



**PSYC-111-001 Foundations of Psychology**  
**Mondays & Wednesdays, 1:30PM - 2:45PM**  
**John Mason Peck Hall, Room 2304 | Fall Term 2022**

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**Instructor:** David Fisher, Ph.D.

**E-Mail:** [davfish@siue.edu](mailto:davfish@siue.edu)

**Zoom Link:** <https://siue.zoom.us/j/2489978006> (appointment required)

**Office Hours:** Tuesday & Thursday, 12:00PM - 1:00PM (please email if you plan to attend)

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### **COURSE TEXT AND ADDITIONAL REQUIREMENTS**

- Pomerantz (2019). My Psychology (2nd ed.). Worth Publishers.
- All other course materials will be made available on Blackboard (see below).
- Students must be able to access a computer with webcam and access the internet.
- Students must have access to word processing software (e.g., Microsoft Word).
- Full technical requirements for students can be found here: <https://kb.siue.edu/104656>.

### **COURSE DESCRIPTION AND OBJECTIVES**

Welcome to Foundations of Psychology! The purpose of this course is to provide an introduction to the topic of psychology. This course focuses on various topics, including the history of psychology, psychological methods and techniques, biological foundations of behavior, learning, motivation, development, personality, social psychology, and psychopathology.

**Student Learning Outcomes**—upon completion of the course students should be able to:

- Demonstrate a basic understanding of concepts related to the field of psychology (e.g., brain structure, behavior, sensation, perception) in quizzes and/or exams.
- Display knowledge of the major subfields of psychology (e.g., developmental, personality, social) in quizzes and/or exams.
- Appreciate the role of research in psychology by participating in psychological research studies and/or completing research article quizzes.
- Communicate knowledge of the field of psychology in writing.

### **COURSE STRUCTURE AND EVALUATION**

Class time will consist of lectures, activities, and assessments that will help you develop a better understanding of the topic of psychology. It is important that you complete the required readings before coming to class. All assignments and coursework are due at the beginning of class on the date indicated in this syllabus. No late assignments will be accepted. Unless otherwise noted, all assignments, exams, and coursework will be submitted electronically via Blackboard. Your grade in this course will be based on the following:

- **Exams x4 (19% each, 76% combined).** There will be four (4) exams throughout the semester, which will consist of multiple-choice questions. The exams will cover material only since the prior exam, so the exams are not cumulative. Each exam will be made available on Blackboard for a 24-hour period on the day of the scheduled exam. Once the exam is opened by the student, the exam will auto-submit after 75 minutes.
- **LaunchPad Quizzes x12 (1% each, 12% combined).** There will be twelve (12) quizzes during the semester, available through LaunchPad. The quizzes will be associated with specific chapters from the textbook and are intended to help students assess their retention of the material and prepare for exams. The quizzes can be taken at any time but are due on Blackboard by midnight on the last class day before the upcoming exam.
- **Writing Assignment (10%).** There will be one written assignment, where students will write a 3-5 page paper. A handout will be provided with further information about the paper requirements. The paper will be turned in on Harvey and may be checked for plagiarism using 'Turn It In' software.
- **Professionalism (2%).** Students are expected to behave in a professional manner. This includes, among other things, coming to class on time, attentively listening to lectures, and being respectful of others' comments and contributions. This also includes not being distracted, operating a cell phone, or using your computer for non-class related purposes (for example, surfing the Web, checking email, using Facebook, etc.).
- **Extra Credit (1%):** An extra credit assignment will be made available to students and will be due by the last day of class. The extra credit assignment will require you to summarize in writing a research article related to psychology. Depending on the quality of the summary, students can receive up to 1% extra credit toward their final grade.
- **Research Participation (complete/incomplete).** The Department of Psychology requires a minimum of 6 hours of research experience of each student enrolled in PSY-111. This requirement may be completed by participation in department-approved studies (sign up at <https://siue.sona-systems.com>), by taking quizzes on select research articles, or a combination of these two. Each accepted quiz (must score 70% or above to be accepted) receives one hour of research credit, and participation in ongoing studies receives credit according to the length of time spent in the study. Failure to fully complete the research experience requirement results in a one-letter grade drop.
- **Syllabus Check & Electronic Device Agreement (complete/incomplete).** During the first week of the semester, students will be required to complete a syllabus check assignment and sign an electronic device agreement. Failure to complete these two items will result in the student being dropped from the class.
- **Final Grades** will be based on the following percentages derived from the combination of scores on the above assignments:
  - 90-100%..... **A**
  - 80-89.99%..... **B**
  - 70-79.99%..... **C**
  - 60-69.99%..... **D**
  - 0-59.99%..... **F**

## **CLASS POLICIES AND OTHER INFORMATION**

### **Blackboard/Paperless Class**

All course announcements, assignments, and other postings will be done through Blackboard. To the extent possible, all documents will be provided electronically, as opposed to being printed out. Likewise, all assignments should be submitted electronically, as opposed to printed out. Blackboard will also serve as your primary means of communicating with your fellow students and me. It is your responsibility to ensure that the e-mail account that you have listed with the University is a valid and working account so that we can communicate effectively. Otherwise, you will be responsible for the lack of communication. Additional information and resources can be found at <https://www.siu.edu/its/bb/students/tutorials.shtml>.

### **Respect for Intellectual Property and NO Recording**

Faculty recordings of lectures and/or other course materials are meant to facilitate student learning and to help facilitate a student catching up who has missed class due to illness or quarantine. As such, students are reminded that the recording, as well as replicating or sharing of any course content and/or course materials without the express permission of the instructor of record, is not permitted, and may be considered a violation of the University's Student Conduct Code (3C1), linked here: <https://www.siu.edu/policies/3c1.shtml>.

### **Changes to Syllabus and Class**

The instructor reserve the right to make changes to this syllabus as currently presented, in order to accommodate the learning pace of students, and if such changes help achieve the learning objectives of this course. This includes the possibility of switching to online learning if circumstances make this necessary or prudent.

### **Emergency Situations**

Under extreme circumstances, students will be allowed to submit assignments late without a penalty or reschedule an exam date. Such circumstances must be unforeseen, unavoidable, and of a serious nature (for example, car accidents, serious medical emergencies, deaths in the family, documented COVID diagnosis). In other words, printer jams, planned appointments, and similar excuses do not count. In all cases, written and verifiable documentation must be presented. I reserve final judgment with respect to whether a situation constitutes an extreme circumstance or not.

### **Academic Integrity/Plagiarism/Misconduct**

This course adheres to the SIUE's policies and procedures related to academic misconduct. Plagiarism and cheating will not be tolerated and may lead to failure on an assignment in the class, or dismissal from the University, per the SIUE academic dishonesty policy (<http://www.siu.edu/policies/1i6.shtml>). Students are responsible for complying with University policies about academic honesty as stated in the University's Student Academic Conduct Code (<http://www.siu.edu/policies/3c2.shtml>). Students are responsible for being familiar with these policies and procedures. This course may also utilize 'Turn It In' plagiarism detection software (<https://kb.siu.edu/page.php?id=62087>).

## **Student Support and Accommodations**

Students needing accommodations because of medical diagnosis, major life impairment, or other life circumstances will need to register with Accessible Campus Community & Equitable Student Support (ACCESS) and complete an intake process before accommodations will be given. Students who believe they have a diagnosis, but do not have documentation, should contact ACCESS for assistance and/or appropriate referral. The ACCESS office is located in the Student Success Center, Room 1203. You can also reach the office by emailing to [myaccess@siue.edu](mailto:myaccess@siue.edu) or by calling 618-650-3726. Students who qualify for accommodations should inform the instructor as soon as possible to arrange for their needs and obtain support for the class. In addition, students have access to counseling services on campus (<https://www.siue.edu/counseling/>). You can make an appointment by calling 618-650-2842.

## **Diversity and Inclusion**

SIUE is committed to respecting everyone's dignity at all times. In order to learn, exchange ideas, and support one another, our virtual and physical classrooms must be places where students and teachers feel safe and supported. The Hub (<https://www.siue.edu/csdi>) is an excellent resource for students for support and community. Any person who believes they have experienced or witnessed discrimination or harassment can contact Ms. Jamie Ball, Director in the Office of Equal Opportunity, Access and Title IX Coordination at (618) 650-2333 or [jball@siue.edu](mailto:jball@siue.edu).

## **COVID-19 Pandemic Policies Related to Classroom Instruction (Fall 2022)**

### *Health and Safety*

The measures outlined below are required and any student who does not comply may be in violation of the *COVID-19 People-Focused Health and Safety Policy*, as well as the University's *Student Code of Conduct*.

The full text of the *COVID-19 People-Focused Health and Safety Policy* can be found here: <https://www.siue.edu/policies/Covid.shtml>

### *Classrooms, Labs, Studios, and Other Academic Spaces*

Under current University policy, SIUE will only require masking in campus healthcare settings. See, <https://www.siue.edu/about/announcements/coronavirus/safety-guidelines-support/index.shtml>.

Individual faculty of record may determine that masking will be required in their classrooms and are asked to communicate accordingly with students. Face masks may be required in other campus sites following guidance from governing regulatory agencies.

- Students who forget to wear a face covering when masking is required will be reminded of their obligation to comply with SIUE's *COVID-19 People-Focused Health and Safety Policy* and temporarily asked to leave the class until they are able to conform to the policy. Students who forget or lose their face coverings when masking is required may be able to obtain replacements from a friend, a faculty member, or a nearby departmental office. Face coverings are also available for purchase in the Cougar Store (MUC).

- Students who refuse to wear a face covering when masking is required will be asked to leave the classroom and referred to the Dean of Students for non-compliance with community health and safety protocols. Repeated non-compliance may result in disciplinary actions, including the student being administratively dropped from an on-ground/face-to-face course or courses without refund if no alternative course format is available.
- If a student has a documented health condition which makes wearing a face covering medically intolerable, that student should contact ACCESS to explore options with the understanding that ACCESS will not grant accommodations which excuse the need for a face covering while on campus or in the classroom. ACCESS will work with qualifying individuals to find reasonable alternatives, whenever such solutions are available. Please call or contact the ACCESS Office via email to schedule an online appointment to discuss potential alternatives. ACCESS office (Student Success Center, Room 1203, 618-650-3726, and [myaccess@siue.edu](mailto:myaccess@siue.edu)).

### General Health Measures

Students and employees are expected to review the [siue.edu/coronavirus](https://www.siue.edu/coronavirus) website (<https://www.siue.edu/about/announcements/coronavirus/>) to better understand prevention strategies and safety expectations.

- Students and employees are expected to maintain healthy hygiene practices.
- Students and employees are expected to follow COVID-related guidelines and directions.
- Students and employees are expected to conduct a daily health self-assessment and isolate themselves if COVID-related symptoms are present. COVID-related symptoms include:
  - o Fever (100.4 degrees or above) or chills
  - o Cough
  - o Shortness of breath or difficulty breathing
  - o Fatigue
  - o Muscle or body aches
  - o Headache
  - o New loss of taste or smell
  - o Sore throat
  - o Congestion or runny nose
  - o Nausea or vomiting
  - o Diarrhea

### Potential for Changes in Course Schedule or Modality

As the COVID-19 pandemic continues, there remains a possibility that planned classroom activities will need to be adjusted. Depending on circumstances and following state-issued recommendations, potential changes include alterations to distancing requirements, course modality (e.g., transition from face-to-face to online, hybrid, or hy-flex, mask wearing, in-course activities, etc). These changes would be implemented to ensure the successful completion of the course while preserving health and safety. In these cases, students may be provided with an addendum to the class syllabus that will supersede the original version. If the course schedule or modifications significantly alter expectations, a new syllabus will be issued.

## COURSE SCHEDULE

DATE	TOPIC	READINGS / ASSIGNMENTS
Week 01, 8/22	Introduction / Planning	<ul style="list-style-type: none"> <li>Syllabus Check &amp; Device Agreement assigned</li> </ul>
Week 01, 8/24	The Science of Psychology	<ul style="list-style-type: none"> <li>Chapter 1</li> <li><b>Syllabus Check &amp; Device Agreement Due</b></li> </ul>
Week 02, 8/29	The Science of Psychology	<ul style="list-style-type: none"> <li>Chapter 1</li> </ul>
Week 02, 8/31	Brain and Behavior	<ul style="list-style-type: none"> <li>Chapter 2</li> </ul>
Week 03, 9/5	<b>No Class – Labor Day</b>	<ul style="list-style-type: none"> <li>No readings / assignments</li> </ul>
Week 03, 9/7	Brain and Behavior	<ul style="list-style-type: none"> <li>Chapter 2</li> </ul>
Week 04, 9/12	Memory	<ul style="list-style-type: none"> <li>Chapter 5</li> </ul>
Week 04, 9/14	Memory	<ul style="list-style-type: none"> <li>Chapter 5</li> <li><b>Launchpad Quizzes (Ch. 1,2,5) due 11:59pm</b></li> </ul>
Week 05, 9/19	<b>Exam 1</b>	<ul style="list-style-type: none"> <li><b>Exam 1 available 12:01am to 11:59pm</b></li> </ul>
Week 05, 9/21	Learning	<ul style="list-style-type: none"> <li>Chapter 6</li> </ul>
Week 06, 9/26	Learning	<ul style="list-style-type: none"> <li>Chapter 6</li> </ul>
Week 06, 9/28	Cognition	<ul style="list-style-type: none"> <li>Chapter 7</li> </ul>
Week 07, 10/3	Cognition	<ul style="list-style-type: none"> <li>Chapter 7</li> </ul>
Week 07, 10/5	Motivation & Emotion	<ul style="list-style-type: none"> <li>Chapter 8</li> </ul>
Week 08, 10/10	Motivation & Emotion	<ul style="list-style-type: none"> <li>Chapter 8</li> <li><b>Launchpad Quizzes (Ch. 6,7,8) due 11:59pm</b></li> </ul>
Week 08, 10/12	<b>Exam 2</b>	<ul style="list-style-type: none"> <li><b>Exam 2 available 12:01am to 11:59pm</b></li> </ul>
Week 09, 10/17	Development	<ul style="list-style-type: none"> <li>Chapter 9</li> </ul>
Week 09, 10/19	Development	<ul style="list-style-type: none"> <li>Chapter 9</li> </ul>
Week 10, 10/24	Personality	<ul style="list-style-type: none"> <li>Chapter 12</li> </ul>
Week 10, 10/26	Personality	<ul style="list-style-type: none"> <li>Chapter 12</li> </ul>
Week 11, 10/31	Social Psychology	<ul style="list-style-type: none"> <li>Chapter 13</li> </ul>
Week 11, 11/2	Social Psychology	<ul style="list-style-type: none"> <li>Chapter 13</li> <li><b>Launchpad Quizzes (Ch. 9,12,13) due 11:59pm</b></li> </ul>
Week 12, 11/7	<b>Exam 3</b>	<ul style="list-style-type: none"> <li><b>Exam 3 available 12:01am to 11:59pm</b></li> </ul>
Week 12, 11/9	Stress & Health	<ul style="list-style-type: none"> <li>Chapter 11</li> </ul>
Week 13, 11/14	Stress & Health	<ul style="list-style-type: none"> <li>Chapter 11</li> </ul>
Week 13, 11/16	Psychological Disorders	<ul style="list-style-type: none"> <li>Chapter 14</li> </ul>

DATE	TOPIC	READINGS / ASSIGNMENTS
Week 14, 11/21	<b>No Class – Thanksgiving</b>	• No readings / assignments
Week 14, 11/23	<b>No Class – Thanksgiving</b>	• No readings / assignments
Week 15, 11/28	Psychological Disorders	• Chapter 14 • <b>Written Assignment due 11:59pm</b>
Week 15, 11/30	Therapy	• Chapter 15
Week 16, 12/5	Therapy	• Chapter 15 • <b>Launchpad Quizzes (Ch. 11,14,15) due 11:59pm</b>
Week 16, 12/7	Catch-up Day	• <b>Research participation / article quizzes / extra credit due 11:59pm</b>
To be determined	<b>Exam 4</b>	<b>Exam 4 available 12:01am to 11:59pm</b>

### TIPS FOR SUCCEEDING IN THIS COURSE

- 1) **Read.** Read each chapter before class. Although you might not understand the material the first time, it will be helpful to have some exposure to it before we discuss it in class.
- 2) **Attend.** Students that attend class do MUCH better than those that do not. Learning about topics in class helps reinforce the information.
- 3) **Notes.** Take notes during class lectures. Just reading the text or passively listening to lectures is not as useful as active note-taking.
- 4) **Ask.** Don't be afraid to ask questions if you don't understand something. If you do not understand the material, it's likely that someone else doesn't either.

## REASONS TO BECOME A PSYCHOLOGY MAJOR (OR MINOR) AT SIUE

**Meet Other Students:** Social Events, Presentations, Volunteerism, Leadership

- Two Psychology Clubs (open to all students interested in psychology)
- Psi Chi Honors Society For majors with notable academic success

**Conduct Research Studies (Psyc 491):** Example topics...

- behavior problems, school difficulties, autism spectrum, parenting, delinquency
- weight management, physical health, stress, ethical issues, mental illness
- consumer behavior, employee selection, prejudice, gender bias
- decision making, memory, teaching of psychology, pseudoscience

**Experience Field Study (Psyc 493):** Example sites...

- SIUE Counseling; SIUE Human Resources; Local schools
- Juvenile Detention; Center for Autism; Madison County Probation

**Find Great Jobs! (PART 1):** Examples with a Bachelor's degree from SIUE...

- Facebook Recruiter; Case Manager at Centerstone; Human Resources
- Probation Officer at St. Clair County; Research Technician at Barnes Hospital
- Crisis Worker at Children's Home + Aide; Residential Counselor

**Get Your Masters at SIUE:**

- Industrial/Organizational Psychology (consult for businesses)
- Clinical Psychology (provide assessment & therapy)
- Clinical Child & School Psychology (help children & adolescents)

**Get into PhD Programs:** Examples admitting our students...

- DePaul University (industrial/organizational psychology)
- Florida State University (social psychology)
- Illinois State University (school psychology)
- St. Louis University (clinical psychology & family therapy)
- University of Nevada - Las Vegas (experimental psychology)

**Find Great Jobs (PART 2):** Examples with graduate degrees...

- Professor at SIUE; Researcher at Washington University
- Nestle Manager; VP of Human Resources at Ameren
- Clinician at Foundations for Change; Neuropsychologist at St. John's Mercy
- St. Jude Hospital Research Associate; School Psychologist at Edwardsville High

**If not the Psychology MAJOR, consider the Psychology MINOR:**

- All you need is: Introduction to Psychology (Psyc 111) and 6 more psych courses
- Most jobs are greatly enhanced by psychology knowledge and related skills!

**Stay in Touch:**

- [siue.edu/education/psychology](http://siue.edu/education/psychology)
- Twitter: @SIUEpsychology
- Facebook: SIUE Psychology

## APPLY TO ONE OF OUR PSYCHOLOGY GRADUATE PROGRAMS!

The SIUE Department of Psychology has three graduate programs:

- The **Clinical Child and School Psychology** graduate program has two tracks:
  - Clinical Child Psychology Track. Students in this track receive a Master's degree in Clinical Child and School Psychology. About half of these students choose to then apply to a Doctoral program, and the other half choose to find a job right away. Students are prepared to work with families in private practice, hospitals, or community organizations. Our students have a very high success rate of getting into doctoral programs and finding jobs.
  - School Psychology Track. Students in this track receive a Master's degree in Clinical Child and School Psychology, and then they typically stay at SIUE to receive a Specialist Degree in School Psychology. These students have a very high success rate of finding employment as school psychologists. In fact, there is a national shortage of school psychologists. Some students later choose to also pursue a Doctoral degree.
- The **Clinical Psychology** master's program "is one of the strongest clinical training programs in the St. Louis region. It prepares students for careers in mental health organizations or further graduate education in a clinical PsyD or PhD program, a counseling PhD program, or related doctoral study. Many graduates obtain positions in community mental health centers, state hospitals, research institutions, private hospitals, and other agencies that provide psychological services."
- The **Industrial/Organizational Psychology** master's program "offers a rare blend of the scientist-practitioner model, requiring students to complete both a research-based thesis and required field hours of practicum...Research experience is directed at conceptualizing and solving applied organizational problems. Required practica, which are available throughout the St. Louis area, are oriented toward giving students applied, realistic skills and experiences to develop viable and effective performance in an organizational context."

**You can learn more about all of these programs here:**

<https://www.siue.edu/education/psychology/graduate/>

**By providing your name, signature, and date below, you certify that you have read and understand all policies and information in this syllabus. If you have questions, please contact the instructor immediately.**

**Print name:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_