

APhA-ASP September Newsletter



American Pharmacists Association®
Improving medication use. Advancing patient care.

SIUE to Co-host MRM Nov 2nd-Nov 4th

Meet your officers

- Diana Jason, President
- Emily Collins, President-elect
- Kelly Perez, Membership VP
- Justin Stein, Treasurer
- Bonnie Grover, Secretary

The Midyear Regional meetings are almost here. SIUE is a member of Region IV and will be co-hosting this year's MRM along with Purdue and Butler. The location is set for West Lafayette, IN. This will be the 3rd MRM that SIUE's ASP chapter is attending.

MRM is a great opportunity to network with other student pharmacists. There are 14 schools in our region. This is also the only meeting designed specifically for student pharmacists!

The theme for the Friday night social will be school spirit. There will be various games for the chapters to have friendly com-

petitions to show their best skills off and the winner will be receiving great prizes!

During this meeting regional officers are selected and the policy process begins. Last year our chapter brought 2 policy proposals to the meeting and both were passed!

These were the policies brought forth last year:

1. APhA-ASP supports mandatory, comprehensive, medication therapy-specific counseling for plan B contraceptives.
2. APhA-ASP supports the re-labeling for low dose aspirin by manufacturers to exclude phrases that include "baby aspirin" or "children's aspirin"

The policies need to be submitted 1 week prior to MRM, so if you have any ideas please e-mail your officers or post on the blackboard discussion board. To learn more about the policy process check out the advocacy link on Blackboard.

Consider being a part of the MRM planning committee and help to plan travel, transportation and costs. This is a great way to start getting involved!

For more information, go to the ASP website and click on meetings.

<http://www.aphanet.org/AM/Template.cfm?section=home1>

Trivia Night a HUGE success!

Trivia Night was an amazing success! There were 28 teams in attendance with cash prizes that went to the first and second place teams. The 2nd place team was kind enough to donate their prize back to the organization. We made nearly \$3000 in profit! We are so grateful to everyone on

trivia night committee including Jessica Laubscher, Matt Lewis, and Dr. Kerr for creating the questions. Thanks also to all of the volunteers and students who came to participate.

Dr. McPherson who is the co-advisor of the ASP chapter did a wonderful job MCing for the night.

ASP would also like to express thanks to Travis Willeford for heading the Trivia night committee and to Dr. Santanello who helped get many of the prizes for the silent auction. We are grateful to all of the local business who made donations. We hope to see you all again next year at the 3rd annual trivia night!



Student Political Information Network (SPIN)

By: Corinne Peshek

Welcome back to school everyone. This summer was an exciting one for political matters. First off the new Illinois Pharmacy Practice Act made it through the House and Senate and is currently awaiting the signature of Governor Blagojevich and should go into affect in the beginning of 2008. Secondly, at the beginning of the summer the federal government voted on prescription drug importation and that measure did not pass, thanks in part to the efforts of APhA and student pharmacists, such as yourselves.

Not everything is good news however. As many of you may remember I spoke at the first meeting of the school year on issues relating to the SPIN committee, most importantly on CMS's "tamper-resistant" pre-

scription pad ruling for all Medicaid prescriptions. As of August 17th CMS had not made any plans to move the date that these changes will be in effect. Despite APhA's urging and the letters from pharmacists and student pharmacists, the date that these changes will be in place remains at October 1st, 2007, so it may be helpful to remind your patients that will be affected by these changes to be sure that their prescriptions are written on approved prescription pads to avoid unpleasant surprises when they show up at the pharmacy with a prescription that you're unable to fill. APhA is continuing to work with CMS on these changes and I will keep you updated on any changes that come into affect.

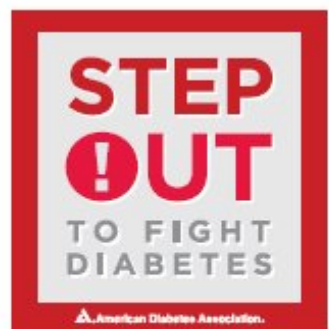
And on a final note, you should

all be aware by now that we're coming up on a federal election year and I would like to encourage everybody to get out there and get registered to vote if you're not already. The primaries are on February 5th and the last day you can register and be eligible to vote in that election is January 8th. Also note that if you register by mail you will need to vote in person the first time you vote. If you have any questions about registering to vote please feel free to contact me at cpeshek@siue.edu. As we narrow down the pool of presidential candidates I will try to keep everyone up to date on the candidates' stances on medical matters and any other issue that has an impact on the practice of pharmacy or on us as students .

Join the SIUE APhA-ASP Step Out to Fight Diabetes!!!!

Just a reminder that the American Diabetes Association will host its Step Out for Diabetes Walk on September 29th. We have currently raised \$385, but our goal is \$1,000. The money made at this event will go to support the ADA's research, information, and advocacy efforts and its mission: to prevent and cure diabetes and to improve the lives of those affected by diabetes. We encourage everyone, including all friends and family, to join our team, make a donation, and support us at the walk. The event will be at the Alton Rock Springs Park. Registration starts at 8:00 a.m., the event starts up at 9:00 a.m.

There will be plenty of activities and fun for everyone including door prizes, face paintings, bal-



1 DAY 1 CAUSE 1 GOAL

loons, live music, and refreshments. This is our kick-off event

for Operation Diabetes, we'd love to have a huge turnout. To join the team or make a donation go to:

http://main.diabetes.org/site/TRpg=team&fr_id=4666&team_id=218349

Hope to see you there!!!

For any questions or comments e-mail: Mary Janet Stunson at mastuns@siue.edu

Operation Diabetes

through Diabetes bingo! We plan on doing this in November, which is National Diabetes month. We also will be having a kiss the pig fundraiser as well as a diabetes advertisement at Showplace. We'd like to culminate it all with a huge Diabetes awareness event in February.

Stay tuned as the Diabetes committee works to get Operation Diabetes going. The Step Out walk is just the beginning. We currently are in the process of contacting nursing homes, so that we can provide education to the patients

Member of the month

Name: Travis Willeford

Pharmacy Year: 3rd Year

Congratulations to Travis Willeford, the Member of the Month. We would like to thank Travis for being an outstanding member. Travis is always one of the first people to volunteer to help on a project. Recently, Travis deserves much appreciation for his efforts on making Trivia Night possible. He also helps with many of jobs behind the scenes like picking up the food for the Lunch N' Learn and most recently rescuing the brownies and cookies for the 1st ASP meeting this year! He has worked hard and deserves many thanks. Just to show that his hard work has been noticed, we would like to say a big thank you and present him with a Starbucks gift card as a token of our appreciation!

Have you noticed someone working hard to help out this semester with APhA-ASP? Nominate them! A nomination should include the nominee's full name, one or more reasons for your nomination, and their pharmacy year. Any other information would be appreciated but not necessary. Send all nominations to bgrover@siue.edu, and that person will be recognized for all their efforts.

HPV Lunch N' Learn

By: Emily Collins

I was really excited when Dr. Bergman asked me to be a part of an independent study project at the end of last semester. A group of about five of us would be doing a literature review of the safety and efficacy of new vaccines, and my vaccines would be Menactra and Gardasil. I had hoped to finish my sections of the review by the end of summer, but there was so much more information out there than I ever imagined! It has been a lot of work, but the paper is close to being finished.

I am earning 1 hour of elective credit, and one of the requirements of the course is to submit a publication, or do a presentation. Our ASP chapter had been talking about doing a Lunch N' Learn about HPV, and when Dr. Kerr asked me if I would do the presentation I agreed. Again, it was a lot more preparation than I had expected. About 10 hours more! I have a lot of respect now for our professors who have to prepare for dozens of lectures a year.

I'm so glad so many people came to the Lunch N' Learn, and I think I was able to share some new information. The highlights of the presentation were:

1. HPV is the most common sexually-transmitted virus
2. HPV is responsible for 100% of cervical cancers, as well as its Precursor lesions, and other diseases such as vulvar/vaginal cancers, penile cancer, anal cancer, and most cases of genital warts.
3. Prevention strategies against infection include condom use, abstinence, and vaccination.
4. Gardasil is the vaccine currently licensed in the US to protect against the HPV types that cause 75-80% of cancers and 90% of genital warts. It is generally safe, and highly effective.
5. Vaccination does not eliminate the need for screening of the diseases caused by HPV
6. Pharmacists have a notable role in the effort against HPV: counseling for home-based genital warts treatments, and educating about and administering the HPV vaccine.

I am so grateful to Sara Baker Morgan, the Merck representative who Sponsored our Lunch N' Learn and gave us some information that will be helpful in our upcoming HPV education at the dorms sessions. I would also like to thank Dr. Kerr for inviting me to speak. I would especially like to say thank you to all the chapter members and guests who came to the presentation

Southern Illinois University-Edwardsville

For more information or questions,
please contact:

President Diana Jason:

djason@siue.edu

MVP Kelly Perez: kperez@siue.edu



Improving medication use.
Advancing patient care.

WE'RE ON THE WEB!

[HTTP://WWW.SIUE.EDU/PHARMACY/
APHA_ASP.SHTML](http://www.siue.edu/pharmacy/APHA_ASP.shtml)

Want to get involved? These standing committees need volunteers:

-Lunch n' Learns

Complimentary lunch while discussing a hot topic in pharmacy

-Heartburn Awareness Challenge

Heartburn education and All-You-Can-E at hot wings!

-Legislative Day

Meet your legislators in Springfield and support grassroots advocacy

-National Patient Counseling Competition (NPCC) Planning Committee

SIUE placed in the National Top Ten our first year as a chapter!

-MRM Liaison & Travel Coordinator

-Newsletter committee

Do you like to write or edit, we could use some help!

ASP and SSHP working together...

This year is looking very exciting. Recently the ASP executive board met with the SSHP executive board to discuss collaboration on future projects. We came up with some great ideas including:

- Offering journal clubs a couple times per semester,
- Performing health screenings in the local community
- Continuing the poison prevention project that the P2's did last year

- Organization a large event on campus that promotes diabetes education and screenings.
- Mentoring Students

ASP also plans on collaborating with SSHP again for legislative day. We hope to have the health screenings return this year! We will keep you all updated as we get these projects off the ground. If you are interested in participating or have any other ideas, please e-mail djason@siue.edu.

October is American Pharmacists Month

October is American Pharmacists month. This month is dedicated to promoting the pharmacy profession. For the service component, we will be going into the dorms on campus and providing education about HPV. We also will be taking this time to thank our preceptors by sending calendars and a letter of thanks to all of them. The month will conclude with the Edwardsville Halloween parade with a Madagascar Zoo theme this year! In an effort to combine American Pharmacists Month with Operation Diabetes, our chapter has successfully completed the paperwork to place a public service announcement dealing with the complications of diabetes. This ad will run before every show at Kerasotes Theater Showplace 12 during the month of October, potentially educating thousands of people. The cost of the PSA was \$600 for the ad and \$150 for formatting. The Madison County chapter of the American Diabetes Association has agreed to split this cost 50/50 with our chapter, making our cost a total of \$375. Part of the PSA is shown here.

Things that can break your heart:

A sad movie

Diabetes

Your first love

Losing a championship

Your first child leaving home

Diabetes