FOUNDATIONS OF PSYCHOLOGY
PSYC 111-003 (3 credit hours) – Spring 2022
Mondays & Wednesdays, 12:00-1:15 p.m., Science East 3126

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Please Read: Students, I look forward to working with you this semester! To maximize productivity, your first assignment is to read this syllabus and the Email Policy and FAQs document – and complete the **Syllabus Quiz** about these documents. If you have questions about the content of the syllabus or the Email Policy and FAQs document, please ask during the first week of the semester. Continued enrollment signifies agreement to adhere to the policies presented herein. – Dr. Murphy

I. TEXTBOOK/READINGS
A. Required Textbook/Readings
- Pomerantz, A. M. (2019). *My Psychology* (2nd ed.). Worth Publishers.
- Readings posted on Blackboard

II. COURSE DESCRIPTION
Welcome to Foundations of Psychology! The field of psychology encompasses numerous areas of study. Over the course of this semester, you will be exposed to a breadth of topics in psychological science including neuroscience, lifespan development, learning, memory, emotion, personality, psychological disorders, psychotherapy, and social psychology. More thorough examinations of these topics are available in individual upper-level courses.

III. COURSE OBJECTIVES FOR STUDENTS
1. Understand the origins, evolution, and current state of the field of psychology
2. Be introduced to major subfields within the broader discipline of psychology
3. Appreciate the role of research in psychology by participating in psychological research studies and/or completing research article quizzes
4. Effectively communicate knowledge of the field of psychology in writing

IV. COURSE POLICIES
A. Blackboard
We will use Blackboard (https://bb.siue.edu) as an online communication hub for our class. Announcements, updates, grades, and other important course information will be posted to Blackboard.

B. Class Attendance and Expectations
Except for the first day of class, attendance will not be recorded. However, to maximize your learning – and your performance on exams – you are strongly encouraged to attend all class sessions and take notes during lectures. Our exams are written to emphasize material discussed in class. While the

textbook may provide helpful alternative explanations to main topics, the terminology, explanations, and examples we discuss in class will be the focus of exams.

Please come to class ready to learn and participate. A student who is ready to learn has turned off cell phones and other electronic devices (with the exception of a laptop exclusively for note taking) and is awake, alert, and focused (i.e., not sleeping, texting, engaging in conversation with others, etc.). Actively participate! Ask and answer questions during class. Visit me during office hours. Email me or our graduate TA with questions.

During exams, students should put away everything except a pencil for writing, unless instructed otherwise. Video, photographic, and audio recording of lectures are prohibited.

Please demonstrate respect and professionalism toward me, our GA, and fellow students.

C. Participation in Research or Research Article Quizzes by Psychology 111 Students
Research is the basis of knowledge in psychology and provides the content in all areas of the discipline. The Department of Psychology requires a minimum of **6 hours** of research experience of each student enrolled in PSYC 111, unless the participant pool coordinator has dictated otherwise. This requirement may be completed by active participation in a department-approved study, by taking quizzes on select research articles, or a combination of these two in accord with guidelines set by the instructor. Each accepted quiz (must score 70% or above to be accepted) receives one hour of research credit, and active participation in ongoing studies receives credit according to the length of time spent in the study, which can vary from half an hour to multiple hours.

Details of the research participation will be provided early in your class. Attendance on the day research participation is described is mandatory and you will receive in-depth instructions on how to use the SONA website (https://siue.sona-systems.com) for research participation. You may also participate in an initial screening process which may allow you to participate in future studies.

Failure to fully complete the research experience requirement results in a one-letter grade drop. For example, if a student earned a B in PSYC 111 at the end of the semester but failed to fulfill the research experience requirement, the student would receive a C. Students who make an appointment for research participation, as do the investigators conducting the study, make a commitment to be at the designated place at the designated time for their appointment. If an emergency arises to prevent participants from being able to be at the appointed time and place, they must notify the investigator no later than one hour prior to the study time. If students fail to come to the study on time or fail to cancel with sufficient notice, they will not receive credit for that study and be marked as a "no-show." If you have more than two no-shows, you will no longer be able to register for experiments and will only have the option to register for the research article quizzes. Moreover, it is up to the investigator to decide whether and when such a participant can make an additional appointment for that particular study. Students should be aware that making a large number of appointments at the end of the semester (at the same time that hundreds of other students are trying to do so) can be difficult. It is best to fulfill the 6-hour requirement well before the end of the semester.

Again, failure to meet the 6-hour requirement at the end of the semester will lead to a reduction of one letter grade.

Those students who do not wish to participate in research may substitute research article quizzes for research participation. The article quizzes will give you some exposure to psychological research and acquaint you with some of the rich sources of materials where psychological studies are reported. The

article quizzes will be posted on the SONA website after the midterm. During prescheduled times (see Blackboard), you can read a pre-approved research article and take a quiz on said article. You must earn a 70% or greater to receive credit. Each quiz counts for 1 HOUR of research time.

D. Department of Psychology Policy on Incomplete Grades and Withdrawal
All withdrawals must be completed by the end of the 13th week of classes during fall and spring, and by a similarly late date (i.e., before 82% of class meetings have occurred) in any summer term. Grades that apply to students who initiate a withdrawal and grades that apply when a student fails to officially withdraw within established deadlines are determined by university policy (see https://www.siue.edu/policies/1j1.shtml). The granting of a grade of I (Incomplete) is not automatic. It is available only in cases when a student has completed most of the work required for a class but is prevented by a medical or similar emergency from completing a small portion of the coursework before the deadline for grade submission. An I must be approved by the instructor with appropriate documentation provided by the student. If an instructor agrees to give a student an I, the instructor will fill out a Memorandum of Incomplete Grade to be kept with the student's records. If the work is not completed by the time specified on the Memorandum, the student's grade will be changed from I to F.

E. The Psychology Department's Policy on Plagiarism
Plagiarism includes presenting someone else's words without quotation marks (even if you cite the source), presenting someone else's ideas without citing that source, or presenting one's own previous work as though it were new. When paraphrasing from another source or your own work, at the very least, the student should change the wording, sentence syntax, and order of ideas presented in the paper. Additionally, you should not submit a paper, or parts of a paper, written to fulfill the requirements of one class for the requirements in another class without prior approval of the current instructor and appropriate citation. Ideally, the student will integrate ideas from multiple sources while providing critical commentary on the topic in a way that clearly identifies whether words and ideas are those of the student or are from another source. Plagiarism is one type of academic misconduct described in SIUE's Student Academic Code (https://www.siue.edu/policies/3c2.shtml). University policy states that "Normally a student who plagiarizes shall receive a grade of F in the course in which the act occurs. The offense shall also be reported to the Provost." (https://www.siue.edu/policies/1i6.shtml). The University policy discusses additional academic sanctions including suspension and expulsion from the University. To insure that you understand how to avoid plagiarism, we encourage you to review the information on plagiarism provided on the referenced websites.

F. Statement on Disabilities
Students with documented disabilities should notify the instructor regarding any needed accommodations at the beginning of the course. To request accommodations, please contact Accessible Campus Community & Equitable Student Support (ACCESS), Student Success Center, Room 1270 (phone: 618-650-3726, website: https://www.siue.edu/access/).

V. EXAMS, ASSIGNMENTS, AND GRADING
A. Exams
You will complete four exams consisting of multiple-choice questions on scheduled dates during the semester (see Course Schedule). Exams are not cumulative. Exam questions will focus on material presented during lecture, which may or may not be included in textbook readings. We will provide Scantron forms on exam days; please bring pencils.

You may request a make-up exam if you present valid documentation prior to the exam date (for serious pre-scheduled commitments) or within a reasonable timeframe following the exam (for documented emergencies). A "reasonable timeframe" is determined by the instructor, and all requests are evaluated

on a case-by-case basis. Examples of valid documentation include a funeral notice, physician's note listing the specific dates you were unable to attend class due to illness, hospital admissions and discharge paperwork, documentation of military service, notice of jury duty, subpoena ordering a court appearance, or police report for automobile accidents. If your absence is approved, you will schedule a time to take the exam during my office hours, or I may arrange for a graduate student to proctor the exam either in his/her office or the Resource Center in Alumni Hall 0348. The make-up exam will cover the same material as the original exam; however, it may contain different questions or be in a different format than the original.

B. Assignments

The **syllabus quiz** asks questions about this syllabus and the Email Policy and FAQs document posted on Blackboard. While the quiz is open (see Course Schedule), you may take it as many times as you like (i.e., you can improve your score if you do not earn a perfect score the first time).

The **term paper** is due by the date and time specified in the syllabus (see Course Schedule). To turn in your term paper, please **upload a digital copy in Word document (.doc or .docx) or PDF format to Blackboard**. Do not submit a link to a Google Drive or OneDrive document. Do not submit a document in Apple Pages, Google Docs, or other formats. Links, other document formats (e.g., rtf, gdoc), and emailed papers will not be accepted and automatically receive zero (0) points. Documents that cannot be opened (e.g., that produce an error or corrupt document message) or are blank will automatically receive zero (0) points. **You may only upload your document once** (and it may be graded shortly after you upload it), so please carefully review your work before submitting. If you are unsure of how to save work in Word document or PDF format or how to upload a document to Blackboard, please contact ITS for assistance (https://www.siue.edu/its/, help@siue.edu, 618-650-5500). Late papers will not be accepted for any reason. You can earn extra credit for submitting your paper early; see Course Schedule for more information.

Web quizzes will be used to reinforce topics discussed in lecture and familiarize you with the type of questions you may see on exams. See the Course Schedule for quiz open and close dates. Students have one attempt to complete each quiz. Once a quiz deadline has passed, it cannot be made up. You may use your textbook, notes, and help from peers while completing the quizzes. There are 13 quizzes throughout the semester.

No late work is accepted for credit in this course. An assignment is late if it is not turned in by the deadline specified in the Course Schedule, on Blackboard, or by the professor. Since students have 24/7 access to Blackboard and multiple days to complete assignments, no exceptions will be granted for the late work policy.

An important note about any work you are asked to complete on Blackboard: Please use Firefox (or Chrome) on a desktop or laptop computer and visit https://bb.siue.edu to complete all Blackboard work.
- Do not use the downloadable Blackboard app for iOS, Android, and Windows. The app may improperly display and/or submit assignments.
- Do not use the Safari browser. Safari may improperly display and/or submit assignments.
- Do not use a cell phone or tablet. Mobile browsers may improperly display and/or submit assignments.

This is really important: Keep every point you earn! If you have tech questions, please ask ITS before beginning Blackboard work. Students who use the Blackboard app, Safari, a cell phone, or a tablet and experience technical difficulties while completing Blackboard work may not resubmit or "redo" the impacted assignment(s). Missing or erroneous submissions will be graded as-is, which could mean a student receives 0 points for an assignment.

C. Grading

Your grade is based on the total number of points you earn during the semester while completing the following course requirements:

1. **Syllabus Quiz (10 points)**: The syllabus quiz asks questions about this syllabus and the Email Policy and FAQs document.
2. **Exams (50 points each)**: Four exams will be administered. Each exam will consist of multiple-choice questions. Exams are not cumulative.
3. **Term Paper (40 points)**: A description of the term paper assignment is posted on Blackboard.
4. **Web Quizzes (5 points each)**: The 13 web quizzes will reinforce key lecture topics.

Grades are determined by the following <u>point ranges</u>; percentages are listed for reference. Grades are not rounded or curved.

Your final course grade will be reduced by one letter if you do not meet the 6 research hours requirement by participating in research studies and/or completing research article quizzes.

Syllabus Quiz	10 points			Percentage	**Points**
Exam 1	50 points		A	100-90	**315-282**
Exam 2	50 points		B	89-80	**281-251**
Exam 3	50 points		C	79-70	**250-219**
Exam 4	50 points		D	69-60	**218-188**
Term Paper	40 points		F	59-0	**187-000**
Web Quizzes (13)	65 points				
Total Points	315 points				

Students are encouraged to regularly check their grades in the My Grades section on Blackboard. Please bring any potential grading errors to the instructor's attention within one week after a grade is posted. Grades will generally not be modified If more than one week has passed.

VI. COURSE SCHEDULE

Topics, assignments, and deadlines are subject to change with prior notice. Please stay in touch with your professor, check Blackboard regularly, and communicate with other students to stay informed of any changes.

Note: POM = Pomerantz (2019), our textbook. Not all sections of assigned chapters may be discussed during lecture.

Dates	Topics	Readings	Assignments/Exams
Week 1 1/10 & 1/12	Welcome Syllabus Email Policy and FAQs	Syllabus Email Policy and FAQs	**Syllabus Quiz** opens 1/10 1:15pm, due 1/17 12:00pm
	Term Paper The Science of Psychology	Term Paper Instructions POM Ch. 1	
Week 2 1/17 & 1/19	**No Class on 1/17**		
	The Science of Psychology (cont.) Research Requirement & SONA		**Web Quiz 1**, The Science of Psychology, opens 1/19 1:15pm, due 1/26 12:00pm **Sign Up for SONA in Class**
Week 3 1/24 & 1/26	Brain and Behavior	POM Ch. 2	
	Brain and Behavior (cont.)		**Web Quiz 2**, Brain and Behavior, opens 1/26 1:15pm, due 2/2 12:00pm
Week 4 1/31 & 2/2	Development Across the Life Span	POM Ch. 9	
	Development Across the Life Span (cont.)		**Web Quiz 3**, Development Across the Life Span, opens 2/2 1:15pm, due 2/9 12:00pm *Upload Term Paper (Word/PDF) Early to Blackboard by 12:00pm 2/2 for 4 extra credit points*
Optional Zoom Exam 1 Reviews: Tue, 2/1, 3:00pm & Thur, 2/3, 1:00pm (see Blackboard for Zoom links)			
Week 5 2/7 & 2/9	**Exam 1 – bring pencils**		==**Exam 1** (Ch. 1, 2, 9) **on 2/7**==
	Learning	POM Ch. 6	*Upload Term Paper (Word/PDF) Early to Blackboard by 12:00pm 2/9 for 3 extra credit points*
Week 6 2/14 & 2/16	Learning (cont.)		**Web Quiz 4**, Learning, opens 2/14 1:15pm, due 2/21 12:00pm
	Memory	POM Ch. 5	*Upload Term Paper (Word/PDF) Early to Blackboard by 12:00pm 2/16 for 2 extra credit points*
Week 7 2/21 & 2/23	Memory (cont.)		**Web Quiz 5**, Memory, opens 2/21 1:15pm, due 2/28 12:00pm
	Intelligence	POM Ch. 7 (read "Intelligence" section)	*Upload Term Paper (Word/PDF) Early to Blackboard by 12:00pm 2/23 for 1 extra credit point*
Optional Zoom Exam 2 Reviews: Thur, 2/24, 1:00pm & Tue, 3/1, 3:00pm (see Blackboard for Zoom links)			
Week 8 2/28 & 3/2	Intelligence (cont.)		**Web Quiz 6**, Intelligence, opens 2/28 1:15pm, due 3/7 12:00pm
	Exam 2 – bring pencils **Term Paper**		==**Exam 2** (Ch. 6, 5, 7) **on 3/2**== **Term Paper** <u>due Wed., 3/2, by 12:00pm</u>; upload Word/PDF to Blackboard
Spring Break 3/7 & 3/9	**No Class on 3/7** **No Class on 3/9**		

Week 9 3/14 & 3/16	Psychology at Work	Reading posted on Blackboard	**Web Quiz 7**, Psychology at Work, opens 3/14 1:15pm, due 3/21 12:00pm
	Emotions, Stress, and Health	POM Ch. 8 (read "Emotion" section), 11	
Week 10 3/21 & 3/23	Emotions, Stress, and Health (cont.)		**Web Quiz 8**, Emotions, Stress, and Health, opens 3/21 1:15pm, due 3/28 12:00pm
	Social Psychology	POM Ch. 13 (skip "Social Relations" section)	
Week 11 3/28 & 3/30	Social Psychology (cont.)		**Web Quiz 9**, Social Psychology, opens 3/28 1:15pm, due 4/4 12:00pm
	Personality	POM Ch. 12	

Optional Zoom Exam 3 Reviews: Thur, 3/31, 1:00pm & Tue, 4/5, 3:00pm (see Blackboard for Zoom links)

Week 12 4/4 & 4/6	Personality (cont.)		**Web Quiz 10**, Personality, opens 4/4 1:15pm, due 4/11 12:00pm
	Exam 3 – bring pencils		==**Exam 3** (Psyc. at Work; Ch. 8, 11, 13, 12) **on 4/6**==
Week 13 4/11 & 4/13	Psychological Disorders	POM Ch. 14	
	Psychological Disorders (cont.)		
Week 14 4/18 & 4/20	Psychological Disorders (cont.)		**Web Quiz 11**, Psychological Disorders, opens 4/18 1:15pm, due 4/25 12:00pm
	Therapy	POM Ch. 15	
Week 15 4/25 & 4/27	Therapy (cont.)		**Web Quiz 12**, Therapy, opens 4/25 1:15pm, due 5/2 12:00pm
	Psychology Show-and-Tell		**Web Quiz 13**, Show-and-Tell, opens 4/27 1:15pm, due 5/4 12:00pm

Optional Zoom Exam 4 Reviews: Tue, 4/26, 3:00pm & Thur, 4/28, 1:00pm (see Blackboard for Zoom links)

Finals Week:
==**Exam 4** (Ch. 14, 15; Show-and-Tell) **on <u>Thursday, May 5, 10:00am</u> – bring pencils**==

COVID-19 Pandemic Policies Related to Classroom Instruction (Spring 2022)

Health and Safety

The measures outlined below are required and any student who does not comply may be in violation of the COVID-19 People-Focused Health and Safety Policy, as well as the University's Student Code of Conduct.

The full text of the COVID-19 People-Focused Health and Safety Policy can be found here: https://www.siue.edu/policies/Covid.shtml

Classrooms, Labs, Studios, and Other Academic Spaces

Under current University policy, whether in the classroom, lab, studio, or other academic spaces, students (regardless of vaccination status) shall wear face coverings that fully cover the nose and mouth and practice physical distancing measures to the extent practicable based on the specific classroom capacity and pedagogy. Classroom furniture should not be rearranged, and furniture that has been taped off or covered should not be used.

Students who forget to wear a face covering will be reminded of their obligation to comply with SIUE's COVID-19 People-Focused Health and Safety Policy and temporarily asked to leave the class until they are able to conform to the policy. Students who forget or lose their face coverings may be able to obtain replacements from a friend, a faculty member, or a nearby departmental office. Face coverings are also available for purchase in the Cougar Store (MUC).

Students who refuse to wear a face covering will be asked to leave the classroom and referred to the Dean of Students for non-compliance with community health and safety protocols. Repeated non-compliance may result in disciplinary actions, including the student being administratively dropped from an on-ground/face-to-face course or courses without refund if no alternative course format is available.
If a student has a documented health condition which makes wearing a face covering medically intolerable, that student should contact ACCESS to explore options with the understanding that ACCESS will not grant accommodations which excuse the need for a face covering while on campus or in the classroom. ACCESS will work with qualifying individuals to find reasonable alternatives, whenever such solutions are available. Please call or contact the ACCESS Office via email to schedule an online appointment to discuss potential alternatives. ACCESS office (Student Success Center, Room 1203, 618-650-3726, and myaccess@siue.edu).

General Health Measures

At all times, students should engage in recommended health and safety measures, which include:
• Conducting a daily health assessment. If you have COVID-19 symptoms, but not yet tested positive, have had COVID-19 close contact exposure, or are COVID-19 diagnosed as presumptive or confirmed positive, contact your health provider or SIUE Health Service at cougarcare@siue.edu or 618-650-2842. More information on reporting procedures is available here.
• Frequent washing or disinfecting of hands.
• Adhere fully to the current face mask and physical distancing rules as articulated in policy:
https://www.siue.edu/about/announcements/coronavirus/safety-guidelines-support/face-mask-pick-up.shtml
• If present, adhere to directional signs and traffic flow patterns in buildings and offices. In many spaces, doors for entering and exiting buildings are designated.

Academic Integrity

Students are reminded that the expectations and academic standards outlined in the Student Academic Code (3C2) apply to all courses, field experiences and educational experiences at the University, regardless of modality or location. The full text of the policy can be found here: https://www.siue.edu/policies/3c2.shtml.

Recordings of Class Content

Faculty recordings of lectures and/or other course materials are meant to facilitate student learning and to help facilitate a student catching up who has missed class due to illness or quarantine. As such, students are reminded that the recording, as well as replicating or sharing of any course content and/or course materials without the express permission of the instructor of record, is not permitted, and may be considered a violation of the University's Student Conduct Code (3C1), linked here: https://www.siue.edu/policies/3c1.shtml.

Potential for Changes in Course Schedule or Modality

As the COVID-19 pandemic continues, there remains a possibility that planned classroom activities will need to be adjusted. Depending on circumstances and following state-issued recommendations, potential changes include alterations to distancing requirements, course modality (e.g., transition from face-to-face to online, hybrid, or hy-flex, mask wearing, in-course activities, etc). These changes would be implemented to ensure the successful completion of the course while preserving health and safety. In these cases, students may be provided with an addendum to the class syllabus that will supersede the original version. If the course schedule or modifications significantly alter expectations, a new syllabus will be issued.