

**Motivation
Spring 2023
PSYC 313 Section 001**

Room: Alumni Hall 0333 Time: Monday & Wednesday 4:30-5:45pm Credit Hours: 3

Instructor: Mitsuru Shimizu

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Office Hours: Tuesday & Thursday 11:00 a.m. – 12:00 p.m.

Teaching Assistant:

Email:

Course Overview:

Welcome to PSYC313 Motivation! As a multifaceted psychological construct, motivation encompasses underlying processes that initiate, direct, and maintain human behavior. This course explores the history, theories, and principles of human motivation, and emotion as it relates to motivation. We will examine motivation from a variety of perspectives, but primarily focus on social perspectives. We will also discuss how motivation science had built a foundation in the applied fields of psychology such as educational psychology and industrial/organizational psychology.

Goals (after completing this course the students should):

1. Be familiar with the major topics and issues in motivation.
2. Have the ability to think critically about motivation science and its application to personal experience and the “real world”
3. Have the ability to appreciate research strategies for understanding motivation.

Textbook (required): Shah, J. Y. & Gardner, W. L. (2008). *Handbook of Motivation Science*. Guilford Press. ISBN: 9781593855680

Textbook (optional): Reeve, J. (2018). *Understanding Motivation and Emotion* (7th Ed.). Wiley. ISBN: 9781119367604

Technical Requirements: A computer (not a tablet or phone) running at least MSOffice 2003 with MS Word and PowerPoint software and a reliable internet connection.

Getting Technical Help: ITS helpdesk (ftc_help@siue.edu or 618-650-5500)

Class Format and Requirements:

The course format will consist of lectures, readings, activities, exams, and assignments. The readings will compliment the lecture materials. Some things will be covered in lecture that will not be covered in the book. You are responsible for learning everything that is covered in class. The best strategy will be to complete the assigned reading before the class lecture on that topic (see below – Tentative Class Schedule).

The notes posted on Blackboard are only an approximation of what will be covered in class. The material on the notes will always be incomplete. **The best strategy is to print out the notes before class, bring them to class, and then write additional notes on top of them.**

Come to class on time and with as little amount of disruption as possible. Please keep all devices not being used for note-taking out of sight and turned down or off.

Evaluation: You will be graded on the basis of your:

- a. Exams (45%). There are three exams. All exams will each constitute 15% of your final grade. You will be responsible for both lectures and the textbook (see schedule). Each exam will consist of 30 multiple choice questions. These exams are NOT open book/note. Exam grades will be posted approximately one week after the exam in class. **Exams will not be handed back; instead students may go over their exams during my office hours.** If you must miss an exam because of a personal/family emergency or illness you must notify me as soon as possible AND provide adequate documentation of the event that caused you to miss the exam. The makeup exam will consist of short answer questions in addition to multiple-choice questions. There will be NO opportunity to make up the final exam after it is given in class.
- b. Discussion posts (15%): You will be asked to post your comments on discussion board by every weekend before Exam 2 and after presentations to reflect the depth of your understanding of the topics covered in this course. Additional information regarding each topic will be distributed in class or posted on the instruction for each discussion board.
- c. Presentation (20%): You will be asked to introduce one of social psychological perspectives on motivation described in Shah and Gardner (2008). Additional information will be provided before the first exam.
- d. Final term paper (20%): An important part of this course is understanding how you will use the material learned in this class in the future. This paper is an application of at least two theories/perspectives described in Shah and Gardner (2008) to a real world issue or applied psychology such as educational psychology.

I will use the following scale to assign letter grades:

90 and above = A
60-69 = D

80-89 = B
59 and below = F

70-79 = C

Course Rules:

1. Late work All deadlines are firm; no late work will be accepted.
2. Communication If I need to contact you, I will do so via SIUE email. You are responsible for checking your SIUE email daily. Checking your SIUE email will also ensure that you get important departmental announcements.
3. Blackboard All administration of this course will take place via Blackboard.
4. The Psychology Department's Policy on Plagiarism: Plagiarism includes presenting someone else's words without quotation marks (even if you cite the source), presenting someone else's ideas without citing that source, or, may also include, presenting one's own previous work as though it were new. When paraphrasing from another source or your own work, at the very least, the student should change the wording, sentence syntax, and order of ideas presented in the paper. Additionally, you should not submit a paper, or parts of a paper, written to fulfill the requirements of one class for the requirements in another class without prior instructor approval and appropriate citation. Ideally, the student will integrate ideas from multiple sources while providing critical commentary on the topic in a way that clearly identifies whether words and ideas are those of the student or are from another source. Plagiarism is one type of academic misconduct described in SIUE's Student Academic Code (<http://www.siu.edu/policies/3c2.shtml>). University policy states that "Normally a student who plagiarizes shall receive a grade of F in the course in which the act occurs. The offense shall also be reported to the Provost." (<http://www.siu.edu/policies/1i6.shtml>). The University policy discusses additional academic sanctions including suspension and expulsion from the University. To insure that you understand how to avoid plagiarism, we encourage you to review the information on plagiarism provided on the Department of Psychology web page at <http://www.siu.edu/education/psychology/plagiarism.shtml>.
5. Academic Honesty ANY case of academic dishonesty will receive the recommended university policy: failure of the course and reporting of the case to the Provost.
6. Statement on Disabilities SIUE offers a range of resources to support students with disabilities. At SIUE every effort has been made to eliminate barriers to learning and help you reach your educational goals. If you are a student with a disability and wish to request accommodations, please contact Disability Support Services located in the Student Success Center, Room 1270 (phone: 650-3726). If you are a student with a disability, please meet with me to discuss any accommodations I can provide by the end of the first week of classes.
7. Department of Psychology Writing Policy As a student in this course, you will be expected to display university-level writing, which includes completing course assignments that meet the following basic writing criteria. Specifically, all written assignments completed for this course should include:
 - clear transitions from sentence to sentence and idea to idea;
 - verb tense consistency;
 - clear and unambiguous sentences and ideas;
 - writing that is free of typos, spelling errors, and major grammatical errors;
 - properly formatted citations and references (if relevant).

This is by no means an exhaustive list of basic writing skills, but will give you an idea of what we are looking for in our papers. If you feel you need help with your writing, you are encouraged to seek assistance from the writing center on campus (<http://www.siu.edu/is/writing>) or utilize one of the many online resources they have identified to help students (<http://www.siu.edu/is/writing/resources.shtml>). If your graded written assignments fail to meet the basic writing requirements listed above (and any others found to be appropriate by your instructor), the instructor will stop the grading process and return the paper to you with the grade of 0.

COVID-19 Pandemic Policies Related to Classroom Instruction (Spring 2023)

Health and Safety

The measures outlined below are required and any student who does not comply may be in violation of the *COVID-19 People-Focused Health and Safety Policy*, as well as the University's *Student Code of Conduct*.

The full text of the *COVID-19 People-Focused Health and Safety Policy* can be found here: <https://www.siue.edu/policies/Covid.shtml>

Classrooms, Labs, Studios, and Other Academic Spaces

Under current University policy, SIUE will only require masking in campus healthcare settings. See, <https://www.siue.edu/about/announcements/coronavirus/safety-guidelines-support/index.shtml>.

Individual faculty of record may determine that masking will be required in their classrooms and are asked to communicate accordingly with students. Face masks may be required in other campus sites following guidance from governing regulatory agencies.

- Students who forget to wear a face covering when masking is required will be reminded of their obligation to comply with SIUE's *COVID-19 People-Focused Health and Safety Policy* and temporarily asked to leave the class until they are able to conform to the policy. Students who forget or lose their face coverings when masking is required may be able to obtain replacements from a friend, a faculty member, or a nearby departmental office. Face coverings are also available for purchase in the Cougar Store (MUC).
- Students who refuse to wear a face covering when masking is required will be asked to leave the classroom and referred to the Dean of Students for non-compliance with community health and safety protocols. Repeated non-compliance may result in disciplinary actions, including the student being administratively dropped from an on-ground/face-to-face course or courses without refund if no alternative course format is available.
- If a student has a documented health condition which makes wearing a face covering medically intolerable, that student should contact ACCESS to explore options with the understanding that ACCESS will not grant accommodations which excuse the need for a face covering while on campus or in the classroom. ACCESS will work with qualifying individuals to find reasonable alternatives, whenever such solutions are available. Please call or contact the ACCESS Office via email to schedule an online appointment to discuss potential alternatives. ACCESS office (Student Success Center, Room 1203, 618-650-3726, and myaccess@siue.edu).

General Health Measures

Students and employees are expected to review the [siue.edu/coronavirus](https://www.siu.edu/coronavirus) website (<https://www.siu.edu/about/announcements/coronavirus/>) to better understand prevention strategies and safety expectations.

- Students and employees are expected to maintain healthy hygiene practices.
- Students and employees are expected to follow COVID-related guidelines and directions.
- Students and employees are expected to conduct a daily health self-assessment and isolate themselves if COVID-related symptoms are present. COVID-related symptoms include:
 - o Fever (100.4 degrees or above) or chills
 - o Cough
 - o Shortness of breath or difficulty breathing
 - o Fatigue
 - o Muscle or body aches
 - o Headache
 - o New loss of taste or smell
 - o Sore throat
 - o Congestion or runny nose
 - o Nausea or vomiting
 - o Diarrhea

Academic Integrity

Students are reminded that the expectations and academic standards outlined in the Student Academic Code (3C2) apply to all courses, field experiences and educational experiences at the University, regardless of modality or location. The full text of the policy can be found here: <https://www.siu.edu/policies/3c2.shtml>.

Recordings of Class Content

Faculty recordings of lectures and/or other course materials are meant to facilitate student learning and to help facilitate a student catching up who has missed class due to illness or quarantine. As such, students are reminded that the recording, as well as replicating or sharing of any course content and/or course materials without the express permission of the instructor of record, is not permitted, and may be considered a violation of the University's Student Conduct Code (3C1), linked here: <https://www.siu.edu/policies/3c1.shtml>.

Potential for Changes in Course Schedule or Modality

As the COVID-19 pandemic continues, there remains a possibility that planned classroom activities will need to be adjusted. Depending on circumstances and following state-issued recommendations, potential changes include alterations to distancing requirements, course modality (e.g., transition from face-to-face to online, hybrid, or hy-flex, mask wearing, in-course activities, etc). These changes would be implemented to ensure the successful completion of the course while preserving health and safety. In these cases, students may be provided with an addendum to the class syllabus that will supersede the original version. If the course schedule or modifications significantly alter expectations, a new syllabus will be issued.

Tentative Class Schedule

| Date | Topic | Readings & Assignments |
|-------------|--|-----------------------------------|
| 1/9 | Syllabus | |
| 1/11 | Introduction to Motivation Science | |
| 1/16 | <i>Martin Luther King Jr. Holiday</i> | |
| 1/18 | Introduction to Motivation Science (continued) | Discussion post 1 |
| 1/23 | Physiological Needs | |
| 1/25 | | Discussion post 2 |
| 1/30 | Psychological Needs Overview | |
| 2/1 | | Discussion post 3 |
| 2/6 | Exam 1 | |
| 2/8 | Intrinsic & Extrinsic Motivation | Discussion post 4 |
| 2/13 | Social Needs | |
| 2/15 | | Discussion post 5 |
| 2/20 | Cognition and Motivation | |
| 2/22 | | Discussion post 6 |
| 2/27 | Cognition and Motivation (continued) | |
| 3/1 | Exam 2 | |
| 3/6 | <i>Spring break</i> | |
| 3/8 | | |
| 3/13 | Student Presentations | |
| 3/15 | | |
| 3/20 | Student Presentations | |
| 3/22 | | |
| 3/27 | Student Presentations | |
| 3/29 | | |
| 4/3 | Motivation in Abnormal Psychology | |
| 4/5 | | Discussion post 7 |
| 4/10 | Motivation in Educational Psychology | |
| 4/12 | | Discussion post 8 |
| 4/17 | Motivation in Industrial/Organizational Psychology | |
| 4/19 | | Discussion post 9 |
| 4/24 | Motivation in Sports Psychology | |
| 4/26 | | Discussion post 10 |

Note: Exam 3 is scheduled during the final exam week.