

# Wellness Self-Check

**ALL VISITORS are expected to complete a Wellness Self-Check before entering this office.**

**If you can't answer NO to all questions, please contact us virtually and plan to return when you are feeling better.**

- Do you have a temperature above 100.4 F?
  
- Have you had close contact or cared for someone with COVID-19 within the past 14 days?
  
- Are you experiencing any of these symptoms:
  - Fever or chills
  - Cough
  - Shortness of breath
  - Loss of taste or smell
  - Sore throat
  - Congestion or runny nose