

FOUNDATIONS OF PSYCHOLOGY
PSYC 111-701 (3 credit hours) – Fall 2021

Lecture: Asynchronous Online

Engagement Activities: Synchronous Online, Thursdays 10:00-10:50am

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Please Read: Students, I look forward to working with you this semester! To maximize productivity, your first assignment is to read this syllabus and the Email Policy and FAQs document – and complete the **Syllabus Quiz** about these documents. If you have questions about the content of the syllabus or the Email Policy and FAQs document, please ask during the first week of the semester. Continued enrollment signifies agreement to adhere to the policies presented herein. – Dr. Murphy

I. TEXTBOOK/READINGS

A. Required Textbook/Readings

- Pomerantz, A. M. (2019). *My Psychology* (2nd ed.). New York: Worth Publishers.
- Readings posted on Blackboard

II. COURSE DESCRIPTION

Welcome to Foundations of Psychology! The field of psychology encompasses numerous areas of study. Over the course of this semester, you will be exposed to a breadth of topics in psychological science including neuroscience, lifespan development, learning, memory, emotion, personality, psychological disorders, psychotherapy, and social psychology. More thorough examinations of these topics are available in individual upper-level courses.

III. COURSE OBJECTIVES FOR STUDENTS

1. Understand the origins, evolution, and current state of the field of psychology
2. Be introduced to various subfields within the broader discipline of psychology
3. Appreciate the role of research in psychology by participating in psychological research studies and/or completing research article quizzes
4. Effectively communicate knowledge of the field of psychology in writing

IV. COURSE POLICIES AND PROCEDURES

A. Blackboard

This course will use Blackboard (<https://bb.siue.edu>) as the primary communication hub for our class. Announcements, updates, grades, and other important course information will be posted to Blackboard. We will also use [Zoom](#) for engagement activities and virtual office hours.

B. Class Attendance and Expectations

Each week's **lectures are asynchronous** (available to watch any time online). I encourage you to schedule a regular time each week to watch lectures, complete assignments, and study for exams. Exams emphasize material discussed in lecture; watching video lectures (and taking notes while watching) will be crucial to success on exams.

Engagement activities are synchronous (live) sessions on [Zoom](#) led by a graduate assistant. Students attend at least **4 of the 10** scheduled activities (see Course Schedule for dates).

Actively participate in our class! Ask questions during office hours. Email me or our graduate TA with questions. Engage with other students and the graduate assistant leader during engagement activities.

Please demonstrate respect and professionalism toward me, our GA, and fellow students.

C. Participation in Research or Research Article Quizzes by Psychology 111 Students

Research is the basis of knowledge in psychology and provides the content in all areas of the discipline. The Department of Psychology requires a minimum of **6 hours** of research experience of each student enrolled in PSYC 111, unless the participant pool coordinator has dictated otherwise. This requirement may be completed by active participation in a department-approved study, by taking quizzes on select research articles, or a combination of these two in accord with guidelines set by the instructor. Each accepted quiz (must score 70% or above to be accepted) receives one hour of research credit, and active participation in ongoing studies receives credit according to the length of time spent in the study, which can vary from half an hour to multiple hours.

Details of the research participation will be provided early in your class. Attendance on the day research participation is described is mandatory and you will receive in-depth instructions on how to use the [SONA website \(https://siue.sona-systems.com\)](https://siue.sona-systems.com) for research participation. You will also participate in an initial screening process which may allow you to participate in future studies.

Failure to fully complete the research experience requirement results in a one-letter grade drop. For example, if a student earned a B in PSYC 111 at the end of the semester but failed to fulfill the research experience requirement, the student would receive a C. Students who make an appointment for research participation, as do the investigators conducting the study, make a commitment to be at the designated place at the designated time for their appointment. If an emergency arises to prevent participants from being able to be at the appointed time and place, they must notify the investigator no later than one hour prior to the study time. If students fail to come to the study on time or fail to cancel with sufficient notice, they will not receive credit for that study and be marked as a "no-show." If you have more than two no-shows, you will no longer be able to register for experiments and will only have the option to register for the research article quizzes. Moreover, it is up to the investigator to decide whether and when such a participant can make an additional appointment for that particular study. Students should be aware that making a large number of appointments at the end of the semester (at the same time that hundreds of other students are trying to do so) can be difficult. It is best to fulfill the 6-hour requirement well before the end of the semester.

Again, failure to meet the 6-hour requirement at the end of the semester will lead to a reduction of one letter grade.

Those students who do not wish to participate in research may substitute research article quizzes for research participation. The article quizzes will give you some exposure to psychological research and acquaint you with some of the rich sources of materials where psychological studies are reported. The

article quizzes will be posted on the SONA website after the midterm. You will sign up for the quiz, read a pre-approved research article, and take a quiz on said article. You must receive a 70% or greater to receive credit. Each quiz counts for 1 HOUR of research time.

D. Department of Psychology Policy on Incomplete Grades and Withdrawal

All withdrawals must be completed by the end of the 13th week of classes during fall and spring, and by a similarly late date (i.e., before 82% of class meetings have occurred) in any summer term. Grades that apply to students who initiate a withdrawal and grades that apply when a student fails to officially withdraw within established deadlines are determined by university policy (see <https://www.siu.edu/policies/1j1.shtml>). The granting of a grade of I (Incomplete) is not automatic. It is available only in cases when a student has completed most of the work required for a class but is prevented by a medical or similar emergency from completing a small portion of the coursework before the deadline for grade submission. An I must be approved by the instructor with appropriate documentation provided by the student. If an instructor agrees to give a student an I, the instructor will fill out a Memorandum of Incomplete Grade to be kept with the student's records. If the work is not completed by the time specified on the Memorandum, the student's grade will be changed from I to F.

E. The Psychology Department's Policy on Plagiarism

Plagiarism includes presenting someone else's words without quotation marks (even if you cite the source), presenting someone else's ideas without citing that source, or presenting one's own previous work as though it were new. When paraphrasing from another source or your own work, at the very least, the student should change the wording, sentence syntax, and order of ideas presented in the paper. Additionally, you should not submit a paper, or parts of a paper, written to fulfill the requirements of one class for the requirements in another class without prior approval of the current instructor and appropriate citation. Ideally, the student will integrate ideas from multiple sources while providing critical commentary on the topic in a way that clearly identifies whether words and ideas are those of the student or are from another source. Plagiarism is one type of academic misconduct described in SIUE's Student Academic Code (<https://www.siu.edu/policies/3c2.shtml>). University policy states that "Normally a student who plagiarizes shall receive a grade of F in the course in which the act occurs. The offense shall also be reported to the Provost." (<https://www.siu.edu/policies/1i6.shtml>). The University policy discusses additional academic sanctions including suspension and expulsion from the University. To insure that you understand how to avoid plagiarism, we encourage you to review the information on plagiarism provided on the referenced websites.

F. Statement on Disabilities

Students with documented disabilities should notify the instructor regarding any needed accommodations at the beginning of the course. To request accommodations, please contact Accessible Campus Community & Equitable Student Support (ACCESS), Student Success Center, Room 1270 (phone: 618-650-3726, website: <https://www.siu.edu/access/>).

V. ASSIGNMENTS, EXAMS, AND GRADING

A. Exams

You will be administered four exams consisting of multiple-choice questions on scheduled date ranges during the semester (see Course Schedule). You choose when to take the exam within the timeframe noted in the Course Schedule. Once the exam deadline has passed, the exam cannot be made up. Students have 75 minutes to complete the exam and may use their readings and notes; however, the exam is to be taken individually, without help from anyone else. Once started, the exam must be completed in one sitting (i.e., it cannot be paused and resumed at a later time). Each exam will cover all new material presented since the previous exam (or, for the first exam, since the beginning of the

semester). Exam questions will focus on material presented during lecture, which may or may not be included in textbook readings.

Please ensure that you have a reliable computer and Internet access when you choose to begin the exam. **If an exam “reset” is required for any reason, please email me while the exam is open. If the exam is reset, your final grade will be reduced by 10 percent of the exam value** (i.e., 5 points will be subtracted from your final score). The reduction is because 1) a reset extends the time of a timed exam and 2) students are responsible for ensuring their computer and Internet access are reliable. I can't guarantee I will see your email in time to reset an exam, so please do everything you can to ensure your computer and Internet access are reliable. **Email exam reset requests at least 24 hours before an exam is due; requests sent less than 24 hours before a deadline may not be seen in time for a reset. Once the exam deadline has passed, the exam cannot be made up or reset.**

B. Assignment Policy

The **syllabus quiz** asks questions about this syllabus and the Email Policy and FAQs document posted on Blackboard. Students will complete the syllabus quiz during the first week of the semester. While the quiz is open (see Course Schedule), you may take it as many times as you like (i.e., you can improve your score if you do not earn a perfect score the first time).

The **term paper** is due by the date and time specified in the syllabus (see Course Schedule). To turn in your term paper, please **upload a digital copy in Word document (.doc or .docx) or PDF format to Blackboard**. Do not submit a link to a Google Drive or OneDrive document. Do not submit a document in Apple Pages, Google Docs, or other formats. Such links, other document formats (e.g., rtf, gdoc), and emailed papers will not be accepted and automatically receive zero (0) points. Documents that cannot be opened (e.g., that produce an error or corrupt document message) or are blank will automatically receive zero (0) points. **You may only upload your document once** (and it may be graded shortly after you upload it), so please carefully review your work before submitting. If you are unsure of how to save work in Word document or PDF format and/or upload a document to Blackboard, please contact ITS for assistance (<https://www.siu.edu/its/>, help@siu.edu, 618-650-5500). Late papers will not be accepted for any reason. You are encouraged to upload your term paper to Blackboard well before it is due.

Web quizzes will be used to reinforce topics discussed in lecture and help familiarize you with the type and style of questions you may encounter on exams. See the Course Schedule for web quiz open and close dates. Students have one attempt to complete each quiz. Once a web quiz deadline has passed, it cannot be made up. You may reference your textbook, notes, and peers while completing the web quizzes. There are 13 quizzes throughout the semester.

Students attend at least **4 of 10 engagement activities**. These synchronous (live) sessions are held on [Zoom](#) and led by a graduate assistant (see Course Schedule for dates). The activities will reinforce lecture content and help you prepare for exams. Credit for the activities will be earned by completing a short quiz on Blackboard during each live session. Instructions for these quizzes will be provided at each session. To get the most out of this course, you are encouraged to attend more than 4 of the activities.

No late work is accepted for credit in this course. An assignment is late if it is not turned in by the deadline specified in the Course Schedule, on Blackboard, or by the professor. Since students have 24/7 access to the course and multiple days to complete assignments, no exceptions will be granted for the late work policy. Students are encouraged to complete assignments as soon as they are available.

An important note about assignments, exams, and anything else you are asked to complete on Blackboard: Please use [Firefox](#) (or [Chrome](#)) on a desktop or laptop computer and visit <https://bb.siu.edu> to complete all Blackboard work.

- Do not use the downloadable Blackboard app for iOS, Android, and Windows. The app may improperly display and/or submit assignments.
- Do not use the Safari browser. Safari may improperly display and/or submit assignments.
- Do not use a cell phone or tablet. Mobile browsers may improperly display and/or submit assignments.

This is really important: Keep every point you earn! If you have tech questions, please [ask ITS](#) before beginning Blackboard work. Students who use the Blackboard app, Safari, a cell phone, or a tablet and experience technical difficulties while completing Blackboard work may not resubmit or “redo” the impacted assignment(s). Missing or erroneous submissions will be graded as-is, which could mean a student receives 0 points for an assignment.

C. Grading

Your grade is based on the total number of points you earn during the semester while completing the following course requirements:

1. **Syllabus Quiz (10 points):** The syllabus quiz asks questions about this syllabus and the Email Policy and FAQs document.
2. **Exams (50 points each):** Four exams will be administered. Each exam will consist of multiple-choice questions. Each exam will cover all new material presented since the previous exam (or, for the first exam, since the beginning of the course); in other words, exams will not be cumulative.
3. **Term Paper (40 points):** A description of the term paper assignment is posted on Blackboard.
4. **Web Quizzes (5 points each):** The 13 web quizzes will reinforce key lecture topics.
5. **Engagement Activities (5 points each):** Students attend 4 of 10 activities scheduled throughout the semester.

Grades are determined by the following point ranges; percentages are listed for reference. Grades are not rounded or curved.

Your course grade will be reduced by one letter grade if you do not meet the 6 hours requirement specified in Section IV-C by participating in research studies and/or completing research article quizzes.

Syllabus Quiz	10 points		<u>Percentage</u>	<u>Points</u>
Exam 1	50 points	A	100-90	335-300
Exam 2	50 points	B	89-80	299-267
Exam 3	50 points	C	79-70	266-233
Exam 4	50 points	D	69-60	232-200
Term Paper	40 points	F	59-0	199-000
Web Quizzes (13)	65 points			
<u>Engage. Activities (4)</u>	<u>20 points</u>			
Total Points	335 points			

Students are encouraged to regularly check their grades on Blackboard. If a student has questions about a grade, believes a grade is incorrect, or discovers that a grade is missing, he or she should contact the instructor as soon as possible. The student is responsible for providing proof of an error that is satisfactory to the instructor. Grades will not be modified if more than one week has passed since grades for the assignment/exam were posted to Blackboard.

VI. COURSE SCHEDULE

All material, assignments, and deadlines are subject to change with prior notice. It is your responsibility to stay in touch with your professor, review the course site regularly, or communicate with other students, and to adjust as needed if assignments or due dates change.

Notes:

- POM = Pomerantz (2019); not all sections of assigned chapters may be discussed during lecture.
- Each week begins Sunday at 12:01 a.m. CST and ends Saturday at 11:59 p.m. CST
- Each week is divided into two days. The two-day split is a suggestion of how to divide your work across each week.

Dates	Topics	Readings	Assignments/Exams
Week 1 8/22- 8/28	Welcome Syllabus Email Policy and FAQs	Syllabus Email Policy and FAQs	Syllabus Quiz opens 8/22 12:01am, due 8/28 11:59pm Meet Your Professor and Graduate TA – Q&A: Monday, 8/23, 10:00-11:00am on Zoom (link on Blackboard)
	Term Paper	Term Paper Instructions	
<i>Thur., 8/26, 10:00-10:50am – Engagement Activity: Syllabus Q&A and Study Tips</i>			
Week 2 8/29- 9/4	Research Requirement & SONA The Science of Psychology The Science of Psychology (cont.)	POM Ch. 1	Sign Up for SONA Web Quiz 1 , The Science of Psychology, opens 8/29 12:01am, due 9/4 11:59pm
<i>Thur., 9/2, 10:00-10:50am – Engagement Activity: SONA Sign-up and Research Credit Success Tips</i>			
Week 3 9/5- 9/11	Brain and Behavior Brain and Behavior (cont.)	POM Ch. 2	Web Quiz 2 , Brain and Behavior, opens 9/5 12:01am, due 9/11 11:59pm
<i>Thur., 9/9, 10:00-10:50am – Engagement Activity: Writing Assignment Workshop</i>			
Week 4 9/12- 9/18	Development Across the Life Span Development Across the Life Span (cont.)	POM Ch. 9	Web Quiz 3 , Development Across the Life Span, opens 9/12 12:01am, due 9/18 11:59pm
<i>Thur., 9/16, 10:00-10:50am – Engagement Activity: Kahoot Exam 1 Review</i>			
Week 5 9/19- 9/25	Exam 1 Learning Learning (cont.)	POM Ch. 6	Exam 1 (Ch. 1, 2, 9) opens 9/19 12:01am, due Fri., 9/24, 3:00pm Web Quiz 4 , Learning, opens 9/19 12:01am, due 9/25 11:59pm
Week 6 9/26- 10/2	Memory Memory (cont.)	POM Ch. 5	Web Quiz 5 , Memory, opens 9/26 12:01am, due 10/2 11:59pm
<i>Thur., 9/30, 10:00-10:50am – Engagement Activity: Memory</i>			
Week 7 10/3- 10/9	Intelligence Intelligence (cont.)	POM Ch. 7 (read “Intelligence” section)	Web Quiz 6 , Intelligence, opens 10/3 12:01am, due 10/9 11:59pm
<i>Thur., 10/7, 10:00-10:50am – Engagement Activity: Kahoot Exam 2 Review</i>			

Week 8 10/10- 10/16	Exam 2 Psychology at Work <hr/> Psychology at Work (cont.)	Reading posted on Blackboard	Exam 2 (Ch. 6, 5, 7) opens 10/10 12:01am, due Fri., 10/15, 3:00pm <hr/> Web Quiz 7 , Psychology at Work, opens 10/10 12:01am, due 10/16 11:59pm
Week 9 10/17- 10/23	Emotions, Stress, and Health <hr/> Emotions, Stress, and Health (cont.)	POM Ch. 8 (read "Emotion" section), 11	Web Quiz 8 , Emotions, Stress, and Health, opens 10/17 12:01am, due 10/23 11:59pm
Week 10 10/24- 10/30	Social Psychology <hr/> Social Psychology (cont.)	POM Ch. 13 (skip "Social Relations" section)	Web Quiz 9 , Social Psychology, opens 10/24 12:01am, due 10/30 11:59pm
<i>Thur., 10/28, 10:00-10:50am – Engagement Activity: Social Psychology</i>			
Week 11 10/31- 11/6	Personality <hr/> Personality (cont.)	POM Ch. 12	Web Quiz 10 , Personality, opens 10/31 12:01am, due 11/6 11:59pm
<i>Thur., 11/4, 10:00-10:50 – Engagement Activity: Kahoot Exam 3 Review</i>			
Week 12 11/7- 11/13	Exam 3 Psychological Disorders <hr/> Psychological Disorders (cont.)	POM Ch. 14	Exam 3 (Psyc. at Work; Ch. 8, 11, 13, 12) opens 11/7 12:01am, due Fri., 11/12, 3:00pm <hr/> Term Paper due Fri., 11/12, 3:00pm ; upload Word/PDF to Blackboard
Week 13 11/14- 11/20	Psychological Disorders (cont.) <hr/> Psychological Disorders (cont.)		Web Quiz 11 , Psychological Disorders, opens 11/14 12:01am, due 11/20 11:59pm
<i>Thur., 11/18, 10:00-10:50am – Engagement Activity: Psychological Disorders</i>			
Break 11/21- 11/27	Thanksgiving Break – No Class <hr/> Thanksgiving Break – No Class		
Week 14 11/28- 12/4	Therapy <hr/> Therapy (cont.)	POM Ch. 15	Web Quiz 12 , Therapy, opens 11/28 12:01am, due 12/4 11:59pm
Week 15 12/5- 12/11	Psychology Show-and-Tell <hr/> Psychology Show-and-Tell (cont.)		Web Quiz 13 , Show-and-Tell, opens 12/5 12:01am, due 12/11 11:59pm
<i>Thur., 12/9, 10:00-10:50am – Engagement Activity: Kahoot Exam 4 Review</i>			

Finals Week:

Exam 4 (Ch. 14, 15; Show-and-Tell) opens 12/12 12:01am, **due Wed., 12/15, 3:00pm**

COVID-19 Pandemic Policies Related to Classroom Instruction (Fall 2021)

Health and Safety

The measures outlined below are required and any student who does not comply may be in violation of the COVID-19 People-Focused Health and Safety Policy, as well as the University's Student Code of Conduct.

The full text of the COVID-19 People-Focused Health and Safety Policy can be found here: <https://www.siue.edu/policies/Covid.shtml>

Classrooms, Labs, Studios, and Other Academic Spaces

While in the classroom, lab, studio, or other academic spaces, students (regardless of vaccination status) shall wear face coverings that fully cover the nose and mouth and practice physical distancing measures to the extent practicable based on the specific classroom capacity and pedagogy. Classroom furniture should not be rearranged, and furniture that has been taped off or covered should not be used.

Students who forget to wear a face covering will be reminded of their obligation to comply with SIUE's COVID-19 People-Focused Health and Safety Policy and temporarily asked to leave the class until they are able to conform to the policy. Students who forget or lose their face coverings may be able to obtain replacements from a friend, a faculty member, or a nearby departmental office. Face coverings are also available for purchase in the Cougar Store (MUC).

Students who refuse to wear a face covering will be asked to leave the classroom and referred to the Dean of Students for non-compliance with community health and safety protocols. Repeated non-compliance may result in disciplinary actions, including the student being administratively dropped from an on-ground/face-to-face course or courses without refund if no alternative course format is available.

If a student has a documented health condition which makes wearing a face covering medically intolerable, that student should contact ACCESS to explore options with the understanding that ACCESS will not grant accommodations which excuse the need for a face covering while on campus or in the classroom. ACCESS will work with qualifying individuals to find reasonable alternatives, whenever such solutions are available. Please call or contact the ACCESS Office via email to schedule an online appointment to discuss potential alternatives. ACCESS office (Student Success Center, Room 1203, 618-650-3726, and myaccess@siue.edu).

General Health Measures

At all times, students should engage in recommended health and safety measures, which include:

Conducting a daily health assessment. If you have [COVID-19 symptoms](#), but not yet tested positive, have had COVID-19 close contact exposure, or are COVID-19 diagnosed as presumptive or confirmed positive, stay home and contact your health provider or SIUE Health Service at cougarcare@siue.edu or 618-650-2842. More information on reporting procedures is available [here](#).

Frequent washing or disinfecting of hands.

Physical distancing.

Face masks or face coverings that cover the nose and mouth are required in indoor public spaces regardless of the ability to maintain physical distance. Indoor public spaces include common spaces or community settings that anyone can access, such as reception areas with walk-in access, restrooms, hallways, classrooms, teaching and research laboratories, as well as common spaces in residence halls, conference rooms, lobbies, and break rooms.

If present, adhere to directional signs and traffic flow patterns in buildings and offices. In many spaces, doors for entering and exiting buildings are designated.

Academic Integrity

Students are reminded that the expectations and academic standards outlined in the Student Academic Code (3C2) apply to all courses, field experiences and educational experiences at the University, regardless of modality or location. The full text of the policy can be found here:

<https://www.siue.edu/policies/3c2.shtml>.

Recordings of Class Content

Faculty recordings of lectures and/or other course materials are meant to facilitate student learning and to help facilitate a student catching up who has missed class due to illness or quarantine. As such, students are reminded that the recording, as well as replicating or sharing of any course content and/or course materials without the express permission of the instructor of record, is not permitted, and may be considered a violation of the University's Student Conduct Code (3C1), linked here: <https://www.siue.edu/policies/3c1.shtml>.

Potential for Changes in Course Schedule or Modality

As the COVID-19 pandemic continues, there remains a possibility that planned classroom activities will need to be adjusted. Depending on circumstances and following state-issued recommendations, potential changes include changes in course modality (e.g., transition from face-to-face to online) or in course scheduled meetings. These changes would be implemented to ensure the successful completion of the course. In these cases, students will be provided with an addendum to the class syllabus that will supersede the original version.