WHAT WE DO & HOW WE HELP
The Cougar Cupboard provides food and mainstay toiletry items to active students, staff and faculty that find themselves in need.

We can provide **up to three days of food one time per month to a client** at the Cougar Cupboard.

CONTACT INFORMATION
PHONE: 618-650-2686
EMAIL: cougarcupboard@siue.edu

ITEMS WE CURRENTLY NEED
- Canned Fruit
- Oatmeal (single flavored packs)
- Cereal
- Canned Chicken
- Peanut Butter
- Pasta Sauce
- Canned Tomatoes
- Rice
- Canned Beans
- Canned Carrots
- Canned Peas
- Canned Mixed Vegetables
- Canned Corn
- Canned Green Beans
- Canned Potatoes
- Conditioner
- Shampoo
- Body Wash
- Paper Towels
- Toilet Paper

COUGAR CUPBOARD

THE BASICS

**Hours of Operation**
- Monday 5:30pm – 7:30pm
- Wednesday 12pm – 2pm
- Thursday 8am – 10am
- Friday 11am – 2pm
- Saturday 1pm – 4pm
*Times will vary during breaks and holidays*

**Location**
The Cougar Cupboard is located in the Morris University Center (MUC) on the 2nd floor. Following signage toward the International Room the Cupboard is directly across the hall from the International Room.

HOW YOU CAN HELP

**Hold a Food Drive**
Contact our office for details on hosting a food drive.

**Hold a fundraiser**
Holding a fundraiser for the Cupboard is helpful too! Monetary donations help us with small expenses (office supplies, and our holiday food programs, etc...)

**Volunteer**
Interested in volunteering? Email us and let us know. We’ll contact you back to let you know how volunteering works at the Cupboard. There is a short but necessary training for all volunteers.

THINGS TO KNOW

Food donations should be scheduled for drop off. Please call or email ahead if you’re planning a food drive. Scheduling a drop off time ensures we have proper volunteer staff and space available to accommodate the donation.

**All donations should be taken to the Kimmel Student Involvement Center in the MUC – Open 8am-4:30pm M-F**

- We can only accept un-opened nonperishable foods
- Monetary donations can be made on the SIUE Cougar Cupboard website
- We can now assist clients with SNAP benefit applications