

GRADUATE

Nutrition and Dietetics

School of Education, Health and Human Behavior
Department of Applied Health

SIUE



siue.edu/nutrition-dietetics

Nutrition and Dietetics at SIUE

The Master of Science in nutrition and dietetics coordinated program is designed for students who wish to earn a master's degree while gaining eligibility to become a registered dietitian and pursue careers as entry-level dietitians.

This program combines graduate-level coursework in nutrition with the clinical curriculum and supervised practice that allows graduates to sit for the Academy of Nutrition and Dietetics examination for registered dietitians. This program is also ideal for students who have earned a Bachelor of Science in another field but are now interested in becoming a registered dietitian or those who graduated with a bachelor's in nutrition and were not matched for a dietetic internship.

Degrees Available at SIUE

- Master of Science in Nutrition and Dietetics

Concentration

- Sports Nutrition

What can I do with a degree in nutrition and dietetics?

Students graduating with a master's degree and passing the RD exam can pursue careers in:

- Clinical dietetics
- Community and public health
- Consulting
- Private practice
- Food and nutrition business industry
- Food service
- Food management
- Research and education
- Sports and wellness nutrition
- Corporate wellness

The program is carefully designed to provide both the didactic coursework

as well as a minimum 1,000 hours of supervised practice experience in clinical, community, food service management and sports nutrition.

Upon program completion, graduates are eligible to take the registration examination for dietitians offered through the Commission on Dietetics Registration (CDR). Successful completion of the RD exam is a prerequisite for licensure or certification in most states.

Effective January 1, 2024, a graduate degree will be required to sit for the registered dietitian nutritionist credentialing exam.

Professional Credential Disclosure

This program is intended to prepare students for licensure/certification meeting educational requirements established by regulatory boards in the state of Illinois. Licensure/certification requirements can vary by state. If you intend to practice or teach inside or outside the state of Illinois, please visit siue.edu/consumer-disclosures.

Admission Requirements

- Graduate School application and \$40 fee
- Submission of all postsecondary academic transcripts
- Successful completion of a bachelor's prior to enrollment
- Applicants must have an undergraduate GPA of at least 3.0 (A=4.0) to be considered for admittance into the program
- For international students, a minimum total internet-based TOEFL score of 100 is required to be considered for admission
 - International applicants whose native language is not English must demonstrate English language proficiency as outlined by International Student Admissions
- Resume

SOUTHERN ILLINOIS UNIVERSITY
EDWARDSVILLE
GRADUATE SCHOOL

Curriculum

Fall Semester

NUTR 505 Intro to Professional Practice	1
NUTR 507 Intro to Nutrition Care	3
NUTR 510 Advanced Food Service Management	3
NUTR 510P Advanced Food Service Management Supervised Practice	1
KIN 509 Research Methods in Kinesiology	3
Total Credits	11

Spring Semester

NUTR 507P Intro to Nutrition Care Supervised Practice	1
NUTR 511 Medical Nutrition Therapy 1	2
NUTR 513 Advanced Sport and Exercise Nutrition	3
NUTR 521 Community Nutrition	3
NUTR 521P Community Nutrition 1 Supervised Practice	2
NUTR 522P Community Nutrition 2 Supervised Practice	1
Total Credits	12

Year 1 Summer Semester

NUTR 511P Medical Nutrition Therapy 1 Supervised Practice	3
NUTR 512 Medical Nutrition Therapy 2	2
NUTR 512P Medical Nutrition Therapy 2 Supervised Practice	3
KIN 517 Pathophysiology and Treatment of Obesity	3
Total Credits	11

NUTR 508 Nutrition Entrepreneurship	2
NUTR 531P Advanced Nutrition Practicum 1	8
KIN 512 Advanced Exercise Physiology	3
Total Credits	13

NUTR 532P Advanced Nutrition Practicum 2	8
NUTR 535 Nutrition Seminar	2
KIN 516 Advanced Cardiovascular and Respiratory Physiology	3
Total Credits	13

Admission Requirements Cont.

- Personal statement about your career goals and motivation for becoming a registered dietitian. When submitting your personal statement, please refrain from including your name. This allows for a more equitable evaluation of applications. In fewer than 800 words, address the following questions:
 - Why do you want to enter the dietetics profession?
 - What experiences have helped to prepare you for your career in dietetics?
 - What are your short-term and long-term goals?
 - What are your strengths and weaknesses or areas in need of improvement?
 - What other information do you consider important for the selection decision?
- An interview (in-person or via video call) by the Selection Committee may be requested

Program application materials may be uploaded during the application process, but official transcripts must be sent directly from the school attended, and test scores must be verifiable with the appropriate testing service. Please contact the Graduate Admissions office with questions regarding the application submission process at graduateadmissions@siue.edu.

Admission may be granted to applicants who have a bachelor's degree and meet the aforementioned criteria, although any prerequisites necessary to study in a particular specialization are at the discretion of the program director.

Students are eligible to apply for the nutrition and dietetics program if they have met the following prerequisites:

- English Composition I and II
- Anatomy and Physiology*: Two semesters of anatomy and physiology with lab
- Microbiology or Bacteriology*: One course with laboratory
- General Chemistry*: One course with laboratory
- Organic Chemistry*: One course, no lab required
- Mathematics: One course in college algebra or higher
- Psychology: One course in introductory psychology or human behavior

*Foods Courses:

- Food Service Management or equivalent
- General food studies courses with lab
- Nutrition*: Human nutrition course

*Science and nutrition courses should be taken within five years of starting the program and students must have earned a grade of C or better.

Application Deadline

Application deadline is Feb 1 with decisions announced by April 1 for admission in the fall semester. Late applications will be processed on a space available basis.

Required Credit Hours/Tuition and Fees

- 60
- Visit siue.edu/graduate-tuition for detailed tuition information

Curriculum

Nutrition and Dietetics (60 hours)

Core Courses (48 hours)

- NUTR 505 Introduction to Professional Practice (1)
- NUTR 507 Introduction to Nutrition Care (3)
- NUTR 507P Introduction to Nutrition Care Supervised Practice (1)
- NUTR 508 Nutrition Entrepreneurship (2)
- KIN 509 Research Methods in Kinesiology (3)
- NUTR 510 Advanced Food Service Management (3)
- NUTR 510P Advanced Food Service Management Supervised Practice (1)
- NUTR 511 Medical Nutrition Therapy 1 (2)
- NUTR 511P Medical Nutrition Therapy 1 Supervised Practice (3)
- NUTR 512 Medical Nutrition Therapy 2 (2)
- NUTR 512P Medical Nutrition Therapy 2 Supervised Practice (3)
- NUTR 521 Community Nutrition (3)
- NUTR 521P Community Nutrition 1 Supervised Practice (2)
- NUTR 522P Community Nutrition 2 Supervised Practice (1)
- NUTR 531P Advanced Nutrition Practicum 1 (8)
- NUTR 532P Advanced Nutrition Practicum 2 (8)
- NUTR 535 Nutrition Seminar (3)

Specialization Courses (12 hours)

- KIN 512 Advanced Exercise Physiology (3)
- NUTR 513 Advanced Sport and Exercise Nutrition (3)
- KIN 516 Advanced Cardiovascular and Respiratory Physiology (3)
- KIN 517 Pathophysiology and Treatments of Obesity (3)
- No thesis option

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Contact Information

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