Happy New Year in Different Languages

Spanish  Feliz año nuevo
Arabic  سنة سعيدة
Hebrew  שנה טובה
Hindi  नये साल की हार्दिक शुभकामनायें
Chinese  新年快乐
French  Bonne année

Inside This Issue

New Year’s Resolutions  2
SIUE Study Abroad  3-7
Article Review  8
Martin Luther King Jr. Day  9
Black Lives Matter Conference  10
Martin Luther King Jr. Luncheon  10
Multicultural Center News  11
Announcements  12
Study Abroad Puzzle  13
It’s that time of year again—time to start anew and set intentions and goals for the new year. What resolutions are you setting for yourself in 2016?

My New Year’s Resolution is to learn one new thing a month. And to try to have more “me days!”

Kaitlyn Elliott, Graduate Student

I want to travel more, eat healthy, sleep more, save money, create more art, worry less, and start yoga again!

Jessica Tibbs, Sophomore

My resolution is to visit as many countries as I can while I’m studying abroad in Germany.

Kyle Tady, Senior
SIUE offers students the opportunity to study or volunteer abroad in more than **30 countries** across the world. Programs offered include short-term faculty-led programs, exchange programs, direct placement programs, and affiliate study abroad programs.

Faculty-led short-term programs are great for students who want to delve into their coursework by immersing themselves in a culture that can deepen their understanding. These programs are generally 1-6 weeks long and vary depending on the discipline and the destination.

Exchange programs, direct placement programs, and affiliate study abroad programs are all generally offered for semester or yearlong placements. These programs provide students the opportunity to gain greater cross-cultural understanding while broadening their academic and professional knowledge and skills.

Embracing Diversity and Inclusion Newsletter

Where SIUE Students Study Abroad

North America
- Canada
- Costa Rica
- Cuba
- Guatemala
- Jamaica
- Mexico
- United States

South America
- Argentina
- Brazil
- Chile

Africa
- Ghana
- South Africa

Europe
- Austria
- Belgium
- Czech Republic
- France
- Germany
- Greece
- Hungary
- Ireland
- Italy
- Liechtenstein
- Norway
- Switzerland
- United Kingdom

Asia
- China
- India
- Japan
- Russia
- South Korea
- Turkey
- Thailand

Oceania
- Australia
- New Zealand
The summer travel study program in Ghana is five-weeks long, beginning at the end of May and ending the first week of July. The program not only exposes the students to culturally and academically enriching international experiences, it also offers them valuable opportunities to apply theories and concepts learned in class to practical health related issues in developing societies. Additionally, the program seeks to establish long term relationships with the University of Ghana and other universities in Ghana for future student and faculty exchanges.

The Ghana Travel Study has been a great experience for me as the faculty leader. Providing our students with such an experience of a lifetime; broadening their perspective and shaping who they are. Students who have participated in the Ghana Travel Study always say that it was a life changing experience for them. One even stated that she felt at home when she arrived in Ghana. I believe that study abroad and international internships/service learning help promote global competency and other student outcomes. The world as we know it has become a global village. People are travelling now more than ever and having the opportunity to explore this global village we live in is great. I wish every student will have the opportunity to participate in a travel study or study abroad.

-Faustina Blankson, Instructor of Health Education
In the summer of 2013 I had the opportunity to study abroad at Stellenbosch University in South Africa. I spent five weeks learning about the country’s diverse and tumultuous past while observing the growth and progress the country is still working for today. My formal studies focused on the country’s economic and democratic climate, but I learned just as much outside of the classroom with community interaction and fantastic cultural and travel experiences. After classes ended, I spent a week seeing more of the country through the scenic Garden Route tour. I had the chance to hike Table Mountain, go on safaris, bungee-jump from the world’s tallest bungee bridge, and so much more. My time in South Africa opened my eyes to a whole new world of experiences and learning, and I will forever be grateful for the summer I studied abroad.

Jorgia Pitzer

In summer 2013 I studied abroad in Seville, Spain. It was hands down the highlight of college — after Graduation, of course. Professor Joaquin Florido Berrocal, a native of Seville, lead the program through the Spanish Department. There was 13 of us that went. Together we were able to learn and experience new things. We were forced to adapt to the world around us and became more fluent in Spanish. We traveled to other provinces of Spain as well as Portugal and Morocco — finding something special everywhere we went. Aside from all our travels we took two courses. They helped us learn about such a historic area. I encourage everyone to study abroad. Don't let anything like fear of being away from family and friends or your financial situation stand in the way. It was an experience of a lifetime that I won’t forget. It forces you to open your eyes to other cultures and become adaptable to new situations.

Erika Hall
Prior to beginning my graduate work in Art Therapy Counseling at SIUE, I volunteered abroad in the Republic of the Marshall Islands. My time working on the remote Atoll of Ailinglaplap heightened my awareness regarding different ways of living and being. While living in the Marshall Islands I learned so much—from daily tasks like husking coconuts and bucket showering to the core values of collective living. The year I spent in the Marshall Islands was an adventure and a blessing. If you are an upcoming graduate of SIUE and still desiring the study abroad experience, I would highly recommend volunteering your time through an organization like the Peace Corps or WorldTeach. More information on both organizations can be found here:

Peace Corps: [www.peacecorps.gov](http://www.peacecorps.gov)
WorldTeach: [www.worldteach.org](http://www.worldteach.org)

Sarah Leard
Time magazine posted an article in 2014 titled, “How Studying or Working Abroad Makes You Smarter.” The author, Annie Paul Murphy, reported recent research findings indicating an increased ability to think creatively and with greater complexity as a result of studying or working abroad. Specifically, research found that students who adopted an open attitude and adapted to another culture were better able to make connections between contrasting ideas.

“Study or working in different cultures can make us better thinkers—more flexible, creative, and complex—if we are willing to adapt and learn from other cultures.”

To read the whole article, please visit: http://time.com/79937/how-studying-or-working-abroad-makes-you-smarter/
On January 18th we celebrate the life and work of Dr. Martin Luther King, Jr. Dr. King led Americans during the Civil Rights Movement, advocating for peace, freedom, and equality. Dr. King’s famous “I Have a Dream” speech, delivered on August 28, 1963 in Washington, DC, empowered the nation to stand up for justice in the face of oppression.

Celebrants of the holiday are called to follow in Dr. King’s footsteps and spend the day working for the benefit of others.

“On this day we commemorate Dr. King’s great dream of a vibrant, multiracial nation united in justice, peace and reconciliation; a nation that has a place at the table for children of every race and room at the inn for every needy child. We are called on this holiday, not merely to honor, but to celebrate the values of equality, tolerance and interracial sister and brotherhood he so compellingly expressed in his great dream for America.”

- Coretta Scott King

See more at: [http://www.thekingcenter.org/meaning-king-holiday#sthash.u2WIjEkP.dpuf](http://www.thekingcenter.org/meaning-king-holiday#sthash.u2WIjEkP.dpuf) and [https://www.archives.gov/press/exhibits/dream-speech.pdf](https://www.archives.gov/press/exhibits/dream-speech.pdf)

“Free at last, Free at last, Great God a-mighty we are free at last.”
Dr. Martin Luther King, Jr. Celebration Luncheon

“Voices of the Unheard”

Wednesday, January 20, 2016

11:30 am., immediately following the Black Lives Matter Conference

For more information about the Luncheon contact Sarah Laux at slaux@siue.edu

---

SIUE Black Lives Matter: Inside the Movement Conference

Wednesday, January 20, 2016

8:00 am - 11:30 am

No cost for attendance

RSVP by January 12, 2016 at
http://www.siue.edu/institutionaldiversityandinclusion/blm-rsvp.shtml

“#BlackLivesMatter doesn’t mean your life isn’t important–it means that Black lives, which are seen as without value within White supremacy, are important to your liberation.”

(BlackLivesMatter.com)
What’s Up? Conversations
Join the Multicultural Center for honest conversation about important current events. Keep posted on dates by visiting our Facebook page at:

https://www.facebook.com/SIUE-Multicultural-Center-739760289472171/?fref=ts

Keep in touch with the Multicultural Center!
Remember to check out news/events on our Facebook, Twitter, and Instagram pages.

Educational Films

The African American Journey
Learn about the history of African Americans from the first settlers until today. Includes Dr. King's "I Have a Dream" Speech. Runtime: 20 min

12pm Tuesday, January 19th
Missouri Room, Morris University Center

Registration is required to view film. Sign-up online at http://www.siue.edu/institutionaldiversityandinclusion/filmseries.shtml

Future films in the Educational Film Series include Selma (2/10), The Rise and Fall of Jim Crow, Parts 1 and 2 (2/17). The Rise and Fall of Jim Crow, Parts 3 and 4 (2/24), Freedom on My Mind (3/2), Strategies for Serving and Supporting Transgender Students (4/13), and Memory of Forgotten War (5/11)
Everyday Bias: Identifying and Navigating Unconscious Judgments in Our Daily Lives

Howard J. Ross

“If you are human, you are biased.”

Ross helps readers recognize and overcome unconscious bias in their lives. He advocates for bias awareness with the belief that productivity, personal happiness, and social growth are possible if we come to understand the biases we didn't even know we had.

Sign up to participate at http://www.siue.edu/institutionaldiversityandinclusion/bookclubspring.shtml

Comes Support our Cougars!

Men's Basketball
1/2 @ Tennessee Tech
1/6 Belmont @ SIUE
1/9 @ Tennessee State
1/14 Morehead State @ SIUE
1/16 Eastern Kentucky @ SIUE
1/21 @ Austin Peay
1/23 @ Murray State
1/28 Southeast Missouri @ SIUE
1/30 Eastern Illinois @ SIUE

Women's Basketball
1/2 @ Tennessee Tech
1/5 Belmont @ SIUE
1/9 @ Tennessee State
1/14 Morehead State @ SIUE
1/16 Eastern Kentucky @ SIUE
1/20 Southeast Missouri @ SIUE
1/23 @ Murray State
1/27 @ Austin Peay
1/30 Eastern Illinois @ SIUE

COMING SOON:

Black Heritage Month
February 2016

Schedule to follow!

Recruiting and Retaining a Diverse Workforce

SIUE has published guidelines for recruiting and retaining a diverse workforce.

This document is available for download at:

www.siue.edu/institutionaldiversityandinclusion/Guidelines%20for%20Recruiting%20and%20Retaining%20a%20Diverse%20Workforce.shtml

Take a look and find out what you can do to support recruitment and retention efforts here at SIUE.