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“A nation’s culture resides in the hearts and in the soul of its people.”
- Mahatma Gandhi
In November we honor Native American Heritage Month, or as it is commonly referred to, American Indian and Alaska Native Heritage Month. In the United States, there are 562 federally recognized Native American tribes, bands, nations, pueblos, rancherias, communities and Native villages. Around 229 of these groups are located in Alaska, and the rest are located in 33 other states. Native American tribes are ethnically, culturally, racially and linguistically diverse.

“The month is a time to celebrate rich and diverse cultures, traditions, and histories and to acknowledge the important contributions of Native people. Heritage Month is also an opportune time to educate the general public about tribes, to raise a general awareness about the unique challenges Native people have faced both historically and in the present, and the ways in which tribal citizens have worked to conquer these challenges.”
- National Congress of American Indians.

This map of the continental United States shows the original locations and names of Native American tribes.
Click Here to view the full map
Native American/Alaska Native Heritage Month

CURRENT EVENTS

The Dakota Access Pipeline Protest #NoDAPL

Since January 2016, thousands of protestors have traveled to the North Dakota Standing Rock Sioux Reservation to block the Dakota Access Pipeline from being built. The Dakota Access Pipeline Project (DAPL) is a $3.78 billion conduit being built from oil fields in North Dakota, through South Dakota, Iowa and Illinois, where it will join with existing pipelines and transport up to 570,000 barrels of crude oil a day. In July, a “fast-track” option was approved, allowing the pipeline to run under the Missouri River.

The pipeline is being built near the Sioux Reservation of Standing Rock. The Sioux tribe says that pipeline construction will disturb sacred sites, infringe on past treaty promises and poses a danger to contaminating the reservation’s major water supply: the Missouri River.

Dozens of protestors were arrested when construction for the Pipeline began on August 10th, when they tried to halt construction. A call for help went out on social media using the hashtag #NoDAPL and within days, hundreds of protestors were arriving at Standing Rock to join ranks. At the time of this newsletter, protests continue in Standing Rock as presence of protestors and police increase.

Click Here to Learn More

The Movement to End “Indian” Mascots

Ongoing social justice movements are taking shape in our country in protest of sports team mascots that depict stereotypical images of Native Americans. Hundreds of tribal nations, civil rights organizations, school boards, sports teams, and individuals have called for an end to “Indian” mascots. Rather than honoring Native American peoples, these mascot caricatures are considered harmful because they perpetuate negative stereotypes, and contribute to disregard for the personhood of Native American peoples. Social science research shows that these mascots can have a negative effect on the psychological well-being of Native American people, especially Native youth.

Click Here to Learn More.
## Upcoming Diversity & Inclusion Events

**NOVEMBER 2016**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location &amp; Time</th>
<th>University Units and/or Organizations contacted for collaborations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday, November 3</td>
<td>Celebrating Native American/Alaska Native Heritage Month</td>
<td>11 a.m.- 1p.m. MUC</td>
<td>Academic Departments</td>
</tr>
<tr>
<td>Tuesday, November 8</td>
<td>Celebrate Middle Eastern Culture</td>
<td>11 a.m.- 1p.m. MUC Goshen Lounge</td>
<td>Arabic Student Association, Saudi Student Association, Iranian Student Society</td>
</tr>
<tr>
<td>Friday, November 11</td>
<td>Veterans Day</td>
<td>Featured on Social Media and in the Embracing Diversity and Inclusion Newsletter</td>
<td>Entire University Community</td>
</tr>
<tr>
<td>Saturday, November 12</td>
<td>International Student Council Event: International Night</td>
<td>4 p.m.- 11:30 p.m. MUC Meridian Ballroom</td>
<td>International Student Council</td>
</tr>
<tr>
<td>Wednesday, November 16</td>
<td>National Dutch American Heritage Day</td>
<td>Featured on Social Media and in the Embracing Diversity and Inclusion Newsletter</td>
<td>Office of International Student &amp; Scholar Services</td>
</tr>
<tr>
<td>Wednesday, November 16</td>
<td>International Day of Tolerance</td>
<td>Featured on Social Media and in the Embracing Diversity and Inclusion Newsletter</td>
<td>Office of International Student &amp; Scholar Services</td>
</tr>
</tbody>
</table>

“Diversity is the one true thing we all have in common. Celebrate it every day.”
- Unknown
UPCOMING EVENTS

See something missing these Upcoming Events, that you feel celebrates diversity and inclusion in the SIUE community? We want to hear from you! Contact siueidi@siue.edu

Registration for the We Are One Summit is now open! Click Here to Register
Conference: We Are One...Are We?
October 3, 2016

"As we see the news about conflict and confrontation, we have a great challenge as a country. The solution starts with better communication, and that communication hopefully can lead to better relationships and interactions. SIUE has been and will be a catalyst in those communications, and I'm proud of my institution in that regard. Thanks to Dr. Venessa Brown for her work on these conferences."
- Dr. Randy Pembrook, SIUE Chancellor.

Nearly 400 people attended SIUE’s third Black Lives Matter Conference on October 3rd. Historical studies faculty members Jessica Harris, PhD and Bryan Jack, PhD, led the event. The focal point of the conference was the viewing of the film White Like Me, featuring anti-racism activist and author Tim Wise. Following the film, a discussion was facilitated that examined the ways in which America’s history and our current culture is tied to race.

Click Here to View the Full Conference

National Coming Out Day
On October 11, the SIUE Office of Institutional Diversity and Inclusion in collaboration with Gay Straight Alliance, organized a celebration of National Coming Out Day. This day was dedicated to raising awareness of life inside and outside of “the closet.” This event also celebrated the courage of LGBT+ individuals in our community who navigate the unique journey of “coming out” to others everyday.

See something missing from this “Month in Review” that you feel celebrated diversity and inclusion in the SIUE community? We want to hear from you! Contact siueidi@siue.edu
ATTN: SIUE Faculty Members

Did you know that you can check out resources related to diversity and inclusion from the Office of Institutional Diversity and Inclusion? We now have several films available that you can show in class, including the following:

- Silent Thunder
- Looking Toward Home
- Viva La Causa
- What is this thing called race?
- Race: The Power of an Illusion

For information about Diversity and Inclusion Films and other resources, contact the Office of Institutional Diversity & Inclusion (618) 650-5382 ragarre@siue.edu

Upcoming Home Events

- Nov 4: Volleyball vs. SEMO, 7 pm
- Nov 5: Volleyball vs. UT Martin, 2 pm
- Nov. 5: Men’s Basketball vs. Mckendree, 7 pm (Exhibition)
- Nov 6: Women’s Basketball vs. Lindenwood, 2 pm (Exhibition)
- Nov. 18: Men’s Basketball vs. SIUC, 7 pm
- Nov. 23: Women’s Basketball vs. SIUC, 7 pm
- Nov. 26: Men’s Basketball vs. IUPUI, 1 pm
- Nov. 27: Women’s Basketball vs. Western Illinois, 2 pm

GO COUGARS!
WINTER CLOTHING DRIVE

The Office of Institutional Diversity and Inclusion is collecting warm clothing for women and children this winter. Clothing donations will be given to Queen of Peace Center in St. Louis. The mission of Queen of Peace Center is to provide family-centered behavioral healthcare to women with addiction, their children and families.

Please Bring Donations to the Multicultural Center (2nd floor MUC) Donations will be collected through the end of November.

The Multicultural Center is located on the 2nd floor of the Morris University Center
Come see us Monday – Friday
8:30 a.m. – 4:30 p.m.

Up to 10 pages of FREE PRINTING is now offered to students/student organizations in the Multicultural Center!

Have you liked us on Facebook?
Keep in touch with the Multicultural Center!
Remember to check out news & events on our: Facebook, Twitter, & Instagram pages.

#siue  #siuemcc
Three Sisters Soup

Makes 4 servings

- 3 tablespoons butter
- 4 cups chicken or vegetable stock
- 1 cup onion, diced
- 1 clove garlic, minced
- 1 butternut or acorn squash, pre-baked and pureed
- 1 teaspoon curry powder
- ½ teaspoon salt
- ½ cup yellow corn kernels
- ¼ teaspoon ground coriander
- ½ cup hominy, cooked
- 1 cup white beans, cooked
- ⅛ teaspoon crushed red pepper

Melt butter in a large saucepan over medium-high heat. Add onion and garlic, cook for 3 to 5 minutes or until tender. Stir in spices, cook for 1 minute. Add stock, corn, hominy, and beans, and bring to a boil. Reduce heat to low and cook, stirring occasionally, for 15-20 minutes to develop flavors. Stir in pureed squash, cook for 5 minutes or until heated through. Serve warm with chives and plain yogurt as a garnish.

History of the “Three Sisters”

The Three Sisters (corn, squash and beans) is a Native American growing technique. To the Iroquois people, corn, beans, and squash (the Three Sisters), are the physical and spiritual sustainers of life. Historically, the three vegetables composed the main food supply of the Iroquois. Spiritually, the Iroquois believe that these life-supporting plants were given to the people when all three miraculously sprouted from the body of Sky Woman’s daughter, granting the gift of agriculture to the Iroquois. The Iroquois agricultural system was based on the hill-planting method. In this method, the three plants nourish each other as they grow. Multiple Native American tribes thrived off of this diet for centuries. It is argued that without this growing method, early European settlers would not have survived. This is part of the historical story behind the celebration of Thanksgiving.

[Click here to Learn More History]

[Click here for More Native American Recipes]
Native American Tribes Word Search

Navajo  Pueblo  Kiowa
Cherokee Iroquois Algonquin
Sioux Creek
Chippewa Blackfeet
Choctaw Caddo
Apache Kickapoo

EMBRACING DIVERSITY & INCLUSION
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