



American Pharmacists Association  
Improving medication use. Advancing patient care.

# News

SIUE

## MRM in Cincinnati, Ohio



very reasonable. We all work hard in pharmacy school and it can be overwhelming. This is a good time to relax with other pharmacy students while still learning about the profession and having fun too!

Now is the perfect time to get involved...attend MRM in Cincinnati Ohio!

This is a great opportunity to network with other students from all over the Midwest. And because Cincinnati isn't very far away...the trip will be

Make sure to take off work, find a babysitter, do whatever you have to do to join us at MRM!

Here's the tentative edited schedule of events from the APhA-ASP website [www.pharmacist.com](http://www.pharmacist.com)

**Friday:**

Registration 6:30pm

Opening Session/Regional Roundtable 7:30-9:00

Social 9-12

**Saturday:**

Breakfast

Navigating through the Pharmacy Residency Process 8-9:15

Patient Counseling Workshop 8-9:15

Policy Proposal Forum 9:30-11

Making the transition to New Practitioner 11:13-noon

Lunch

MRM expo 12:30-2:00

It Starts with One 2-3

Regional Educational Session 3-4

Project Care Workshops 5-6

**Sunday:**

Leadership Training Series 8-9:15

Closing Session 9:30-noon

**Look for and informational meeting coming up soon if you are interested!**

## Sign Up to Be a Member Today!

It's not too late to sign up to become a member of APhA-ASP.

There are so many benefits to being a member. You'll be able to attend great meetings (in Cincinnati and San Antonio). You may be reimbursed for some of your travel costs. You

get discounts on textbooks, you get free subscriptions to several publications and SO much more!

**Sign up today!**

The cost is \$65. Part of that money goes to the national organization, some to the state and

some to our chapter. But it is an investment in your professional future.

Be able to help out with patient care projects and make a difference in your profession!

Sign up to be a member today! It's not too late!

**Our next Meeting:**

**November 6th, 2008**

## October is American Pharmacists Month

October is American Pharmacists Month and we want to celebrate it right!

Come join us in our activities designed to promote the profession, celebrate the pharmacists who work as our preceptors, and educate patients.

Each year, in order to promote the profession

of pharmacy, we participate in the Edwardsville Halloween parade. In the past we've dressed up as pirates and penguins, but this year the theme is: It's a Small World After All. So we're going to make our float Jamaican themed. As October approaches we will be needing help to design and decorate our

float as well as help from you to ride on it.

Watch for e-mails about American Pharmacists Month and sign up to join us today!



## Patient Counseling Competition

The APhA-ASP patient counseling competition is fast approaching. I know it can be a scary thought. After all, we don't know enough to counsel patients yet right?...Wrong! You know so much more than you think, and this is a great opportunity to practice the skills you'll be relying on most after graduation.

There is nothing to be scared about. In fact this year Dr. Kerr has put together 3 preparation sessions for the counseling competition. They aren't mandatory but it's a good idea to go to these sessions in order to be prepared for the competition or just to brush up on your counseling skills.

Don't forget that there are cool prizes too!

Read what APhA-ASP member Jenna Hart had to say about her experiences with the competition.

"For me, the thought of counseling a patient in my amateur status as a

pharmacy student was nerve-wracking when I signed up for the patient counseling competition my P1 year. I started to do my research into the medications that may be given to me in the competition about a week before the presentations. After all of my research and planning I felt that I was finally able to pull it off, and I did. Although I was a little shaky counseling for the first time (and not to mention in front of a camcorder), my nerves subsided once I entered the prep room and started doing what I was meant to do. It was great to practice counseling on the faculty before I went out on my own.

The patient counseling competition given by APhA-ASP is meant to promote confidence and skill in patient counseling. After all, that is what we will be doing when we graduate! I encourage every student here at the SOP to sign up for the competition and gain experience in what we as pharmacists will be called upon to do

day by day. P.S. It's a lot of fun to hear what some of the faculty here can come up with as patients!" - Jenna Hart

So stop saying you can't do it...Come to the prep sessions and learn all the basics, then put yourself to the test this January!



**Prep Sessions will be held: Oct. 20th, Oct. 30th, & Nov. 6th**

## IPhA Meeting

The Illinois Pharmacists Association Annual meeting is right around the corner and right down the street.

**When: Sept 25-28th**

**Where: Sheraton Westport in St. Louis, MO**

There are tons of great things to do and see at the annual meeting.

Remember: if you are a member of APhA-ASP then you are also a member of IPhA! Part of your dues goes to IPhA for your membership, so take advantage of this opportunity.

This is a great networking opportunity for us! Imagine all the pharmacists in Illinois who will be present. You never know when your paths may cross again.

There is also lots of educational experience to be had at this annual convention.

Are you considering a residency after graduation? Are you completely unsure but would like to know more about it? Saturday there will be a pharmacy residency showcase at the convention. This is an unique opportunity for you to talk to different representatives from different programs that will be available to you after graduation.

**Cost: \$60 for the whole weekend and \$30 for a single day**

It is not too late to sign up for this great meeting. Remember it's right down the road. So get a group of your friends together and carpool over to the Sheraton for a great day!

If you are interested in going to the IPhA meeting e-mail Emily Collins at: [ecollin@siue.edu](mailto:ecollin@siue.edu)

### Events of the weekend:

#### Friday

- Interviewing Workshop
- Roundtable about vaccinations
- Impact of 2007 NAEPP guidelines (Asthma)
- Medical Waste Management

#### Saturday

- Diabetes Medical Nutrition Therapy
- Pharmacy Jeopardy
- How you can Impact Legislation
- Treating Foot Infections in patients with diabetes

MTM for Patients with Diabetes

Pharmacy Residency Showcase

#### Sunday

Medicare Part D—Past, Present and Future

Legislative Update



## Step Out: Walk to Fight Diabetes = Huge Success

By: Jenna Hart

APhA-ASP participated in the American Diabetes Association Step Out to Fight Diabetes Walk Saturday September 6<sup>th</sup>. It was a great morning with good weather and good company. The ADA's goal for the Edwardsville walk was \$2,700 and thanks to all of the teams that signed up

and raised money, including APhA-ASP, the Edwardsville walk raised \$2,820!! That's a lot of funding for research into the cure for diabetes. Thank you to all who contributed and special thanks to our SOP Glucose Busters team!

**Way to Go!!!**  
We've raised over \$900 for the ADA!



The SIUE SOP Glucose Buster Team

## SIUe

Any comments, suggestions, questions?

E-mail me:  
Kate Muhlstadt  
kmuhlst@siue.edu  
Newsletter Editor

WE'RE ON THE WEB:  
[WWW.PHARMACIST.COM](http://WWW.PHARMACIST.COM)



## Discussion Board

Have you been to our APhA-ASP Black Board discussion board yet?

Well what are you waiting for!?!?

We have a discussion board started in order to talk about all sorts of policy proposals. Just go to our Black Board site and click on the "discussion board" tab on the left hand

side. Read the proposals others are leaving and think about what else you would like to see in our profession. Or comment on a proposal already there.

These policy proposals aren't a waste of time either. We take them to

meetings were they are discussed by other APhA members. Then from there they may travel all the way up and become an official policy or perhaps even become law.

You can make a difference in our profession and here is a great opportunity to do just that!

## Scholarships Still available

If you're interested in free money for school, contact Angela Chiu about APhA's scholarships. Her email address is: [achiu@siue.edu](mailto:achiu@siue.edu)



## Annual in San Antonio, TX "Where the Stars of Pharmacy Shine"

This year's APhA- ASP annual convention will be in San Antonio, TX. It will definitely be one of those never-could-forget-it trips. There will be tons of opportunities to network, attend educational sessions, and have fun!

Last year after the convention a newsletter was put together by Diana Jason, written by students who attended the convention. It covers everything that went on. I encourage you all to read about how awesome the trip was! But just in case here is Michael Geisler's account of the trip.

"...It was not until I attended the annual APhA convention in San Diego this year did I realize the opportunities and the skills I

could obtain through this organization. This was an experience I will never forget. Not only was it a lot of fun but it was very informative. I learned about policy making and the process behind it, and I learned the ways of networking. I am still new to this organization but I am definitely more encouraged to participate in events and activities now that I have seen the big picture. I have always wanted to be involved while in school by not only being studious but also by helping people during school. APhA has opened my eyes up to these opportunities. I now understand why APhA is recommended to us by professors..."

-Michael Geisler



More information about the trip will be coming up, but this is not a trip to miss...mark your calendar!

**April 3-6, 2009**

**San Antonio, TX**

Check out the rest of the Annual Newsletter online on the Black-Board APhA-APSP page. Click on the Newsletters Tab on the left hand side, then choose "Chapter Newsletter" it is the last one on the list.

