and how to use them effectively. We will cover everything you need to know to get started.</p> <p>Topics to be covered:</p> <ul style="list-style-type: none"> • Identifying a topic • Researching a topic • Writing a proposal • Finding funding sources • Submitting a proposal <p>Don't Miss This!</p> <ul style="list-style-type: none"> • Free lunch • Free refreshments • Free registration • Free parking <p>601 James B. Thompson Bldg. East St. Louis, IL 62202 815-528-7979 www.lrc.siu.edu</p> <p>THE LRC IS MADE POSSIBLE BY A GRANT FROM OLC.</p>
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Book Club 12pm

HOUSEMAID
Friday, February 27
12:00 - 1:00 p.m.

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Computer Basics 9am

Unlock Your Digital Future
Computer Basics

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- Finding funding sources
- Submitting a proposal

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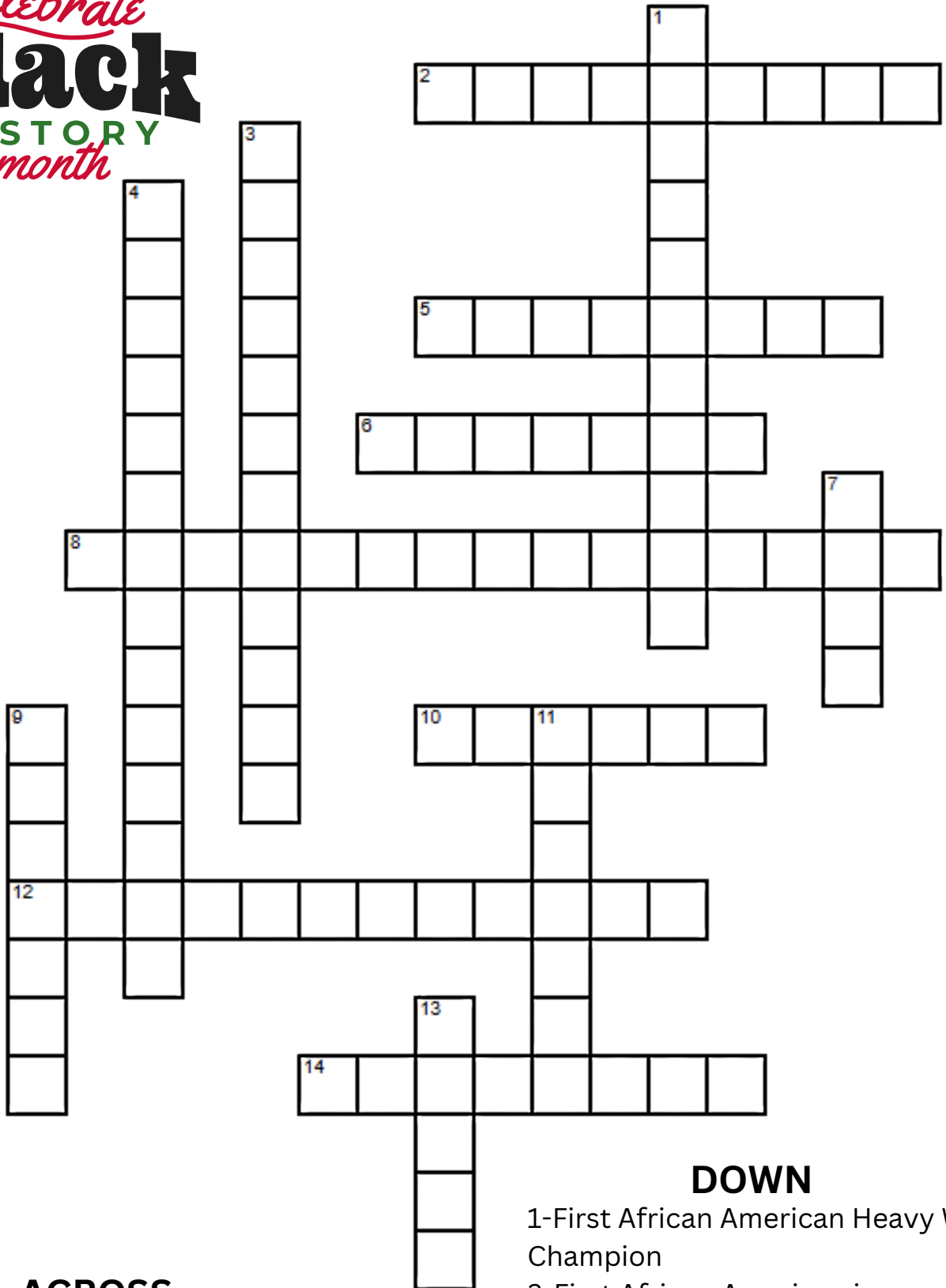
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Celebrate
Black
 HISTORY
month



ACROSS

- 2-First Navy ship names after an African American
- 5-Muslim leader and civil rights activist
- 6-First US territory to abolish slavery in 1777
- 8-First person to refuse to give up her seat
- 10-Last country to abolish slavery in 1888
- 12-First African American US Navy Master Diver
- 14-Month Black history is observed

DOWN

- 1-First African American Heavy Weight Champion
- 3-First African American in space
- 4-First woman and first African American woman to hold rank of 4 Star Admiral
- 7-Leader of civil rights movement
- 9-President who abolished slavery
- 11-"Still I rise"
- 13-First African American President