

Theories of Personality (PSYC 340-002)

Spring 2022

Lecturer

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WELCOME

Welcome to Theories of Personality! I'm excited to teach this course and walk you all through the history of personality theories, how these theories are evolved, and how each theory applies to our own lives.

BIO

I am an alumni of SIUE's undergraduate psychology program and their graduate clinical (adult) psychology program. Currently, I work full-time at Saint Louis University as a psychometrist and the neuropsychology service coordinator. Basically, I conduct psychological and cognitive testing with patients on a daily basis, while also training our graduate students and helping the clinic run smoothly.

COMMUNICATION

Email is the best way to contact me and my goal is to respond to all emails within 24 hours. If I do not respond to your email within 36-48 hours, please follow up with me.

OFFICE HOURS

My regular Zoom office hours are Thursday's 10:30 a.m. – 11:30 a.m. If you'd like to meet at a different time, email me to let me know what days/times work for you and we can set up a time to meet. I am happy to meet with you via Zoom whenever you have questions or would like to discuss course material. The link for my Zoom office hours is:

<https://siue.zoom.us/j/94122819803?pwd=dUhuU3U3eW13TFloV1VxTVU1QVB4QT09>

Meeting ID: 941 2281 9803

Password: 579439

CLASS MEETINGS

Wednesday's: 6:00 – 8:50 pm

AH: 0401

If you are feeling at all unwell, or unsafe in the present COVID climate, please join us via Zoom during the class meeting time. The link for joining via Zoom is:

<https://siue.zoom.us/j/94729213498?pwd=UmZrV3FkY1orUW04ZWlQTHVka094Zz09>

Meeting ID: 947 2921 3498

Password: 914068

TEXTBOOK & READINGS

- Schultz, D.P., & Schultz, S.E. (2017). *Theories of Personality, 11th Ed.* Wadsworth-Cengage Publishers
- Other readings as assigned

COURSE DESCRIPTION

This course will provide an overview of the constructs, assumptions, and validity of the major personality theories. Additionally, the course will offer some insights into how the personal and professional lives of the foremost personality theorists influenced the theories they developed.

COURSE OBJECTIVES

It is my goal that by the completion of this course you will have demonstrated:

- an increased knowledge of the major personality theorists and an understanding of their theories
- increased knowledge about theoretical constructs associated with a variety of personality theories
- an increased knowledge of some of the major tools used in personality assessment
- an ability to apply personality theories
- an ability to communicate information about personality theories and/or constructs in writing

EXPECTATIONS & POLICIES

- Throughout your time in this course, **please make your health a priority**. If you or your significant others are dealing with health-related issues that interfere with your ability to perform in this course, please let me know.
- Complete assigned reading as scheduled. Most of the reading in this course will come from the text; however, I may occasionally provide you with supplemental reading material on Blackboard. I will not cover all text material in lectures, so it is important for you to keep up with the reading.
- Turn in assignments by the deadline listed on the syllabus. Late assignments drop a letter grade for each day they are late, starting with the day the assignment is due (e.g., an assignment turned in one hour late drops one letter grade). In cases of emergencies and/or illness exceptions may be made. **So please talk to me if you are unable to turn in an assignment on time.**
- Unless otherwise noted you will turn in all assignments through Blackboard. Please submit all assignments as **Word documents** as this allows me to easily review and provide feedback.
- It is **your responsibility** to check Blackboard and be sure to check your email—specifically your SIUE email—for any course-related announcements.
- If you must miss an exam because you are involved in a University-sponsored activity (e.g., member of a sports team, etc.) you may take an exam early. **To do this you must notify use at least one week prior to the exam to arrange a test date.**
- If you must miss an exam because of a personal/family emergency (e.g., death in the family) you will only be eligible for a make-up exam if you: notify me immediately and provide documentation for the event that caused you to miss the exam.

- Students needing accommodations because of medical diagnosis or major life impairment will need to register with Accessible Campus Community & Equitable Student Support (ACCESS) and complete an intake process before accommodations will be given. Students who believe they have a diagnosis, but do not have documentation, should contact ACCESS for assistance and/or appropriate referral. The ACCESS office is located in the Student Success Center, Room 1203. You can also reach the office by emailing us at myaccess@siue.edu or by calling [618-650-3726](tel:618-650-3726). If you feel you would need additional help in the event of an emergency situation, please notify your instructor to be shown the evacuation route and discuss specific needs for assistance.

PSYCHOLOGY DEPARTMENT POLICY ON WITHDRAWALS AND INCOMPLETE GRADES

All withdrawals must be completed by the end of the 13th week of classes during fall and spring, and by a similarly late date (i.e., before 82% of class meetings have occurred) in any summer term. Grades that apply to students who initiate a withdrawal and grades that apply when a student fails to officially withdraw within established deadlines are determined by university policy (see <https://www.siue.edu/registrar/services/registration/registration-details.shtml>).

The granting of a grade of I (Incomplete) is not automatic. It is available only in cases when a student has completed most of the work required for a class but is prevented by a medical or similar emergency from completing a small portion of the coursework before the deadline for grade submission. An I must be approved by the instructor with appropriate documentation provided by the student. If an instructor agrees to give a student an I, the instructor will fill out a Memorandum of Incomplete Grade to be kept with the student's records. If the work is not completed by the time specified on the Memorandum, the student's grade will be changed from I to F.

PSYCHOLOGY DEPARTMENT POLICY ON PLAGIARISM

Plagiarism includes either presenting someone else's words without quotation marks (even if you cite the source) or presenting someone else's ideas without citing that source. If you plagiarize, your instructor cannot evaluate your understanding of the topic. When paraphrasing from another source, at the very least the student should change the wording, sentence syntax, and order of ideas presented in the paper. Ideally, the student will integrate ideas from multiple sources while providing critical commentary on the topic in a way that clearly identifies whether words and ideas are those of the student or are from another source. Plagiarism is one type of academic misconduct described in SIUE's Student Academic Code (<http://www.siue.edu/policies/3c2.shtml>). University policy states that "Normally a student who plagiarizes shall receive a grade of F in the course in which the act occurs. The offense shall also be reported to the Provost." (<http://www.siue.edu/policies/1i6.shtml>). The University policy discusses additional academic sanctions including suspension and expulsion from the University.

PSYCHOLOGY DEPARTMENT POLICY ON WRITING

As a student in this course, you will be expected to display university-level writing, which includes completing course assignments that meet the following basic writing criteria. Specifically, all written assignments completed for this course should include:

- clear transitions from sentence to sentence and idea to idea (e.g., paper is organized/flows well);
- verb tense consistency;
- clear and unambiguous sentences and ideas;
- writing that is free of typos, spelling errors, and major grammatical errors;
- properly formatted citations and references (if relevant).

This is by no means an exhaustive list of basic writing skills but will give you an idea of what we are looking for in our papers. If you feel you need help with your writing, you are encouraged to seek assistance from the writing center on campus (<http://www.siu.edu/is/writing>) or utilize one of the many online resources they have identified to help students (<https://www.siu.edu/lss/writing/resources.shtml>). If your graded written assignments fail to meet the basic writing requirements listed above (and any others found to be appropriate by your instructor), the instructor will stop the grading process and return the paper to you (see below for the specific policy for this class).

DIVERSITY AND INCLUSION

SIUE is committed to respecting everyone's dignity at all times. In order to learn, exchange ideas, and support one another, our virtual and physical classrooms must be places where students and teachers feel safe and supported. Systems of oppression permeate our institutions and our classrooms. All students and faculty have the responsibility to co-create a classroom that affirms inclusion, equity, and social justice, where racism, sexism, classism, ableism, heterosexism, xenophobia, and other social pathologies are not tolerated. Violations of this policy will be enforced in line with the SIUE Student Conduct Code.

The Hub <https://www.siu.edu/csdi> is an excellent resource for students for support and community. Any person who believes they have experienced or witnessed discrimination or harassment can contact Ms. Jamie Ball, Director in the Office of Equal Opportunity, Access and Title IX Coordination at (618) 650-2333 or jball@siue.edu. There is also an online form for reporting bias incidents at https://cm.maxient.com/reportingform.php?SIUEdwardsville&layout_id=10.

ACADEMIC AND OTHER STUDENT SERVICES

As an enrolled SIUE student, you have a variety of support available to you, including:

- [Lovejoy Library Resources](#)
- [Academic Success Sessions](#)
- [Tutoring Resource Center](#)
- [The Writing Center](#)
- [Academic Advising](#)

- [Financial Aid](#)
- [Campus Events](#)
- [Counseling Services](#)

If you find that you need additional support, please reach out to me and let me know.

[COUGAR CARE](#)

Dealing with the fast-paced life of a college student can be challenging, and I always support a student's decisions to prioritize mental health. Students have access to counseling services on campus (Student Success Center, 0222). Make an appointment by visiting cougarcare.siu.edu or by calling [618-650-2842](tel:618-650-2842).

[UNIVERSITY COVID-19 POLICIES](#)

[COVID-19 Pandemic Policies Related to Classroom Instruction \(Spring 2022\)](#)

Health and Safety

The measures outlined below are required and any student who does not comply may be in violation of the *COVID-19 People-Focused Health and Safety Policy*, as well as the University's *Student Code of Conduct*.

The full text of the *COVID-19 People-Focused Health and Safety Policy* can be found here:

<https://www.siu.edu/policies/Covid.shtml>

Classrooms, Labs, Studios, and Other Academic Spaces

Under current University policy, whether in the classroom, lab, studio, or other academic spaces, students (regardless of vaccination status) shall wear face coverings that fully cover the nose and mouth and practice physical distancing measures to the extent practicable based on the specific classroom capacity and pedagogy. Classroom furniture should not be rearranged, and furniture that has been taped off or covered should not be used.

Students who forget to wear a face covering will be reminded of their obligation to comply with SIUE's *COVID-19 People-Focused Health and Safety Policy* and temporarily asked to leave the class until they are able to conform to the policy. Students who forget or lose their face coverings may be able to obtain replacements from a friend, a faculty member, or a nearby departmental office. Face coverings are also available for purchase in the Cougar Store (MUC).

Students who refuse to wear a face covering will be asked to leave the classroom and referred to the Dean of Students for non-compliance with community health and safety protocols. Repeated non-compliance may result in disciplinary actions, including the student being administratively dropped from an on-ground/face-to-face course or courses without refund if no alternative course format is available.

If a student has a documented health condition which makes wearing a face covering medically intolerable, that student should contact ACCESS to explore options with the understanding that

ACCESS will not grant accommodations which excuse the need for a face covering while on campus or in the classroom. ACCESS will work with qualifying individuals to find reasonable alternatives, whenever such solutions are available. Please call or contact the ACCESS Office via email to schedule an online appointment to discuss potential alternatives. ACCESS office (Student Success Center, Room 1203, 618-650-3726, and myaccess@siue.edu).

General Health Measures

At all times, students should engage in recommended health and safety measures, which include:

- Conducting a daily health assessment. If you have [COVID-19 symptoms](#), but not yet tested positive, have had COVID-19 close contact exposure, or are COVID-19 diagnosed as presumptive or confirmed positive, contact your health provider or SIUE Health Service at cougarcare@siue.edu or 618-650-2842. More information on reporting procedures is available [here](#).
- Frequent washing or disinfecting of hands.
- Adhere fully to the current face mask and physical distancing rules as articulated in policy: <https://www.siue.edu/about/announcements/coronavirus/safety-guidelines-support/face-mask-pick-up.shtml>
- If present, adhere to directional signs and traffic flow patterns in buildings and offices. In many spaces, doors for entering and exiting buildings are designated.

Academic Integrity

Students are reminded that the expectations and academic standards outlined in the Student Academic Code (3C2) apply to all courses, field experiences and educational experiences at the University, regardless of modality or location. The full text of the policy can be found here: <https://www.siue.edu/policies/3c2.shtml>.

Recordings of Class Content

Faculty recordings of lectures and/or other course materials are meant to facilitate student learning and to help facilitate a student catching up who has missed class due to illness or quarantine. As such, students are reminded that the recording, as well as replicating or sharing of any course content and/or course materials without the express permission of the instructor of record, is not permitted, and may be considered a violation of the University's Student Conduct Code (3C1), linked here: <https://www.siue.edu/policies/3c1.shtml>.

Potential for Changes in Course Schedule or Modality

As the COVID-19 pandemic continues, there remains a possibility that planned classroom activities will need to be adjusted. Depending on circumstances and following state-issued recommendations, potential changes include alterations to distancing requirements, course modality (e.g., transition from face-to-face to online, hybrid, or hy-flex, mask wearing, in-course activities, etc). These changes would be implemented to ensure the successful completion of the course while preserving health and safety. In these cases, students may be provided with an addendum to the class syllabus that will supersede the original version. If the course schedule or modifications significantly alter expectations, a new syllabus will be issued.

TENTATIVE CLASS SCHEDULE

1/12/2022: What is Personality?/Personality Assessment

1. Syllabus Tour
2. READ: Chapter 1 (pp. 1-24, 29-32)
3. Class Topics:
 - [WATCH: Julian Baggini – Is There a Real You?](#) (11:50)
 - What is Personality?
 - Personality Theories
 - How do we Study and Assess Personality?
4. **DUE: Syllabus Quiz by 11:59 p.m. on 1/18/2022**
5. **DUE: Quiz 1 by 11:59 p.m. on 1/18/2022**

1/19/2022: Sigmund Freud

1. READ: Chapter 2
2. Class Topics:
 - Freud's View of Human Nature
 - Freud's Structural Model of Personality
 - Freud's Psychosexual Stage Theory
3. **DUE: Quiz 2 by 11:59 p.m. on 1/25/2022**

1/26/2022: Carl Jung

1. READ: Chapter 3
2. Class Topics:
 - Jung's View of Human Nature and the Unconscious
 - Archetypes
 - Multifaceted Personality
 - [WATCH: Susan Cain – The Power of Introverts](#) (18:48)
3. **DUE: Quiz 3 by 11:59 p.m. on 2/1/2022**

2/2/2022: Alfred Adler

1. READ: Chapter 4
2. Class Topics:
 - Adler's Assumptions
 - Inferiority and Social Interest
 - Styles of Life and the Three Problems of Life
 - Family Influences on Personality
3. **DUE: Quiz 4 by 11:59 p.m. on 2/8/2022**

2/9/2022: Karen Horney

1. READ: Chapter 5
2. Class Topics:
 - Horney's Challenges to Freud
 - Personality Development

- The Idealized Self and the Tyranny of the “Should’s”
- 3. **DUE: Freud and Reality TV assignment by 11:59 p.m. on 2/15/2022**
- 4. **DUE: Quiz 5 by 11:59 p.m. on 2/15/2022**

2/16/2022: EXAM #1;

1. **TAKE EXAM #1**

2/23/2022: Erik Erikson

1. READ: Chapter 6
2. Class Topics:
 - Erikson’s Assumptions
 - Erikson Stages 1-4
 - Erikson Stages 5-8
 - Identity Status
3. **DUE: Adler Case Study by 11:59 p.m. on 3/1/2022**
4. **DUE: Quiz 6 by 11:59 p.m. on 3/1/2022**

3/2/2022: B.F. Skinner

1. READ: Chapter 12
2. Class Topics:
 - a. Skinner and Operant Conditioning
 - b. Skinner and Radical Behaviorism
3. **DUE: Quiz 7 by 11:59 p.m. on 3/15/2022**

3/9/2022: NO CLASS – SPRING Break

3/16/2022: Trait Theories – Factor Analysis; Hans Eysenck

1. READ: Chapter 8 (pp. 226-230)
2. Class Topics
 - a. Trait Theories and Factor Analysis
 - b. Eysenck
3. **DUE: Quiz 8 by 11:59 p.m. on 3/22/2022**

3/23/2022: Trait Theories – Five Factor Model; The Dark Triad/Tetrad

1. READ: Chapter 8 (pp. 230-238)
2. READ: Chapter 8 (pp. 240-241)
3. Class Topics:
 - a. Five-Factor Model
 - b. Dark Triad/Tetrad
4. **DUE: Quiz 9 by 11:59 p.m. on 3/29/2022**

3/30/2022: EXAM #2:

1. **TAKE EXAM #2**

4/6/2022 –Social Learning Theory - Walter Mischel– Julian Rotter; Albert Bandura

1. READ: Chapter 13
2. READ: Chapter 14 (pp. 372-377)
3. Class Topics:
 - a. Mischel
 - b. Rotter
 - c. Bandura
4. **DUE: Quiz 10 by 11:59 p.m. on 4/12/2022**
5. **DUE: Five Factor Case Study by 11:59 p.m. on 4/12/2022**
6. **DUE: Quiz 11 by 11:59 p.m. on 4/12/2022**

4/13/2022 – Claude Steele and Stereotype Threat

1. READ: *Definition of Stereotype Threat* (article on Blackboard)
2. READ: *Stereotype Threat Widens Achievement Gap* (article on Blackboard)
3. Class Topics:
 - a. [WATCH: Stereotype Threat – A Conversation with Claude Steele](#) (8:18)
 - b. Stereotype Threat
4. **DUE: Quiz 12 by 11:59 p.m. on 4/19/2022**

4/20/2022 – Humanist Theories - Carl Rogers & Abraham Maslow

1. READ: Chapter 9
2. READ: Chapter 10
3. Class Topics:
 - a. Rogers
 - b. Maslow
4. **DUE: Rotter Case Study by 11:59 p.m. on 4/26/2022**
5. **DUE: Quiz 13 by 11:59 p.m. on 4/26/2022**

4/27/2022 – Positive Psychology - Humor

1. READ: Chapter 14 (pp. 395-403)
2. Class Topics:
 - a. Positive Psychology
 - b. Humor
3. **DUE: Personality Theories Reflection by 11:59 p.m. on 5/2/2022**
4. **DUE: Maslow Case Study by 11:59 on 5/3/2022**
5. **DUE: Quiz 14 by 11:59 p.m. on 5/4/2022**
6. **DUE: Quiz 15 by 11:59 p.m. on 5/4/2022**

5/4/2022 (Final Exam Week)

1. **TAKE EXAM #3**