

PSYC 431-002: Psychopathology
Alumni Hall 0401
T & Th 2-3:15 (Section 002)

Instructor Information

- Professor: Dr. Eunyo Ro (ero@siue.edu)
- Office: Alumni Hall Room 0131
- Office Hours: Tuesday and Wednesday 10 am- 11 am or by appointment.

Required Material:

- Durand, V. M., & Barlow, D. H. (2013). *Essentials of Abnormal Psychology (7th Ed.)*. Pacific Grove, CA: Thomson-Wadsworth.

Optional Material (A strongly recommended material for graduate students)

- American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders (5th ed.)*. Washington, DC: Author.
- You can access the *DSM-5* online via Lovejoy Library website. Please search "DSM Library" under search for books, DVDs, etc.

Course Description:

Welcome to Psychopathology! In this course, you will learn about common mental disorders and their etiology, course, treatment, and diagnostic procedures. Learning activities include lecture, student presentations, and group discussions.

Course Goals & Objectives:

After successfully completing this course, you should be able to:

- Understand and identify major characteristics of common mental disorder.
- Understand the history of mental disorder classification system (i.e., Diagnostic and Statistical Manual of Mental Disorders) and critically evaluate its strengths and limitations.
- Gain knowledge of common mental disorder's psychological treatment approaches.
- Enhanced awareness in community- and/or nation-wide resources/organizations for individuals with mental disorder and their families.

In order to meet these goals, you are expected to:

- Read chapters and understand course lecture material.
- Participate in class activities and discussions.

General Classroom Expectations:

- You are expected to attend all classes. If you miss a class, it is your responsibility to obtain lecture material and understand the contents covered in class. If you need clarification on any of the material, I would be happy to meet with you during office hours (or other appointment times).
- I know that some of you prefer to take notes on your laptops, which is fine. However, please refrain from being on non-class related websites (e.g., Facebook, Instagram, Message chat, Amazon, shopping websites). Also, please take off headphones/ earphones when in class.
- If I see non-class related cell phone use during class, I will collect your phone. It will be returned to you at the end of the lecture.

- All the classes will start promptly on time, and you are expected to come to class on time. Repeated late attendances may negatively affect your attendance grade.

Points in this Class

(1) Video Quiz (20 points each x 2 = 40)

You will watch a video during class time on your own and take a video quiz, which is due on the same day. Please see class schedule for details.

(2) Homework for In-Class Discussions (20 points x 2 = 40)

How to do your two homework assignments:

1. You need to create a cover page with your name and 800 number. The cover page should be a SEPARATE page from your responses page.
2. Please copy the below questions and answer all of them. There is no length requirement.
3. You must bring this printed copy of your homework to class for discussion which I will collect at the end of the class.
4. NO late papers will be accepted.

Homework 1: P-Factor Article

1. What is a p-factor? Please explain using your own words (no direct quotes).
2. Did learning about the p-factor change your views about our current understanding of mental disorders in any way? If yes, how? If not, why so?
3. What are some potential advantages that the concept of p-factor will bring to mental disorder research and treatment?
4. What are some potential disadvantages that the concept of p-factor will bring to mental disorder research and treatment?

Homework 2: Intersectionality Article.

1. State two important points learned from this article.
2. Explain why those two points are important to know to advance the field of clinical psychology.

(3) Paper (50 points, due 4/20)

Select a book, movie, tv series character with mental disorder symptoms. You will write a short class paper including the following information. The final paper must be double spaced and use 1" margins and a 12-size font (e.g., Arial, Times New Roman) and the length should be approximately 5-7 pages. Two points will be deducted per day when submitted late.

1. Does the person have a mental disorder according to the general definition of mental disorders we learned in Week 1? Please justify. (15 points)
2. What are the mental disorder symptoms and possible diagnosis? Please justify by using emotional/cognitive/behavioral examples from the book/film. (15 points)

3. List of evidence-based psychological treatments for this disorder (NOT medications). Please discuss at least two empirical articles' findings to support that there have been scientific investigations. (10 points)
4. Writing style/APA style, if you are submitting a paper (10 points)

(4) Exams (100 points each; 3 exams; 300 total)

Exams will cover only the material since the last exam (i.e., it is not cumulative). Each exam will cover both lecture topics and information from the assigned readings, and will include any combination of multiple choice, fill-in-the-blank, or short-answer /essay type questions. Be aware that all information presented in both the assigned readings and class lectures may appear on exams.

Also, class attendance on exam days is a specific course requirement. Student will be permitted to makeup a missed exam ONLY on the final exam day (i.e., you take the missed exam and the final exam on the same day within the allotted time). Make-up exams may not be of the same format of those exams given during class.

Final Grade

You can earn a maximum of 430 points. Your grade will be assigned based upon a 90% (A), 80% (B), etc., grading system.

Class Policies

**** Class Environment**

It is important to recognize that the classroom is an environment that requires respect for all participants. Therefore, students are expected to conduct themselves in a considerate manner. This means: being on time, turning off cell phones, pagers, iPods, and headphones, avoiding extraneous talking and chat, refraining from reading non-class materials and eating in class.

**** Statement on Disabilities**

If you have a documented disability that requires academic accommodations, please go to Disability Support Services (DSS) for coordination of your academic accommodations. DSS is located in the Student Success Center, Room 1270; you may contact them to make an appointment by calling (618) 650-3726 or sending an email to disabilitysupport@siue.edu. Please visit the DSS website located online at www.siue.edu/dss for more information.

**** Department of Psychology Policy on Withdrawal and Incomplete Grades**

All withdrawals must be completed by the end of the 13th week of classes during fall and spring, and by the end of the 6th week of an 8-week summer term. When students discontinue attending class and do not withdraw from a course they may receive the grade of UW (Unauthorized Withdrawal). The grade of UW will only be given when a student's grade based on the course requirements is an F. The grade of UW is calculated as an F in a student's grade average. The granting of a grade of INC (Incomplete) is not automatic and is available only in cases when a student has completed most of the work required for a class but is prevented by a medical or similar emergency from completing a small portion of the work not later than the end of the following semester. An INC must be approved by the

instructor with appropriate documentation provided by the student. If an instructor agrees to give a student an I, the instructor will fill out a Memorandum of Incomplete Grade to be kept with the student's records. If the work is not completed by the time specified on the Memorandum, the student's grade will be changed from INC to F.

** Statement on Plagiarism

Plagiarism includes presenting someone else's words without quotation marks (even if you cite the source), presenting someone else's ideas without citing that source, or presenting one's own previous work as though it were new. When paraphrasing from another source or your own work, at the very least, the student should change the wording, sentence syntax, and order of ideas presented in the paper. Additionally, you should not submit a paper, or parts of a paper, written to fulfill the requirements of one class for the requirements in another class without prior approval of the current instructor and appropriate citation. Ideally, the student will integrate ideas from multiple sources while providing critical commentary on the topic in a way that clearly identifies whether words and ideas are those of the student or are from another source. Plagiarism is one type of academic misconduct described in SIUE's Student Academic Code (<http://www.siu.edu/policies/3c2.shtml>). University policy states that "Normally a student who plagiarizes shall receive a grade of F in the course in which the act occurs. The offense shall also be reported to the Provost." (<http://www.siu.edu/policies/1i6.shtml>). The University policy discusses additional academic sanctions including suspension and expulsion from the University. To insure that you understand how to avoid plagiarism, we encourage you to review the information on plagiarism provided on the Department of Psychology web page at <http://www.siu.edu/education/psychology/plagiarism.shtml>

** Department of Psychology Writing Policy

As a student in this course, you will be expected to display university-level writing, which includes completing course assignments that meet the following basic writing criteria. Specifically, all written assignments completed for this course should include:

- clear transitions from sentence to sentence and idea to idea (e.g., paper is organized/flows well);
- verb tense consistency;
- clear and unambiguous sentences and ideas;
- writing that is free of typos, spelling errors, and major grammatical errors;
- properly formatted citations and references (if relevant).

This is by no means an exhaustive list of basic writing skills, but will give you an idea of what we are looking for in our papers. If your graded written assignments fail to meet the basic writing requirements listed above (and any others found to be appropriate by your instructor), the instructor will stop the grading process and return the paper to you (see below for the specific policy for this class). The penalty for unacceptable writing in this class is as follows: You will receive **no points** for your assignment.

If you feel you need help with your writing:

- You are encouraged to seek assistance from the writing center on campus (<http://www.siu.edu/is/writing>) or utilize one of the many online resources they have identified to help students (<http://www.siu.edu/is/writing/resources.shtml>).
- For resources more specific to psychology, please use the Psychology Writing Resources Page <http://www.siu.edu/education/psychology/faculty/writing-resources.shtml>

** Writing Center Information

The SIUE Writing Center assists students and faculty/staff across the curriculum, and at all levels, to further develop their writing skills in order to become confident and independent writers and thinkers.

Through individual consultations the Writing Center will help students to: brainstorm on a topic, organize thoughts, outline an assignment, develop support, integrate research, learn a “style” of writing, identify and fix errors, and much more. Please keep in mind that the Writing Center will not simply fix mistakes or write a paper for a student; instead, the consultants will teach students how to improve their work. For more information, or to schedule a 30 minute consultation, please call our front desk (650-2045), visit our website (siue.edu/lss/writing), or stop by our main location – SSC 1254 (inside the Academic Advancement Center).

COVID-19 Pandemic Policies Related to Classroom Instruction (Spring 2023)

Health and Safety

The measures outlined below are required and any student who does not comply may be in violation of the *COVID-19 People-Focused Health and Safety Policy*, as well as the University’s *Student Code of Conduct*.

The full text of the *COVID-19 People-Focused Health and Safety Policy* can be found here:

<https://www.siue.edu/policies/Covid.shtml>

Classrooms, Labs, Studios, and Other Academic Spaces

Under current University policy, whether in the classroom, lab, studio, or other academic spaces, students (regardless of vaccination status) shall wear face coverings that fully cover the nose and mouth and practice physical distancing measures to the extent practicable based on the specific classroom capacity and pedagogy. Classroom furniture should not be rearranged, and furniture that has been taped off or covered should not be used.

Students who forget to wear a face covering will be reminded of their obligation to comply with SIUE’s *COVID-19 People-Focused Health and Safety Policy* and temporarily asked to leave the class until they are able to conform to the policy. Students who forget or lose their face coverings may be able to obtain replacements from a friend, a faculty member, or a nearby departmental office. Face coverings are also available for purchase in the Cougar Store (MUC).

Students who refuse to wear a face covering will be asked to leave the classroom and referred to the Dean of Students for non-compliance with community health and safety protocols. Repeated non-compliance may result in disciplinary actions, including the student being administratively dropped from an on-ground/face-to-face course or courses without refund if no alternative course format is available.

If a student has a documented health condition which makes wearing a face covering medically intolerable, that student should contact ACCESS to explore options with the understanding that ACCESS will not grant accommodations which excuse the need for a face covering while on campus or in the classroom. ACCESS will work with qualifying individuals to find reasonable alternatives, whenever such solutions are available. Please call or contact the ACCESS Office via email to schedule an online appointment to discuss potential alternatives. ACCESS office (Student Success Center, Room 1203, 618-650-3726, and myaccess@siue.edu).

General Health Measures

At all times, students should engage in recommended health and safety measures, which include:

- Conducting a daily health assessment. If you have [COVID-19 symptoms](#), but not yet tested positive, have had COVID-19 close contact exposure, or are COVID-19 diagnosed as presumptive or confirmed positive, contact your health provider or SIUE Health Service at cougarcare@siue.edu or 618-650-2842. More information on reporting procedures is available [here](#).
- Frequent washing or disinfecting of hands.

- Adhere fully to the current face mask and physical distancing rules as articulated in policy: <https://www.siu.edu/about/announcements/coronavirus/safety-guidelines-support/face-mask-pick-up.shtml>
- If present, adhere to directional signs and traffic flow patterns in buildings and offices. In many spaces, doors for entering and exiting buildings are designated.

Academic Integrity

Students are reminded that the expectations and academic standards outlined in the Student Academic Code (3C2) apply to all courses, field experiences and educational experiences at the University, regardless of modality or location. The full text of the policy can be found here: <https://www.siu.edu/policies/3c2.shtml>.

Recordings of Class Content

Faculty recordings of lectures and/or other course materials are meant to facilitate student learning and to help facilitate a student catching up who has missed class due to illness or quarantine. As such, students are reminded that the recording, as well as replicating or sharing of any course content and/or course materials without the express permission of the instructor of record, is not permitted, and may be considered a violation of the University's Student Conduct Code (3C1), linked here: <https://www.siu.edu/policies/3c1.shtml>.

Potential for Changes in Course Schedule or Modality

As the COVID-19 pandemic continues, there remains a possibility that planned classroom activities will need to be adjusted. Depending on circumstances and following state-issued recommendations, potential changes include alterations to distancing requirements, course modality (e.g., transition from face-to-face to online, hybrid, or hy-flex, mask wearing, in-course activities, etc). These changes would be implemented to ensure the successful completion of the course while preserving health and safety. In these cases, students may be provided with an addendum to the class syllabus that will supersede the original version. If the course schedule or modifications significantly alter expectations, a new syllabus will be issued.

Class Schedule

*Schedule subject to change at the discretion of the professor.

Wk	Date	Topic	Readings
1	1/10	Introduction; review of syllabus	
	1/12	What is a psychological disorder?	Chapter 1
2	1/17	Approach to understanding psychopathology	Chapter 2
	1/19	Diagnostic system: DSM, ICD, Research	Chapter 3
3	1/24	Diagnostic system continued (diagnostic models discussion)	
	1/26	Mood Disorder-Unipolar	Chapter 6
4	1/31	Mood Disorder -Bipolar	Chapter 6
	2/2	Psychological Treatments (1) – Behavioral & Cognitive Behavioral Therapies	
5	2/7	No in-class mtg: Video Online (the link will be provided on the day of the class)	Video 1 Quiz Due
	2/9	Exam Review Session: I will post a brief exam outline on BB by Monday this week (2/6). We will not meet in class this day and I will take individual questions in my office.	
6	2/14	Exam 1	
	2/16	P factor article discussion	Homework 1
7	2/21	Anxiety Disorder- Panic	Chapter 4
	2/23	Anxiety Disorder- Phobia (Specific, Social)	Chapter 4
8	2/28	Anxiety Disorder- Obsessive Compulsive Disorder	Chapter 4
	3/2	Anxiety Disorder- Posttraumatic Stress Disorder	Chapter 4
9	3/7	Spring Break	
	3/9		
10	3/14	GAD	Chapter 4
	3/16	Dissociative Disorder	Chapter 5
11	3/21	Substance Use Disorder	Chapter 10
	3/23	Transdiagnostic models discussion	
12	3/28	Exam Review Session: I will post a brief exam outline on BB by 3/24. We will not meet in class this day and I will take individual questions in my office.	

	3/30	Exam 2	
13	4/4	No in-class mtg: Video online (the link will be provided on the day of the class)	Video 2 Quiz
	4/6	Schizophrenia	Chapter 12
14	4/11	SPR+ Personality and psychopathology discussion	
	4/13	Personality Disorder	Chapter 11
15	4/18	PD+Eating Disorder	Chapter 8
	4/20	In office: Paper questions (individual)	Chapter 8, Class Paper Due
16	4/25	Sleep Disorder + Intersectionality Discussion	Homework 2
	4/27	Exam Review Session: I will post a brief exam outline on BB by Monday this week (4/24). We will not meet in class this day and I will take individual questions in my office.	
	FINAL EXAM	Section 002: Tuesday 5/2/23 (12-1:40)	

**** FOR GRADUATE STUDENTS ONLY:** You are required to complete additional homework.

- (1) Homework Assignments: DUE 3/3 (Homework 1 OR 2); 4/19 (Homework 3 or 4) (20 pts each x 2 = 40 pts). Please submit via Assignment folder.

Please read case studies in the GRAD STUDENT HOMEWORK folder and answer the discussion questions. For example, read “Homework 1 Case” and then submit your answers for “Homework 1 Discussion Question.” You only need to do 2 assignments (either Homework 1 or 2, either Homework 3 or 4).

- Answer quality (15 pts). I do not expect lengthy answers (i.e., no more than a page per question).
- Writing Quality (5 pts). Although citations and references are not always needed, if you include them in your paper I will expect that they follow the APA style.
- Late submission will receive a 2-point deduction per day.
- You must submit ALL homework assignments in order to receive a grade for this course.
- This is not a group project. Shared work will be subject to charges of plagiarism.

- (2) Reaction Paper: Based on the intersectionality article that was discussed in class, graduate students write a reaction paper (50 points) by 4/26. Please submit via Assignment folder.

Please put each bullet points under some clear heading so that I know which question you are answering.

- How may the article influence you in your future clinical work? (20 points)
- How may the article influence you in your future research work? (20 points)
- Writing quality (10 points)
- Late papers will receive a 2-point deduction per day.
- There is no page/ length requirement. Spelling and grammar are expected to be graduate-student level. Please proofread. This is not a group project. Shared work will be subject to charges of plagiarism.