



American Pharmacists Association<sup>®</sup>  
Improving medication use. Advancing patient care.

APhA

SIU<sup>e</sup>

# News

## Welcome to APhA-ASP

By: Emily Collins

Hello everyone. I just wanted to take a moment to welcome you all back to SIUE School of Pharmacy. I'd also like to extend a warm welcome to the Class of 2012. I hope all of you renew your membership, or decide to become members. For those of you who don't know me, my name is Emily Collins, and I am a P3. I am the current president of APhA-ASP, after serving last year as President-Elect. I have been involved in APhA-ASP since my P1 year, and I have a lot of great memories from the last few years.

I just want to take a few minutes of your time to tell you about some of the **great benefits of being and APhA-ASP member at SIUE.**

**Travel:** Traveling to regional and national meetings gave me the opportunity to get to know people in my class and other classes that I may not have otherwise. I met some of my closest friends here traveling to Chicago my first year for the 2006 Mid-Year Regional Meeting. I have also been literally coast to coast, seeing parts of the country I have never visited before.

### **Patient Care**

**Projects:** These projects give us an opportunity as students to have an impact on the community. You can learn skills such as screening for diabetes and administering immunizations, giving you a leg up in your career.

**Advocacy:** Being a member give you an opportunity to add your voice to changes being made in the profession. APhA-ASP has helped shape state and national pharmacy law.

### **Member Benefits:**

Through APhA's website, [www.pharmacist.com](http://www.pharmacist.com), you can access professional development resources, career guidance and networking opportunities, opportunities for leadership development, and student savings on textbooks, software, professional liability insurance, Geico auto insurance, and an APhA Visa card. I hope to see you all Thursday August 28, 2008!

### **Upcoming Meetings:**

- September 11th
- November 6th
- December 1st

### **Welcome to APhA-ASP!**

**You can direct any comments or suggestions about this newsletter to :**

**Kate Muhlstadt at [kmuhlst@siue.edu](mailto:kmuhlst@siue.edu)**

## Membership: Join Now!

By: Denny LaChance

The APhA-ASP is currently undergoing its Fall 2008 membership drive. **Membership costs \$65** This amount is divided into 3 specific categories:

- American Pharmacist Association (APhA)
- Illinois Pharmacist Association (IPhA)

- Our student chapter.

The APhA receives a majority of the dues at \$40. The IPhA membership costs \$10 for students pharmacists and our chapter is allocated \$15. Chapter costs include financial funding for

travel opportunities such as the Mid-year Regional Meeting in Cincinnati, Ohio, and the Annual Meeting in San Antonio, Texas. In addition, chapter dues are used to provide funding for food and/or beverages during

monthly meetings and provide prizes for the Rewards System. The APhA and IPhA provide membership discounts to students and are required for attendance of different seminars and conferences.

**If you sign up by September 11th you will be reimbursed \$5 from your dues (Only \$60)! Make sure to sign up today to take advantage of these savings!**



## Trivia Night : September 12th

By: Michael Geisler

On **Friday September 12<sup>th</sup>, 2008** APhA-ASP will be having their third annual trivia night at the VFW in Collinsville, IL. It is a great way to cut loose and associate with other colleagues and professors while keeping your competitive edge with trivia based knowledge. The doors open at 6:30 PM with a silent auction and the trivia competition starts at 7:00 PM. It is open to anyone so feel free to invite family and friends to a great

time! Their may be 6-8 people per team with a cost of \$80 per table/team. A portion of the proceeds will be donated to helping families in need during the holiday seasons as well as to scholarship funds. Soft drinks will be provided at a low cost and participants may bring their own table snacks. The silent auction contains items such as a tanning package, dinner and a movie package, restaurant package, cardinals' tickets, Fox Theatre

tickets, SIUE SOP bags set (corn hole), etc. There will also be a game in the middle which serves as an intermission where you may have a chance to compete for a prize. Last year was a great turn out so let's continue the tradition while having fun and supporting our local chapter of APhA-

Any Questions?  
Email Michael Geisler at  
mgeisle@siue.edu

## Step Out: Walk to Fight Diabetes!

September 6th  
8:00am Registration  
SIUE Campus

Mark your calendar and sign up today. On Saturday September 6th The SIUE SOP Glucose Busters will be stepping out to fight diabetes!

The walk takes place on campus so there is no reason not to join in. Our goal is to raise \$500 for this event! And we can do it...with your help!

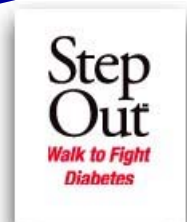
The walk starts outside the Vadalabene Center on campus. Registration starts at 8am with the walk beginning at 9. You can choose to walk anywhere from 2-6

miles; it's up to you!

Join our team by going to:

<http://main.diabetes.org/site/TR/StepOut>

If you can't walk on Saturday but still want to support the cause you can personally donate money or collect donations! Go to the website to donate to our cause!



## Meet Your Officers!

If there's ever any questions and you're not sure who to look for...this is a good place to start.

Emily Collins—President

Tim Gleason—President-elect

Denny LaChance—Membership Vice-president

Secretary—Amy Borland

Treasurer—Justin Stein

SPIN Coordinator—Diana Jason

Chapter delegate—Matt Von Derohe

Fundraising Chair—Michael Geisler

Awards Chair—Angela Chiu

Social Chair—Nathan Grimes

Patient Care Project Coordinator—Kris Ochs

Newsletter Editor—Kate Muhlstadt

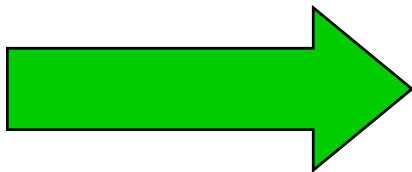
## IPhA Annual Meeting

By: Denny LaChance

This year the Illinois Pharmacist Association is hosting its 2008 Annual Meeting in St. Louis, MO. The Annual will take place September 25<sup>th</sup> to 28<sup>th</sup>. The conference and exhibits will be located at the Sheraton Westport Chalet. APhA-ASP members may register online for either a full (\$60) or one-day package (\$30). The Annual

Conference also separately provides continuing education courses in Immunization Delivery and Pharmaceutical Care for patients with Diabetes on the opening Thursday of the conference. Friday includes presentations on motivational speaking/interviewing, updates in immunization practice, a pharmacy auction, medical waste management, a new guidelines discussion of Asthma, OSHA training, and a late afternoon student activity. Saturday, the 27<sup>th</sup> includes a breakfast symposium focusing on Diabetes Medical Nutrition Therapy for

pharmacists, a pharmacy jeopardy session, an awards presentation, a treating foot infections lecture from Dr. Bergman, medication therapy management of Diabetes, a keynote speaker about legislation and a President's reception. On Sunday, the Annual finishes with a general session on Medicare Part D and a legislative update closure. In addition, other events of interest in St. Louis this weekend include Counting Crows with Maroon 5 at the Verizon Wireless Amphitheater, the "Taste of St. Louis" in downtown St. Louis, Missouri Chili Cook-Off (in Westport)



**Do You  
Want  
Free  
Money  
for  
School?**

**APhA—ASP has another great benefit...Scholarships! If you are interested in applying for a scholarship, the sooner the better. Contact our awards chair, Angela Chiu for details about the eligibility requirements!**

**I know you all want free money for school...and here's a great way to get it!**

**E-mail Angela at [achiu@siue.edu](mailto:achiu@siue.edu)**

## What is the Policy Proposal Processes?

By: Matt Von Derohe

The policy proposal process can be a fun and exciting experience. You may ask yourself, why should I even care about this? Well, it is one of the most important things you can be a part of as an APhA-ASP member. It is our chance to have our voices heard and potentially impact our profession. This whole process starts with us. We just have to think of ideas that can improve or change the profession of

pharmacy. These ideas can come from many places like work, rotation experiences, school, or the media. Then we work as a chapter to formulate these ideas into policy proposals.

From there, we take these proposals to our Midyear Regional Meeting. At this meeting all of us have the opportunity to get up and argue for or against various policy proposals. This experience can be

very lively as people defend their ideas. At the conclusion of the meeting, with any luck, some of our chapter's policy proposals could be among the proposals that are passed at Midyear. Afterwards, the passed proposals are sent to a committee for further revisions before being brought up again at the Annual Meeting. Here, we have the same opportunity to voice our approval or disapproval for certain

proposals. It's just done on a national level. If proposals are passed here, then they reflect the collective voice of the Academy of Student Pharmacists. In addition to all of this though, you can have a ton of fun traveling to these meetings, going out at night with friends and meeting new people. It is going to be a lot of fun this year in Cincinnati and San Antonio.

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**WE'RE ON THE WEB!**  
**WWW.PHARMACIST.COM**



## Committees

Want to make a difference? Want to get involved? Join one of these committees!

- American Pharmacist Month
- Operation Immunization
- Operation Diabetes
- Heartburn awareness
- Operation Humanity
- Newsletter

## Want to get more involved with APhA-ASP?

Not sure where to start?

There's tons of ways to be a part of our organization!

### You can:

- Join a committee
- Help at a fundraiser
- Attend MRM
- Come to our meetings
- Write for this Newsletter  
- If you like to write and want to help out with this publication, contact me! I'd love to have your help.

Kate Muhlstadt—Newsletter Editor

[kmuhlst@siue.edu](mailto:kmuhlst@siue.edu)

## MRM in Cincinnati

Get ready for MRM....It's right around the corner and you do not want to miss out!

### October 24-26th

MRM stands for Midyear Regional Meeting and this year our region will be meeting in Cincinnati, Ohio!

The MRM is an annual meeting that takes place each fall. It's a time from students to get together to learn, discuss and have fun.

There are educational forums, opportunities for professional development and there are opportunities to discuss policy proposals that could eventually affect you and how you are or are not able to practice after graduation.

On top of all these great benefits, MRM is a good chance to meet other pharmacy students. It's an opportunity to network. You never know who you'll meet!

MRM is an exciting meeting and we'd love everyone to come along. So watch for more information coming soon...but this is one opportunity that you do not want to miss!



## October: American Pharmacists Month



October is American Pharmacists Month. This is a time of year where we try to do several different activities to promote our profession

and to recognize all those hard-working Pharmacists in the community. There will be lots of activities to join in on during October!

This includes the annual Edwardsville Halloween parade. This year's theme is "It's a Small World". We'll need help decorating a float and having fun.

If you like to have fun, then this is the event for you!

Make sure to get involved and make a difference in your profession! October is a great month for just that!

We'll see you September 11th at our next meeting!