

DRINKING BEHAVIORS/PROCESS ADDICTIONS
SENIOR CAPSTONE, PSYC 494-001
SPRING 2021

PROFESSOR

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OFFICE HOURS FOR DR. SEGRIST

I am happy to meet with you via Zoom whenever you have questions or would like to discuss course material. My regular Zoom office hours are Tuesdays 9:00 a.m. – 11:00 a.m. But if you'd like to meet at a different time, just email me to let me know what days/times work for you and we can set up a time to meet. The link for my Zoom office hours is:

<https://siue.zoom.us/j/94670287631>

CLASS MEETINGS

Online – asynchronous

REQUIRED AND OPTIONAL READINGS

All readings for this course are posted on Blackboard.

PREREQUISITES

- Grade of "C" or better in PSYC 220 and PSYC 221
- Senior standing in Psychology

COURSE DESCRIPTION

Students will explore research, theories, and individual differences regarding drinking behaviors and/or process addictions such as compulsive buying, gambling, and Internet/social media/technology use. Students will work in teams to develop, conduct and present a research study focused on drinking behaviors, compulsive buying, gambling, or Internet/social media use.

COURSE OBJECTIVES

Students who are successful in meeting the objectives of this course will be able to:

- Demonstrate knowledge related to theories of and research about drinking behaviors, compulsive buying, gambling, or Internet/social media use
- Perform a literature review to facilitate the development of a research project related to drinking behaviors, compulsive buying, gambling, or Internet/social media use
- Talk knowledgeably about the formulation, execution, results and implications of a group research project related to drinking behaviors, compulsive buying, gambling, and Internet/social media use
- Demonstrate the skills and judgment needed to work with human participants
- Create an SPSS data base
- Run SPSS analyses and interpret results
- Demonstrate professionalism in discussing a research project in a publicly held poster session
- Work with fellow group members to create a poster summarizing their group's research project
- Write a paper summarizing their group's research project
- Demonstrate professionalism in working as a member of a team

IMPORTANT RESOURCES

- Your notes from PSYC 220 and PSYC 221 will be helpful during this course
- You will need to create your group's survey in Qualtrics. Below are some resources for accessing and using Qualtrics.
 - Link to access Qualtrics: <https://www.siu.edu/its/qualtrics/>
 - You will use Qualtrics for data collection. If you are not familiar with Qualtrics, watch this introduction video: <https://youtu.be/hWM1z4uBP1U>
- Later in the semester you will need access to SPSS: There are several ways for you to access SPSS:
 - Remote access to SPSS through SIUE's V-Lab and using your SIUE login:
 - V-Lab login: <https://www.siu.edu/its/labsclassrooms/vlab/index.shtml>
 - Windows instructions: <https://kb.siu.edu/71294>
 - Mac instructions: <https://kb.siu.edu/96570>
 - How to save files to your computer in V-Lab: <https://kb.siu.edu/71215>
 - How to open files on your computer in V-Lab: <https://kb.siu.edu/71221>
 - Download SPSS using SIUE ITS instructions:
 - <https://www.siu.edu/its/labsclassrooms/vlab/spss.shtml>
 - Download a free trial of SPSS directly from IBM. This trial lasts for **30 days**, so I recommend downloading it **around Week 9**:
 - <https://www.ibm.com/analytics/spss-trials>

COURSE GRADE

Team Assignments

Project Proposal	30 points
Draft of Lit Review and Hypotheses	20 points
Draft of Method	10 points
Draft of Results	15 points
Draft of Discussion	15 points
Team Poster Ratings from Poster Day	55 points

Individual Assignments

Syllabus Quiz	10 points
Student Introduction	5 points
Rate a Poster	10 points
Key Articles for Discussion/Review	30 points (15 points each)
Attendance at Group Meetings*	65 points (5 points each)
Attendance at Group Meetings with Dr. S.*	60 points (5 points each)
Participation (from Peer Ratings)**	30 points
Participation in Recorded Presentation	20 points
Individual Paper	40 points

Final Grade

A: 374 – 415 points
B: 332 – 373 points
C: 291 – 331 points
D: 249 – 290 points
F: < 249 points

*your course grade will drop by one letter grade if you miss more than two meetings with your group or with Dr. Segrist and your group (except in cases in which health-related issues or emergencies caused the absences); your course grade will drop by two letter grades if you miss more than four meetings with your group or with Dr. Segrist and your group (except in cases in which health-related issues or emergencies caused the absences)

**If the mean participation rating from your fellow group members is 6 – 8 your course grade will be dropped one letter grade; If the mean participation rating from your fellow group members is < 6 your course grade will be dropped two letter grades.

EXPECTATIONS & POLICIES

- Throughout your time in this course, please make your health a priority. If you or your significant others are dealing with health-related issues that interfere with your ability to perform in this course, please let me know.
- This is a demanding class - you should only take this class this semester if you are able to attend at least two remote (e.g., via Zoom) meetings per week:
 - one with your group
 - one with Dr. Segrist and your group
- Participation is expected. Your group is counting on you. If you don't contribute your fair share to your group's work, you cause your colleagues to have to work harder.
- Attend group meetings. Except when emergencies or health-related issues arise, you are expected to meet remotely with your group once per week and meet remotely with Dr. Segrist and your group once per week.
- Read assigned material. In order to discuss material with your group members and instructor as well as to generate project ideas and ask informed questions you are expected to keep up with the reading. If it becomes apparent to me that your group members have not read the assigned material or watched the assigned lectures, I will postpone meeting with your group until all group members have done so.
- Check your email regularly. I will frequently send emails to you during the semester and these emails will contain important information about the course and/or your group's project.
- Only in extreme circumstances and with my prior approval can late assignments be considered. Unless otherwise noted, if a late assignment is approved, it will automatically be docked one letter grade and then an additional letter grade for each day it is late.
- The timeline from project development to project completion is very tight. You and your fellow group members will need to be active and take initiative to maintain progress on your project--there is no time to waste.
- Collegiality, Professionalism, and Ethics. You are expected to conduct your data collection as well as your interactions with group members and research participants professionally. Your group is relying on you—you are expected to be dependable, reliable, and follow-through on the commitments you make. It is understandable that there may be times that you have conflict within your group; however, you are expected to deal with this in a mature and collegial way.
- Academic Honesty. Making up data, falsifying results, and plagiarizing are serious infractions that will be reported to the Provost's office and will at minimum result in an "F" in this course. For the individual paper you are required to write you may NOT work with other group members, nor can you read their papers.
- Initiative. While I am available and happy to assist you with your research, ultimately the project is yours. Consequently, it is up to you and your group members to keep your project moving forward.

- Final Grades are Not Negotiable. I do not “round” point totals on final grades. Letter grades for the course are not negotiable and will be assigned based on the Final Grade scale above.
- Fun! Enjoy this experience. My hope is that you’ll find that it’s exciting to put together a study, collect the data, collaborate with your peers, and take pride in your accomplishments. Look at this as a unique opportunity to use and enhance your critical thinking, research, teamwork, and presentation skills!

PSYCHOLOGY DEPARTMENT SENIOR ASSIGNMENT POLICY

All students at SIUE are required to do a Senior Assignment in order to graduate. This is the class in which you will work on this project. In order to pass the Senior Assignment requirement, you must:

- pass your Capstone course with a grade of C or better
- present a poster based on the project you completed in the Capstone class at the Department of Psychology’s Senior Assignment Poster Session
- have your poster deemed acceptable by the faculty (i.e., a mean rating of 3 or above on the faculty evaluation form)
- fulfill any other senior assignment requirements stipulated by your professor.

In the event that you do not fulfill all four requirements in a given semester, you will need to retake the Capstone course and complete all four requirements in a subsequent semester. For example, if you receive below a C in the Capstone course, even if your poster presentation is deemed acceptable by the faculty, you will fail to complete the senior assignment requirement and must retake Capstone in its entirety with a new project. If you receive a C or better in the Capstone course, but your poster presentation is deemed unacceptable by the faculty, this in most circumstances will result in having to retake Capstone in its entirety, unless the Capstone professor presents evidence to the contrary. In order to help you with this endeavor, you have several resources: your Capstone professor, the Senior Assignment Coordinator (Dr. Ro), and two Senior Assignment Graduate Assistants (Colleen Mock and Danielle Vaughn).

This semester’s Senior Assignment poster session will be held ONLINE asynchronously. Therefore, **you should submit (1) an electronic version (a pdf file) of the poster and (2) a video recording of the poster presentation to your Capstone professor by April 19th (Monday). Poster evaluation by the faculty will start April 22nd (Thursday).**

Also, please note that ONE member of your group should email the Senior Assignment Graduate Assistants (psychsra@yahoo.com) with the following information by March 26th (Friday): your Capstone professor’s name, the title of your poster, and the names of all other members of your group. We need this information to get ready for the Senior Assignment poster session.

If you have any questions related to Senior Assignment, please email Dr. Ro (ero@siue.edu) or the Graduate Assistants (psychsra@yahoo.com). Have a wonderful semester!

STUDENTS NEEDING ACCOMMODATIONS

Students needing accommodations because of medical diagnosis or major life impairment will need to register with Accessible Campus Community & Equitable Student Support (ACCESS) and complete an intake process before accommodations will be given. Students who believe they have a diagnosis but do not have documentation should contact ACCESS for assistance and/or appropriate referral. The ACCESS office is located in the Student Success Center, Room 1270. You can also reach the office by e-mail at myaccess@siue.edu or by calling 618.650.3726. For more information on policies, procedures, or necessary forms, please visit the ACCESS website at www.siue.edu/access.

PSYCHOLOGY DEPARTMENT POLICY ON WITHDRAWALS AND INCOMPLETE GRADES

All withdrawals must be completed by the end of the 13th week of classes during fall and spring, and by a similarly late date (i.e., before 82% of class meetings have occurred) in any summer term. Grades that apply to students who initiate a withdrawal and grades that apply when a student fails to officially withdraw within established deadlines are determined by university policy (see <https://www.siue.edu/registrar/class/dropping.shtml>).

The granting of a grade of I (Incomplete) is not automatic. It is available only in cases when a student has completed most of the work required for a class but is prevented by a medical or similar emergency from completing a small portion of the coursework before the deadline for grade submission. An I must be approved by the instructor with appropriate documentation provided by the student. If an instructor agrees to give a student an I, the instructor will fill out a Memorandum of Incomplete Grade to be kept with the student's records. If the work is not completed by the time specified on the Memorandum, the student's grade will be changed from I to F.

PSYCHOLOGY DEPARTMENT POLICY ON PLAGIARISM

Plagiarism includes either presenting someone else's words without quotation marks (even if you cite the source) or presenting someone else's ideas without citing that source. If you plagiarize, your instructor cannot evaluate your understanding of the topic. When paraphrasing from another source, at the very least the student should change the wording, sentence syntax, and order of ideas presented in the paper. Ideally, the student will integrate ideas from multiple sources while providing critical commentary on the topic in a way that clearly identifies whether words and ideas are those of the student or are from another source. Plagiarism is one type of academic misconduct described in SIUE's Student Academic Code (<http://www.siue.edu/policies/3c2.shtml>). University policy states that "Normally a student who plagiarizes shall receive a grade of F in the course in which the act occurs. The offense shall also be reported to the Provost." (<http://www.siue.edu/policies/1i6.shtml>). The University policy discusses additional academic sanctions including suspension and expulsion from the University.

PSYCHOLOGY DEPARTMENT POLICY ON WRITING

As a student in this course, you will be expected to display university-level writing, which includes completing course assignments that meet the following basic writing criteria.

Specifically, all written assignments completed for this course should include:

- clear transitions from sentence to sentence and idea to idea (e.g., paper is organized/flows well);
- verb tense consistency;
- clear and unambiguous sentences and ideas;
- writing that is free of typos, spelling errors, and major grammatical errors;
- properly formatted citations and references (if relevant).

This is by no means an exhaustive list of basic writing skills but will give you an idea of what we are looking for in our papers. If you feel you need help with your writing, you are encouraged to seek assistance from the writing center on campus (<http://www.siu.edu/is/writing>) or utilize one of the many online resources they have identified to help students (<https://www.siu.edu/lss/writing/resources.shtml>). If your graded written assignments fail to meet the basic writing requirements listed above (and any others found to be appropriate by your instructor), the instructor will stop the grading process and return the paper to you (see below for the specific policy for this class).

UNIVERSITY COVID-19 POLICIES

Health and Safety. Consistent with the Illinois Board of Higher Education guidance contained in “Safely Launching Academic Year 2020” released on June 23, 2020 and guidelines established by Governor J. B. Pritzker and *Restore Illinois*, Southern Illinois University Edwardsville has implemented a new policy to help ensure the safety of all students, faculty and employees during the pandemic. The measures outlined below are required and any student who does not comply may be in violation of the *COVID-19 People-Focused Health and Safety Policy*, as well as the University’s *Student Code of Conduct*. The full text of the *COVID-19 People-Focused Health and Safety Policy* can be found here: <https://www.siu.edu/policies/Covid.shtml>.

Classrooms, Labs, Studios, and Other Academic Spaces. While in the classroom, lab, studio, or other academic spaces, students shall practice social distancing measures by maintaining a distance of at least six feet from others in the classroom and wearing a face covering. Extra care should be taken upon entering and leaving the classroom spaces. Classroom furniture should not be rearranged, and furniture that has been taped off or covered should not be used. Students who forget to wear a face mask or face shield will be reminded of their obligation to comply with SIUE’s *COVID-19 People-Focused Health and Safety Policy* and temporarily asked to leave the class until they are able to conform to the policy. Students who forget or lose their face coverings may be able to obtain replacements from a friend, a faculty member, or a nearby departmental office. Face coverings are also available for purchase in the Cougar Store (MUC). Students who refuse to wear a face covering will be asked to leave the classroom and referred to the Dean of Students for non-compliance with community health and safety protocols. Repeated non-compliance may result in disciplinary actions, including the student being

administratively dropped from an on-ground/face-to-face course or courses without refund if no alternative course format is available.

If a student has a documented health condition which makes wearing a face covering medically intolerable, that student should contact ACCESS to explore options with the understanding that ACCESS will not grant accommodations which excuse the need for a face covering while on campus or in the classroom. ACCESS will work with qualifying individuals to find reasonable alternatives, whenever such solutions are available. Please call or contact the ACCESS Office via email to schedule an online appointment to discuss potential alternatives. ACCESS office (Student Success Center, Room 1203, 618-650-3726, and myaccess@siue.edu).

General Health Measures. At all times, students should engage in recommended health and safety measures, which include:

- Conducting a daily health assessment. If you have COVID-19 symptoms, but not yet tested positive, have had COVID-19 close contact exposure, or are COVID-19 diagnosed as presumptive or confirmed positive, stay home and contact your health provider or SIUE Health Service at cougarcare@siue.edu or 618-650-2842. More information is available on the [SIUE COVID-19 website](#).
- Frequent washing or disinfecting of hands.
- Social distancing by maintaining a distance of at least six feet from others.
- Face masks or face coverings that cover the nose and mouth are required in indoor public spaces regardless of the ability to maintain social distance. Indoor public spaces include common spaces or community settings that anyone can access, such as reception areas with walk-in access, restrooms, hallways, classrooms, teaching and research laboratories, as well as common spaces in residence halls, conference rooms, lobbies, and break rooms.
- Adhere to directional signs and traffic flow patterns in buildings and offices. Doors for entering and exiting buildings will be designated. Where multiple doors exist, in and outdoors will be marked with “Entrance” and “Exit” signs. Plans that consider traffic flow in and out of buildings, and within buildings (i.e. stairs, hallways, etc. where possible) will be marked.

Academic Integrity. Students are reminded that the expectations and academic standards outlined in the Student Academic Code (3C2) apply to all courses, field experiences and educational experiences at the University, regardless of modality or location. The full text of the policy can be found here: <https://www.siue.edu/policies/3c2.shtml>.

Recordings of Class Content. Faculty recordings of lectures and/or other course materials are meant to facilitate student learning and to help facilitate a student catching up who has missed class due to illness. As such, students are reminded that the recording, as well as replicating or sharing of any course content and/or course materials without the express permission of the instructor of record, is not permitted, and may be considered a violation of the University’s Student Conduct Code (3C1), linked here: <https://www.siue.edu/policies/3c1.shtml>.

Potential for Changes in Course Schedule or Modality. As the COVID-19 pandemic continues, there remains a possibility that planned classroom activities will need to be adjusted. Depending on circumstances and following state-issued recommendations, potential changes include changes in course modality (e.g., transition from face-to-face to online) or in course scheduled meetings. These changes would be implemented to ensure the successful completion of the course. In these cases, students will be provided with an addendum to the class syllabus that will supersede the original version.

TENTATIVE CLASS SCHEDULE

WEEK 1: January 19 – January 24

- **WATCH:**
 - *Welcome to Capstone* by 11:59 p.m. on 1/20/21
- Review syllabus
- **DUE:**
 - Complete *Syllabus Quiz* by 11:59 p.m. on 1/20/21 (you may use your syllabus while taking the quiz)
 - *Student Introduction* by 11:59 p.m. on 1/21/21
 - Meet virtually with your group
 - One member of your group should upload your responses to items #2 and #3 on the *Capstone Group Members Questionnaire* by 11:59 p.m. on 1/24/21
 - One member of your group should upload a screenshot of your group meeting for this week by 11:59 p.m. on 1/24/21

WEEK 2: January 25 – January 31

- **READ (articles are in Readings folder on Blackboard):**
 - *College Drinking Fact Sheet*
 - *Changing the Culture of Drinking at U.S. Colleges (pp. 1, 4, 8-9)*
 - *Student Factors: Understanding Individual Variation in College Drinking*
- **WATCH:**
 - Lecture on Alcohol Research
- **READ (articles are in Readings folder on Blackboard):**
 - *A Review of Compulsive Buying Disorder*
 - *Etiology of Compulsive Buying*
 - *Gambling and Other Risk Behaviors on University Campuses*
 - *Internet Addiction: A New Clinical Phenomenon and its Consequences*
 - *Bored and Online: Reasons for using social media, problematic social networking site use, and behavioral outcomes across the transition from adolescence to emerging adulthood*
- **WATCH:**
 - Lecture on Process Addictions
- **DUE:**
 - *Rate a Poster* - submit a scanned copy of your poster ratings for the poster you were assigned by 11:59 p.m. on 1/31/21
 - *Proof of IRB Training* – upload a copy of the certificate you IRB Training Certificate (e.g., CITI) you received during PSYC 220/221 by 11:59 p.m. on 1/31/21
 - Meet virtually with your group; start talking about project ideas
 - One member of your group should upload a screenshot of your group meeting for this week by 11:59 p.m. on 1/31/21
 - Meet virtually with Dr. Segrist and your group

WEEK 3: February 1 – February 7

- **WATCH:**
 - Lecture on Literature Review
- **DUE:**
 - Meet virtually with your group; discuss and project ideas and poster ratings
 - Key articles assignment – submit by 11:59 p.m. on 2/7/21
 - One member of your group should upload a screenshot of your group meeting for this week by 11:59 p.m. on 2/7/21
 - Meet virtually with Dr. Segrist and your group

WEEK 4: February 8 – February 14

- **DUE:**
 - Meet virtually with your group; discuss project ideas and key articles (from the Key Articles assignment)
 - One member of your group should upload a screenshot of your group meeting for this week by 11:59 p.m. on 2/14/21
 - Meet virtually with Dr. Segrist and your group

WEEK 5: February 15 – February 21

- **DUE:**
 - Participation check-in (link to survey will be sent to you)
 - Meet virtually with your group; work on Project Proposal
 - Submit Project Proposal by 11:59 p.m. on 2/21/21
 - One member of your group should upload a screenshot of your group meeting for this week by 11:59 p.m. on 2/21/21
 - Meet virtually meeting with Dr. Segrist and your group

WEEK 6: February 22 – February 28

- **DUE:**
 - Meet virtually with your group
 - One member of your group should upload a screenshot of your group meeting for this week by 11:59 p.m. on 2/28/21
 - Meet virtually with Dr. Segrist and your group

WEEK 7: March 1 – March 7

- **DUE:**
 - Your Qualtrics survey should be ready this week.
 - Draft of Literature Review and Hypotheses due by 11:59 p.m. on 3/7/21
 - Meet virtually with your group
 - One member of your group should upload a screenshot of your group meeting for this week by 11:59 p.m. on 3/7/21
 - Meet virtually with Dr. Segrist and your group

WEEK 8: March 8 – March 14

- **WATCH:**
 - Lecture on Method Section
- **DUE:**
 - Meet virtually with your group
 - One member of your group should upload a screenshot of your group meeting for this week by 11:59 p.m. on 3/14/21
 - Meet virtually with Dr. Segrist and your group

WEEK 9: March 15 – March 21

- **READ:**
- **DUE:**
 - Draft of Method due by 11:59 p.m. on 3/21/21
 - Meet virtually with your group
 - One member of your group should upload a screenshot of your group meeting for this week by 11:59 p.m. on 3/21/21
 - Meet virtually with Dr. Segrist and your group

WEEK 10: March 22 – March 28

- **DUE:**
 - Participation check-in (link to survey will be sent to you)
 - One member of your group should email the Senior Assignment Graduate Assistants (psychsra@yahoo.com) with the following information by March 26th (Friday): your Capstone professor's name, the title of your poster, and the names of all other members of your group.
 - Meet virtually with your group
 - One member of your group should upload a screenshot of your group meeting for this week by 11:59 p.m. on 3/28/21
 - Meet virtually with Dr. Segrist and your group

WEEK 11: March 29 – April 4

- **DUE:**
 - Draft of Results and Discussion due by 11:59 p.m. on 4/4/21
 - Meet virtually with your group
 - One member of your group should upload a screenshot of your group meeting for this week by 11:59 p.m. on 4/4/21
 - Meet virtually with Dr. Segrist and your group

WEEK 12: April 5 – April 11

- **DUE:**
 - Complete Poster Draft due by 11:59 p.m. on 4/8/21
 - Meet virtually with your group
 - One member of your group should upload a screenshot of your group meeting for this week by 11:59 p.m. on 4/11/21
 - Meet virtually with Dr. Segrist and your group

WEEK 13: April 12 – April 18

- **DUE:**
 - Final draft of poster due by 11:59 p.m. on 4/14/21
 - Draft of presentation recording due by 11:59 p.m. on 4/14/21
 - Meet virtually with your group
 - One member of your group should upload a screenshot of your group meeting for this week by 11:59 p.m. on 4/18/21
 - Meet virtually with Dr. Segrist and your group

WEEK 14: April 19 – April 25

- **DUE:**
 - Poster submissions and presentation recordings due April 19!

WEEK 15: April 26 – May 2

- **DUE:**
 - Individual Paper due by 11:59 p.m. on 4/29/21

WEEK 16: May 3 – May 9 (Finals Week)

- **DUE:**
 - Take Capstone Assessment Test by 11:59 p.m. on 5/6/21 (link to test will be sent to you)