

APhA-ASP March Newsletter



March 6, 2008



American Pharmacists Association
Improving medication use. Advancing patient care.

APhA

Great Turnout at the Diabetes Symposium

By: Brandy Bratcher



**American Pharmacists Association
Academy of Student Pharmacists**

On Saturday, February 23rd, the American Diabetes Association sponsored a Diabetes Education Program at the Morris University Center. It was open to all students and the entire community. The Kimmel Leadership Center offers a grant up to \$7,000 for any student organization to use for a program to benefit the community. I submitted the grant under APhA-ASP and SSHP and worked out a budget of \$4,000 that we were awarded to use for health screenings as well as advertising for this event. We advertised in the Alestle and the Edwardsville Intelligencer. We spent the rest of the money on supplies for the screenings. We had approximately 120 patients pre-register and about 100 people show up for the event. The morning started with an A1c Champion speaker followed by smaller breakout sessions discussing topics such as exercise, peripheral neuropathy, pediatrics and diabetes, and retinopathy. The screenings took place after lunch during the vendor fair. We had three tables that were set up for A1c screenings, three tables for foot exams, and two tables for blood pressure readings. There were approximately 20 pharmacy students from all three classes that helped with these screenings. We also had risk assessment questionnaires for those who did not have diabetes so that they could calculate their risk of getting diabetes. This was a great event for the school of pharmacy as well as the community. I encourage all of you that did not get to attend this year to help with this event next year because it was a great learning experience.



APhA-ASP Dominates the Goshen Ocean Spirit Competition

APhA-ASP took **FIRST PLACE** in the Goshen Ocean 2008 spirit competition held on campus Feb 6th, 2008! All student organizations at SIUE were welcome to participate. Thanks to Tim Gleason for being the team captain and getting the team together. The team consisted of Tim Gleason, Denny LaChance, Mike Speck, and Chris Workman. A big thanks to these P1's for representing the school of pharmacy so well. The competition included a limbo contest, relay race, ring toss, silly beachwear

contest and a pie eating contest. Dressed as a pirate, Denny LaChance won the silly beachwear contest. Tim Gleason blew the frat boys away and dominated the pie eating contest. The first place prize was \$250. Since all four guys are attending the annual meeting in San Diego, it was decided that this event would be used as an annual fundraiser. The money will be used to take everyone out to eat in San Diego. We really appreciate their hard work!



SPIN Update

By: Corinne Peshek

It's been an exciting few months in politics. As everyone has surely noticed by now, the presidential primaries are going on and the candidates are busy campaigning for delegates, who will cast their votes in the Democratic and Republican conventions this summer to choose their party's candidate. In the Republican race John McCain is leaps and bounds ahead of his main competitor, Mike Huckabee and has almost the required number of delegates to secure the party's nomination. The Democratic race is much closer with Barack Obama holding a slim lead over Hillary Clinton. I encourage everyone to

research the candidate's stances on issues, most notably, health care. Project Vote Smart (www.votesmart.org) has the voting records of all the candidates and they are broken down by category so you can easily find the information you need. In other government news that may have a more direct impact on pharmacists, the FDA is still deliberating on the possibility of a behind the counter (BTC) class of drugs. Drugs that fit into this class would be able to be dispensed without a prescription but would require pharmacist intervention. APHA is in favor of the creation of a BTC class of medication and submitted their comments to the FDA in early December. This document can be accessed at

www.pharmacist.com, and a member ID is not required to view it. The FDA also announced on Tuesday February 26th pharmacies must dispense a medication guide with all rosiglitazone prescriptions. The new MedGuide is available online at <http://r.listpilot.net/c/aphanet/29ckm13/1cenz.=20>. This ruling is in response to the recent information that rosiglitazone may worsen heart failure in patients on the medication. The original study (a meta-analysis) can be found in the New England Journal of Medicine and the full text of the article is available online at <http://content.nejm.org/cgi/content/full/NEJMoa072761>. If anyone has any questions you can always contact me at cpeshek@siue.edu

Legislative Day

Under the Dome: Students from all of the Illinois pharmacy schools gathered at the state capital for pharmacy legislative day. It was an opportunity to be an active participant in the legislative process, speaking directly to legislators regarding the critical issues facing pharmacists. Students sat in on a two hour program about hot pharmacy topics and then participated in floor tours of the house and senate.



Health Screenings: Free health screenings were provided by the Illinois colleges of pharmacy. SIUE coordinated the screenings, which included blood glucose, blood pressure, immunization education, and heartburn awareness. In addition to the screenings, each school created a poster relating to the newly updated Illinois Pharmacy Practice Act. In the new act, pharmacists can participate in standing orders and student pharmacists have expanded roles. We made sure to thank our legislators for these positive changes.



SpringFest is Coming

Mark your calendars for April 16th and April 18th! APHA-ASP will host an HPV awareness both on Wednesday April 16th from 10am-2pm. This will be similar to the booth that we had at the SIUE fitness center health fair. We will be providing HPV education and information about receiving the HPV vaccine. We still have about 1800 condoms that were donated to us, so we will be handing those out as well. We can use this as a fundraiser also. Last year we sold hotdogs. We are considering a healthier alternative if anyone has any suggestions? The event takes place outside on the center of campus. Up to 50 student organizations will be

participating. Springfest continues on through Friday April 18th where the venue changes to the local Edwardsville park across from the CVS pharmacy. The time is from 6pm until midnight. The chapter plans to do heartburn awareness at this event. The twist is that we will be selling spicy hot wings! What better time to education on heartburn awareness! In addition to patient education, we are hoping to use this as a little fundraiser, or at the very least break even on the hot wings. If you are interested in chairing the event or volunteering to participate, please contact djason@siue.edu. I hope to see you all there!

Member of the Month

Month: January

Name: Tim Gleason

Pharmacy Year: 1st Year

Tim Gleason has shown outstanding enthusiasm in SIUE APhA-ASP activities this year. His participation in the Halloween Parade, HPV committee, Goshen Ocean Competition, and upcoming plans to attend Annual has shown his dedication to supporting our presence in the community. Moreover, Tim should be especially thanked for his efforts in recruiting and helping to win the Goshen Ocean competition. For all of this hard work in supporting SIUE APhA-ASP activities, Tim Gleason has been selected as January's Member of the Month. Please take time to thank him for all of his dedication.

Month: February

Name: Denny LaChance

Pharmacy Year: 1st Year

Denny LaChance has taken a responsible role in representing SIUE APhA-ASP this year in working as our IPhA Liaison. As IPhA Liaison he has represented our organization well and keeps us updated on the latest IPhA events. He has represented our organization in the community for the Halloween parade, HPV awareness health fair, and he's always one of the first to volunteer for a new activity. He attended MRM and will be attending Annual. Dressed as a pirate, he helped to win the Goshen Ocean Competition. For all of his efforts to participate and build this organization, we would like to name Denny LaChance as February's Member of the Month.



Operation HPV Awareness

The HPV Awareness Booth held at the Annual SIUE Health Fair on Wednesday, February 20th was a successful event. Health fair participants were educated on the epidemiology and risks of HPV with student



pharmacists on hand to answer questions and address specific concerns. Additionally, Gardasil flyers, locations and prices of centers providing vaccine, HIV testing centers information, and condoms were dispensed to fair attendees. The HPV Awareness Booth reached a diverse SIUE population including faculty, staff, and students, while promoting APhA-ASP and the School of Pharmacy. Thank you to ALL the committee members and Dr. Lynch for staffing the booth!



IPhA Update By: Denny LaChance

The IPhA Board of Directors meeting on January 16th was one of routine maintenance. Topics on the agenda included a Pharmacists Mutual (potential IPhA investor) presentation, approval of a consent agenda, decision items, staff reports/updates, and legislative/regulatory updates. The approval of a consent agenda addressed minutes from the previous meeting on November 10th, 2007, as well as different reports from the House of Delegates and committees and staff. Decision items focused on different positions on interest such as the appointment of a Region 6 Regional Director, recommendations for both the Finance Committee and Conference & Education Committee, and assignment of delegates to the APhA Annual Meeting. A brief section highlighted any pertinent information regarding different pharmacy institutions throughout Illinois. A point of importance was noted in terms of the newly organized

Chicago State School of Pharmacy, which will be enrolling its first official class this coming fall. A majority of the meeting dealt with the Diabetes Patient Self-Management Program (PSMP), previously known as the Diabetes Ten City Challenge. The Ten City Challenge originally included employers from 10 different communities were invited to establish voluntary health benefits among employees and dependents. By implementing an incentive-based approach, pharmacists, physicians and other healthcare practitioners helped patients to control their diabetes. This program resulted in healthcare costs reduction per employee, a four fold increase in return on investment (ROI), a decrease in absenteeism and compensation claims, and increases in overall satisfaction, quality of life, and employee savings. The January meeting addressed any updates regarding the upcoming PSMP.

Southern Illinois University-Edwardsville

Meet your officers:

- *Diana Jason, President*
- *Emily Collins, President-elect*
- *Kelly Perez, Membership VP*
- *Justin Stein, Treasurer*
- *Bonnie Grover, Secretary*
- *Janet Stunson, Chapter delegate*
- *Corinne Pesbek, SPIN*
- *Denny LaChance, IPHA liason*

SOUTHERN ILLINOIS UNIVERSITY
EDWARDSVILLE

SCHOOL OF PHARMACY

WE'RE ON THE WEB!

[HTTP://WWW.SIU.EDU/PHARMACY/
APHA_ASP.SHTML](http://www.siu.edu/pharmacy/APHA_ASP.shtml)

Blow the Whistle on Asthma

Join the Pills and Puffers as we Blow the Whistle on Asthma! Team captain is Dr. Lubsch. Kelly Perez is chairing this event. You can join the team online at www.asthmawalk.org. The walk will take place at Edwardsville High School on Saturday April 12th, 2008. It is a leisurely 4 mile walk that starts at 9am. Check-in is at 8am. Even if you can't make the walk, you can make a contribution to the team by contacting Kelly Perez (Kperez@siue.edu) or by going to the team website.

Walk to make a difference!

-Asthma is responsible for 11 deaths each day: a total of 4,000 deaths each year

-More than 60,000 people in Southwestern IL area suffer from asthma.

-Asthma affects 20 million Americans-6 million are children.

-Asthma incurs an estimated annual economic cost of \$16.1 billion to our nation

Journal Clubs

The sign-up sheet for journal clubs is on the bulletin board outside room 1102/1103. P3's, this will count for rounds credit. Even if you don't need the credit, I encourage you to participate because it's a great opportunity to improve your journal club skills before you have to do them on rotations. Dr. Timpe and Dr. Karpinski have even offered to help just in case there's something you don't remember from Stats & Lit. You can choose your own article and work in groups up to four. Available dates include April 1st, 15th, 29th from noon to 1:30pm.

Election Preview

APhA-ASP chapter elections will be held at our last meeting of the year on April 22nd, 2008. All of the positions are up for re-election except for president. Emily Collins, who is currently the president-elect will take over as president. All terms are for 1 year except for president-elect, which is a 2 year term, 1 year as president-elect and 1 year as president. All APhA-ASP member are eligible except for P3's

since they will be off campus next year. Also, only P1's are eligible for president-elect since it's a two year commitment. You can find descriptions of the offices on blackboard. If you would like to run for a position, you can nominate yourself by filling out the short nomination form on blackboard. All candidates should be prepared to make a 1 minute speech about why they are running for the position.

The candidate's nomination form will be available for all those voting to view. The vote will take place via blackboard. The winners will be notified as soon as possible. The term officially begins in May when we have an officer exchange meeting. If you would like more information about elections or positions, please contact djason@siue.edu.

Up-coming Events

March 5th: Legislative Day

March 14th-March 17th, 2007: APhA annual meeting in San Diego, CA

March 25th, 2008. Chapter meeting Room 1102. 12-130pm

April 12th: Asthma Walk

April 16th-April 18th: SpringFest

Apr 22nd, 2008. Chapter meeting Room 1102. 12-130pm Officer Elections and Year in Review



Your Ticket to a Brighter
Pharmacy Future

