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## **ADULT DAY CARE**

Provides a supervised environment for daily care for elders.

### **Adult Day Care Services - YWCA**

304 E. 3rd. Street

Alton, IL 62002

(618) 465-7774

Therapeutic activities, meals, administration of medication, optional outings and arthritis exercise, entertainment, assistance with personal care, and supervision. Open to all private pay and assistance from the State of Illinois through the Community Care Program.

### **Saint Anthony's / Saint Clare's Adult Day Services**

915 East Fifth Street, P. O. Box 340

Alton, IL 62002

(618) 463-5333

Therapeutic activities, meals, medication monitoring, daily living activities; open to all 7:00 A.M. to 5:00 P.M. Monday through Friday; \$56.16 for full day, \$28.08 for ½ day with transportation included if within service area; various payment options including "Scholarship" if eligible through the Illinois Department on Aging.

### **Saint John's Home & Community Care**

#### **St. John's Community Haven**

222 Goethe Avenue

Collinsville, IL 62234

(618) 344-0276

Community Haven provides opportunities for social interaction and activities for seniors whose activity is limited by their inability to continue normal activities and relationships due to factors such as Alzheimer's or dementia. It also offers families and caregivers periods of respite. Participants are assessed a fee of \$30-1/2 day. 4-8 hours - \$55.00.

Some scholarship assistance available. Contract with Illinois Division of Rehabilitation Services and Illinois Department on Aging.

## **ALZHEIMER DISEASE/MEMORY**

### **Alzheimer's Association**

9374 Olive Blvd.

St. Louis, MO 63132

(314) 432-3422, (800) 980-9080

Provides information on care giving, resources, respite, support, and techniques to better assist persons with Alzheimer's.

### **Saint Anthony's Health Center**

#### **Alzheimer's Special Care Program**

915 East Fifth Street.

Alton, IL 62002

(618) 463-5385

This is an eight-bed in-patient program located at Saint Clare's Hospital on the Extended Care Unit. Private pay program that is specialized to care for the Alzheimer's resident. The clients attend the Adult Day Service, which too is located at Saint Clare's Hospital, Monday through Friday. The routine staff for this program is CNA's trained to care for clients with this type of disease. This program is activity based to assist in maintaining the resident's highest level of functioning in a safe, controlled environment.

### **Saint Clare's Extended Care Alzheimer's Program**

#### **Saint Anthony's Health Center**

915 East Fifth Street, P.O. Box 340

Alton, IL 62002

(618) 463-5137

Assistance for individuals in the middle stages of Alzheimer's Disease; Monday through Friday daytime participation in the Adult Day Program with evening care provided within an 8 bed facility designated for Alzheimer's patients; specialized staff care for the individual needs of this population; 24 hour residential care. Private pay, open to the public.

## **CASE COORDINATION**

Provides and coordinates linkage to community resources available to assist persons 60 years of age and older.

## **Southwestern Illinois VNA and Community Care Unit**

(Serves all of Madison County)

7 Executive Woods

Swansea, IL 62226

(618) 236-5863

1-800-642-5429

## **ELDER ABUSE / NEGLECT / DOMESTIC VIOLENCE**

### **Elder Abuse Hotline:**

1-800-252-8966 8:30 A.M.- 5:00 P.M. Mon.-Fri.

1-800-279-0400 after hours, weekends, holidays.

### **Oasis Women's Center**

Alton, IL 62002

(618) 465-1978

24 hour free comprehensive services for battered and abused women and their children, including support groups, referrals, educational information, emergency food and clothing, arrangements for emergency medical care, telephone support and legal advocacy.

### **Phoenix Crisis Center**

P.O. Box 1043

Granite City, IL 62040

(618) 451-1008

Free comprehensive, 24-hour services for battered and abused women and their children; including support groups, referrals, educational information, emergency food and clothing, telephone support and legal advocacy.

## **FOOD PANTRIES**

### **Collinsville Area Ministerial Alliance**

#### **Food Pantry**

201 E. Church Street

Collinsville, IL 62234

(618) 346-1861

Tuesday and Friday 9:30 A.M. to 11:00 A.M. Collinsville residents only.

### **Community Hope Center**

#### **Food Pantry**

1201 Hope Center Lane

Cottage Hills, IL 62018

(618) 259-0959

Monday, Tuesday, Wednesday, and Friday 9A.M. to 12 P.M. Needs to show proof of income, residency, and number of household members. Will deliver food, check in on them, and pray with them. For disabled and elderly-if they have no family.

### **Crisis Food Center**

#### **Food Pantry**

21 E. 6th St.

Alton, IL 62002

(618) 462-8201

Monday through Friday 1:00P.M. to 2:45P.M. No appointment needed for initial use; agency referral needed thereafter and an ID are required.

### **Glen - Ed Pantry**

125 5<sup>th</sup> Avenue

Edwardsville, IL 62025

(618) 656-7506

Monday and Wednesday 3 P.M. to 6 P.M.

Tuesday, Thursday and Friday 9A.M. to 12 P.M.

### **Guardian Angel Food Pantry**

3512 McArthur Boulevard

Alton, IL 62002

(618) 462-0634 Ext. 237

Open Monday, Wednesday, Friday 9 A.M. – 12 P.M.

### **HACSM**

#### **Highland Area Christian Service Ministry**

620 13<sup>th</sup> Street

Highland, IL 62249

(618) 654-9295

Serves Highland, Marine, Pierron, St. Jacob, Alhambra, New Douglas, and Grantfork. Pantry open Tuesday and Thursday and 1<sup>st</sup> & 3<sup>rd</sup> Saturday 10 A.M. - 1P.M. The office is open Monday through Friday from 8:30 A.M. - 12:30 P.M.

**Maryville Police Food Pantry**

North Donk & Zupan

Maryville, IL 62062

(618) 345-9693

Open Tuesday 6 P.M. - 8 P.M., Thursday 10 A.M. - 12 P.M., Saturday 10 A.M. - 12 P.M.

**Ministries Unlimited  
Food Pantry**

Contact: Sue Tracy

310 Collinsville Road

Troy, IL 62294

(618) 667- 6241

Hours: Tuesday 10:00 A.M. - 11:00 A.M., Thursday 1:30 P.M. - 2:30 P.M.  
Troy Resident.

**Operation Blessing**

**Food Pantry**

18 E. Lorena

Wood River, IL 62095

(618) 251-5683

Monday through Thursday 10 A.M. to 1 P.M.

**Community Care Center**

**Food Pantry**

1818 Cleveland

Granite City, IL 62040

(618) 876-8770

Hours: Monday through Friday 9 A.M. - 3 P.M.

**Salvation Army**

**Food Pantry**

525 Alby, Alton, IL 62002

(618) 465-7764

Hours: Monday, Wednesday, and Friday 9 A.M. – 11:30 A.M.

3007 E. 23rd St., Granite City, IL 62040

(618) 451-7957

Monday through Thursday 1 P.M. - 3:30 P.M.; Friday 9:30 A.M. – 11:30 A.M. & 1 P.M. – 3:30 P.M.

**St. Elizabeth Catholic Church****Food Pantry**

120 N. Windmill

Marine, IL 62061

(618) 887-4535

**GEROPSYCHIATRIC UNITS / SERVICES****Alton Memorial Hospital-BJC Health Care****Senior Renewal Program**

1 Memorial Drive

Alton, IL 62002

(618) 463-7895

Intensive outpatient mental health program. Participants attend the program weekdays from 10:00 A.M. to 2:00 P.M. During that time, the treatment program will focus on each unique individual, with a specific set of circumstances, symptoms, and goals to be understood and treated. The center provides: individual counseling, psychotherapy groups, regular contact with family members and healthcare professionals. Each participant also receives a nutritious meal each day. A psychiatrist supervises the care of each person in the program and prescribes medication as needed. Transportation is provided. The cost of the program is covered by Medicare part “B”.

**St. Anthony’s Health Center****Psychological Services**

St. Clare Hospital POB, Suite 211

815 E. 5<sup>th</sup> Street

Alton, IL 62002

(618)474-6240

Psychological services include outpatient memory disorders and diagnostic problems; individual and marital counseling; and family consultation and support. Medicare, Medicaid, private insurance is accepted.

### **Gateway Regional Medical Center**

#### **Behavioral Health Systems**

2100 Madison Avenue

Granite City, IL 62040

(618) 798-3888

A comprehensive older adult psychiatric program designed to provide therapeutic services to enhance the individual's ability to increase or maintain individual functioning. Outpatient treatment services, inpatient services, and community services are offered. Medicaid, Medicare, and private insurance.

### **Southern Illinois University School of Nursing Center for the Diagnosis**

#### **of Alzheimer Disease and Related Memory Disorders**

Box 1066

Edwardsville, IL 62026

(618) 650-3956

Under the management of the Southern Illinois University School of Medicine, Center for Alzheimer Disease and Related Disorders Memory and Aging Clinic. Provides evaluation and recommendations for those suspected of having a memory disorder. Payment due at time of service; Medicare and insurance accepted.

## **GUARDIANSHIP / ADVOCACY**

### **Guardianship & Advocacy Commission**

4500 College Avenue, Suite 100

Alton, IL 62002

Provides legal advocacy services, guardianship arrangements, and investigation of human rights complaints. Payment method: Medicaid



and sliding fee scale.

## **HEALTH DEPARTMENTS**

Provide a variety of health-related services and education to the community. Includes issues pertaining to families, nutrition, communicable diseases and environmental health.

### **Illinois Department of Public Health**

22 Kettle River Drive  
Glen Carbon, IL 62034  
(618) 656-6680

Provides education, training, assessment and screening through programs such as health education, dental health education, vision, and hearing.

### **Madison County Health Department**

101 E. Edwardsville Road  
Wood River, IL 62095  
(618) 692-8954

Health programs and community education available upon request.

## **HOME COMPANIONS**

### **Faith in Action**

222 Goethe Ave.  
Collinsville, IL 62234  
(618) 344-8080

Fax: (618) 344-4969

Provides transportation, shopping, errands, companionship, respite for family, minor yard maintenance, minor home repair. This is for anyone living in Caseyville, Collinsville, Maryville, or State Park needing assistance due to age or disabilities. Services are provided without charge.

### **Faith in Action/Edw.-Glen Carbon**

P.O. Box 255  
Edwardsville, IL 62025

(618) 692-0480

Fax: (618) 656-4384

Provides transportation, shopping, light housekeeping, respite care for family members, visiting, and reassurance calls to the elderly and disabled of the Edwardsville #7 School District. This service is free of charge.

### **Tri-Cities Area Faith in Action**

2100 Madison Avenue

Granite City, IL 62040

(618) 877-9020

Fax: (618) 877-0348

The Tri-Cities Area Faith in Action is a coalition of churches that provides volunteer assistance for the elders and adults with physical impairments in Granite City, Madison, and Venice. Services are available at no charge to the care receiver and include: transportation to the doctor, grocery store, etc., grocery shopping for those who are shut in, friendly visiting in person or over the telephone, and respite care for primary family caregivers. Office hours are 8: A.M. – 4:00 P.M. Monday through Friday.

### **Southwestern Illinois College Senior Companion Program**

4950 Maryville Road

Granite City, IL 62040

(618) 931-7018

The Senior Companion Program provides assistance to those in need of companionship because of loneliness, illness, or physical impairment. The program also offers respite for caregivers of these individuals. As a Senior Companion, individuals 60 years of age or older, who meet income guidelines, can help others while earning a tax-free stipend and other benefits.

### **HOME DELIVERED MEALS**

Nutritious meals provided to older homebound adults unable to prepare their own. Some of the programs charge a minimal fee.

**(Alton) Meals on Wheels**

(618) 466-6077

**Collinsville Area Meals on Wheels**

714 Claremont

Collinsville, IL 62234

(618) 345-7779

**Edwardsville Area Meals on Wheels**

(618) 656-0300

**Senior Citizens Services, Inc.**

Edwardsville and Glen Carbon

(618) 656-0300

**Senior Services Plus, Inc.**

2603 N. Rodgers

Alton, IL 62002

(618) 465-3298

Madison County Resident, 60 years and over, homebound.

**HOME HEALTH CARE**

Includes a wide range of services such as nursing, therapy (speech, rehabilitation, occupational and physical), dieticians, medical social workers, home health aides, and pharmacy services.

**Anderson Home Health Services**

6800 State Route 162

Maryville, IL 62062

Madison County resident. Medicaid, Medicare and insurance accepted as payment.

**Anderson Hospital**

**Lifeline**

(618) 288-5711 Ext. 423 or 368

Lifeline gives you the confidence and freedom to live on your own.

There is help 24- hours a day, 7 days a week, at the press of a button.

### **BJC Home Care Services**

3535 College Ave., Suite B

Alton, IL 62002

(618) 463-7541 or (800) 916-7541

Medicaid, Medicare and insurance accepted as payment.

### **Gateway Regional Medical Center Home Health Care**

2100 Madison Ave.

Granite City, IL 62040

(618) 798-3200

Medicaid, Medicare, and insurance accepted as payment.

### **Gateway Regional Medical Center**

#### **Companion Service**

(618) 798-3168

This personal response line gives you the confidence and freedom to live on your own. There is help 24-hours a day, 7 days a week, at the press of a button.

### **House Calls**

101 SouthPointe Drive, Suite D

Edwardsville, IL 62025

(618) 659-1340

Medicaid, Medicare and insurance accepted as payment.

### **Saint Anthony's Home Health & Hospice Program**

915 E. 5th

Alton, IL 62002

(618) 463-5683 (Alton)

Medicaid, Medicare and insurance accepted as payment.

### **St. Anthony's Hospital**

#### **Lifeline**

(618) 463-5672

Lifeline gives you the confidence and freedom to live on your own. There is help 24-hours a day, 7 days a week, at the press of a button.

### **Southwestern Illinois Visiting Nurse Association**

7 Executive Woods

Swansea, IL 62226

(618) 474-9977

Medicaid, Medicare, insurance, and private payments accepted. A Tri-Cities United Way funded agency.

### **VNA Tip Homecare Association**

200 N. Center Drive

Alton, IL 62002

(618) 467-2080

Medicaid, Medicare and insurance accepted as payment.

### **VNA Tip Homecare Association**

1504 Main Street

Highland, IL 62249

(618) 654-7495

Medicaid, Medicare and insurance accepted as payment.

### **HOME MAKER SERVICES**

Services provided to aid older adults with basic household chores in order to maintain independent living.

### **Help at Home, Inc.**

925 E. Edwardsville Road

Wood River, IL 62095

(618) 258-1155

With the Community Care Program, services can be free or on a sliding fee scale and billed monthly on private pay.

### **Saint Anthony's Health Center at Saint Clare's Campus**

#### **Prior to Care Services**

Contact: Wanda Anderson

2350 State Street

Alton, IL 62002

(618) 463-5324

CNA's can give personal care in the home, such as bathing, dressing,

changing ostomy appliances and homemaking chores. Homemaker's, sitters, and companions can come into the home and do light housekeeping, meal preparation and errands. Mostly private pay billed by and paid to Saint Anthony's Health Center but also insurance like workmen's compensation and some supplemental policies.

**Senior Services Plus, Inc.**

2603 N. Rodgers

Alton, IL 62002

(618) 462-1391

With the Community Care Program, services can be free or on a sliding fee scale and billed monthly on private pay.

**St. John's Home & Community Care**

222 Goethe Ave.

Collinsville, IL 62234

(618) 344-0276

Payment is due at time of service and is billed every two weeks on private pay. \$14.75 per hour-4 hour minimum.

**HOSPICE**

Provides on-call care and support to terminally ill persons and their families. Services may be Medicare reimbursable and are available through most hospitals by physician referral.

**BJC Hospice at Alton**

1 Memorial Dr., Room 2-246

Alton, Il 62002

(618) 463-7100

**Gateway Regional Medical Center Hospice**

2100 Madison Avenue

Granite City, IL 62040

(618) 798-3399

**Hospice of Southern Illinois, Inc.**

305 S. Illinois St.

Belleville, IL 62220-2159

(618) 235-1703 or (800) 233-1708

Medicare and Medicaid Certified. Services Madison County along with 26 counties of Southern Illinois. Provides comfort and supportive care to the terminally ill and their families. [www.hospice.org](http://www.hospice.org)

### **Saint Anthony's Hospital and St. Clare's Hospital Hospice**

915 E. 5th St.

Alton, IL 62002-0340

(618) 463-5683

Contact: Brenda Wyman

## **HOSPITALS / MEDICAL CENTERS / PROGRAMS**

### **Alton Memorial Hospital**

One Memorial Drive

Alton, IL 62002

(618) 463-7311

Complete Medical Services.

### **Anderson Hospital**

Route 162 & Old Edwardsville Road

Maryville, IL 62062

(618) 288-5711

Provides inpatient and outpatient surgery, emergency, critical care, obstetrics, diagnosis and community/wellness programs, rehabilitation services.

### **Practical Rehabilitation Services Ltd.**

3550 College Avenue, Suite A

Alton, IL 62002

(618) 465-6566

Provides physical, occupational, speech therapies and audiology. Services can be conducted in the office as an outpatient or in the client's home if unable to come to the office for treatment. A medical social worker also provides counseling for medical/social needs. Sliding fee scale available if client is not receiving Medicaid/Medicare or if the

patient does not have private insurance.

**Saint Anthony's Health Center**

Saint Anthony's Way

Alton, IL 62002

(618) 465-2571

Complete Medical Services.

**Saint Anthony's Health Center**

**Good Samaritan Center**

815 E. 5th Street, Suite 202

Alton, IL 62002

(618) 462-4939

Offers a sliding fee scale for patients that qualify (no insurance or medical card); can also apply for consideration for a payment plan for those that cannot afford the Medicare deductible after Medicare pays for visit and treatment. Can be referred to a Specialist if medically necessary. Payment methods also include: Medicaid and insurance.

**Saint Clare's Hospital**

915 East 5th. Street

Alton, IL 62002

(618) 463-5150

**Gateway Regional Medical Center**

2100 Madison Avenue

Granite City, IL 62040

(618) 798-3000

Complete Medical Services.

**Southern Illinois HealthCare Foundation**

**Koch Center**

2100 Madison Avenue, Suite 101

Granite City, IL 62040

(618) 452-3301

Offers a sliding fee scale for patients who qualify (no insurance or medical card); can also apply for consideration for a payment plan if



unable to pay entire amount at time of service. Payment methods: payment plan, Medicaid, sliding fee scale, insurance, and Medicare.

### **Saint Joseph's Hospital**

1600 Main Street

Highland, IL 62249

(618) 654-7421

Complete Medical Services.

### **Southern Illinois Specialized Healthcare Associates**

53 E. Elm

Alton, IL 62002

(618) 465-0124

Provides physical, occupational, speech therapies and audiology. Services can be conducted in the office as an outpatient or in the client's home if unable to come to the office for treatment. Also has a loan program for hearing aids and communication devices.

### **Southern Illinois University**

#### **Dental School**

2800 College Ave.

Alton, IL 62002

(618) 474-7000

Dental residents are directly supervised by licensed dentists to perform dental procedures. Services will take longer than usual because each step of the procedure performed is evaluated. The cost for routine dental care is significantly less than private dentist's fees. Payment methods include: payment plans, Medicaid, insurance.

### **Southern Illinois University**

#### **Speech, Language and Hearing Centers**

1147 Campus Box

Edwardsville, IL 62026

(618) 650-5623

Provides full speech, language and audio logical assessments, therapy and intervention for infants through geriatric, and have a special group for stroke patients. The initial assessments are \$50; all other sessions are

\$10. Can make arrangements for client to gradually pay for the assessment if there are financial circumstances that would make it difficult to pay the entire amount at one time.

## **HOUSING**

Different housing programs require different payment methods and amounts. Call for additional information.

### **Alton Housing Authority**

#### **Subsidized Housing**

2406 Crawford Ave.

Alton, IL 62002

(618) 465-4269

Provides subsidized housing for families and the elderly in the city of Alton. This service is open to the public; for seniors on a limited income who meet asset and income requirements.

### **Eden Village**

#### **Retirement & Life Care Community**

300/400 S. Station Rd.

Glen Carbon, IL 62025

(618) 288-5014

Provides apartments and duplexes for senior citizens that are secured. May include some meals and some additional amenities, such as housekeeping, laundry, etc.

### **Faith Countryside Homes**

#### **Senior Citizen Apartments**

100 Faith Drive

Highland, IL 62249

(618) 654-4600

Provides secured and subsidized apartments for senior citizens. May include some meals and some additional amenities such as housekeeping, laundry, etc. Skilled nursing facility. Village homes, assisted living apartments. Alzheimer's Unit.

### **Foxes Grove Retirement Community**

395 E. Edwardsville Rd.

Wood River, IL 62095

(618) 259-0851

Provides secure apartments for senior citizens. May include some meals and some additional amenities such as housekeeping, laundry, etc.

### **Granite City Housing Authority**

#### **Subsidized Housing**

1800 Kirkpatrick Homes

Granite City, IL 62040

(618) 876-0975

Provides subsidized housing for families and the elderly in Granite City.

This opportunity is open to the public; for seniors on a limited income and meets asset and income requirement.

### **Hillcrest Apartments**

1710 Munny - Vista Dr.

Alton, IL 62002

(618) 465-0996

Provides secured and subsidized apartments for people 62 and older.

### **Hitz Memorial Home**

#### **Assisted Living**

201 Belle St.

Alhambra, IL 62001

(618) 488-2355

Provides a secured living environment and includes meals, housekeeping, laundry service, and help with personal care and medications if needed. Payment method is private pay.

### **Madison County Housing Authority**

#### **Subsidized Housing**

1609 Olive St., Collinsville, IL 62234 (618) 345-5142

Provides subsidized housing for families and the elderly in communities throughout Madison County. This service is open to the public; for seniors on a limited income and meets asset and income requirement.

**Marian Heights Apartments**  
**Senior Citizen Apartments**

20 Marian Heights Dr.  
Alton, IL 62002  
(618) 462-0363

Provides secured and subsidized apartments for senior citizens.

**Meridian Village**

27 Auerbach Place  
Glen Carbon, IL 62034  
(618) 288-3700

Provides secure apartments for senior citizens; assisted and independent living. May include some meals and some additional amenities such as housekeeping, laundry, etc.

**Skyline Towers**

**Senior Citizens Apartments**

3113 Washington Ave.  
Alton, IL 62002  
(618) 465-1444

Provides secured and subsidized apartments for senior citizens 62 years of age and older.

**Terra Properties**

**Senior Citizens Apartments**

110 Executive Dr., P.O. Box 463  
Highland, IL 62249  
(618) 654-7033

Provides some secured and subsidized apartments for senior citizens.

**Town & Country**

**Senior Citizens Apartments**

2562 Parkview Dr.  
Granite City, IL 62040  
(618) 797 0262

Provides secured and subsidized apartments for senior citizens.

**United Methodist Village Godfrey  
Retirement & Life Care Communities & Homes**

5201 Asberry  
Godfrey, IL 62035  
(618) 466-8662

Provides secure apartments for senior citizens. May include some meals and some additional amenities such as housekeeping, laundry, etc.

**Villa Rose Retirement Apartments  
Retirement & Life Care Communities & Homes**

401 S. Moreland Rd.  
Bethalto, IL 62010  
(618) 377-3239

Provides secure apartments for senior citizens. May include some meals and some additional amenities such as housekeeping and laundry, etc.

**Woodland Towers  
Senior Citizen Apartments**

306 Pine Lake Rd.  
Collinsville, IL 62234  
(618) 345-7240

Provides secured and subsidized apartments for senior citizens.

**INFORMATION AND REFERRAL**

**(AARP) American Association of Retired Persons.** A national organization with local chapters providing advocacy and services to persons 50 and older. Serves the metro-east area as a source of information and fellowship to those over 50, their relatives and their caregivers. For information call (618) 462-9779.

**Alzheimer's Disease Center**  
(217) 545-8249

**Alzheimer's Disease Information**  
(800) 272-3900

**Alzheimer's Education & Referral Center**  
(800) 438-4380

**American Cancer Society**  
(800) 227-2345

**American Diabetes Association**  
(800) 445-1667

**American Heart Association**  
(800) 242-8721

**Amtrak**  
(800) 872-7245

**Arthritis Foundation**  
(618) 993-1777

**Blue Cross Service**  
State wide (800) 624-1723  
Nation wide (800) 523-7454  
TDD (800) 538-0380

**Cancer Information**  
(800) 422-6237

**Crime Victim Assistance**  
(800) 228-3368

**Depression Awareness**  
(800) 421-4211

**Diabetes Telephone Library**  
(800) 847-7226

**Disabled Individual Assistance - Department of Rehabilitation Services**

(800) 275-3677

**Displaced Homemakers Project**

(217) 875-7211 ext. 232

**Edwardsville/Glen Carbon AARP**

Meets quarterly, 3rd Thursday, 1:00 P.M. at the Senior Center.

**Energy Assistance and Weatherization**

(800) 252-8643

**Eye care Helpline**

(800) 222-3937

**Gateway Regional Medical Center**

**The Resource Center**

(618) 798-3888

The Resource Center is the beginning step for a referral to Behavioral Health Services at Gateway Regional Medical Center. Screenings for inpatient and outpatient chemical dependency and mental health treatment are completed through the Resource Center.

**Granite City AARP**

Granite City Township Hall

2060 Delmar Ave.

Granite City, IL 62040

(618) 877-1215

Meets 2<sup>nd</sup> Wednesday of the month at 6:00 P.M.

**Illinois Adult Learning Hotline**

(800) 321-9511

**Illinois Department on Aging**

421 E. Capitol Ave.

Springfield, IL 62701

(217) 785-3356

(800) 252-8966

Dedicated to assisting older adults in maintaining their independence.

As the single state agency in Illinois designated to receive and distribute Federal Older Americans Act funds. It works in partnership with the 13 Area Agencies on Aging to coordinate a network of services including transportation, meal programs, in-home care, adult day care, employment, legal assistance, senior center activities, and information and referral. Includes a statewide nursing home ombudsman program and elder abuse/neglect intervention services.

**Incontinence**

(800) 237-4666

**Medicare Beneficiary Hotline**

(800) 647-8089

TDD (800) 535-6152

Second Opinion Surgery (800) 638-6833

**National Foundation for Depressive Illness**

(800) 248-4344

**National Health Information Center**

(800) 336-4797

**National Mental Health Association**

(800) 969-6642

**Nursing Home Information or to report**

**Nursing Home Abuse**

(800) 252-4343

**Osteoporosis Foundation**

(800) 223-9994

**Parkinson 's disease Information**

(800) 223-2732

**Secretary of State**

**General Information (800) 252-8980**

**Seniors & Community Services (800) 252-2904**



## **Seniors' Circuit Breaker**

(800) 624-2459

## **Senior Citizens Services, Inc.**

1003 N. Main

Edwardsville, IL 62025

(618) 656-0300

This is a multipurpose senior center that offers transportation, noon meals, health & education, recreation, community services referrals, paralegal, social security & Medicare assistance.

## **Senior Services Plus, Inc.**

2603 N. Rodgers

Alton, IL 62002

(618) 465-3298

Fax: (618) 465-3302

Senior Services Plus mission is to provide comprehensive and coordinated services to improve the quality of life for seniors 60 years of age and older, and to foster maximum independence and dignity for seniors living in both Madison and St. Clair Counties. Services are beneficial, educational and recreational. Senior Services Plus strives through various programs and services to accomplish its mission. Programs and services include Meals on Wheels, Congregate Meals, programs and activities, information and assistance and much more.

## **Social Security & Disability Assistance Unit**

(800) 772-1213

## **Taxpayers' Assistance**

Federal Internal Revenue Services (IRS) (800) 829-1040

Federal Forms Distribution Center (800) 829-3676

State (800) 732-8866

## **Southwestern Illinois Area Agency on Aging**

2365 Country Road

Belleville, IL 62221

(618) 222-2561

Provides free services and information and referral service for senior citizens.

### **United Way Southwestern Illinois Division**

P.O. Box 439

Wood River, IL 62095

(618) 251-0072 (Information & referral line)

### **Y-ME Breast Cancer Support Program**

(800) 221-2141

## **LEGAL ASSISTANCE**

### **Attorney General, State of Illinois**

Granite City Regional Office

201 West Pointe Dr., Suite 7

Belleville, IL 62226

(618) 236-8616

Handles complaints under the Illinois Consumer Fraud and Deceptive Business Practice Act along with other advocacy services for senior citizens, disabled, crime victims, and veterans. Serves St. Clair and Madison County.

### **Guardianship & Advocacy Commission**

4500 College Avenue, Suite 100

Alton, IL 62200

(618) 462-4561

Investigates human rights complaints, provides legal advocacy services and arranges for guardianship.

### **Land of Lincoln Legal Assistance Foundation, Inc.**

413 E. Broadway

Alton, IL 62002

(618) 462-0029

(800) 642-5570

(877) 342-7891

Free legal advice hotline.

Provides free civil legal services to low-income persons, in particular, family cases, public benefits, utilities and housing. Free of charge service includes Title III-funded Senior Citizens Legal Services Unit.

**Senior Services Plus, Inc**

**Paralegal Assistance**

2603 N. Rodgers

Alton, IL 62002

(618) 465-3298

Services are free and open to the public aged 65 and older. Provides general legal information on civil matters such as housing, elder law and disability information trusts and wills, etc.

**LONG TERM CARE FACILITIES**

**Aberdeen Terrace**

4029 Aberdeen

Alton, IL 62002

(618) 462-1515

**Alhambra Care Center**

417 E. Main Street

Alhambra, IL 62001

(618) 488-3565

Provides intermediate and skilled care. In-house therapy. Private pay and Medicaid are the accepted payment method.

**Bethalto Care Center**

815 South Prairie Street

Bethalto, IL 62010

(618) 377-2144

Provides intermediate care and the accepted payment method is Medicaid.

**Beverly Farm Association**

6301 Humbert Road  
Godfrey, IL 62035  
(618) 466-0367

**Blu Fountain Manor**

1623 West Delmar  
Godfrey, IL 62035  
(618) 466-0443

Provides skilled nursing and intermediate care. Medicaid and Medicare are the accepted payment methods.

**Burt Shelter Care Home**

1414 Milton Road  
Alton, IL 62002  
(618) 465-1351

Provides residential care and accepted payment method is Medicaid and private.

**Collinsville Care Center**

614 N. Summit Ave.  
Collinsville, IL 62234  
(618) 344-8476

Provides skilled nursing and intermediate care. Medicaid and Medicare are the accepted payment methods.

**Eden Village Center, Inc.**

400 South Station Road  
Edwardsville, IL 62025  
(618) 288-5016

Provides skilled nursing and intermediate care. Medicaid and Medicare are the accepted payment methods.

**Edwardsville Nursing and Rehabilitation**

401 St. Mary Dr.

Edwardsville, IL 62025

(618) 692-1330

Provides skilled nursing and intermediate care. Medicaid and Medicare are accepted payment methods.

**Edwardsville Terrace**

808 Southwest Place

Edwardsville, IL 62025

(618) 656-6161

**Eldercare of Alton**

3523 Wickenhauser

Alton, IL 62002

(618) 465-8887

Provides skilled nursing and intermediate care. Payment methods accepted are Medicaid and Medicare.

**Elmwood Nursing and Rehabilitation Center**

152 Wilma

Maryville, IL 62062

(618) 344-7750

**Eunice C. Smith Nursing Home**

1251 College Ave.

Alton, IL 62002

(618) 463-7330

Provides skilled nursing and intermediate care. Payment method accepted is Medicare.

**Faith Countryside Homes**

100 Faith Drive

Highland, IL 62249

(618) 654-2393

Provides intermediate care. Medicaid and private pay are the accepted payment methods.

### **Granite Nursing and Rehabilitation Center**

3500 Century Drive

Granite City, IL 62040

(618) 877-2700

Provides intermediate and skilled care. Medicaid and private accepted.

### **Highland Health Care Center**

1450 26th Street

Highland, IL 62249

(618) 654-2368

Provides skilled nursing and intermediate care. Medicaid and Medicare are accepted payment methods.

### **Hitz Memorial Home**

201 Bell Street

Alhambra, IL 62001

(618) 488-2355

Payment method accepted is Medicaid and Medicare. Skilled care provided. Members of the Pioneer Network.

### **Lewis & Clark Manor**

56 Chouteau Trace Parkway

Pontoon Beach, IL 62040

(618) 797-2262

Provides skilled nursing and intermediate care. Medicaid/Medicare and private pay are accepted payment methods.

### **Linton Terrace**

330 Linton Avenue

Wood River, IL 62095

(618) 258-1212

### **Lynhaven**

1108 Engineer Road

Pontoon Beach, IL 62040

(618) 797-2320

**Madison County Sheltered Care**

333 South Main Street  
Edwardsville, IL 62025  
(618) 692-6003

**Madison Terrace**

95 N. Main  
Wood River, IL 62095  
(618) 254-4400

**Maryville Manor**

2133 Vadalabene Drive  
Maryville, IL 62062  
(618) 288-5999

Provides skilled nursing and intermediate care. Accepted payment method is Medicare/Medicaid and private pay.

**Piasa Manor**

110 N. Alby Court  
Godfrey, IL 62035  
(618) 466-9242

**Rosewood Care Center**

3490 Humbert Road  
Alton, IL 62002  
(618) 465-2626

and

6277 Center Grove Road  
Edwardsville, IL 62025  
(618) 659-0605

Provides skilled nursing and intermediate care. Accepted payment method is Medicare.

**Stearns Nursing and Rehabilitation**

3900 Stearns Avenue

Granite City, IL 62040

(618) 931-3900

Provides intermediate care and Medicaid is the accepted payment method.

**Sunbridge for Edwardsville**

401 St. Mary Drive

Edwardsville, IL 62025

(618) 692-1330

**Thelma Terrace**

1450 Virginia Avenue

Wood River, IL 62095

(618) 259-2777

**Twin Rivers Estate**

4710 Pierce Lane

Godfrey, IL 62035

(618) 466-5255

**University Nursing and Rehabilitation**

1095 University Drive

Edwardsville, IL 62025

(618) 656-1081

**VIP Manor**

393 Edwardsville Road

Wood River, IL 62095

(618) 259-4111

**MENTAL HEALTH / WELLNESS / COUNSELING**

**Chestnut Health Systems**

#50 Northgate Industrial Drive, Rt. 3

Granite City, IL 62040

(618) 877-4420 (24 hour) TDD 1-800-526-0857

(618) 877-0316 Crisis Hotline (Serves Southern Madison County)



Outpatient Services offer individual, marital, family and group counseling. Services include assessment, counseling, therapy, and community education. Other services include crisis intervention, primary prevention programs, outpatient substance abuse treatment, day treatment for chronically mentally ill adults, case management for individuals with a mental illness, life skills training and parenting education. Specific programs for older adults include the Senior Mental Health Outreach Alliance, medicines and drug interactions, stress management, nutrition and exercise, addiction and seniors, Grandparents Raising Grandchildren, and a member of the Madison County Senior Mental Health Outreach Alliance.

**Community Counseling Center of  
Northern Madison County**

2615 Edwards Street

Alton, IL 62002

(618) 462-2331, (618) 465-4388 (Crisis Line)

Serves Northern Madison County residents 60 years of age and older through the Madison County Senior Mental Health Outreach Alliance. Provides specialized comprehensive outreach services including information, assessment, treatment and consultation for older adults experiencing transitional or situational difficulties or evidencing problematic stress, anxiety, depression, behavior and/or memory problems. Provides in-home mental health counseling for caregivers of persons 60 and older for residents of Madison and Bond Counties. Also provides 24 hour crisis service, outpatient group counseling, psychiatric care, case management, housing and residential care, and psychosocial rehabilitation for adults with serious mental illness. Has one of only two opioid maintenance treatment programs in Southern Illinois. Provides crisis services for seriously emotionally disturbed children and their families.

**Highland Area Christian Service Ministry**

620 13<sup>th</sup> Street

Highland, IL 62249

(618) 654-9295

Contact: Eunice Hediger

Provides counseling. Helps with utility assistance and housing assistance.

### **Transitions Counseling**

#### **Riverbend Headstart & Family Services**

550 Landmarks Blvd.

Alton, IL 62002

(618) 463-5927

Provides individual, family, marital, singles, parent, and group counseling. Specialized services include adult survivors of sexual abuse, difficulties between parents and children, and divorcing and blended families, attachment issues, grief and loss.

## **MENTAL HEALTH BOARD**

### **Madison County Mental Health Board**

157 N. Main Street, Suite 380

Edwardsville, IL 62025

(618) 692-6200, ext. 4357

Provides contracted support for high quality, accessible and affordable services for mental illness, developmental disabilities and substance abuse through prudent allocation of local funds. Promotes information and education and demonstrates responsible leadership in the planning and coordination of local services. Local funder for the Madison County Senior Mental Health Outreach Alliance.

## **NUTRITION SITES / SENIOR CENTERS**

Provide meals at a minimal cost to individuals 60 years and older.

### **Alton Nutrition Site**

2603 N. Rodgers

Alton, IL 62002

(618) 465-3303

### **Collinsville Nutrition Site**

420 East Main Street

Collinsville, IL 62234  
(618) 345-4680

**Dad's Club**

417 Roxana Avenue  
South Roxana, IL 62087  
(618) 254-0051

**Granite City Nutrition Site**

2060 Delmar Avenue  
Granite City, IL 62040  
(618) 877-4373

**Highland Nutrition Site**

Faith Countryside Homes  
1331 26th Street  
Highland, IL 62249  
(618) 651-3290

**Troy Nutrition Site**

410 Wickliffe  
Troy, IL 62294  
(618) 667-2022

**Venice Nutrition Site**

Brown & Klein Streets  
Venice, IL 62090  
(618) 876-8163

**PHARMACEUTICAL SERVICES**

Assistance for medication expenses for persons with limited incomes. Coordinated by the Southwest Illinois and the Tri-Cities Area Divisions of the United Way.

**American Red Cross**

1639 Main Street

Alton, IL 62002

(618) 465-5314 (Call between 1P.M. and 4 P.M.- Monday-Friday)

The program provides assistance with payment of clients emergency prescription medications, medical supplies, or equipment as approved on a case by case basis. Application and casework is done by phone only. No referral is needed.

**IMPACT, Inc. /Pharmaceutical Program**

2735 E. Broadway

Alton, IL 62002

(618) 462-1411

**Madison County Community Development**

130 Hillsboro Ave.

Edwardsville, IL 62025

(618) 692-6200 Ext. 4386

**Senior Citizens Center**

420 E. Main

Collinsville, IL 62234

(618) 346-8127

Over 60 years of age.

**Senior Services Plus**

2603 N. Rodgers

Alton, IL 62002

(618) 465-3298

Over 60 years of age.

**DEPARTMENT OF HUMAN SERVICES (PUBLIC AID)**

Provides several assistance programs, including food stamps, Medicaid, Medical Assistance - No Grant, State Supplemental Payments, Interim Assistance and Aid to the Aged, Blind and Disabled. Administers the Quality Incentive Program, which provides nursing homes with bonus payments for high quality patient care.

1925 Madison Ave.  
Granite City, IL 62040  
(618) 877-9200

608 W. St. Louis Ave., Box 270  
East Alton, IL 62040  
(618) 258-1616

100 S. Grand  
Springfield, IL 62762  
(800) 843-6154

## **RESPITE CARE**

Offers short-term assistance and relief to caregivers.

**Alzheimer's Association, Inc.**  
9374 Olive Street Blvd.  
St. Louis, MO 63132  
(314) 432-3422, (800) 980-9080

## **Faith in Action**

222 Goethe Ave.  
Collinsville, IL 62234  
(618) 344-8080

Provides transportation, shopping, errands, companionship, respite for family, minor yard maintenance, minor home repair. This is for anyone living in Caseyville, Collinsville, Maryville, or State Park needing assistance due to age or disabilities. Services are provided without charge.

## **Faith in Action of Edw.-Glen Carbon**

P.O. Box 255  
Edwardsville, IL 62025  
(618) 692-0480

Provides transportation, shopping, light housekeeping, respite care for family members, visiting and reassurance calls to the elder and disabled of the Edwardsville #7 School District. This service is free of charge.

## **Tri Cities Area Faith in Action**

2100 Madison Avenue  
Granite City, IL 62040  
(618) 877-9020

The Tri-Cities Area Faith in Action is a coalition of churches that provides volunteer assistance for the elders and adults with physical impairments in Granite City, Madison and Venice. Services are available at no charge to the care receiver and include: transportation to the doctor, grocery store, grocery shopping for those who are shut in, friendly visiting in person or over the telephone, and respite care for primary family caregivers. Office hours are 8:00 A.M. - 4:00 P.M. Monday through Friday.

## **SOCIAL SECURITY**

### **Social Security Administration**

501 Belle  
Alton, IL 62002  
(618) 463-6568

Administers all provisions of the Social Security Act, disability, retirement, survivors, Supplemental Security Income Program and Medicare benefits.

## **SUPPORT GROUPS**

### **Al-Anon**

Al-Anon meetings are located throughout Madison County. Call the answering service for locations and time of meetings: (618) 463-2429. This group provides education and support for people involved with individuals that may have a drinking problem. The group is free and open to the public.

### **Alton Memorial Hospital Diabetes Support Group**

(618) 463-7526

The group meets from 1 P.M. till 2 P.M. the third Thursday of each

month at Alton Memorial Hospital. Provides information, support and education for the diabetic patient and for those who want to know more about the disease. The group is free and open to the public. Call for further information.

**Alton Memorial Hospital  
Fibromyalgia and Lupus Group/Arthritis**

(618) 463-7247 (Arthritis Association)

Meetings are free and open to the public. Group meets the second Tuesday of the month in the Olin Wing, 2<sup>nd</sup> floor classroom at 6:30 P.M. Information and support for patients with Fibromyalgia and Lupus and for those caring for or supporting a patient with the disease.

**Anderson Hospital  
Air Exchange Group**

Maryville, IL 62062

(618) 288-5711 Ext. 488

This support group is for people with lung disease as well as their families. The group meets the 1<sup>st</sup> Monday in March, June, September and December. The group promotes education on respiratory health and teaches patients and their families how to live more complete lives with lung disease. It is co-sponsored by the American Lung Association. Call for meeting times.

**Anderson Hospital  
AWAKE (Sleep Apnea) Support Group**

Maryville, IL 62062

(618) 288-5711 Ext. 677

Contact: Richard Talbot

A support group for people affected by sleep apnea. Our goals are to educate and encourage those affected by sleep apnea including spouses and partners, to inform the general public about sleep apnea and other sleep disorders, to recognize symptoms of sleep apnea and other sleep disorders, to obtain medical care and testing when needed, and to manage diagnosed sleep apnea and other sleep disorders. Call for meeting times.

**Anderson Hospital  
SHARE Support Group**

Maryville, IL 62062  
(618) 288-5711 Ext. 447  
Contact: Cindy Bohn

The group meets the third Tuesday of the month at 7:00 P.M. at the Hospital (except for August and December). This is an information and support group for those with breast cancer/mastectomy's that have had treatment or are undergoing treatment. Call for further information. This group is free and open to the public.

**Children's Home & Aid Society**

**Parents Care & Share**

Metro-East Area  
(618) 452-8900 Ext. 112  
Contact: Lisa Durzo

Parents Care & Share support groups offer parents the opportunity to interact with other parents facing similar challenges of raising children. Groups are free, confidential, and are facilitated by a trained professional. Most groups offer a companion children's group. There are Parents Care & Share groups available specifically for grandparents raising grandchildren. For times and locations, please call Lisa Durzo.

**Domestic Violence Support Group**

This group meets every Thursday night at 6:00 P.M. For location of the meeting or for more information, please call Phoenix Crisis Center at (618) 451-1008.

**Eunice C. Smith Nursing Home**

**Alzheimer's Association**

**Alzheimer's Support Group**

1251 College Ave.  
Alton, IL 62002  
(618) 463-7330

Meets the third Tuesday of the month from 1:00 P.M. – 3:00 P.M.

**Gamblers Anonymous**



Wood River and Alton, IL

(800) GAMBLER (426-2537) or (800) 522-4700

Meetings are held in Wood River and Alton. Call the answering service for location and time of meetings. This is a self-help program based on the Twelve Steps of Alcoholics Anonymous.

### **Gateway Regional Medical Center**

#### **Better Breathers Club**

2nd Thursday of every month

Noon - 2:30 P.M.

618-798-3118

This group provides support and education for people with lung disease including emphysema, chronic bronchitis and asthma. Family members are welcome.

### **Gateway Regional Medical Center**

#### **Diabetes Support Group**

Pascal Hall

1<sup>st</sup> Thursday of every month

1:00 P.M.

(618) 788-3281

This group provides support and education for people with diabetes. Family and friends are welcome.

Meetings are held in conference room. No meeting in January.

### **Gateway Regional Medical Center**

#### **Grief Workshops**

(618) 798-3399

Gateway Regional Medical Center Hospice schedules these free workshops throughout the year to help people cope with the loss of a loved one.

### **Gateway Regional Medical Center**

#### **Ostomy Support Group**

Granite City, IL 62040

(618) 798-3167

Contact: MaryAnne Douglas

This group is free and meets on the 4<sup>th</sup> Tuesday of the month at 2:00 P.M. at Gateway Regional Medical Center in Granite City. Provides information and support for patients with ostomy; also provides information for those supportive of a patient with ostomy.

### **Madison County Association for the Blind**

(618) 466-2924

The group meets the first Thursday of the month in the First United Methodist Church of East Alton at 7:00 P.M. The ACT van offers door to door service if registered in advance. Contact Jim after 6 P.M. for further information. This is a social and supportive group for those with low vision or complete loss of sight. Family and friends supportive of the individual are encouraged to attend. The group is free and open to the public.

### **Narcotics Anonymous**

Narcotics Anonymous meetings are located in Granite City, Edwardsville, and Alton. Call the answering service for locations and time of meetings: (618) 398-9409. This is a self-help program based on the Twelve Steps of Alcoholics Anonymous. These groups are free and open to the public.

### **Nu-Voice of Madison and St. Clair Counties**

The program provides information and support for those who have had a laryngectomy (vocal cords removed) and for those who want information on supporting someone with a laryngectomy. The program is free and open to the public. Call (618) 257-5255 for more information.

### **Overeaters Anonymous**

Esic Baptist Church

Edwardsville, IL 62025

(618) 656-8834

This group meets every Monday at 7:30 P.M. The self-help group for those with a compulsive overeating problem. Based on the Twelve Step program of Alcoholics Anonymous.

### **Saint Anthony's Health Center**

## **Adult Diabetes Support Group**

(618) 474-5012

This group meets the fourth Tuesday of each month at 2:00 P.M. at the Alton Square location. The program provides information and support for those who have Diabetes and for those who want information on supporting someone with this condition. The group is free and open to the public. No meetings in November and December.

## **Saint Anthony's Health Center**

### **Alzheimer's Support Group**

915 East 5th St.

Alton, IL 62002-0340

(618) 463-5333

Group meets on the last Thursday of every month at 6:45 P.M. This support group is free and open to the public.

## **Saint Anthony's Health Center**

### **Better Breathers / Chronic Pulmonary Support Group**

Saint Anthony's Wellness Center at Alton Square

(618) 463-5185

The group meets on the second Thursday of the month at 1:00 P.M. at the Alton Square location. This is an information and support meeting for those with chronic pulmonary disease and for those wanting information to help them support the patient. Call for further information. The group is free and open to the public.

## **Saint Anthony's Health Center**

### **Cardiac Rehabilitation Support Group/Healing Hearts**

St. Anthony's Wellness Center at Alton Square

(618) 462-2388

The group meets the first Tuesday of each month at 1:00 P.M. at the St. Anthony Wellness Center at Alton Square. This is an information and support group for those who have some form of heart disease and those providing care and support for a patient with heart disease. Call for additional information. The group is free and open to the public.

## **Saint Anthony's Health Center**

## **Make Today Count**

St. Anthony's Wellness Center at Alton Square

(618) 462-2222

This group meets the third Thursday at 5:00 P.M. of every month. A support group for those diagnosed with a life-threatening illness; also open to those supporting the patient for information and support. The group is open to the public and free.

## **Saint Elizabeth's Hospital**

### **SHARE Support Group**

Belleville, IL 62221

(618) 234-2120 Ext. 1091

Contact: Dee

This group meets the second Thursday of the month at 7:00 P.M. and is free and open to the public. Provides information and support for those who have lost a baby to SIDS, stillbirth, miscarriage, accident or disease.

## **St. Joseph's Hospital**

### **Cancer Support Group**

1515 Main Street

Highland, IL 62249

(618) 654-7421 ext. 2306

This group meets every 2<sup>nd</sup> Tuesday of the month from 7-9 P.M. Supportive friends and family members are encouraged to attend.

## **St. Joseph's Hospital**

### **New Day Grief Support Group**

1515 Main Street

Highland, IL 62249

(618) 654-7421 ext. 2306

Social and supportive groups for adults who have experienced the loss of someone close to them. There is a \$10.00 fee to cover materials. This is a 9 week program that meets spring and fall. Call for more information about meeting time and location.

## **St. Joseph's Hospital**

### **Alzheimer's Support Group**

1515 Main Street

Highland, IL 62249

(618) 654-7421 ext. 2231

The group meets the third Thursday of the month at 6:30 P.M. in Jehle Hall.

### **St. John's Home & Community Care**

#### **Alzheimer's Support Group**

222 Goethe Avenue

Collinsville, IL 62234

(618) 344-0276

This group meets the second Tuesday of every month at 1:30 P.M. Transportation is available as well as a substitute caretaker for the Alzheimer patient while the primary caretaker attends the meeting. Call for additional information or to make arrangements for care and/or transportation.

## **TRANSPORTATION**

### **Agency for Community Transit (ACT)**

One Transit Way, P.O. Box 7500

Granite City, IL 62040-7500

(618) 931-7433 or 1-800-628-7433

Provides vanpooling, bus, shuttle bus, and para-transit transportation for the elderly and handicapped.

### **Collinsville Senior Citizens Shuttle Bus**

125 South Center

Collinsville, IL 62234

(618) 344-2729

Services provided to disabled and people 60 years of age and older. Advanced notice is requested. There is no charge for this service.

### **Friends Van of St. Joseph's Hospital**

1515 Main St.

Highland, IL 62249

(618) 654-7587

Van transportation for residents of Highland and surrounding areas. Service is free. Call the office at least 24 hours in advance.

### **Illinois Department of Transportation**

310 S. Michigan Avenue

Chicago, IL 60604

(312) 793-2111

Provides reduced fares on public transportation for persons 65 and older and the handicapped, through local and regional transportation authorities. Will also assist non-profit agencies with the purchase of special transit equipment to serve older adults and the handicapped.

### **Jarvis Township Senior Citizens Center**

#### **Senior Citizen Shuttle Service**

420 Wickliffe Street

Troy, IL 62294

(618) 667-2022

Services provided for people 60 years of age or older. This shuttle runs throughout Troy. Call the office at least 24 hours in advance. There is a \$2.00 fee for inside city limits; \$3.00 for outside of the city limits.

### **Medical Transportation**

#### **Illinois Department of Human Services**

1925 Madison Avenue

Granite City, IL 62040

(618) 877-9200

(618) 877-0569 Transportation

Provides transportation to medical appointments with two days notice. Service area is Madison County-includes everything south of 270. Also includes Marine and Glen Carbon. Must be covered by Medicaid.

### **Medical Transportation**

#### **Dept of Human Services - E. Alton**

(618) 258-1660

Provides transportation to medical appointments with two days notice. Service area is Madison County - includes everything north of 270.

Must be covered by Medicaid.

**Senior Citizens Services, Inc.**

Shuttle Transportation  
1003 North Main Street  
Edwardsville, IL 62025  
(618) 656-0300

Services provided to people 60 years or older. There is no fee to ride the shuttle, however, donations will be accepted. Service provided to Edwardsville and Glen Carbon residents. Transportation is also provided to Anderson Hospital in Maryville.

**Senior Services Plus, Inc.**

2603 N. Rodgers  
Alton, IL 62002  
(618) 465-1234

Services provided to people 60 years or older with a fee of \$1.50 each way. Transportation provided for people living in Alton, East Alton, Wood River, Godfrey, Bethalto, Hartford and Cottage Hills. One-day notice is required. Monday - Friday - 8:00 A.M. - 4:00 P.M. Last pick up at 3:30.

**VOLUNTEERISM**

**Programs and Services for Older Persons**

**Retired and Senior Volunteer Program**

Granite City Campus of Southwestern Illinois College  
4950 Maryville road  
Granite City, IL 62040  
(618) 931-7018

Volunteer organization working through agencies, hospitals, libraries, nursing homes and schools. Free and open to the public.

**MISC. STATE, LOCAL AND NATIONAL LISTINGS**

**The Alzheimer's Association**

**Greater Illinois Chapter**

Memorial Medical Center  
6 Drawbridge Road Suite 4  
Springfield, IL 62704  
(217) 726-5184

Offers support groups and advocacy for long term care. Promotes research, education, and patient and family services through a support network.

### **The Alzheimer's Association**

#### **National Call Center**

225 N. Michigan Avenue, Suite 1700  
Chicago, IL 60601  
(800) 272-3900  
(800) 572-6037

### **Alzheimer's Disease and Related Disorders Association, Inc.**

9374 Olive Blvd.

St. Louis, MO 63132

(314) 432-3422, (800) 980-9080

Provides information on care giving, resources, respite, support, and techniques to better assist persons with Alzheimer's.

### **The American Cancer Society**

118 S. Seminary

Collinsville, IL 62234

(618) 288-2320

(618) 288-2054 Fax

The American Cancer Society is the nationwide community-based voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer through research, education, advocacy, and service. Our website is [www.cancer.org](http://www.cancer.org) and houses up-to-date information on cancer diagnosis and treatments.

### **The American Lung Association**

1600 Golfview Drive, Suite 260

Collinsville, IL 62234



(618) 344-8891

Provides information, support, and research in the area of lung disease. Areas of interest include stop-smoking programs, asthma management program, information on environmental and occupational health; research, professional education and speakers. Services are free. To speak to a nurse, call the center at (800)-548-8252.

## **Department of Human Services**

### **Illinois Department of Children & Family Services**

Field Offices:

200 North Center, Alton, IL 62002 (618) 466-7014

2021 Johnson Rd., Granite City, IL 62040 (618) 876-8985

1403 Vaughn Rd., Wood River, IL 62095 (618) 259-8400

(800) 252-2873 Child Abuse / Neglect Hotline

Provides services to families and caretakers to minimize the risk of abuse and/or neglect of children. Most services are provided to families with children in the home with the exception of special circumstances. Services are determined on an individual basis but may include counseling, parenting, skill development, homemaker services, housing, case management and day care. These services are free and open to anyone with minor children under the age of eighteen. An individual with children can also call their local field office to request services on a voluntary basis.

## **Department of Veterans Affairs**

1623 Washington, Suite 212

Alton, IL 62002

(618) 465-3216

(800) 829-4833

Administers programs and benefits for U.S. veterans including healthcare, education, financial (VA loans for housing) and burial in National Cemeteries or a VA cemetery (veterans from a foreign country that were allied with the U.S. during a declared war may also be eligible for burial services).

## **Division of Geriatric Psychiatry**

### **Department of Psychiatry and Human Behavior**

Saint Louis University Medical Center  
David P. Wohl Sr. Memorial Institute  
1221 S. Grand Boulevard  
St. Louis, MO 63104  
(314) 577-8721

Mental health evaluation and treatment for persons 65 years of age and older. Programs provided include outpatient services, an inpatient acute diagnostic and treatment unit for adults needing short-term hospitalization, a comprehensive specialized program for older persons with refractory depression and a substance abuse unit. Services include evaluation, assessment, treatment, therapy and support groups, and guardianship evaluation. Research and education are also offered.

### **Eldercare Locator**

1730 Rhode Island Avenue, N.W. Suite 1200  
Washington, DC 20036  
(800) 677-1116

Referrals to various area agencies on aging to find senior services.

### **Illinois Department of Human Services (Public Aid)**

(800) 258-1660

The Ombudsman Office handles calls from the public on issues concerning public assistance and attempts to handle inquiries about benefits, problems with applying for services, etc. This program is free and open to the public.

### **Illinois Department of Labor**

1 W. Old State Capitol Plaza, Third Floor  
Springfield, IL 62701  
(217) 782-6206  
(800) 654-4620

Protects the rights, wages and health of Illinois workers and provides for the health and safety of public sector workers. Licenses nursing agencies providing staff to healthcare facilities, employment agencies, and

counselors.

**Illinois Department of Revenue**

101 W. Jefferson

Springfield, IL 62702

(217) 785-7100

(800) 732-8866

For disabled persons 65 years of age and older with an income of less than \$14,000 a year. Services include the Circuit Breaker and Pharmaceutical Assistance Programs for property and rent relief grants or assistance with cardiovascular medicine costs.

**Illinois Guardianship and Advocacy Commission**

421 E. Capitol Ave., Suite 205

Springfield, IL 62701

(217) 785-1540

and

4500 College Ave, Suite 100

Alton, IL 62002

(618) 462-4561

Provides protective services for persons with disabilities through the Office of the State Guardian, a court-appointed guardian for disabled adults unable to make or manage personal decisions pertaining to health or finances; the Legal Advocacy Service to assist with legal rights and representation; and the Human Rights Authority designed to investigate alleged rights violations for disabled persons in public or private facilities.

**Madison County Clerk**

157 North Main Street Suite 109

Edwardsville, IL 62025

(618) 692-6290

**Madison County Community Development  
Home Repair and Rehabilitation**

130 Hillsboro Avenue

Edwardsville, IL 62025  
(618) 692-7040 ext. 4452

This program assists the disabled and seniors with necessary home repair and weatherization. Individual needs to prove residency, ownership of the structure and financial need to qualify. The program is open to the public and is a deferred payment.

**Madison County Community Development  
Low Income Home Energy Assistance Program**

130 Hillsboro Ave.  
Edwardsville, IL 62025  
(618) 692-7040 Ext. 6485

This program assists the disabled, seniors and low income individuals with assistance during the winter months with outstanding utility bills (electric/gas). Applicant must meet eligibility requirements based on income. Referrals accepted usually from September through May or until funds are depleted. This program is free and open to the public.

**National Association of Area Agencies on Aging**

1730 Rhode Island Avenue, N.W., Suite 1200  
Washington, DC 20036  
(202) 872-0888

Represents the interests of approximately six hundred and fifty Area Agencies on Aging throughout the United States.

**The National Council on the Aging, Inc.**

300 D. Street, S.W., Suite 801  
Washington, DC 20024  
(202) 479-1200

Acts as a resource for information, training, technical assistance, advocacy publications, and research pertaining to issues on aging.

**Office of the Attorney General**

500 S. Second St.  
Springfield, IL 62706  
(217) 782-1090  
(800) 252-2518

## **Office of the Secretary of State**

450 Centennial Building

Springfield, IL 62756

(800) 252-2904

and

538 Troy Rd, Edwardsville, IL 62025 (618) 656-8956

1810 Edison Ave., Granite City, IL 62040 (618) 877-2451

20 Terminal Dr., Bethalto, IL 62010 (618) 258-0600

Includes the Department of Human Services which offers individuals eligible for the Circuit Breaker program a 50% discount on license plate fees. License plates and windshield cards entitling the disabled to use special parking facilities, statewide Rules of the Road course instruction to older drivers, and Senior ID cards to people needing identification are also provided.

## **Illinois Poison Center**

Regional Center

(800) 222-1222

## **Senior Health Insurance Program (SHIP)**

This program is open to the public aged 65 and older or those receiving Medicare. Provides assistance with processing medical claims to Medicare that may be confusing, especially if supplemental insurance forms are also required. Will help to explain hospital bills and co-payment.

BJC Plus Program

#1 Memorial Drive

Alton, IL 62002

(618) 463-7182

and

St. Anthony's Hospital

Alton, IL 62002

(618) 465-4567

and

Gateway Regional Medical Center

2100 Madison Avenue  
Granite City, IL 62040  
(618) 798-3168

and

St. Joseph's Hospital  
1515 Main Street  
Highland, IL 62249  
(618) 654-7421 ext. 2396

### **Social Security Administration**

501 Belle St. Room 103  
Alton, IL 62002  
(618) 463-6568

A toll free number, 1-800-772-1213, offering directions to the nearest Social Security Office, questions on applying for benefits and income statements can be answered using this number, operating from 7 A.M. to 7 P.M.; Monday through Friday. Forms can be printed from their web site at [www.SSA.GOV](http://www.SSA.GOV). This office administers all provisions of the Social Security Act, disability, retirement, survivors, SSI Program and Medicare.

### **Southwestern Illinois College Computer Training/SeniorLink**

4950 Maryville Road  
Granite City, IL 62040  
(618) 931-0600 ext. 6617

Individuals age 55 and older need not be intimidated by computers thanks to SeniorLink, a computer club for senior citizens. Computer training is provided by mentors who offer hands-on assistance to small groups.

### **Southwestern Illinois College Travel Club**

4950 Maryville Road  
Granite City, IL 62040  
(618) 234-4410 ext. 7020

The Travel Club provides fun and educational group travel experiences

to exciting destinations. Day trips and extended tours within the United States, as well as international travel and cruise opportunities are among the offerings. Open to individuals of all ages, the Travel Club helps people make new friends and visit exciting locales.

**Visually Handicapped, National Association**

22 West 21st St.- 6<sup>th</sup> Floor

New York, NY 10010

(212) 889-3141