

# SIUE Fall 2012 Family Newsletter



## *10 Important Questions to Ask Your College Student*

### **1. Are you attending class on a regular basis?**

Poor attendance can quickly lead to poor performance, increased stress and anxiety, lower GPA's, dropping courses, and even dropping out of school.

### **2. How many hours outside of class do you spend studying?**

Two hours of study time per hour of in-class time is recommended for students to thrive in a course.

### **3. Are you reviewing material on a regular basis?**

"Cramming" before a test typically leads to confusion and the inability to fully learn the material. It is much more effective to regularly study in blocks of time to allow oneself to comprehend the material.

### **4. Are you scheduling time to relax?**

Time-management is a must in college and students should allow themselves time to relax and socialize outside of studying.

### **5. Are you utilizing available tutoring?**

Free, walk-in tutoring is available to students in most subjects. Interested students should view tutoring schedules through the Instructional Services website or through their academic department for more information.

### **6. Are you registered for Spring classes?**

Now is the time for students to meet with their advisors to discuss courses for Spring 2013. Highly encourage your student to do so if they have not already.

### **7. Do you visit your professor's office hours?**

Building a good relationship with your professor is extremely beneficial and can greatly lead to future success in the course as well as networking in the future.

### **8. Have you formed study groups with your peers?**

Forming study groups with those in one's courses allows one to meet other students interested in the same field and adds resources to course success.

### **9. Have you joined an organization or gotten involved on campus?**

Participating in the many student clubs and organizations offered on campus can help your student to feel more unified in the SIUE community and can lead to a larger social network.

### **10. Are your tuition dates paid on time?**

The first installment for Spring courses (as well as any remaining balance from the Fall semester) must be paid by Dec. 7, 2012.

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## Spring 2013 Registration

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Check with your student(s) to make sure they are aware and are registered by the following dates.

- **October 15, 2012:** Priority web registration begins for undergraduate students who have completed 90 or more earned hours and all graduate students.
- **October 22, 2012:** Web registration begins for undergraduate students who have completed 60 or more earned hours.
- **October 29, 2012:** Web registration begins for undergraduate students who have completed 30 or more earned hours.
- **November 5, 2012:** Web registration open for all remaining undergraduate students are visiting students.
- **December 7, 2012:** First Spring Installment payment due (the registrations of students who have not paid the first installment and any prior term balance will be cancelled from classes).
- **January 4, 2013:** Last day to add a class via CougarNet.



Registration dates for Spring of 2013 are located on the Registrar's website.



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## Things to Note:

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- SIUE grades do not get mailed out. You should speak with your student(s) about monitoring their own grades on Blackboard and, if agreed between each of you, gaining third-party access to their CougarNet account. This will allow you to track their progress to graduation as well as monitoring their course grades. For more information, visit CougarNet.
- If your student's GPA slips below a **2.00**, they will be placed on academic probation. For more information on academic probation, please see information regarding policies at SIUE.

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## Resources for Success

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**Disability Support Services** (618) 650-3726  
**Instructional Services** (618) 650-3717  
**Mathematics Resource Area** (618) 650-2055  
**Speech Center** (618) 650-3085  
**Supplemental Instruction** (618) 650-3193  
**Writing Center** (618) 650-2045  
**SOAR** (618) 650-3790  
**International Programs** (618) 650-3785  
**Career Development Center** (618) 650-3708

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# Career Fairs at SIUE

Career fairs are a great way for your students to gain more information about their desired field as well as to meet and network with individuals in the field. Resume-building and interview skills can also be achieved. Please encourage your student to attend if the topics are of interest to them!

**(Professional attire is STRONGLY recommended!)**

**Health Careers Fair**  
**Tuesday, November 13**  
**3-6 p.m.**  
**MUC Ballroom**

For future listings, visit the Career Development Center website.

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## Health Services

- Health Services offers free health appointments Monday - Friday to all enrolled students. A minimal fee is charged for procedures, lab work, pharmacy items, physical exams, and immunizations. Prescriptions can also be filled here.
- Offers clinical care, health education, immunization, laboratory, pharmacy, and women's health.
- Health Services is located at 0222 in the Student Success Center and can be reached at (618) 650-2842. Please encourage your student to visit Health Services if he/she has any health concerns.



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## Counseling Services

- Counseling Services are available to all SIUE students currently enrolled in 3 or more credit hours who have paid tuition and student fees. Confidential consultation and crisis services are available Monday - Friday. Workshops and therapeutic groups are also available.

Counseling Services is located at 0220 in the Student Success Center and can be reached at (618) 650-2842. Please encourage your student to visit Counseling Services if he/she feels that it would be beneficial.

# Family Weekend 2012

Family Weekend 2012 is Friday, October 19 - Sunday, October 21.  
Families can click to register at the Family Weekend  
Registration Webpage.

## Friday Events (Oct. 19):

- Pick up registration materials: MUC Goshen Lounge
- Indoor pool open in Vadalabene Center from 3:30p - 8:30p. Free for participants of Family Weekend
- Free bowling (two games per family) from 6p - 11p
- Bingo in MUC Conference Center (prizes available) from 7- 9p
- Casino Night on MUC Main Level from 7:30p - 11:30p (prizes available)

## Saturday Events (Oct. 20):

- St. Louis Arch and Riverboat Cruise Trip from 9:30a - 2:30p
- City Museum from 10a - 4p
- Rock Climbing Wall in the Vadalabene Center from 10a - 4p. Free for participants of Family Weekend
- SIUE Bookstore (MUC) offers 25% discount (with coupon) from 10a - 4p
- Free bowling (two games per family) from 12p - 6p
- Indoor pool open in Vadalabene Center from 12p - 3p and 6p - 8:30p. Free for participants of Family Weekend
- Craft Project in MUC Goshen Lounge from 12p - 2p
- SIUE Club Football vs. Wright State Club Football (SIUE Rec Plex) at 1p
- Free movie and popcorn in the Science Auditorium Room 1105 at 2p
- Women's Volleyball vs. Murray State in the Vadalabene Center at 2p
- Trivia Tournament in MUC Conference Center from 3p - 5p
- Dinner at the MUC (Center Court and Cougar Den) from 5p - 7p
- Saturday Night Live with Hypnotist Dale K in the MUC Meridian Ballroom at 7p
- SIUE Men's Soccer vs. Drake University in Korte Stadium at 7p

## Sunday Events (Oct. 21):

- Morning church services are available
- Sunday Brunch in the University Restaurant (Second Floor MUC) from 11a - 1p

**\*Remaining Payment Deadlines:  
October 20, 2012 and November 9,  
2012. Go to [siue.edu/paymybill](http://siue.edu/paymybill) to  
make payments.**



## Helpful Articles and Websites for Parents

- Read “Just like clockwork...the rhythm of college life”
- Read “High school vs. college... food for thought”
- Read “The first year of college: common issues faced by families”
- Read “How to survive freshman year...tips for parents”
- Read “Professors’ pet peeves”

**For more information, please visit the Family  
Weekend website.**