No Bake Energy Balls

**yield:** 18 1-INCH BALLS  
**prep time:** 20 MINUTES  
**total time:** 20 MINUTES

**INGREDIENTS**
- 1¼ cup rolled oats
- 2-4 tbsp mix-ins (each)
- ½ cup nut or seed butter
- ⅓ cup honey
- ½ cup chocolate chips
- 1 tsp vanilla extract
- ¼ tsp salt

**INSTRUCTIONS**
1. Add all ingredients to a mixing bowl. Stir to combine.
2. Chill in refrigerator for 40 minutes if needed.
3. Roll into balls, approximately 1 inch in diameter.

**Mix-Ins:** chia seeds, ground flaxseeds, hemp seeds, coconut flakes, cocoa powder, raisins, white chocolate chips, dried cranberries, chopped nuts.

**Nut & Seed Butters:** peanut, sunflower seed, cashew, almond, soy.

**Chilling Recommendation:** chill mixture in refrigerator if needed before rolling (40 minutes) to help them stick together. Store leftovers in an airtight container in refrigerator (2 weeks) or freezer (3 months).