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<b>Office:</b>	Alumni Hall, 0311	<b>Department Telephone:</b>	618.650.2202
<b>Office Hours:</b>	Wednesdays, 5:00 p.m. – 5:45 p.m. or by appointment	<b>e-mail:</b>	jwallis@siue.edu
<b>Class Time:</b>	Wednesdays, 6:00 p.m. – 8:50 p.m.	<b>Class Location:</b>	Founders Hall 0207

## About the Instructor

### *Welcome*

For nearly 20 years, I have been teaching thousands of students like you - students with diverse college majors, future goals, interests, and needs. Some are affiliated with my own Department, but many come from other related fields like education, sociology, anthropology, family studies, social studies, nursing, and biology to name just a few. Each semester, my students' aspirations have proved to be as varied as their fields of study. Many look towards careers and applied work, like counseling, caregiving, nursing, social work, school psychology, and program administration. Some plan to teach, and a few want to do research. Most hope someday to become parents, whereas others are already parents who come with a desire to better understand and rear their adolescents. Almost all arrive with a deep curiosity about how they themselves developed into the complex human beings they are today.

My goal in preparing this course is to provide content that meets the instructional goals of the course as well as your personal interests and needs. To achieve these objectives, I have carefully selected content with a body of classic and current theory and research and practice. In addition, the content highlights the lifespan perspective on development and the interacting contributions of biology and environment to the developing person. It also illustrates commonalities and differences among ethnic groups and cultures and discusses the broader social context in which we develop. I selected course content that will assist you in mastering information, integrating various aspects of development, critically examining controversial issues, applying what you have learned, and relating the information to your own life.

I hope that learning about human development will be as rewarding for you as I have found it over the years. As you go through the lessons, please share your feedback with me. You can direct item-specific feedback to me via e-mail ([jwallis@siue.edu](mailto:jwallis@siue.edu)) and general course feedback in the discussion forums or in the post-course survey when you complete the course.

### **Bio**

While I may still feel young, I have nearly 20 years of experience teaching at the university level. I have taught graduate and undergraduate psychology and counseling courses at both private and public universities. I am a published researcher, school psychologist, and consultant. I have been a district-level school administrator, applied behavior analyst, and domestic violence counselor (among many other things!). For fun, I coach my kids' select basketball teams, do a fair bit of photography, and play guitar.

### **Teaching Philosophy**

The content of the course will be derived from assigned readings, lectures, videos, and assigned activities. The course content will largely be addressed in an active learning format. This means that while some of the time we will follow a traditional lecture format, some will require something more than note-taking. You will be required to actively participate in a variety of course activities designed to increase both breadth and depth of knowledge.

## Communicating with the instructor

The best way (by far) to get ahold of me is by e-mail ([jwallis@siue.edu](mailto:jwallis@siue.edu)). Typically, my response time during the work week is less than 24 hours but no later than 48 hours. I am more than happy to schedule an office meeting with you by phone or via Zoom.

## About the Course

### Course description

Adolescent Psychology is an undergraduate course that will focus primarily on the various theories regarding the social, cognitive, and biological development of adolescents. The course will follow the development of youth from pre-adolescence to late adolescence and young adulthood. The influence of heredity, family, culture, school, and peers will be considered as contexts within which adolescents develop. Common adolescent problems as well as adolescent psychopathological disorders will be discussed as well.

### Course goals and objectives

After completing the course, you should have a better understanding and comprehension of the multiple factors that affect and determine typical development of adolescents. You should be able to:

1. Differentiate among the major developmental theories of adolescence.
2. Summarize the physical changes associated with puberty.
3. Discuss the qualitative and quantitative changes in adolescent cognition.
4. Synthesize the individual and contextual factors that influence moral reasoning.
5. Describe the role of self-esteem and self-concept in the identity development process.
6. Summarize the social contexts that influence the career development process for adolescents.
7. Analyze family dynamics and structures and their impacts on adolescents.
8. Describe the functions and significance of the peer group on adolescent development.
9. Summarize the sexual attitudes and behaviors of adolescents and the potential consequences of those behaviors.
10. Describe individual and contextual factors that contribute to academic success in adolescence.
11. Summarize the major categories of adolescent risk-taking behavior and the dangers of engaging in them.
12. Analyze the relevance of culture and gender to the study of adolescence.
13. Identify the features of a positive, effective youth development program.

### Course textbooks

Arnett, J. J., *Adolescence and emerging adulthood: A cultural approach* (6<sup>th</sup> ed.). Boston, MA: Pearson.

Undergraduate students can rent textbook from SIUE. Please visit the [Textbook Service website](#) for more information. For off-campus classes, the textbook may be shipped to you. Look for the option "Off-Campus Classes have special instructions, click here for these." Note: shipping time may take up to two weeks.

### Other course materials

References, websites, videos, and other supplementary documents will be available under the Blackboard Course Content.

### Online behavior

- **Reflect** before you post an emotional response and reread what you have written to be sure it is professional. Communicate as if your comments are printed in a newspaper.
- **Communicate** effectively.
  - Do not use all caps or multiple punctuation marks (!!!, ???, etc.).
  - Be sure to define or explain acronyms, jargon or uncommon terms so everyone can understand and participate in the discussion.
- **Sign your name.** Take responsibility for your comments in order to build a strong classroom community.

- **Foster community.** Share your ideas and contribute to ongoing discussions. Make comments that add to, not detract from, a positive learning environment for the course.
- **Be constructive.** Challenge ideas and the course content, but do so in positive ways. It's fine to disagree, but when done politely you stimulate and encourage helpful discussion, and you maintain positive relationships with fellow students.
- **Keep the conversation on topic.** Online dialogue is like conversation. If there is a particular dialogue going on, please add to it, but if you have something new to say, start a new thread.

### ***Technology requirements***

Technical requirements for students can be found in this [ITS Knowledge Base article](#).

### ***Technology capabilities***

Students in an online course should be able to:

- Use a word processor, such as MS Word, to compose assignments and communicate with others in class
- Attach files to emails or course areas
- Navigate websites and course materials
- Reach out to tech support staff when issues arise and troubleshoot to resolve problems

Additional guidance for taking online courses can be found on the [Online at SIUE site](#).

## **Course and University policies**

### ***Academic integrity/plagiarism***

Plagiarism is the use of another person's words or ideas without crediting that person. Plagiarism and cheating will not be tolerated and may lead to failure on an assignment, in the class, or dismissal from the University, per the [SIUE academic dishonesty policy](#). Students are responsible for complying with University policies about academic honesty as stated in the [University's Student Academic Conduct Code](#).

### ***Grading***

Final letter grades will be assigned on the basis of total points earned during the semester. This total will include the points earned on quizzes, exams, and forum discussion.

### ***Quizzes (100 points)***

Five (5) quizzes will be administered in the weekly modules on Blackboard. Each quiz will cover one chapter. The quiz will be available at 12:01am on Monday morning and must be completed that Sunday night by midnight. Each quiz will have 20 questions and will be worth 20 points. Quiz questions can be a mix of multiple-choice, fill in the blank, short answer, and matching. **There are no make-up quizzes for any reason.** If a student misses a quiz, she/he/they will receive a zero on that quiz.

### ***Online discussions (130 possible points)***

You are required to submit weekly contributions to the discussion forum on Blackboard. Your posts in the forum area should exhibit careful thought and logical reasoning and provide evidence for your position. Each post should be at least one well-developed paragraph (approximately 4-6 sentences or more, unless otherwise indicated). Use correct spelling, punctuation, and grammar. The discussions must be completed by the due dates specified on the assignment itself and also specified in the Course Schedule. You are also required to read and reply to other students, as indicated in each discussion assignment. Your replies should offer new substantiated ideas or thoughtful questions.

I encourage friendly debate and disagreement, but ask that it be courteous and respectful. Do not be afraid to speak your mind, but remember that yours is only one opinion.

The grading rubric for the weekly discussion forum posts can be found on Blackboard Course Menu.

### *Examinations (300 points)*

Three (3) examinations will be administered. Each examination will have 100 multiple-choice items and will be worth 100 points. The multiple-choice items contained on the examinations will sample material presented in the assigned readings as well as material presented in lecture. Exam dates are listed below in the Course Schedule. There are no make-up exams for any reason. If you miss the deadline in completing an exam, will receive a zero on that exam.

### *Participation Exercises (70 points)*

Additional activities, known as participation exercises, will be conducted over the course of the semester. These activities, which may or may not be announced in advance, will be evaluated largely on a completion basis (did the student complete these tasks on time or not). These exercises may include such things as evaluating class activities, completing self-assessments, completing an online survey, or providing data for a research simulation. Together, the participation exercises will be worth 70 points. The point value assigned to individual participation exercises will depend on the number of such exercises conducted over the course of the semester. Late participation exercises will not be accepted.

**\*YOUR INSTRUCTOR MAY PROVIDE OPPORTUNITIES TO EARN ADDITIONAL POINTS AT HIS DISCRETION.**

Final Course Grades Final letter grades will be assigned on the basis of total points earned during the semester. This total will include the points earned on course examinations, quizzes, presentations, and participation.

A = 540 – 600 pts.

B = 480 – 539 pts.

C = 420 – 479 pts.

D = 360 – 419 pts.

F = 0 – 360 pts.

### ***Grading rubric[s]***

The grading rubric for discussion/interaction can be found on Blackboard under Week 1 in the Course Content section.

### ***Feedback and grading timeline***

Discussion forum grades will be posted within 48 hours after the discussion due date. Other assignments may take longer to grade. You can find your grade by clicking the Grades link on the left menu of the Blackboard course. If there is a rubric attached to the assignment, you can click your score to see my personal feedback on the rubric.

### ***Late or Missed Assignments***

While some course content across chapters will be available to view/download at the start of this course, most of the learning module content will be added on Monday by 5:00pm at the start of each week. You will have the entire week to work on activities and assignments for that week.

### ***Participation***

It is vitally important that our environment promote the respectful exchange of ideas, including being sensitive to the views and beliefs expressed during discussions. Your success in this course will depend on your communication, consistent engagement and active participation in all course activities. Success in this course requires that adhere to the deadlines given below as you complete assignments, discussions, and other course activities. Timely participation in online discussions is very important and is not optional. You are expected to post and reply to discussions in a timely manner consistent with the requirements contained within the course syllabus and discussion rubric.

## **COVID-19 Pandemic Policies Related to Classroom Instruction**

### **Health and Safety**

Consistent with the Illinois Board of Higher Education guidance contained in “Safely Launching Academic Year 2020” released on June 23, 2020 and guidelines established by Governor J. B. Pritzker and *Restore Illinois*, Southern Illinois University Edwardsville has implemented a new policy to help ensure the safety of all students, faculty and employees during the pandemic. The measures outlined below are required and any student who does not comply may be in violation of the *COVID-19 People-Focused Health and Safety Policy*, as well as the University’s *Student Code of Conduct*.

The full text of the *COVID-19 People-Focused Health and Safety Policy* can be found here:  
<https://www.siu.edu/policies/Covid.shtml>.

### Classrooms, Labs, Studios, and Other Academic Spaces

While in the classroom, lab, studio, or other academic spaces, students shall practice social distancing measures by maintaining a distance of at least six feet from others in the classroom and wearing a face covering. Extra care should be taken upon entering and leaving the classroom spaces. Classroom furniture should not be rearranged, and furniture that has been taped off or covered should not be used.

Students who forget to wear a face mask or face shield will be reminded of their obligation to comply with SIUE’s *COVID-19 People-Focused Health and Safety Policy* and temporarily asked to leave the class until they are able to conform to the policy. Students who forget or lose their face coverings may be able to obtain replacements from a friend, a faculty member, or a nearby departmental office. Face coverings are also available for purchase in the Cougar Store (MUC).

Students who refuse to wear a face covering will be asked to leave the classroom and referred to the Dean of Students for non-compliance with community health and safety protocols. Repeated non-compliance may result in disciplinary actions, including the student being administratively dropped from an on-ground/face-to-face course or courses without refund if no alternative course format is available.

If a student has a documented health condition which makes wearing a face covering medically intolerable, that student should contact ACCESS to explore options with the understanding that ACCESS will not grant accommodations which excuse the need for a face covering while on campus or in the classroom. ACCESS will work with qualifying individuals to find reasonable alternatives, whenever such solutions are available. Please call or contact the ACCESS Office via email to schedule an online appointment to discuss potential alternatives. ACCESS office (Student Success Center, Room 1203, 618-650-3726, and [myaccess@siue.edu](mailto:myaccess@siue.edu)).

### General Health Measures

At all times, students should engage in recommended health and safety measures, which include:

- Conducting a daily health assessment. If you have COVID-19 symptoms, but not yet tested positive, have had COVID-19 close contact exposure, or are COVID-19 diagnosed as presumptive or confirmed positive, stay home and contact your health provider or SIUE Health Service at [cougarcare@siue.edu](mailto:cougarcare@siue.edu) or 618-650-2842. More information is available on the [SIUE COVID-19 website](#).
- Frequent washing or disinfecting of hands.
- Social distancing by maintaining a distance of at least six feet from others.
- Face masks or face coverings that cover the nose and mouth are required in indoor public spaces regardless of the ability to maintain social distance. Indoor public spaces include common spaces or community settings that anyone can access, such as reception areas with walk-in access, restrooms, hallways, classrooms, teaching and research laboratories, as well as common spaces in residence halls, conference rooms, lobbies, and break rooms.
- Adhere to directional signs and traffic flow patterns in buildings and offices. Doors for entering and exiting buildings will be designated. Where multiple doors exist, in and out doors will be marked with “Entrance” and “Exit” signs.

Plans that consider traffic flow in and out of buildings, and within buildings (i.e. stairs, hallways, etc. where possible) will be marked.

## **Academic Integrity**

Students are reminded that the expectations and academic standards outlined in the Student Academic Code (3C2) apply to all courses, field experiences and educational experiences at the University, regardless of modality or location. The full text of the policy can be found here: <https://www.siu.edu/policies/3c2.shtml>.

## **Recordings of Class Content**

Faculty recordings of lectures and/or other course materials are meant to facilitate student learning and to help facilitate a student catching up who has missed class due to illness. As such, students are reminded that the recording, as well as replicating or sharing of any course content and/or course materials without the express permission of the instructor of record, is not permitted, and may be considered a violation of the University's Student Conduct Code (3C1), linked here: <https://www.siu.edu/policies/3c1.shtml>.

## **Potential for Changes in Course Schedule or Modality**

As the COVID-19 pandemic continues, there remains a possibility that planned classroom activities will need to be adjusted. Depending on circumstances and following state-issued recommendations, potential changes include changes in course modality (e.g., transition from face-to-face to online) or in course scheduled meetings. These changes would be implemented to ensure the successful completion of the course. In these cases, students will be provided with an addendum to the class syllabus that will supersede the original version.

These policies are also located in the ITS Knowledge Base at: <https://kb.siu.edu/104655>

## ***Services for Students Needing Accommodations***

It is the policy and practice of Southern Illinois University Edwardsville to create inclusive learning environments. If there are aspects of the instruction or design of this course that result in barriers to your inclusion or to accurate assessment of achievement—such as time-limited exams, inaccessible web content or the use of non-captioned videos—please contact Accessible Campus Community and Equitable Student Support (ACCESS) as soon as possible. In order to properly determine reasonable accommodations, students must register with ACCESS either online at [siue.edu/access](http://siue.edu/access) or in person in the Student Success Center, Room 1203. You can also reach the office by emailing us at [myaccess@siue.edu](mailto:myaccess@siue.edu) or by calling [618-650-3726](tel:618-650-3726).

If you feel you would need additional help in the event of an emergency situation, please notify your instructor to be shown the evacuation route and discuss specific needs for assistance.

## ***Diversity and Inclusion***

SIUE is committed to respecting everyone's dignity at all times. In order to learn, exchange ideas, and support one another, our virtual and physical classrooms must be places where students and teachers feel safe and supported. Systems of oppression permeate our institutions and our classrooms. All students and faculty have the responsibility to co-create a classroom that affirms inclusion, equity, and social justice, where racism, sexism, classism, ableism, heterosexism, xenophobia, and other social pathologies are not tolerated. Violations of this policy will be enforced in line with the SIUE Student Conduct Code.

The Center for Student Diversity & Inclusion <https://www.siu.edu/csdi> is an excellent resource for students for support and community. Any person who believes they have experienced or witnessed discrimination or harassment can contact Ms. Jamie Ball, Director in the Office of Equal Opportunity, Access and Title IX Coordination at (618) 650-2333 or [jball@siue.edu](mailto:jball@siue.edu). There is also an online form for reporting bias incidents at [https://cm.maxient.com/reportingform.php?SIUEdwardsville&layout\\_id=10](https://cm.maxient.com/reportingform.php?SIUEdwardsville&layout_id=10).

## **Additional Support**

### ***Academic and Other Student Services***

As an enrolled SIUE student, you have a variety of support available to you, including:

- [Lovejoy Library Resources](#)
- [Academic Success Sessions](#)
- [Tutoring Resource Center](#)
- [The Writing Center](#)
- [Academic Advising](#)
- [Financial Aid](#)
- [Campus Events](#)
- [Counseling Services](#)

If you find that you need additional support, please reach out to me and let me know.

### ***Cougar Care***

Dealing with the fast-paced life of a college student can be challenging, and I always support a student's decisions to prioritize mental health. Students have access to counseling services on campus (Student Success Center, 0222). Make an appointment by visiting [cougarcare.siu.edu](http://cougarcare.siu.edu) or by calling [618-650-2842](tel:618-650-2842).

### ***Technical Support***

Since this is an online course, you are expected to have reliable Internet access on a regular basis. It is your responsibility to address any computer problems that might occur. Such problems are not an excuse for delays in meeting expectations or for missing course deadlines.

Contact ITS at [618-650-5500](tel:618-650-5500) or at [help@siue.edu](mailto:help@siue.edu) with any technical concerns. You can also check the functionality of University systems, including Blackboard, at the [ITS System Status page](#), or search the [ITS Knowledge Base](#) for various how-to and troubleshooting guides.

Tips for taking online assessments:

- Set up a wired (Ethernet) Internet connection on your computer
- Do not use a mobile device, such as a phone or tablet
- Read the instructions and directions carefully
- Be prepared to complete the assessment in the allotted time

## Course Schedule:

	Date	Topics	Required Readings	Exams and Coursework Due Dates
<b>Week 1</b>	Jan 12	Introduction to Adolescence	Chapter 1	Forum posts due by Sunday at 11:59pm
<b>Week 2</b>	Jan 19	Biological Foundations	Chapter 2	Quiz #1 and forum posts due by Sunday at 11:59pm
<b>Week 3</b>	Jan 26	Cognitive Foundations	Chapter 3	Forum posts due by Sunday at 11:59pm
<b>Week 4</b>	Feb 2	Cultural Beliefs	Chapter 4	Quiz #2 and forum posts due by Sunday at 11:59pm
<b>Week 5</b>	Feb 9	Exam #1 – Chapters 1-4	N/A	Exam #1 due by Sunday at 11:59pm
<b>Week 6</b>	Feb 16	Gender	Chapter 5	Forum posts due by Sunday at 11:59pm
<b>Week 7</b>	Feb 23	The Self	Chapter 6	Quiz #3 and forum posts due by Sunday at 11:59pm
<b>Week 8</b>	Mar 2	Family Relationships	Chapter 7	Forum posts due by Sunday at 11:59pm
<b>Week 9</b>	Mar 16	Friends and Peers	Chapter 8	Quiz #4 and forum posts due by Sunday at 11:59pm
<b>Week 10</b>	Mar 23	Love & Sexuality	Chapter 9	Forum posts due by Sunday at 11:59pm
<b>Week 11</b>	Mar 30	Exam #2 – Chapters 5-9	N/A	Exam #2 due by Sunday at 11:59pm
<b>Week 12</b>	Apr 6	School	Chapter 10	Forum posts due by Sunday at 11:59pm
<b>Week 13</b>	Apr 13	Work	Chapter 11	Quiz #5 and forum posts due by Sunday at 11:59pm
<b>Week 14</b>	Apr 20	Media	Chapter 12	Forum posts due by Sunday at 11:59pm
<b>Week 15</b>	Apr 27	Problems & Resilience	Chapter 13	Forum posts due by Sunday at 11:59pm
<b>Week 16</b>	May 4	Final Exam – Chapters 10-13	N/A	Non-cumulative final exam due by Sunday at 11:59pm

### ***Subject to change notice***

All material, assignments, and deadlines are subject to change with prior notice. It is your responsibility to stay in touch with your instructor, review the course site regularly, or communicate with other students, to adjust as needed if assignments or due dates change.