

STUDENT FITNESS CENTER & VADALABENE CENTER

FACILITY HOURS

Monday - Friday	6am - 9pm
Saturday	9am - 9pm
Sunday	12pm - 9pm

HOLIDAY HOURS

See specific holiday hours at
siue.edu/crec/hours.shtml

INDOOR POOL HOURS

Monday - Friday	6:15am - 8:15am*
	11:30am - 1:30pm*†
	3:30pm - 8:30pm

Saturday - Sunday	Noon - 3:00pm
	6:00pm - 8:30pm

* Lap Swim Only

† The pool will close at 1:00 during the Summer Semester.

WELLNESS CENTER

Monday - Friday	8:30am - 5:00pm
Thursdays	CLOSED 1:00pm - 2:00pm

INCLEMENT WEATHER POLICY

In the event of inclement weather (University closure) the SFC will open at noon and close at 9pm. All classes, activities and services may not be offered.

FAMILY FREE NIGHT

Every Friday afternoon starting at 3:30pm, all Student Fitness Center members can bring their spouse and/or children with them to the SFC for free. The student family weekend and holiday program will end at 5pm on the evening prior to resuming classes.

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