

Theories of Personality (PSYC 340-001)

Fall 2020

PROFESSOR

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TEACHING ASSISTANT

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OFFICE HOURS FOR DR. SEGRIST

I am happy to meet with you via Zoom whenever you have questions or would like to discuss course material. My regular Zoom office hours are Mondays 9:00 a.m. – 11:00 a.m. But if you'd like to meet at a different time, just email me to let me know what days/times work for you and we can set up a time to meet. The link for my Zoom office hours is:

<https://siue.zoom.us/j/93340895084>

OFFICE HOURS FOR TEACHING ASSISTANT

Jordan Stiles: Mondays, 4:00 p.m. – 5:00 p.m.: <https://siue.zoom.us/j/96661296005>

CLASS MEETINGS

Online – asynchronous

TEXTBOOK & READINGS

- Schultz, D.P., & Schultz, S.E. (2017). *Theories of Personality, 11th Ed.* Wadsworth-Cengage Publishers
- Other readings as assigned

COURSE DESCRIPTION

This course will provide an overview of the constructs, assumptions, and validity of the major personality theories. Additionally, the course will offer some insights into how the personal and professional lives of the foremost personality theorists influenced the theories they developed.

COURSE OBJECTIVES

It is my goal that by the completion of this course you will have demonstrated:

- an increased knowledge of the major personality theorists and an understanding of their theories
- increased knowledge about theoretical constructs associated with a variety of personality theories
- an increased knowledge of some of the major tools used in personality assessment
- an ability to apply personality theories
- an ability to communicate information about personality theories and/or constructs in writing

EXPECTATIONS & POLICIES

- Throughout your time in this course, please make your health a priority. If you or your significant others are dealing with health-related issues that interfere with your ability to perform in this course, please let me know.
- Complete assigned reading as scheduled. Most of the reading in this course will come from the text; however, I will occasionally provide you with supplemental reading material on Blackboard. I will not cover all text material in lectures, so it is important for you to keep up with the reading.
- Turn in assignments by the deadline listed on the syllabus. Late assignments drop a letter grade for each day they are late, starting with the day the assignment is due (e.g., an assignment turned in one hour late drops one letter grade). In cases of emergencies and/or illness exceptions may be made. So please talk to me if illness or an emergency interferes with your ability to turn in an assignment on time.
- Unless otherwise noted you will turn in all assignments through Blackboard. Please submit all assignments as Word documents.
- It is your responsibility to check Blackboard and be sure to check your email—including your SIUE email—for any course-related announcements.
- If you must miss an exam because you are involved in a University-sponsored activity (e.g., member of a sports team, etc.) you may take an exam early. To do this you must notify me at least one week prior to the exam to arrange a test date.
- If you must miss an exam because of a personal/family emergency (e.g., death in the family) you will only be eligible for a make-up exam if you: notify me immediately and provide documentation for the event that caused you to miss the exam.
- Students needing Accommodations – Students needing accommodations because of medical diagnosis or major life impairment will need to register with Accessible Campus Community & Equitable Student Support (ACCESS) and complete an intake process before accommodations will be given. Students who believe they have a diagnosis but do not have documentation should contact ACCESS for assistance and/or appropriate referral. The ACCESS office is located in the Student Success Center, Room 1270. You can also reach the office by e-mail at myaccess@siue.edu or by calling 618.650.3726. For more information on policies, procedures, or necessary forms, please visit the ACCESS website at www.siue.edu/access.

PSYCHOLOGY DEPARTMENT POLICY ON WITHDRAWALS AND INCOMPLETE GRADES

All withdrawals must be completed by the end of the 13th week of classes during fall and spring, and by a similarly late date (i.e., before 82% of class meetings have occurred) in any summer term. Grades that apply to students who initiate a withdrawal and grades that apply when a student fails to officially withdraw within established deadlines are determined by university policy (see <https://www.siu.edu/registrar/class/dropping.shtml>).

The granting of a grade of I (Incomplete) is not automatic. It is available only in cases when a student has completed most of the work required for a class but is prevented by a medical or similar emergency from completing a small portion of the coursework before the deadline for grade submission. An I must be approved by the instructor with appropriate documentation provided by the student. If an instructor agrees to give a student an I, the instructor will fill out a Memorandum of Incomplete Grade to be kept with the student's records. If the work is not completed by the time specified on the Memorandum, the student's grade will be changed from I to F.

PSYCHOLOGY DEPARTMENT POLICY ON PLAGIARISM

Plagiarism includes either presenting someone else's words without quotation marks (even if you cite the source) or presenting someone else's ideas without citing that source. If you plagiarize, your instructor cannot evaluate your understanding of the topic. When paraphrasing from another source, at the very least the student should change the wording, sentence syntax, and order of ideas presented in the paper. Ideally, the student will integrate ideas from multiple sources while providing critical commentary on the topic in a way that clearly identifies whether words and ideas are those of the student or are from another source. Plagiarism is one type of academic misconduct described in SIUE's Student Academic Code (<http://www.siu.edu/policies/3c2.shtml>). University policy states that "Normally a student who plagiarizes shall receive a grade of F in the course in which the act occurs. The offense shall also be reported to the Provost." (<http://www.siu.edu/policies/1i6.shtml>). The University policy discusses additional academic sanctions including suspension and expulsion from the University.

PSYCHOLOGY DEPARTMENT POLICY ON WRITING

As a student in this course, you will be expected to display university-level writing, which includes completing course assignments that meet the following basic writing criteria. Specifically, all written assignments completed for this course should include:

- clear transitions from sentence to sentence and idea to idea (e.g., paper is organized/flows well);
- verb tense consistency;
- clear and unambiguous sentences and ideas;
- writing that is free of typos, spelling errors, and major grammatical errors;
- properly formatted citations and references (if relevant).

This is by no means an exhaustive list of basic writing skills but will give you an idea of what we are looking for in our papers. If you feel you need help with your writing, you are encouraged to seek assistance from the writing center on campus (<http://www.siu.edu/is/writing>) or

utilize one of the many online resources they have identified to help students (<https://www.siu.edu/lss/writing/resources.shtml>). If your graded written assignments fail to meet the basic writing requirements listed above (and any others found to be appropriate by your instructor), the instructor will stop the grading process and return the paper to you (see below for the specific policy for this class).

UNIVERSITY COVID-19 POLICIES

Health and Safety. Consistent with the Illinois Board of Higher Education guidance contained in “Safely Launching Academic Year 2020” released on June 23, 2020 and guidelines established by Governor J. B. Pritzker and *Restore Illinois*, Southern Illinois University Edwardsville has implemented a new policy to help ensure the safety of all students, faculty and employees during the pandemic. The measures outlined below are required and any student who does not comply may be in violation of the *COVID-19 People-Focused Health and Safety Policy*, as well as the University’s *Student Code of Conduct*. The full text of the *COVID-19 People-Focused Health and Safety Policy* can be found here: <https://www.siu.edu/policies/Covid.shtml>.

Classrooms, Labs, Studios, and Other Academic Spaces. While in the classroom, lab, studio, or other academic spaces, students shall practice social distancing measures by maintaining a distance of at least six feet from others in the classroom and wearing a face covering. Extra care should be taken upon entering and leaving the classroom spaces. Classroom furniture should not be rearranged, and furniture that has been taped off or covered should not be used.

Students who forget to wear a face mask or face shield will be reminded of their obligation to comply with SIUE’s *COVID-19 People-Focused Health and Safety Policy* and temporarily asked to leave the class until they are able to conform to the policy. Students who forget or lose their face coverings may be able to obtain replacements from a friend, a faculty member, or a nearby departmental office. Face coverings are also available for purchase in the Cougar Store (MUC).

Students who refuse to wear a face covering will be asked to leave the classroom and referred to the Dean of Students for non-compliance with community health and safety protocols. Repeated non-compliance may result in disciplinary actions, including the student being administratively dropped from an on-ground/face-to-face course or courses without refund if no alternative course format is available.

If a student has a documented health condition which makes wearing a face covering medically intolerable, that student should contact ACCESS to explore options with the understanding that ACCESS will not grant accommodations which excuse the need for a face covering while on campus or in the classroom. ACCESS will work with qualifying individuals to find reasonable alternatives, whenever such solutions are available. Please call or contact the ACCESS Office via email to schedule an online appointment to discuss potential alternatives. ACCESS office (Student Success Center, Room 1203, 618-650-3726, and myaccess@siue.edu).

General Health Measures. At all times, students should engage in recommended health and safety measures, which include:

- Conducting a daily health assessment. If you have COVID-19 symptoms, but not yet tested positive, have had COVID-19 close contact exposure, or are COVID-19 diagnosed as presumptive or confirmed positive, stay home and contact your health provider or SIUE Health Service at cougarcare@siue.edu or 618-650-2842. More information is available on the [SIUE COVID-19 website](#).
- Frequent washing or disinfecting of hands.
- Social distancing by maintaining a distance of at least six feet from others.
- Face masks or face coverings that cover the nose and mouth are required in indoor public spaces regardless of the ability to maintain social distance. Indoor public spaces include common spaces or community settings that anyone can access, such as reception areas with walk-in access, restrooms, hallways, classrooms, teaching and research laboratories, as well as common spaces in residence halls, conference rooms, lobbies, and break rooms.
- Adhere to directional signs and traffic flow patterns in buildings and offices. Doors for entering and exiting buildings will be designated. Where multiple doors exist, in and outdoors will be marked with “Entrance” and “Exit” signs. Plans that consider traffic flow in and out of buildings, and within buildings (i.e. stairs, hallways, etc. where possible) will be marked.

Academic Integrity. Students are reminded that the expectations and academic standards outlined in the Student Academic Code (3C2) apply to all courses, field experiences and educational experiences at the University, regardless of modality or location. The full text of the policy can be found here: <https://www.siue.edu/policies/3c2.shtml>.

Recordings of Class Content. Faculty recordings of lectures and/or other course materials are meant to facilitate student learning and to help facilitate a student catching up who has missed class due to illness. As such, students are reminded that the recording, as well as replicating or sharing of any course content and/or course materials without the express permission of the instructor of record, is not permitted, and may be considered a violation of the University’s Student Conduct Code (3C1), linked here: <https://www.siue.edu/policies/3c1.shtml>.

Potential for Changes in Course Schedule or Modality. As the COVID-19 pandemic continues, there remains a possibility that planned classroom activities will need to be adjusted. Depending on circumstances and following state-issued recommendations, potential changes include changes in course modality (e.g., transition from face-to-face to online) or in course scheduled meetings. These changes would be implemented to ensure the successful completion of the course. In these cases, students will be provided with an addendum to the class syllabus that will supersede the original version.

TENTATIVE CLASS SCHEDULE

Week of August 24: *What is Personality?/Personality Assessment*

1. WATCH: Syllabus and Blackboard Tour
2. **DUE: Syllabus Quiz by 11:59 p.m. on 8/28/20**
3. WATCH: Julian Baggini – Is There a Real You?
4. READ: Chapter 1 (pp. 1-24, 29-32)
5. WATCH: What is Personality?
6. WATCH: Personality Theories
7. WATCH: How Do We Study and Assess Personality?
8. **DUE: Week 1 Quiz by 11:59 p.m. on 8/30/20**

Week of August 31: *Sigmund Freud*

1. READ: Chapter 2
2. WATCH: Freud's View of Human Nature
3. WATCH: Freud's Structural Model of Personality
4. WATCH: Freud's Psychosexual Stage Theory
5. **DUE: Week 2 Quiz by 11:59 p.m. on 9/6/20**

Week of September 7: *Carl Jung*

1. READ: Chapter 3
2. WATCH: Jung's View of Human Nature and the Unconscious
3. WATCH: Archetypes
4. WATCH: Multifaceted Personality
5. WATCH: Susan Kane – The Power of Introverts
6. **DUE: Week 3 Quiz by 11:59 p.m. on 9/13/20**

Week of September 14: *Alfred Adler*

1. READ: Chapter 4
2. WATCH: Adler's Assumptions
3. WATCH: Inferiority and Social Interest
4. WATCH: Styles of Life and the Three Problems of Life
5. WATCH: Family Influences on Personality
6. **DUE: Week 4 Quiz by 11:59 p.m. on 9/20/20**

Week of September 21: *Karen Horney*

1. READ: Chapter 5
2. WATCH: Horney's Challenges to Freud
3. WATCH: Personality Development
4. WATCH: The Idealized Self and the Tyranny of the "Should's"
5. **DUE: Freud and Reality TV assignment by 11:59 p.m. on 9/24/20**
6. **DUE: Week 5 Quiz by 11:59 p.m. on 9/27/20**

Week of September 28: EXAM #1; Erik Erikson

1. **TAKE EXAM #1: Exam will be available from 12:01 a.m. to 11:59 p.m. on 9/28/20**
2. READ: Chapter 6
3. WATCH: Erikson's Assumptions
4. WATCH: Erikson Stages 1-4
5. WATCH: Erikson Stages 5-8
6. WATCH: Identity Status
7. **DUE: Adler Case Study by 11:59 p.m. on 10/1/20**
8. **DUE: Week 6 Quiz by 11:59 p.m. on 10/04/20**

Week of October 5: B.F. Skinner

1. READ: Chapter 12
2. WATCH: Skinner and Operant Conditioning
3. WATCH: Skinner and Radical Behaviorism
4. **DUE: Week 7 Quiz by 11:59 p.m. on 10/11/20**

Week of October 12: Trait Theories – Factor Analysis; Hans Eysenck

1. WATCH: Trait Theories and Factor Analysis
2. READ: Chapter 8 (pp. 226-230)
3. WATCH: Eysenck
4. **DUE: Erikson Case Study by 11:59 p.m. on 10/15/20**
5. **DUE: Week 8 Quiz by 11:59 p.m. on 10/18/20**

Week of October 19: Trait Theories – Five Factor Model; The Dark Triad/Tetrad

1. READ: Chapter 8 (pp. 230-238)
2. WATCH: Five-Factor Model
3. READ: Chapter 8 (pp. 240-241)
4. WATCH: Dark Triad/Tetrad
5. **DUE: Week 9 Quiz by 11:59 p.m. on 10/25/20**

Week of October 26 – EXAM #2; Social Learning Theory - Walter Mischel

1. **TAKE EXAM #2: Exam will be available from 12:01 a.m. to 11:59 p.m. on 10/26/20**
2. WATCH: Mischel
3. **DUE: Week 10 Quiz by 11:59 p.m. on 11/1/20**

Week of November 2 – Social Learning Theory – Julian Rotter; Albert Bandura

1. READ: Chapter 14 (pp. 372-377)
2. WATCH: Rotter
3. READ: Chapter 13
4. WATCH: Bandura
5. **DUE: Five Factor Case Study by 11:59 p.m. on 11/5/20**
6. **DUE: Week 11 Quiz by 11:59 p.m. on 11/8/20**

Week of November 9 – Claude Steele and Stereotype Threat

1. READ: *Definition of Stereotype Threat* (article on Blackboard)
2. READ: *Stereotype Threat Widens Achievement Gap* (article on Blackboard)
3. WATCH: Stereotype Threat – A Conversation with Claude Steele
4. WATCH: Stereotype Threat
5. **DUE: Week 12 Quiz by 11:59 p.m. on 10/15/20**

Week of November 16 – Humanist Theories - Carl Rogers & Abraham Maslow

1. READ: Chapter 10
2. WATCH: Rogers
3. READ: Chapter 9
4. WATCH: Maslow
5. **DUE: Rotter Case Study by 11:59 p.m. on 11/19/20**
6. **DUE: Week 13 Quiz by 11:59 p.m. on 11/22/20**

Week of November 23

- THANKSGIVING BREAK

Week of November 30 – Positive Psychology

1. READ: Chapter 14 (pp. 395-403)
2. WATCH: Positive Psychology
3. **DUE: Personality Theories Reflection by 11:59 p.m. on 12/3/20**
4. **DUE: Week 14 Quiz by 11:59 p.m. on 12/6/20**

Week of December 7 – Positive Psychology - Humor

1. WATCH: Humor
2. **DUE: Maslow Case Study by 11:59 on 12/10/20**
3. **DUE: Week 15 Quiz by 11:59 p.m. on 12/13/20**

Week of December 14 (Final Exam Week)

1. **TAKE EXAM #3: Exam will be available from 12:01 a.m. on 12/14/20 to 11:59 p.m. on 12/17/20**