Embracing Diversity and Inclusion
Newsletter

Inside This Issue

Women's History Month
Olympian Ibtihaj Muhammad
ABC TV's Channing Dungey
Congratulations, Dr. Brown!
Women of SIUE
Reading Corner
Phenomenal Women’s Luncheon
March Holiday Recipes
Upcoming Events
Multicultural Center News
Announcements
Women’s History Month Puzzle

“Never be limited by other people’s limited imaginations.”

-Dr. Mae Jemison
First African American woman to travel in space
In 1987, the U.S. government established the month of March as Women’s History Month. Every March people across America, and in other parts of the world, acknowledge and honor the contributions that women have made in our history and in contemporary society.

“We know that when women succeed, America succeeds. The strength of our economy rests on whether we make it possible for every citizen to contribute to our growth and prosperity. As we honor the many patriots who have shaped not only the destinies of other women, but also the direction of our history, let us resolve to build on their efforts in our own time. As a Nation, we must join our voices with the chorus of history and push forward with unyielding faith to forge a more equal society for all our daughters and granddaughters -- one where a woman's potential is limited only by the size of her dreams and the power of her imagination.”

- President Barack Obama
Presidential Proclamation
Women’s History Month
March 2015
Ibtihaj Muhammad will make history this summer as the first U.S. Olympic athlete to compete while wearing a hijab.

Muhammad is a fencer and currently ranks at number 7 among the top fencers in the world. Winning a bronze medal at the Women’s World Saber Cup in Athens, Greece on January 30th of this year, Muhammad secured herself a spot on the U.S. Olympic fencing team.

Muhammad began fencing when she was 13. Her parents encouraged her to take up fencing because the traditional fencing uniform covers the athlete’s head. Muhammad explained that her parents wanted her to play a sport in which she did not have to alter the uniform as a Muslim woman.

Muhammad spoke to the lack of African American Muslim athletes to serve as role models for her as she was growing up. She indicated her desire to change that and to bring diversity to the sport of fencing.

To read the full article, go to: http://www.diversityinc.com/news/ibtihaj-muhammad-fencing-olympics/?
Channing Dungey made history on February 17th as she was named the first Black president of the ABC television network. Dungey is the first Black person—and first Black woman—to lead the entertainment division of the network since its opening in 1948.

Prior to her promotion, Dungey was executive vice president of Drama Development, Movies and Miniseries at ABC Entertainment Group.

On diversity in the industry, Dungey says, “Diversity is enormously important to me,” she said in an interview with Deadline Hollywood published Saturday. “It was part of my mission in my old role and we will continue to be as diverse as we possibly can — both in front of and behind the camera - going forward. It makes sense from a storytelling perspective, it makes sense in terms of reflecting the world that we live in. And it also makes really good business sense.”

To read the full article, go to:
SIUE’s own Dr. Venessa A. Brown, Associate Chancellor, was voted to the Board of Directors for the National Association for Diversity Officers in Higher Education (NADOHE)!

The vision of the NADOHE is to lead higher education toward inclusive excellence through institutional transformation.

Dr. Brown will serve alongside members from universities across the nation, working to support the collective efforts to lead higher education institutions toward the attainment of the following goals:

- Produce and disseminate empirical evidence through research to inform diversity initiatives
- Identify and circulate exemplary practices
- Provide professional development for current and aspiring diversity officers
- Inform and influence national and local policies
- Create and foster networking opportunities

Congratulations, Dr. Brown! Thank you for your hard work promoting diversity and inclusion at SIUE and institutions for higher education nationwide!

To learn more about the NADOHE and the work that they do, please visit: http://www.nadohe.org/
What Women’s History Month mean to you?

Women's History Month represents the struggles that women have faced and conquered. It is a month that celebrates how far women, from various cultures, have come in past decades.

- Alejandra Mendoza

What Women's history means to me is recognizing women from previous historical eras and carrying on their traditions by showing that women shouldn't feel insecure about themselves and fighting for their beliefs.

- Tene Marie Brink

To me, Woman's History Month means the celebration and recognition of women who fought to make a difference for the lives of all women. It also gives modern day women a reality check—women did not always have the opportunities we have today, therefore we should appreciate and acknowledge them not just this month but everyday.

- Alyssa Santana

With each year, my appreciation grows for the women who came before me. Because of their tireless efforts, I am in graduate school working toward becoming a professional in my field. I celebrate and honor the women of history who fought for my future, and those who continue to fight.

“There is no force equal to the strength of a woman determined to rise.” - W.E.B. DuBois

- Sarah Leard
Check out these books written by women:

**The Gifts of Imperfection**  
Dr. Brené Brown

In *The Gifts of Imperfection*, Brené Brown, a leading expert on shame, authenticity, and belonging, shares ten guideposts on the power of Wholehearted living—a way of engaging with the world from a place of worthiness.

**Everything I Never Told You**  
Celeste Ng

*Everything I Never Told You* follows the pain and trauma a family must cope with after the loss of its eldest and most-praised daughter. Ng examines parental pressures, Asian-American stereotypes and various means of coping with grief in her story of a biracial family’s gradual unraveling.

**This is My Story**  
La Detra White

A true account of 32 women who persevered and overcame tremendous obstacles by leaning on their faith. Their stories are real and raw. They are transformational to the listening ear.
The Office of Institutional Diversity and Inclusion thanks you for your nominations for the Phenomenal Women Luncheon. All of the phenomenal women nominated for this award are acknowledged below. A selection of nominees and their nominator will be invited to attend a luncheon during Women’s History Month, on **Monday, March 21, 2016.**

The luncheon honors and celebrates women from all walks of life who have made contributions to diversity and inclusion at SIUE, the region, nation, and the world. Through the annual recognition of these contributions, the Phenomenal Women’s Luncheon hopes to inspire other women to embrace and promote diversity within their own lives and the lives of others.

Congratulations to the following phenomenal women on being nominated for this award:

| Dr. Jerrica Ampadu | Cheryl Hanvey | Barbara Sams |
| Dr. Robyn Berkley | Malauna Hudson | Kara Shustrin |
| Marcy Bitner | Angela Jackson | Laura Strom |
| Kelley Brooks | Rachel Kozinski | Vanessa Ulrich |
| Wanda Brown | Madeline McCune | Sarah Walker-Leard |
| DaNaya Burnett | Lora Miles | McKenzie Whitaker |
| Anne Cavanaugh | Dr. Yvonne M. Mitkos | Rita Winkler |
| Melvina Chaney | Alison Reeves | |
| Pamela Gay | Jennifer Rosselli | |
Ingredients:
1 Onion, cut into wedges
4 Potatoes, peeled and quartered
1 pound of carrots, cut into chunks
3 cups of water
3 cloves of garlic, minced
1 bay leaf
2 tablespoons sugar
2 tablespoons cider vinegar
1 (3 lb) corned beef brisket with spice packet, cut in half
1 small head of cabbage, cut into wedges

Directions:
1. Place onion, potatoes, and carrots in a 5-quart slow cooker. Combine water, garlic, bay leaf, sugar, vinegar, and contents of spice packet in a small bowl; pour over vegetables. Top with brisket and cabbage.
2. Cover and cook on Low until meat and vegetables are tender, 8 to 9 hours.

Recipe found at: http://allrecipes.com/recipe/222592/easy-corned-beef-and-cabbage/

Ingredients:
6 hardboiled eggs
1/4 cup mayonnaise
1 teaspoon white vinegar
1 teaspoon yellow mustard
1/8 teaspoon salt
Freshly ground black pepper
Smoked Spanish paprika, for garnish

Directions:
1. Crack egg shells and carefully peel under cool running water. Gently dry with paper towels. Slice the eggs in half lengthwise, removing yolks to a medium bowl, and placing the whites on a serving platter. Mash the yolks into a fine crumble using a fork. Add mayonnaise, vinegar, mustard, salt, and pepper, and mix well.

2. Evenly disperse heaping teaspoons of the yolk mixture into the egg whites. Sprinkle with paprika and serve.

Recipe found at: http://www.foodnetwork.com/recipes/classic-deviled-eggs-recipe.html
Join the Office of Institutional Diversity and Inclusion and the Multicultural Center for these events coming in April!

On April 14th, the Multicultural Center invites you to raise your awareness and show support for the Blue Ribbon Campaign. The Blue Ribbon Campaign works to prevent child abuse and neglect. SIUE is becoming a Blue Ribbon Community to honor the life of Dr. Brad Hewitt’s father and his contributions to the Campaign. Come out to learn what you can do. We will provide you with a blue ribbon pin to wear in support of children across the world who have suffered abuse. More details to follow.

Please join us for Black Lives Matter Reloaded: A Community Dialogue on Racial Microaggressions.

Monday, April 25, 2016 8:30 - 11:30 am
Register at https://siue.co1.qualtrics.com/SE/?SID=SV_3aZXXG806JNCshn
What’s Up? Conversations
Join the Multicultural Center for honest conversation about important current events. Keep posted on dates by visiting our Facebook page at: https://www.facebook.com/SIUE-Multicultural-Center-730760289472171/?fref=ts

Everyday Bias: Identifying and Navigating Unconscious Judgments in Our Daily Lives
Howard J. Ross
“If you are human, you are biased.”
Ross helps readers recognize and overcome unconscious bias in their lives. He advocates for bias awareness with the belief that productivity, personal happiness, and social growth are possible if we come to understand the biases we didn’t even know we had.
Sign up to participate at http://www.siue.edu/institutionaldiversityandinclusion/

Freedom On My Mind
March 2, 2016
1:00 pm
Missouri Room
To register go to: http://www.siue.edu/institutionaldiversityandinclusion/filmseries.shtml

Future films in the Educational Film Series include: Strategies for Serving and Supporting Transgender Students (4/13), and Memory of Forgotten War (5/11)

Keep in touch with the Multicultural Center! Remember to check out news/events on our Facebook, Twitter, and Instagram pages.
2016 OVC Women's Basketball Championship Schedule

FIRST ROUND – Thursday, March 3
Game 3: #4 Eastern Kentucky vs. #5 Austin Peay – 12 p.m. (OVCDN/ESPN3)
Game 4: #3 SIUE vs. #6 Southeast Missouri – 2 p.m. (OVCDN/ESPN3)

SEMIFINALS – Friday, March 4
Game 5: Game 1 winner vs. Game 3 winner – 12 p.m. (OVCDN/ESPN3)
Game 6: Game 2 winner vs. Game 4 winner – 2 p.m. (OVCDN/ESPN3)

CHAMPIONSHIP – Saturday, March 5
Game 7: Game 5 winner vs. Game 6 winner – 12 p.m. (OVCDN/ESPN3)

No. 3 seed SIUE women's basketball will play No. 6 seed Southeast Missouri in the final game of the first round at the Ohio Valley Conference Tournament!
Embracing Diversity and Inclusion Newsletter

Women's History Month Wordsearch

ACTIVIST
MAE JEMISON
SUFFRAGE

EQUALITY
MARCH
SUSAN B. ANTHONY

FEMINIST
MICHELLE OBAMA

HILLARY CLINTON
RIGHTS

SUFFRAGE

ACTIVIST

EQUALITY

FEMINIST

HILLARY CLINTON

RIGHTS

SUFFRAGE