Degrees Available
• Master of Science in Nutrition and Dietetics

Concentration
• Sports Nutrition

MS in Nutrition and Dietetics at SIUE
Complete your graduate degree and required supervised practice hours in one convenient program.
• SIUE’s coordinated program provides a minimum of 1,200 hours of supervised practice along with the didactic coursework required to sit for the Registration Exam for Registered Dietitians.
• Practice experience offered in clinical, community, food service management and sports nutrition.
• Starting January 2024, a graduate degree will be required to become a registered dietitian. Get a jumpstart on this requirement and advance your career with a master’s degree in nutrition and dietetics.

Ideal for students who:
• Earned a bachelor’s in another field and are ready for a career change
• Graduated with a BS in nutrition and weren’t matched for a dietetic internship

The only coordinated master’s program in the Midwest to offer a sports nutrition emphasis.

What can I do with a degree in nutrition and dietetics?
• Clinical dietetics
• Community and public health
• Consulting
• Private Practice
• Food and nutrition business industry
• Food service
• Food management
• Research and education
• Sports and wellness nutrition
• Corporate wellness

Contact Information
Nutrition and Dietetics Program Director
SIUE Department of Applied Health
AppliedHealth@siue.edu
Phone: 618-650-3340

Graduates are ready to sit for registered dietitian exam

Beautiful campus
• Park-like setting
• Close to bike trails

Affordable tuition

Great location
• Rapidly growing community

Supervised practice + didactic coursework

SIUE - School of Education, Health and Human Behavior
Department of Applied Health

Graduate School of Education,
Health and Human Behavior
Department of Applied Health

southernillinoisuniversity.edu/edwardsville

SIUE e

siue.edu/nutrition-dietetics
Year 1 Summer Semester

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
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<tbody>
<tr>
<td>NUTR 522P Community Nutrition 2 Supervised Practice</td>
<td>1</td>
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<tr>
<td>NUTR 512 Medical Nutrition Therapy 2</td>
<td>2</td>
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<tr>
<td>NUTR 512P Medical Nutrition Therapy 2 Supervised Practice</td>
<td>3</td>
</tr>
<tr>
<td>KIN 517 Pathophysiology and Treatment of Obesity</td>
<td>3</td>
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Year 1 Fall Semester

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>NUTR 505 Intro to Professional Practice</td>
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<tr>
<td>NUTR 507 Intro to Nutrition Care</td>
<td>3</td>
</tr>
<tr>
<td>NUTR 508 Nutrition Entrepreneurship</td>
<td>2</td>
</tr>
<tr>
<td>NUTR 510 Advanced Food Service Management</td>
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<tr>
<td>NUTR 510P Advanced Food Service Management Supervised Practice</td>
<td>1</td>
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<tr>
<td>KIN 509 Research Methods in Kinesiology</td>
<td>3</td>
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<td><strong>Total Credits</strong></td>
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Year 2 Fall Semester

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<td>NUTR 531P Advanced Nutrition Practicum 1</td>
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<tr>
<td>KIN 512 Advanced Exercise Physiology</td>
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Year 2 Spring Semester

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<tr>
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<tbody>
<tr>
<td>NUTR 532P Advanced Nutrition Practicum 2</td>
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<tr>
<td>NUTR 535 Nutrition Seminar</td>
<td>2</td>
</tr>
<tr>
<td>KIN 516 Advanced Cardiovascular and Respiratory Physiology</td>
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<td><strong>Total Credits</strong></td>
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</tbody>
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Curriculum

**Fall Semester**

- NUTR 505 Intro to Professional Practice 1
- NUTR 507 Intro to Nutrition Care 3
- NUTR 508 Nutrition Entrepreneurship 2
- NUTR 510 Advanced Food Service Management 3
- NUTR 510P Advanced Food Service Management Supervised Practice 1
- KIN 509 Research Methods in Kinesiology 3
- **Total Credits** 13

**Spring Semester**

- NUTR 507P Intro to Nutrition Care Supervised Practice 1
- NUTR 511 Medical Nutrition Therapy 1 2
- NUTR 511P Medical Nutrition Therapy 1 Supervised Practice 3
- NUTR 513 Advanced Sport and Exercise Nutrition 3
- NUTR 521 Community Nutrition 3
- NUTR 521P Community Nutrition 1 Supervised Practice 2
- **Total Credits** 14

**Year 1 Summer Semester**

- NUTR 522P Community Nutrition 2 Supervised Practice 1
- NUTR 512 Medical Nutrition Therapy 2 2
- NUTR 512P Medical Nutrition Therapy 2 Supervised Practice 3
- KIN 517 Pathophysiology and Treatment of Obesity 3
- **Total Credits** 9

**Year 1 Fall Semester**

- NUTR 505 Intro to Professional Practice 1
- NUTR 507 Intro to Nutrition Care 3
- NUTR 508 Nutrition Entrepreneurship 2
- NUTR 510 Advanced Food Service Management 3
- NUTR 510P Advanced Food Service Management Supervised Practice 1
- KIN 509 Research Methods in Kinesiology 3
- **Total Credits** 13

**Year 2 Fall Semester**

- NUTR 531P Advanced Nutrition Practicum 1 8
- KIN 512 Advanced Exercise Physiology 3
- **Total Credits** 11

**Year 2 Spring Semester**

- NUTR 532P Advanced Nutrition Practicum 2 8
- NUTR 535 Nutrition Seminar 2
- KIN 516 Advanced Cardiovascular and Respiratory Physiology 3
- **Total Credits** 13

Required Credit Hours/Tuition and Fees

- 60
- Visit siue.edu/graduate-tuition for detailed tuition information

Admission Requirements

- Graduate School application and $40 fee
- Submission of all postsecondary academic transcripts
- Successful completion of a bachelor’s prior to enrollment
- Applicants must have an undergraduate grade point average of at least 3.0 (A=4.0) to be considered for admittance into the program.
- For international students, a minimum total internet-based TOEFL score of 100 is required to be considered for admission. International applicants whose native language is not English must demonstrate English language proficiency as outlined by International Student Admissions.
- Resume
- Personal statement about your career goals and motivation for becoming a registered dietitian. When submitting your personal statement, please refrain from including your name. This allows for a more equitable evaluation of applications. In fewer than 800 words, address the following questions:
  - Why do you want to enter the dietetics profession?
  - What experiences have helped to prepare you for your career in dietetics?
  - What are your short-term and long-term goals?
  - What are your strengths and weaknesses or areas in need of improvement?
  - What other information do you consider important for the selection decision?
- An interview (in-person or via video call) by the Selection Committee may be requested

Program application materials may be uploaded during the application process, but official transcripts must be sent directly from the school attended, and test scores must be verifiable with the appropriate testing service. Please contact the Graduate Admissions office with questions regarding the application submission process at graduateadmissions@siue.edu.

Admission may be granted to applicants who have a bachelor’s degree and meet the aforementioned criteria, although any prerequisites necessary to study in a particular specialization are at the discretion of the program advisor.

Students are eligible to apply for the nutrition and dietetics program if they have met the following prerequisites:

- English Composition I and II
- Anatomy and Physiology*: Two semesters of anatomy and physiology with lab
- Microbiology or Bacteriology*: One course with laboratory
- General Chemistry*: One course with laboratory
- Organic Chemistry*: One course, no lab required
- Mathematics: One course in college algebra or higher
- Psychology: One course in introductory psychology or human behavior
- Foods*: Food Service Management or equivalent and a general food studies course with lab
- Nutrition*: Human nutrition course

*Science and nutrition courses should be taken within five years of starting the program and students must have earned a grade of C or better.

Application Deadline

Application deadline is Feb 1 with decisions announced by April 1 for admission in the fall semester. Late applications will be processed on a space available basis.

Professional Credential Disclosure

This program is intended to prepare students for licensure/certification meeting educational requirements established by regulatory boards in the state of Illinois. Licensure/certification requirements can vary by state. If you intend to practice or teach inside or outside the state of Illinois, please visit siue.edu/consumer-disclosures/professional-licensure.

This information is concurrent with the 2021-2022 Academic Catalog. Courses are subject to change at any time.

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