

Sigma Theta Tau International



Epsilon Eta Chapter Newsletter

January, 2010

Volume 28, Number 1

President's Message

Welcome to 2010 and the New Year!

Our chapter, Epsilon Eta continues to work in the direction of nursing knowledge, science, practice, and research. I had the pleasure of attending this year's Biennial Convention in Indianapolis, IN. Part of the title was "I am a nurse, and I am a part of the Global Nursing Community". During the convention, the new President for international was elected, Karen Morin. Four key actions were brought forth. *First, to create Welcoming Environments.* One way to do this is to stay abreast of all of our activities. Please plan to attend some or all that are listed in this newsletter. The one that we are particular proud is the upcoming 30th Anniversary Joint Meeting with Delta Lambda Chapter in St Louis. The program will have Dr. Pat Benner as speaker on March 25! See inside for further details. *Second to enhance knowledge resources and networks.* A good way to accomplish this is through the Virginia Henderson International Nursing Library, available at www.nursingsociety.org. *Third, contribute to global health, and fourth Creating a Legacy of Personal Leadership.* Also, please be proactive in the vote for new officer for your chapter. Ballots will be forthcoming, so watch for details. We are again excited to be involved in local nursing activities such as Academy of Medical Surgical nurses and international with the Well Project in Africa. It is our goal to have a well completed in the near future. Finally, if you are not receiving materials from this chapter or from International, please take a moment to update your contact information with International.

Best Wishes for the Coming Year!
 Pamela Newland, RN, PhD, CMSRN
 President, Epsilon Eta

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Epsilon Eta Chapter becomes 5th Time Chapter Key Award Recipient

Sigma Theta Tau International recognizes Epsilon Eta Chapter, Southern Illinois University, School of Nursing, Edwardsville, IL, USA as a 5th Time Chapter Key Award Recipient. Dr. Pam Newland accepted the award at the Biennial Convention on November 1, 2009. To receive the award, the chapter must maintain documentation of exemplary participation in the following activities: leadership, knowledge, service, community, and sustainability.

EDWARDSVILLE OR CARBONDALE THE CHOICE IS YOURS FOR THE BACCALAUREATE DEGREE IN NURSING



SIUE's Nursing program is now at two sites, the Edwardsville and Carbondale campuses! The First pre-nursing class has begun at the Carbondale campus (Fall, 2009 Semester). The first nursing class will be admitted to the Carbondale campus in Fall, 2010. For more information call (618) 650-3968 or e-mail Nancy Bievenue at the School of Nursing at nbieven@siue.edu. Reprinted from SIU-E School of Nursing



Upcoming Events

School of Nursing

March 25, 2010: *30th Anniversary Celebration*

April 21, 2010 Epsilon Eta Annual Business Meeting

March 15, 2010 Ballot Deadline for Officer Election

May 7 & 8, 2010 Spring Convocation and Commencement

Faculty Development Conference

The Epsilon Eta Chapter of Sigma Theta Tau International and SIU-E School of Nursing co-sponsored the Faculty Development Conference entitled **Innovation in Nursing Education**. Dr. Teri Murray, Dean and Associated Professor of the School of Nursing at St. Louis University, was the featured speaker.

(Shown on right) Dr. Murray presented insights into innovative models of clinical education. She also discussed the examination of academic-service partnerships that is thought to facilitate student learning. The conference was held October 14, 2009 in the Morris University Center.

The conference was a wonderful experience with new knowledge disseminated in relation to innovation for teaching clinical.

Also, a special thanks to Dr. Karen Kelly for the CE and preparation.



Fall 2009 STTI Induction Ceremony Highlights



Dr. Marjorie Baier, keynote speaker for the October 14, 2009, Epsilon Eta Chapter, Sigma Theta Tau Society Induction Ceremony began the afternoon with her presentation Travel to Experience Diversity.

Dr. Baier shares slides and stories of her travels to under-privileged countries. She encourages STTI members/inductees to take Rick Stevens advice: to connect with people, to be open to new experiences, to take others' histories seriously, to overcome fear, to see the world and its elements (good and bad) for yourself, and to go beyond your comfort zone, to be challenged.

Sigma Theta Tau chapters provide support for nurses, worldwide, in their efforts to find methods to improve conditions in a variety of countries.

Dr. Pam Newland, President of Epsilon Eta Chapter of Sigma Theta Tau International opens the fall 2009 STTI Induction Ceremony detailing the importance of membership and opportunities for members of this prestigious national nursing society organization.

Dr. Newland discusses the rewards that active membership brings, as the society is well known for supporting nursing endeavors worldwide.

Dr. Newland encourages new members to support the mission of the society through active participation in their chapter.

Friends, family, and educators were on hand to witness graduate, undergraduate, and community nursing leaders accept this prestigious award. Acceptance of the award, signifies one's intention to support Sigma Theta Tau International Honor Society by pledging to fulfill it's commitment to demonstrate nursing excellence through knowledge, scholarship, or service to improve the health of people worldwide. New members inducted into the Epsilon Eta Chapter of Sigma Theta Tau Interantional in a ceremony held in the Morris Center at Southern Illinois University-Edwardsville include:

Community Leader: Lindsey Simpson

RN-BS students: Beckie Frohock and Sandy Riley

Graduate students: Sheri Compton-McBride, Jennifer Davis, Katherine Figura, Melissa Foreman, Robin Grubbs, Shelley Harris, Christy Kelly, Leighann Remmert, Brooke Trickey, Caitlin Waldo and Laura Wong

Undergraduate students: Elise Allison, Ann, Altgilbers, Mara Dragovich, Gina Draksler, Emma Goldacker, Heather Kirkpatrick, Erica Markey, Sarah McMillan, Alice Mwaura, Brianna Phipps, Fazila Rana, Theron Ross, Britton Scott, Dylan Stennett, Lacey Walder and Holley Yeagle



Dr. Pam Newland, President of the Epsilon Eta Chapter of STTI, and Terry Alsbury, STTI President Elect (on the right), are pictured with some of the new inductees to their chapter of the STTI Society.

President Elect Terry Alsbury MSN, RN, BC reads the mission of the Honor Society of Nursing, Sigma Theta Tau, which is to support learning, knowledge, and professional development of nurses, who are committed to making a difference. After induction, in accordance to this mission, in the absence of Dr. Gladys Mabunda (awards chair), Ms. Alsbury presents four students who were chosen for their exemplary achievements with a certificate of recognition along with a monetary award in support for their present and future endeavors.



The awards and award recipients are as follows:

⌘ John Nichols - Betty Temples Mill Undergraduate Student Award for Academic Excellence.

This award is open to any undergraduate student who has been inducted as a chapter member and currently is in Semester 7 or 8 in the School of Nursing at SIUE.

⌘ Lorilee Sebesta - Epsilon Eta Non-Traditional Student Undergraduate Scholarship

This award is given to a nontraditional student, who have other full-time responsibilities besides nursing studies. Such students are men and women who might be older than traditional students, parent children or grandchildren/dependents, may or may not be married, or work full time or part time outside of school.

⌘ Jennifer Mogren - Graduate Student Merit Award

This award is open to any chapter member who is currently a student admitted to the Graduate Program of the School of Nursing at SIUE.

⌘ Jessica Singleton - Excellence in Clinical Nursing Practice Award

This annual award is open to any current member of the Epsilon Eta Chapter who is nominated by clinical faculty due to portraying excellence in clinical nursing practice.

A special thanks to Roberta Harrison, Amelia Perez, Michele Beatty, and Gladys Mabunda and the other members of the Awards Committee.

Seen on the right - Dr. Rhonda Comrie (Past President) shares in the post induction celebration for new members



**30th Anniversary Celebration
Delta Lambda Chapter
Epsilon Eta Chapter**

***Kemoll's Restaurant
1 Metropolitan Square
St. Louis, MO 63102***

Keynote Speaker will be Dr. Patricia Benner

**Sigma Theta Tau International
Honor Society of Nursing**



***Please join us for dinner
6:00 p.m. - Cash Bar
7:00 .m. - Dinner***

***Thursday, March 25, 2010
Cost \$30***

Please RSVP by February 28, 2010

Please print your name: _____

**_____ I will be unable to attend. _____ Yes! I'll be there. My entree choice is:
_____ Chicken _____ Salmon**

Please return your RSVP response with check and entree choice to:

**Christina Daniels
SIUE School of Nursing
Campus Box 1066
Edwardsville, IL 62026**

Please make \$30 check payable to Delta Lambda



Publications:

Lyerla, F., LeRouge, C., Cooke, D. A., Turpin, D., & Wilson, L. (2010). A nursing clinical decision support system and potential predictors of head-of-bed position for patients receiving mechanical ventilation. *AJCC-AMERICAN JOURNAL OF CRITICAL CARE*, 19 (1).

Newland, P., Naismith, R., & Ullione, M. (2009). The impact of pain and other symptoms on quality of life in women with relapsing-remitting multiple sclerosis, *Journal of Neuroscience Nursing*, 41(6), 322-328.

Riley, M., & Fearing, A. (2009). Mentoring as a teaching-learning strategy. *MedSurg Nursing Journal of Adult Health*. 18 (4), 228-223.

Simpson, L., & Baier, M. (2009). Disorder or Delusion? *Journal of Psychosocial Nursing*, 47(8), 36-41.

Poster and Oral Presentations:

Alsbury, T. (2009, September). Were Gold Standard Symptoms Present Eight Hours Prior to Cardiopulmonary Arrest? Poster Presentation: The Annual Gateway Martha Welch Nursing Research Conference, SIUE, Edwardsville, IL.

Gaehle, K.E., Comrie, R. & Popkess, A. (2009, November). Promoting professional student development through use of Carper's Patterns of Knowing and faculty mentoring. Peer reviewed poster presentation at the American Academy of Colleges of Nursing Annual Baccalaureate Education Meeting, Chicago, IL.

Newland, P., Riley, M., Neath, A., Fearing, A., Herndon, C., & Gibson, D. (2009, September). Symptom Clusters in Women with RRMS. Oral Presentation: The Annual Gateway Martha Welch Nursing Research Conference, SIUE, Edwardsville, IL.

White, K. (2009, October) Safe Zone Training at the Conference on Creating Inclusive Campus Environments for LGBTQ Students at Maryville University of St. Louis, MO.

Recognitions, Appointments, & Certifications:

Dr. Rhonda Comrie has successfully passed the NLN Academic Certified Nurse Educator Exam.

Dr. Chris Durbin and Ms. Becky Luebbert have been selected as State of Illinois, Illinois Board of Higher Education (IBHE) FY 2010 Nurse Educator Fellows.

Dr. Karen Kelly has been reappointed as a member of the Illinois Guardianship and Advocacy Commission's Human Rights Authority for the Metro-East through November 2012. This is a State organization involved with the protection of the rights of individuals who have disabilities.

Dr. Karen Kelly has also been re-elected as director-at-large to serve on the board of the Illinois Nurses Association. Dr. Kelly has also been elected to serve as a delegate to the 2010 American Nurses Association House of Delegates in Washington DC next June.

Dr. Karen Kelly has been invited by the new editor of "Nursing Forum," Pat Yoder-Wise, to serve on the journal's review panel.

Pam Newland receives their 5th Rising Star Award at the Dean's Award Banquet

Ann Popkess has recently completion of her doctorate. Ann superbly defended her dissertation and can now be addressed as Dr. Ann Popkess. What a wonderful achievement!

Dr. Ann Popkess has been selected to represent the Indiana University School of Nursing at the Student Poster Competition of the 2010 Midwest Nursing Research Society Conference!

Dr. Marguerite Riley received notification that she has passed the Certified Nurse Educator exam

**Epsilon Eta Annual Business Meeting
Wednesday April 21 from 5:00 – 7:30**

Speaker: Ann M. Popkess, PhD, RN

**"The Relationship Between Undergraduate, Baccalaureate Nursing Student
Engagement and Active Learning Use in the Classroom"**

**G C Cuisine and Crystal Garden
1230 University Drive, Edwardsville**

**Please join us for dinner
Cost is \$25.50 which includes dinner
Send checks to Christina Daniels or Pam Newland
SIUE School of Nursing
Edwardsville, Illinois**

RSVP to mibeatt@siue.edu or cdaniel@siue.edu by April 12, 2010

Time goes so quickly! Once again, it is time for the selection of new chapter representatives. Attached is an introduction for each of the candidates. Please review and return your ballots by March 15, 2010

Wishing you a Happy New Year!

Terry Alsbury, President Elect Publisher

Candidates for STT Epsilon Eta Chapter

Please submit ballot to Kendra Henske at khenske@siue.edu no later than Monday, March 15th, 2010

Vice President

Diane Siburt, MSN, RN

Diane received an MS with a focus on nursing education in 2008 from Maryville University, St. Louis, MO. She received a BSN from Maryville University, St. Louis, MO in 2005. Diane's area of expertise is pediatric critical care and pediatric dialysis. She has held positions at Cardinal Glennon Medical Center and is currently an instructor at Southern Illinois University Edwardsville, Edwardsville, IL

Diane has previously held the positions of President-elect and President for the Omicron Iota chapter of STTI, during which that time attended the biennial convention as a delegate and leads the chapter in hosting community outreach, research, and scholarship activities

Sheila Pietroburgo, MS, RN

Sheila has received an MS with a focus on nursing education from Southern Illinois University Edwardsville, Edwardsville, IL in 2005. In 1986, she received a BSN from Southern Illinois University Edwardsville, Edwardsville, IL

Sheila's area of expertise is critical care nursing, PACU nursing, and medical/surgical/trauma nursing. Sheila's professional society memberships and community Activities include Sigma Theta Tau (member) and a volunteer for the Juvenile Diabetes Research Foundation.

Treasurer

Virginia Behrhorst, MSN, RN

Virginia received an MSN in 1993 from Southern Illinois University Edwardsville, Edwardsville, IL. In 2002, she received a BS from Southern Illinois University Edwardsville, Edwardsville, IL Virginia is currently holds a certificate in gerontology from Southern Illinois University Edwardsville, Edwardsville, IL. In 1997, she received the ANP certificate from Jewish College of Nursing and Allied Health, St. Louis, MO. Her scholarly activities include course work begun toward the DNP. She has completed CEU's as required for APN certification. Professional Society memberships and community activities include Illinois State Association of Advanced Practice Nursing (ISAPN), Member, Honors Society Sigma Theta Tau (STT), Member Nurse Practitioner Women's Health, (NPWH), Member American Nurses Association (ANA), and Member

Treasurer (incumbent)

Christine R. Durbin, PhD, JD, RN

Christine received her PhD from University of Missouri St. Louis, St. Louis MO. In 1993, Christine received a JD from Saint Louis University School of Law, St. Louis MO Law. Christine also received a MSN in 1983 from St. Louis University School of Nursing, St. Louis, MO, BSN in 1976 from St. Louis University School of Nursing, St. Louis, MO; Diploma from Barnes Hospital School of Nursing , St. Louis, MO in 1971. Her area of expertise includes adult medical-surgical nursing, health law, advance directives, and community health. Christine scholarly activities include her Dissertation: Healthcare Decision-Making in community-Dwelling Adults.

Christine is also involved in many professional society memberships and community activities such as the American Nurses Association, Illinois Nurses Association, The American Association of Nurse Attorneys, American health Lawyers' Association, Sigma Theta Tau, Missouri Bar Association, The Asthma Coalition of the Greater Metro-East, and The greater East St. Louis Community health and Social Services Consortium

Leadership Succession Committee

Melisa Berendson, MSN, RN

Melisa received a MSN December 2009 from Southern Illinois University Edwardsville, Edwardsville, IL. In 2004, she received a BSN from Southern Illinois University Edwardsville, Edwardsville, IL. She is currently an instructor at Southern Illinois University of Edwardsville, Edwardsville, IL and an RN in the step down unit at Barnes Hospital, St. Louis, MO. Melisa currently is certified as a CPR/AED instructor. Melisa is currently a member of Sigma Theta Tau.

Leadership Succession Committee

Kendra Henske, MSN, RN

Kendra received a MSN in 2006 from Southern Illinois University Edwardsville, Edwardsville, IL. In 2003, she received a BSN from McKendree College, Lebanon, IL. She received her ADN from Lewis and Clark Community College, Godfrey, IL. Kendra is currently an instructor at Southern Illinois University Edwardsville, Edwardsville, IL. Her areas of expertise include maternal/child health, lactation, and childbirth education.

She currently maintains certifications as IBCLC and ICCE. Kendra is currently a member of Sigma Theta Tau.

The Candidates

President Elect (2 year term)

Vote for One

NA

Vice President

Vote for One

**Diane Siburt
Sheila Pietroburgo**

Treasurer (2 year term)

Vote for One

**Christine R. Durbin
Ginger Behrhorst**

Secretary (2 year term)

Vote for One

NA

Leadership Succession Committee

**Melisa Berendson
Kendra Henske**

Official Publication of



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Check out the Epsilon Eta Web page at [http://www.siu.edu/
NURSING/organizations/STT/index.shtml](http://www.siu.edu/NURSING/organizations/STT/index.shtml)

The International Website is <http://www.nursingsociety.org/>