

MEDICAL HISTORY

Please list all medications that you are currently taking:

Name of Drug	Dose/Frequency	Reason for Taking
_____	_____	_____
_____	_____	_____
_____	_____	_____

*Note: Be sure to have proper certification of medicine (i.e. in proper medicine bottle, doctor's letter).
DO NOT put various medications into one container.*

Please describe any conditions you have that require ongoing medical attention or medication that could affect your performance during the activity (i.e. back injuries, knee problems, pregnancy, etc.).

Do you have a history of heart problems (i.e. chest pain, palpitations, etc.)? Yes No
If "Yes", please describe:

Do you have asthma or allergies (i.e. medications, stings/bites, foods, hay fever)? Yes No
If "Yes", please describe:

Have you had any recent injuries or operations? Yes No
If "Yes", please describe (i.e., what, when & current condition): _____

DO YOU HAVE ANY OTHER MEDICAL PROBLEM, CONDITION, OR PAST MEDICAL HISTORY THAT WE SHOULD BE AWARE OF (i.e. high blood pressure, epilepsy, unusual shortness of breath, diabetes, etc.)?

How did you hear about this program?

_____ Flyers _____ Website _____ Digital Signage _____ Alestle Ads _____ e-mail

_____ Previous Participation _____ Facebook / Twitter / Social Media

Other: _____

**RELEASE, WAIVER OF LIABILITY, ASSUMPTION OF RISK, & COVENANT NOT TO SUE AGREEMENT
(BINDING LEGAL DOCUMENT – READ CAREFULLY BEFORE SIGNING)**

I hereby acknowledge that my participation in the **SIUE CAMPUS RECREATION SKI TRIP to Keystone Resort, CO**, a voluntary educational, athletic, social, and/or recreational program, hereinafter the Activity, sponsored and administered by Campus Recreation at Southern Illinois University Edwardsville from **December 16 – 21, 2018**, involves an inherent risk of and exposure to property damage and bodily or personal injury to myself or to others. Dangers related to such activities may include but are not limited to: hypothermia, broken bones, strains, sprains, cuts, abrasions, bruises, drowning, concussion, heart attack, heat exhaustion, injuries associated with travel, and death. I acknowledge and agree that I am aware that there are risks, hazards, and dangers inherent in such activities and in the training, preparation for, and travel to and from such activities; **that it is my sole responsibility to participate in those activities for which I have the prerequisite skills, qualifications, preparations, and training;** that I have read and understand the condition applicable to the Activity; that I have received and read a copy of the applicable University guidelines and procedures, including the outdoor adventure program trip policies and other policies, guidelines, and procedures regarding university sponsored trips; that the Board of Trustees of Southern Illinois University, a body politic and corporate of the State of Illinois, on behalf of Southern Illinois University Edwardsville and its members individually, and its officers, agents, and employees hereinafter Releases, do not warrant or guarantee in any respect the competency or mental or physical condition of any leader, instructor, volunteer, vehicle driver, or individual participant in any education, athletic, social, and/or recreational program or activity; that Releasees make no warranty as to the condition, safety, or suitability of any equipment, vehicle, property, or premises for any purpose; and that I am solely responsible, through insurance or otherwise, for any hospital or other costs arising out of any bodily injury or property damage sustained through my participation in the Activity. I hereby assume any and all such risk. For the sole consideration of Releasees arranging for and allowing my participation in the Activity, and in connection therewith, making available for my use certain equipment, facilities, grounds, or personnel of Releasees, I hereby waive liability, release, hold harmless, covenant not to sue, and forever discharge Releasees from any and all liability, claims, demands, rights, and causes of action of whatever kind, arising from or by reason of any personal injury, property damage, or the consequences thereof, resulting from or in any way connected with my participation in the Activity. I understand and agree that Releasees do not have medical personnel available at the locations of the Activity; that Releasees are granted permission to authorize emergency medical treatment for me; that such action by Releasees shall be subject to the terms of the Agreement; and that Releasees assume no responsibility for any injury or damage which might arise out of or in connection with such authorize emergency medical treatment. I understand that acceptance of this signed *Release, Waiver of Liability, Assumption of Risk, & Covenant Not To Sue Agreement* by Releasees shall not constitute a waiver, in whole or in part, of sovereign immunity by Releasees; that it shall be effective during the entire period of my participation in the Activity; that it binds me and my heirs, executors, administrators, and assigns; that it shall be construed in accordance with the laws of Illinois; and that if any of its terms or provisions are held illegal, unenforceable, or in conflict with any law, the validity of the remaining portions shall not be affected thereby.

I have read, understand, and have freely and voluntarily signed this *Release, Waiver of Liability, Assumption of Risk, & Covenant Not To Sue Agreement*. I warrant that I am over the age of 18 years.

Dated this _____ day of _____, 2018.

Signature

Signature of witness (Must be 18 years or older)

I have received a copy of the “Procedures and Guidelines Regarding University Sponsored Trips”: _____
Participant Initials

CREC STAFF USE ONLY
Participant’s application is 100% complete: <input type="checkbox"/> Yes <input type="checkbox"/> No
If applicable, participant has paid the appropriate deposit: <input type="checkbox"/> Yes <input type="checkbox"/> No
Participant received a copy of the “Procedures and Guidelines Regarding University Sponsored Trips”: <input type="checkbox"/> Yes <input type="checkbox"/> No
CREC Staff Initials: _____



Keystone, Colorado Ski Trip - December 2018 Procedures and Guidelines University Sponsored Ski Trip

Priority System for University-Sponsored Trips

Priority is established on first come, first served basis. Space is reserved by filing a **complete ski trip application** at the Reception Desk of the Student Fitness Center on or before the trip registration deadline date. Trip applications are comprised of the following: participant contact information, an emergency contact form, a medical history form, and a liability release form. The appropriate deposit or fee must be paid at the time of registration. A wait list will begin when trip sign-ups exceed the budgeted number of trip participants. Campus Recreation is not responsible for any lost or stolen items.

Trip Cancellation & Refund Policy

Campus Recreation reserves the right to cancel any trip due to insufficient registrations, inclement weather, or other unforeseeable circumstances. If such a cancellation is necessary, participants may be offered an opportunity to transfer their registration to another available trip, or be issued a full refund.

****Personal cancellations made on or before November 1, 2018 will result in forfeiture of deposit/registration fee (\$300.00). Cancellations made after November 1, 2018 will result in forfeiture of the entire payment.**

A cancellation request must be presented in writing to the Director of Campus Recreation. If the cancelled space is filled by another participant, a full refund less a processing fee of \$25.00 may be refunded.

Transportation

All individuals are responsible for providing their own transportation to arrive at Keystone Resort. Please see the attached list of recommended shuttle services from Denver International Airport. It is strongly recommended that participants research the rates and book in advance to find the best rate for them.

Inclement Weather

In the case of inclement weather, participants **should not** assume the trip is, or will be cancelled. The SIUE trip leader will make that decision based on the weather report obtained for the area in which the trip will take place. Participants will be contacted if the trip is cancelled.

Health Risk

All trips require varying degrees of physical fitness. Trip participants are asked to evaluate their own fitness level and determine whether or not he/she will be capable of participating in the activity. All participants are required to fill out a Medical History form (located on the trip application). This form will be reviewed by the trip leader(s), and participants will be contacted if the leader feels that the conditions of the trip will pose a risk to the participant's health. Individuals who are over the age of 45 are strongly encouraged to have a physical examination prior to participating in the Outdoor Recreation Program and those with serious health conditions may not be permitted to attend the trip. Campus Recreation reserves the right to prohibit an individual from attending a trip if the Recreation Specialist for Outdoor Recreation feels that individual's participation in the trip may be detrimental to their health and safety or the health and safety of others. ***Please note that this trip may not be appropriate for individuals with certain health conditions.**

Insurance Coverage

Each participant's safety is of utmost importance. Since all trips and outdoor activities can potentially be dangerous, each participant must accept the risk and assume full responsibility for their own personal safety, as well as the safety of the group. All outdoor recreation program participants are required to have medical insurance. Individuals who do not have medical insurance will not be allowed to participate in the trips or activities. Please note that SIUE students **are not** insured by the University. The implications of this are:

- Participants have no accident coverage while on University sponsored tours/events unless they regularly carry such insurance on individuals.
- Any medical and/or death coverage for students is a matter of individual choice and action.

Condo Housing and Explanation of "Pillow Buy-Outs"

Housing at the Condos typically consists of 4–6 person units and will be filled "collegiate-style". ***This means if there are open spaces in any particular unit after registrations are complete, those spaces will be filled by Campus Recreation personnel with other SIUE trip registrants.*** To avoid having other registrants placed in your condo unit, it will be necessary to purchase those vacancies through a "pillow buy-out" of each open space. **Each registrant will initial their understanding of this provision on their application.**

Ski/Snowboard Rentals and Lessons:

Any ski or snowboard rentals, along with lessons will need to be paid for in advance.

Extra Day Lift Ticket:

An Extra-Day Lift Ticket may be purchased at the time of registration. It will be valid for **Friday, December 21, 2018 only**. Please note that checkout for the lodging is Friday morning. You will need to ensure you have proper travel or lodging plans for Friday evening if you choose to stay.

Pre-Trip Meeting

A meeting will be held a few weeks prior to the trip to answer any questions and go over relevant information from the resort. The meeting is not mandatory, but encouraged, especially for first time attendees.

Parking

If you plan on traveling with a personal or rental vehicle, please note the following:

There will be no parking fees for the 1st car in the underground garage. If a room has a second car, they can get a pass for a large lot next to River Run Village. This lot is also free, just not located in the underground garage.

Alcohol and Drugs

Illegal drugs are not permitted on any SIUE Outdoor Recreation trip. Alcohol should be consumed responsibly by those of legal age.

Questions?

If you have any questions regarding the "Procedures and Guidelines Regarding University Sponsored Ski Trip" please contact Tom Dougherty, Coordinator of Intramural Sports Programs, at **tdoughe@siue.edu** or at **(618) 650-3245**.

Photo Release

I hereby consent and grant permission to the Board of Trustees of Southern Illinois University Governing Southern Illinois University Edwardsville, its employees, and representatives (collectively SIUE) to take and use photographs, videotapes, digital images, or otherwise recorded images of me and to publish such images or depictions for promotional, marketing, or educational purposes in any form, including, but not limited to print, electronic, video, or Internet. I also hereby consent and grant permission to SIUE to edit, crop, retouch, or otherwise alter such images or depictions, I waive any privilege to inspect such images or depictions prior to publication, and I authorize the use of these images indefinitely without compensation to me. All negatives, positives, prints, digital reproductions and videotape shall be the property of SIUE

Keystone Colorado Ski Trip
(Event)

DEC 16 – 21, 2018
(Date of Event)

Signature

Email

2018 SIUE SKI TRIP TO KEYSTONE MOUNTAIN, COLORADO TRANSPORTATION AND PARKING INFORMATION

Ski Trip participants: Due to the increasing cost of ground transportation to and from Colorado, we were unable to provide an affordable option via bus transportation from SIUE to Colorado. We encourage participants to book your flights early, or carpool with others who you plan on attending with.

RESORT CHECK-IN: Sunday afternoon, December 16th

RESORT CHECK-OUT: Friday morning, December 21st

IF ARRIVING VIA AIRPORT:

Please research the following shuttle companies if arriving via flight from Denver International Airport – (pricing may be more favorable if booking for multiple individuals at once):

- **Summit Express (recommended by trip vendor)**
10% off from vendor: <https://www.summitexpress.com/reservations/?code=LIFESTYLEZ>
*discounted pricing for 3 or more. (Includes WIFI)

- **Colorado Mountain Express (Keystone Resort page)**
<https://www.coloradomountainexpress.com/keystone-mountain>
*special pricing for groups of 3 or more. (Includes WIFI)

- **Fresh Tracks Transportation**
www.freshtrackstransportation.com

IF ARRIVING VIA CAR (from Denver):

Keystone is located 90 miles west of Denver International Airport (DEN) and 72 miles from downtown Denver. Travel west on I-70 from either location. Take exit 205 toward Silverthorne/Dillon. At the end of the exit ramp, turn left (east) onto Highway 6. Travel 6.2 miles to Keystone Resort. Note: there are several places to stop along the I-70 corridor for food and gas

PARKING

Each unit will receive one parking pass for the garage. All other vehicles will be directed to FREE parking at a lot located adjacent to River Run Village (*more details to come closer to trip*).

IN-RESORT TRANSPORTATION

The resort offers a free shuttle service around the mountain, and most of the Highway 6 corridor

AUTHORIZATION TO CHARGE CREDIT CARD

As a signer on the card listed below, I authorize the following

person: _____ to charge this card

for:

- _____ Ski Trip Registration
- _____ Pillow Buy-Out
- _____ Ski or Snowboard Rentals
- _____ Ski Lessons
- _____ Extra Day Lift Ticket

Type of Card: _____

Last 4 digits on Card: _____

Expiration Date: _____

Name on Card: _____

Phone number of card holder: (____)- _____ - _____

Signature of Cardholder: _____