



LIFELONG LEARNING

OFFICE OF EDUCATIONAL OUTREACH



Fall 2017 Catalog

Learning for
the joy of it!

The Office of Educational Outreach enriches the economic, cultural, personal, and professional lives of a diverse society, eliminating barriers to expand the educational resources of SIUE. We promote learning by providing accessible educational opportunities through the agile development of relevant, collaborative programs and partnerships.



LIFELONG LEARNING

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A NOTE FROM THE DIRECTOR

Greetings from the Office of Educational Outreach,

We are pleased to offer our Fall 2017 Lifelong Learning Speaker Series to our community.

In our day to day activities, we don't regularly stop to consider the benefits of lifelong learning, but they are significant. According to Cathie Hamond (2004) from the University of London, there is consistent evidence that lifelong learning can lead to improved well-being, *prevent* mental health issues and improve coping skills and social integration for adults. Given these benefits, I encourage you to browse our offerings and bring friends and family members to these events.

We are grateful to the faculty and staff of SIUE, in addition to the community members who are contributing their time and talents to the series this Fall. All of our speakers volunteer their time and expertise to be a part of the Lifelong Learning program, and we have many new presenters and offerings available to you for Fall 2017.

Please don't keep SIUE's Lifelong Learning program a secret! The costs are very reasonable and the benefits are innumerable. Thank you for choosing SIUE and please let us know what additional suggestions you have to make this program better.

A special thanks is extended to our partners for their ongoing support of our program:

Dr. Surjan Weeratatne, Assistant Professor in Political Science and Faculty Representative
for the Great Decisions Series

Sara Berkbigler, Executive Director, Main Street Community Center, 1003 N. Main Street,
Edwardsville, IL

We hope to see you very soon.

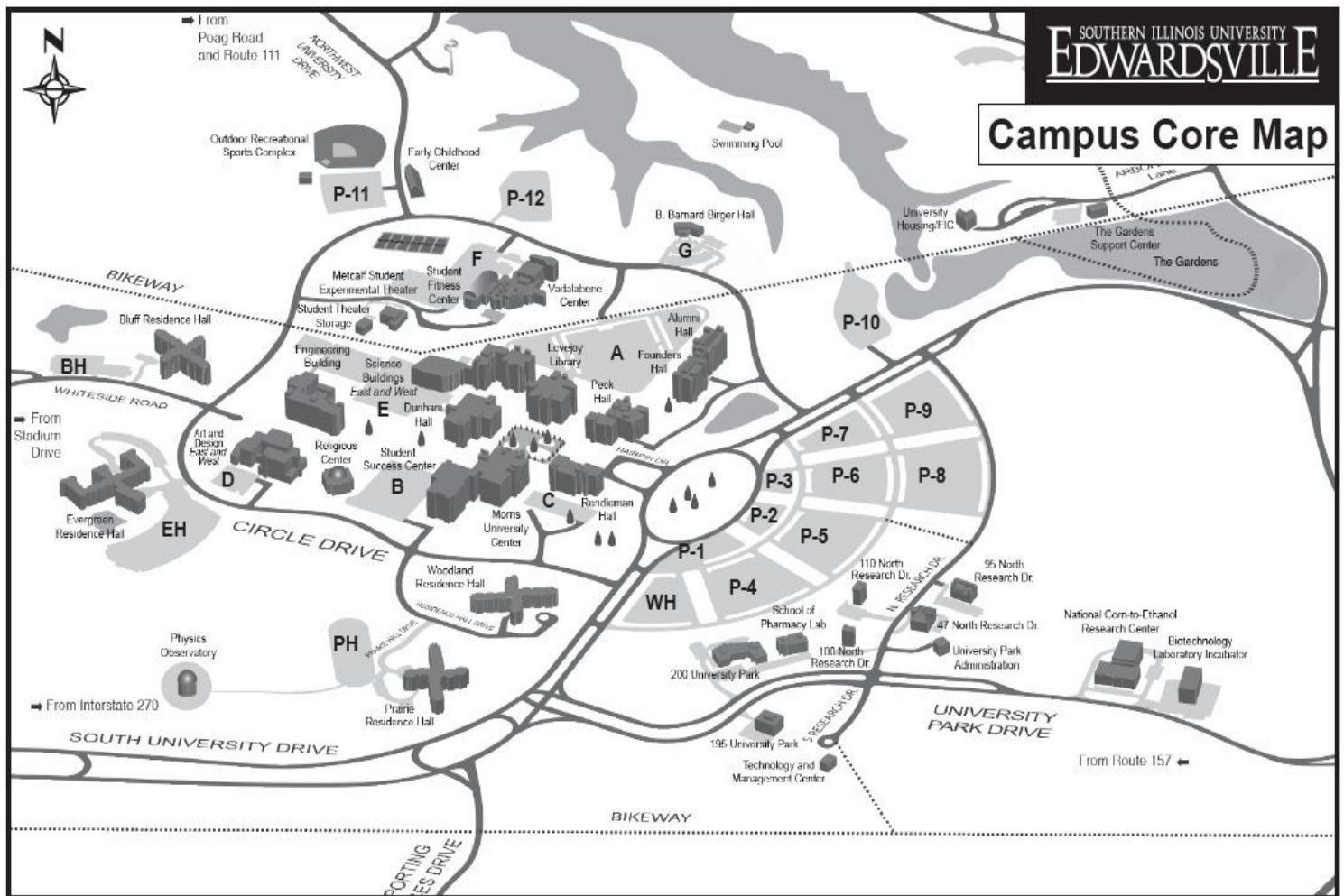
Sincerely,

Mary Ettling

Mary Ettling
Interim Director
Office of Educational Outreach
Box 1084
Edwardsville, IL 62026

LIFELONG LEARNING

OFFICE OF EDUCATIONAL OUTREACH 618-650-3210



Key to Parking

Parking Lot	Tags Required	
A, E	Green, Orange	Registered Vehicles and Metered Parking
B		Pay Lot
C		Metered Lot
D, G	Orange	Registered Vehicles

Parking Lot	Tags Required	Parking Lot Description
F	Brown; (All Current Tags after 3pm)	Registered Vehicles and Metered Parking
P4 - P12	All Current Tags	Registered Vehicles and Metered Parking
P1, P2, P3	Blue, Green; (All Current Tags after 3pm)	Registered Vehicles
BH, PH, WH, EH	RH Yellow	Registered Vehicles

Parking Information: Visitors may park in Lot B or metered portions of other lots.
1310 siue.edu/maps

Park on campus on Visitor Lot B (long term) or Lot C (short term - maximum 2 hours). All parking is \$1/hour. Pay at any kiosk located on the lot. You will need to enter your parking space number so note it as you leave your vehicle. Handicap Parking is free. Lifelong membership provides parking for \$2 on Lot B for the entire day of presentations.

Main Street Community Center (MSSC): Address: 1003 N. Main St., Edwardsville. Parking is directly behind the building and is free. Entry to the building is easily accessible. Phone number: 618-656-0300.

August



The Mounds: America's First City Project

Wednesday, August 30, 2017 (10:30—11:45 a.m.)

Location: SIUE Campus, Morris University Center, 2nd floor, Hickory Hackberry Room

Cost: \$2 (Lifelong Learning Members) / \$5 (public)

Presenter: Suzanne Kutterer-Siburt

Topic: Find out how the Project Team completed an intensive work plan to gather support for elevating mounds to a unit of the National Parks Services.

1917 East St. Louis Riots

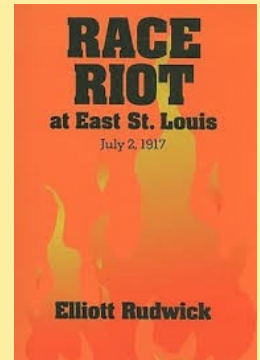
Wednesday, August 30, 2017 (1:15—2:30 p.m.)

Location: SIUE Campus, Morris University Center, 2nd floor, Hickory Hackberry Room

Cost: \$2 (Lifelong Learning Members) / \$5 (public)

Presenter: Dr. Andrew Theising

Topic: During this presentation, Dr. Theising will review some of the tragic stories and discuss the effort to identify these “sacred sites” with permanent markers of the 1917 race riot at East St. Louis.



September



Sculpture Walk

Wednesday, September 6, 2017 (10:30—11:45 a.m.)

Location: SIUE Gardens and Sculpture Walk

Cost: \$2 (Lifelong Learning Members) / \$5 (public)

Presenter: Jessica Hunt

Topic: Experience a guided tour about the Sculptures on Campus (S.O.C) Program which offers students an opportunity to work on & display large -scale sculptures.



Emergency Preparedness

Wednesday, September 6, 2017 (1:15—2:30 p.m.)

Location: SIUE Campus, Morris University Center, 2nd floor, Hickory Hackberry Room

Cost: \$2 (Lifelong Learning Members) / \$5 (public)

Presenter: Michelle Milton and Cathy Paone

Topic: “Disasters don’t plan ahead, but YOU CAN.” Learn what is being done on an ongoing basis at the Madison County Health Department to protect residents during a public health emergency.



Harold W. See, Delyte W. Morris, and the Future of SIUE

Wednesday, September 13, 2017 (10:30—11:45 a.m.)

Location: SIUE Campus, Lovejoy Library, 1st Floor, Friends Corner

Cost: \$2 (Lifelong Learning Members) / \$5 (public)

Presenter: Steve Kerber

Topic: In this presentation, Kerber sets the stage for the current relationship between SIUE and SIUC.

Digging SIUE: 10,000 Years of Archaeology on the SIUE Campus

Wednesday, September 13, 2017 (1:15—2:30 p.m.)

Location: SIUE Campus, Morris University Center, 2nd floor, Hickory Hackberry Room

Cost: \$2 (Lifelong Learning Members) / \$5 (public)

Presenter: Julie Zimmermann, Professor of Anthropology at SIUE

Topic: Come explore the findings the SIUE archaeology field school has uncovered & hear the possible ritual activities that took place along subsistence activities at the site during both Middle Woodland and Mississippian periods.



How Medication May Affect Your Sex Life



Wednesday, September 20, 2017 (10:30—11:45 a.m.)

Location: SIUE Campus, Morris University Center, 2nd floor, Hickory Hackberry Room

Cost: \$2 (Lifelong Learning Members) / \$5 (public)

Presenter: Dr. Chris Lynch

Topic: We commonly hear information about medications that can provide sexual benefits, but the use of some medications can lead to adverse effects that may negatively affect your sex life. In this presentation, Dr. Lynch will help us to explore medication adverse effects not frequently discussed and how your sex life may be affected.

My Experiences as an Asian Diplomat

Wednesday, September 20, 2017 (1:15—2:30 p.m.)

Location: SIUE Campus, Morris University Center, 2nd floor, Hickory Hackberry Room

Cost: \$2 (Lifelong Learning Members) / \$5 (public)

Presenter: James Waller

Topic: Come hear as presenter James Waller shares how embassies organize, function and coordinate activities and policies with his experience with U.S. embassies in India, Thailand, Malaysia, Vietnam, and South Korea.

James Joyce's *Ulysses*

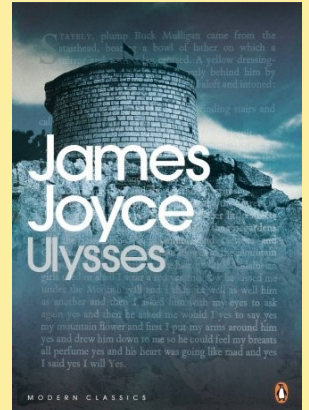
Wednesday, September 27, 2017 (10:30–11:45 a.m.)

Location: SIUE Campus, Morris University Center, 2nd floor, Hickory Hackberry Room

Cost: \$2 (Lifelong Learning Members) / \$5 (public)

Presenter: Dr. Jeff Skoblow

Topic: James Joyce's "Ulysses" is almost universally regarded as one of the greatest and most influential novels of the 20th century. Dr. Skoblow will orient you to the major structures and narrative concerns of *Ulysses*; and give you a taste of its infinite riches, to reveal a remarkable range of historical, political, spiritual questions of youth, age, love, and marriage.



Digital Archive—Madison County

Wednesday, September 27, 2017 (1:15–2:30 p.m.)

Location: SIUE Campus, Morris University Center, 2nd floor, Hickory Hackberry Room

Cost: \$2 (Lifelong Learning Members) / \$5 (public)

Presenter: Dr. Stacy, Dr. Hansen, & Dr. Manuel

Topic: This presentation will introduce Madison Historical: The Online Encyclopedia and Digital Archive for Madison County, Illinois. Madison Historical is a web site that documents, preserves, and shares the rich history of Madison County, Illinois. Listeners are invited to bring historical documents, photographs, or records related to Madison County history.

October

Culture Shock

Wednesday, October 4, 2017 (10:30–11:45 a.m.)

Location: SIUE Campus, Morris University Center, 2nd floor,
Hickory Hackberry Room

Cost: \$2 (Lifelong Learning Members) / \$5 (public)

Presenter: Sorin Nastasia

Topic: When traveling abroad even the most “worldly” of individuals experience ongoing anxiety, dissonance, and conflict, or “culture shock.” Presenter Nastasia provides an overview of the sources, forms, and consequences of culture shock, as well as a practical approach to coping.



What is Friendship?

Wednesday, October 4, 2017 (1:15–2:30 p.m.)

Location: SIUE Campus, Morris University Center, 2nd floor, Hickory Hackberry Room

Cost: \$2 (Lifelong Learning Members) / \$5 (public)

Presenter: Dr. Eric Ruckh, Associate Professor of History

Topic: This session will examine one of the great questions of the Western literary and philosophical tradition: the nature of friendship.

Remembering the Veteran's Experience

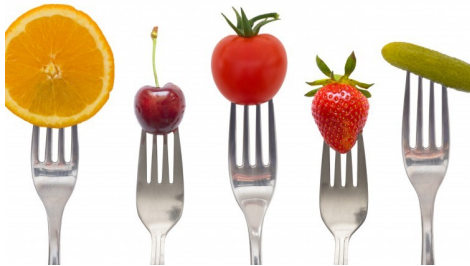
Wednesday, October 11, 2017 (10:30—11:45 a.m.)

Location: SIUE Campus, Morris University Center, 2nd floor, Hickory Hackberry Room

Cost: \$2 (Lifelong Learning Members) / \$5 (public)

Presenter: Amy Wilkinson, SIUE Project Director of Teaching with Primary Sources

Topic: Learn about the variety of personal accounts that are available online at The Library of Congress' Veterans History Project.



Nutrition for Seniors

Wednesday, October 11, 2017 (1:15—2:30 p.m.)

Location: SIUE Campus, Morris University Center, 2nd floor, Hickory Hackberry Room

Cost: \$2 (Lifelong Learning Members) / \$5 (public)

Presenter: Jennifer Zuercher

Topic: Healthful eating is important at every stage of life, but can be even more so as we grow older due to changing nutritional needs. The choices we make can influence how we feel and our health overall. This class will discuss some of the important considerations for developing and maintaining health and healthy eating habits as we age.

Martial Arts for Fitness and Self-Defense

Wednesday, October 18, 2017 (10:30—11:45 a.m.)

Location: SIUE Campus, Morris University Center, 2nd floor, Hickory Hackberry Room

Cost: \$2 (Lifelong Learning Members) / \$5 (public)

Presenter: Jennifer Rehg

Topic: Martial arts training can improve balance, coordination, strength, flexibility, and other measures of health. Information presented will include factors in selecting and modifying martial arts systems based on personal goals and capabilities (at any age or fitness level), and some practical self-defense techniques.

Everything you always wanted to know about ticks, but were afraid to ask!

Wednesday, October 18, 2017 (1:15—2:30 p.m.)

Location: SIUE Campus, Morris University Center, 2nd floor, Hickory Hackberry Room

Cost: \$2 (Lifelong Learning Members) / \$5 (public)

Presenter: Cathy Santanello, Associate Professor of Pharmaceutical Sciences

Topic: Ticks and tick-borne diseases are a menace. This presentation will provide information about these 8 legged creatures including how to avoid being their next blood-borne meal!



Introduction to the Islamic Faith

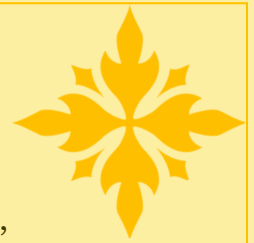
Wednesday, October 25, 2017 (10:30—11:45 a.m.)

Location: SIUE Campus, Morris University Center, 2nd floor, Hickory Hackberry Room

Cost: \$2 (Lifelong Learning Members) / \$5 (public)

Presenter: Saba Fatima

Topic: In this presentation, presenter Saba Fatima provides fundamental beliefs and components of Faith in Islam.



Batman: The History of the Dark Knight

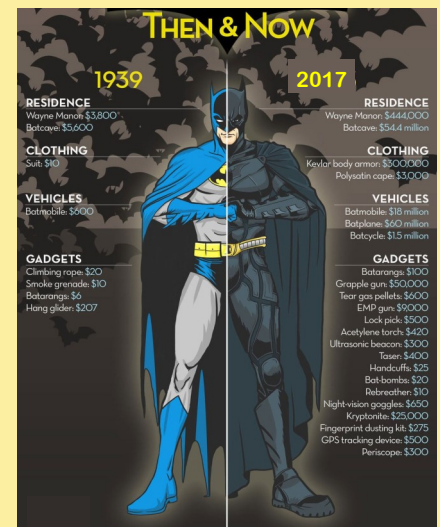
Wednesday, October 25, 2017 (1:15—2:30 p.m.)

Location: SIUE Campus, Morris University Center, 2nd floor, Hickory Hackberry Room

Cost: \$2 (Lifelong Learning Members) / \$5 (public)

Presenter: Stephyn Phillips

Topic: Stephyn will retrace the history of Batman from his debut in 1939 to today, using excerpts from comic books, television, films, and animation.



November



The Bosnian Experience

Wednesday, November 1, 2017 (10:30—11:45 a.m.) lunch break (1:15—2:30 p.m.)

Location: SIUE Campus, Morris University Center, 2nd floor, Hickory Hackberry Room

Cost: \$2 (Lifelong Learning Members) / \$5 (public)

Presenter: Akif Cogo

Topic: St. Louis Bosnians advocate on behalf of the Bosnian community and educate the public on issues important to the Bosnian– American community. Come as Akif shares Bosian– American culture and history.

The Long Struggle for Civil Rights: Slavery to Freedom

Wednesday, November 8, 2017 (10:30—11:45 a.m.)

Location: SIUE Campus, Morris University Center, 2nd floor, Hickory Hackberry Room

Cost: \$2 (Lifelong Learning Members) / \$5 (public)

Presenter: Jessica Harris & Rowena McClinton

Topic: Historical Studies professors Harris & McClinton will narrate their civil rights pilgrimage trip to Mississippi-the state most resistant to the struggle for racial equality.



Tanzania: Its Wildlife and Conservation Status

Wednesday, November 8, 2017 (1:15—2:30 p.m.)

Location: SIUE Campus, Morris University Center, 2nd floor, Hickory Hackberry Room

Cost: \$2 (Lifelong Learning Members) / \$5 (public)

Presenter: Richard Keating

Topic: Keating will discuss the stresses and status of Tanzania's habitats and potential of preservation. Keating will present several beautiful photos of wildlife that he took during his African safari.

Safe Food Handling for Holiday Cooking

Wednesday, November 15, 2017 (10:30—11:45 a.m.)

Location: SIUE Campus, Morris University Center, 2nd floor, Hickory Hackberry Room

Cost: \$2 (Lifelong Learning Members) / \$5 (public)

Presenter: Molly Peters

Topic: During the holiday season, every where you look it seems you will always find one thing...FOOD! Come join Madison County Health Department as they provide information on safe food handling for the holidays. Take this opportunity to sharpen your food safety skills, learn top mistakes that lead to foodborne illness and how to avoid them.

Environmental Resource Training Center

Wednesday, November 15, 2017 (1:15—2:30 p.m.)

Location: SIUE Campus, Morris University Center, 2nd floor, Hickory Hackberry Room

Cost: \$2 (Lifelong Learning Members) / \$5 (public)

Presenter: Drew Hoelscher & Kurt Neuhaus

Topic: Presenters will discuss the disinfection process for drinking water and focus on the advantages and disadvantages of disinfection with chlorine.



Membership

Lifelong Learning Memberships for Fall 2017 is \$15 per person. It is not required to purchase a membership to attend any presentation. Members enjoy the following benefits:

- *Reduced parking lot fees (\$2 for all day vs. \$1/hour non-member).
- *Reduced presentation fees to attend: \$2 per session vs. \$5 non-member.
- *Help to offset facility costs for the program.

If you purchase a membership prior to start of semester you can receive reduced rates the first day!

Cost to attend a presentation OFF campus is FREE. Cost for SIUE faculty/retired faculty/staff/students is free for both on and off campus presentations.

Honor a friend or family member with a gift to SIUE's Lifelong Learning Foundation. Gifts to the foundation are tax deductible and used solely to support the enrichment and long term growth of the Lifelong Learning Program at SIUE.

Checks for these gifts should be made payable to:

“Lifelong Learning Development Fund”

and mailed to:

SIUE, Office of Educational Outreach, Campus Box 1084, Edwardsville, IL 62026

Questions?

Contact our office at 618-650-3210.





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OFFICE OF EDUCATIONAL OUTREACH



Fall Membership Form

If you would like to become a Lifelong Learning Member, mail in or bring this form to a presentation along with your membership fee of \$15. A membership saves you money on parking and attendance fees, especially if you plan to attend frequently.

Mail in the form below by August 23, 2017 to become a member before the first presentation.

Welcome New Members!

Mailing Address for MEMBERSHIP checks “payable to SIUE”:

SIUE
Office of Educational Outreach
Rendleman Hall
ATTN: Lifelong Learning
Box 1084
Edwardsville, IL 62026-1084

Name

Address

City/Zip

Phone

Email

Method of Payment

☐ Check

☐ Cash



Make checks payable to “SIUE”





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