WHAT WE DO & HOW WE HELP

The Cougar Cupboard provides food and mainstay toiletry items to active students, staff, and faculty that find themselves in need.

We can provide up to three days of food one time per month to a client at the Cougar Cupboard.

CONTACT INFORMATION

PHONE: 618-650-2686

EMAIL: cougarcupboard@siue.edu

ITEMS WE CURRENTLY NEED

Canned Fruit
Oatmeal (single flavored packs)
Cereal
Canned Chicken
Peanut Butter
Pasta Sauce
Canned Tomatoes
Rice
Canned Beans
Canned Carrots
Canned Peas
Canned Mixed Vegetables
Canned Corn
Canned Green Beans
Canned Potatoes
Conditioner & Shampoo
Body Wash & Deodorant
Paper Towels
Toilet Paper

COUGAR CUPBOARD

THE BASICS

Hours of Operation
Monday: 3:30-7:30pm
Wednesday: 2:00-4:00pm
Thursday: 2:00-4:00pm
Friday: 2:00-4:00pm
Saturday: 1:00-3:00pm

Shopping in the Cupboard is by appointment only. Please visit the website (QR code below) for more information.

Times will vary during breaks and holidays

Location
The Cougar Cupboard is located in the Morris University Center (MUC) on the 2nd floor. Following signage toward the International Room the Cupboard is directly across the hall from the International Room.

HOW YOU CAN HELP

Hold a Food Drive
Contact our office for details on hosting a food drive.

Hold a fundraiser
Holding a fundraiser for the Cupboard is helpful too! Monetary donations help us with small expenses (office supplies, our holiday food programs, etc...)

Volunteer
Interested in volunteering? Email us and let us know. We’ll contact you back to let you know how volunteering works at the Cupboard. There is a short but necessary training for all volunteers.

THINGS TO KNOW

New client first visits – Things to know: Go to our website, sign up for your appointment, complete the New Client form, bring your SIUE ID or know your 800#.

Food donations should be scheduled for drop off. Please email/call ahead if you’re planning a food drive. Scheduling a drop off time ensures we have proper volunteer staff and space available to accommodate the donation.

All donations should be taken to the Kimmel Student Involvement Center in the MUC – Open 8am-4:30pm M-F

- We can only accept un-opened nonperishable foods
- Monetary donations can be made on the SIUE Cougar Cupboard website
- We can now assist clients with SNAP benefit applications