



# Sigma Theta Tau International Epsilon Eta

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## President's Message—Dr. Rhonda Comrie

Autumn. Fall colors, blowing leaves, pumpkins, the chill in the air—we believe that autumn is finally here. Day by day we witness unusual and rapidly changing weather, wondering when the normal cycles of weather will return. I have grown to realize that normal is not a state of being, but represents the average of extremes that we experience. The regular changing of seasons and the desire for some kind of normal state reminds me that time moves forward, and we will all evolve with the times.

Such is the case with Sigma Theta Tau International. A professional organization evolves in order to remain meaningful and valuable for its members. At times, an organization must perform a self-analysis, reiterate its values, and seek to meet the expectations of future members and external groups. STTI embarked on such a project to realize its own "Vision 2020". The following paragraph contains excerpts from a national presentation prepared by STTI for all local Chapter Presidents.

Nine experts from six countries, appointed by 2005-2007 honor society President Carol Picard, were led by President-Elect Carol Huston. They examined significant trends that are likely to impact health care and the honor society by 2020. They studied the needs, wants, and demographics of honor society members

in 2020 and the new technology initiatives and imperatives that will likely affect communication and networking in 2020. Through a literature review, consultation, feedback from members and chapter leaders, and online focus groups with young members the group identified five themes. The themes capture the essence of how STTI needs to evolve to remain the organization of choice for scholarship, knowledge, and leadership for nurses globally.

Inside you will find each of the five themes strategically highlighted. Use them to frame your reflections on the Epsilon Eta Chapter here at SIUE School of Nursing. How Epsilon Eta evolves to meet the goals of Vision 2020 rests with each individual member—that is, You.

The Chapter Officers and Committee Chairs received the challenge to frame our organization using the themes of Vision 2020. We recognize the need to step out of the box and look at our organization differently—seriously considering our regularly planned annual events and identifying ways to help new members and the membership at large fully reap the benefits STTI has to offer. We need your help—share what you treasure about our local chapter and describe how you envision our chapter's evolution. Together we will create our chapter's *own* Vision 2020.

## Upcoming Events!

STTI Epsilon Eta Charter will host the Annual Joint Meeting of local chapters from Missouri and Illinois on January 28, 2008 at the Collinsville Holiday Inn. See details inside.

STTI Epsilon Eta Charter will host the Annual Business Meeting February 21, 2008

Southern Illinois Prairie Chapter of Academy of Medical Surgical Nurses will host a *Certification Review Course* on March 31 and April 1, 2008 at Anderson Hospital.

STTI Epsilon Eta Spring Induction will be on April 13, 2008 at the Morris University Center

**Annual Gateway Martha Welch Nursing Conference, November 13, 2007**

November 13, 2007

The annual research conference takes a new approach this year. Provided as a colloquium for persons interested in writing for publication, Dr. Marion Broome, Dean and Emeritus Professor at Indiana University School of Nursing Indianapolis will present “Dilemmas on Publishing Your Work: Politics and Process.” Future publishers will spend the afternoon learning the principles of publishing as well as working on preliminary plans for manuscripts.

Dr. Broome, an expert in pediatric pain, serves as the University Dean for the School of Nursing at Indiana University, Indianapolis, IN. She has published over 71 articles, 12 chapters, and 5 books, primarily in the area of pediatric pain and research ethics for children. Dr. Broome serves as a member of the editorial boards of Pediatric Nursing and Children’s Health Care (U.K.). After being inducted as a fellow of the American Academy of Nursing in 1994, she now serves as editor-in-chief of Nursing Outlook.

If you are interested in writing, and even more interested in publication, contact Doris Davis at 618-650-3960 (email:dordavi@siue.edu) for more information.

**Annual Business Meeting, February 2008  
Wanted: Your willingness to serve as a board member**

**“Vision Theme 1:  
Professional  
associations will  
continue to be  
part of nursing as  
long as they are  
relevant.”**

The Annual Business meeting will be held on February 22, 2008 at Bulleys’ Restaurant, 1035 Century Drive, Edwardsville, IL 6 - 9 p.m. The menu and details will be available in the Spring newsletter.

Officers and committee members are elected during the meeting. Becoming an officer is a great way to become involved in Epsilon Eta in a *big way*. Officers and committee chairs and members influence the direction of the chapter through their leadership.

Interested in serving? Contact Leadership Succession Chair, Dr. Rosanne Griggs at 618-650-5913 (rogrigg@siue.edu). This coming year, a new Vice President, treasurer, and two new members for the leadership succession committee will need to be elected. Each elected person serves a two-year term.

Help move Epsilon Eta toward its Vision 2020!

**Water for South Africa - Closer to Reaching our Goal**

Last fall, Epsilon Eta launched a campaign to raise money to bring clean water to a village in South Africa. We are moving closer and closer to reaching that goal!

Fundraising was launched on October 3 at last year’s SIUE-STTI Martha Welch Research Day. Since then, we received a contribution from the Pi Pi Chapter of STTI at Blessing-Rieman School of Nursing in Quincy, IL. An additional large dona-

tion in honor of a new inductee raised the balance even further. Additionally, water bottle sales at the School of Nursing continue to provide the main source of income. There is about \$2000 in the fund.

When Epsilon Eta first envisioned digging a well, the board was not certain of what source of water could be found in that location. Little did we know how difficult it is to locate underground water sources in

this region of the world. Consequently, plans are now being made to fund a pipeline which can provide water for the village. Using this approach, we should be able to finance a source of clean water for a small village by the end of this academic year!

Interested in helping make this dream a reality? Continue to purchase water at SIUE School of Nursing or establish a similar effort to finally fund the project.



For information contact  
President  
Rhonda Comrie  
or  
President-Elect  
Pam Newland

## Annual Joint Meeting of Local Chapters

Sigma Theta Tau International, Epsilon Eta Chapter will host the Annual STTI Joint Meeting on January 28, 2008, at the Holiday Inn, 1000 Eastport Drive, Collinsville, IL. The topic for the annual meeting will be "Cancer Survivorship". The speaker's for the evenings event will be Dr. Patricia Potter who is on staff at the Siteman Cancer Center and Dr. Kay Gaehle on faculty at SIUE School of Nursing.

Arrival and cocktails will begin at 6:30 p.m. The presentations start at 7:00 p.m. with dinner to follow. Dinner will be buffet style and cost \$25.00 per person. Please RSVP to Christina Daniels at SIUE at 1-618-650-3958. You may pay in advance or the night of the event.

**2020 Vision - Theme 2: "A strong foundation has been laid for the honor society to be an intentionally global organization by 2020, setting the stage for the work ahead."**

## Epsilon Eta Awards

The following awards will be conferred at the Spring 2008 induction ceremony:

Betty Temple Mills Award- 50\$ -undergraduate student

Excellence in Clinical Nursing Practice Award –\$100- current chapter member

Graduate Student Merit Award –\$100- chapter member who is in the graduate program

Writing for Publication Award- \$100-all members eligible

To apply for an award, applications are available from Awards Chair Marguerite Riley at 650-5836 or [mriley@siue.edu](mailto:mriley@siue.edu). Deadline for submission of application is April 7, 2008 .

## SIUE School of Nursing News

December 7, 2007—Graduate Student project Presentation Day

December 14, 2007— Graduate Student and RN to BS Student Nursing Convocation

December 15, 2007—Fall Commencement

April 26, 2008, 5:30 p.m.—4<sup>th</sup> annual **Jewels of Nursing Excellence Gala** at the Four Points by Sheraton in Fairview Heights, Illinois. There will be good food, fun, camaraderie and plenty of wonderful auction items—and all for an excellent cause—to support nursing students scholarships. Ticket prices are \$50.00 per person or \$500.00 per table of 10. If you are interested in attending, feel free to contact Kris Heather for more information or to order tickets at 618-650-2551 or [kheathe@siue.edu](mailto:kheathe@siue.edu).

May 2, 2008—Graduate Student Project Presentation Day

May 9, 2007—Spring Graduate and Undergraduate Student Nursing Convocation

May 10, 2007—Spring Graduation

## Congratulations to the New Members of STTI Epsilon Eta—Current Scholars and Future Leaders

**Vision 2020**  
**Theme 3**  
**“Given its**  
**intellectual**  
**capital, the honor**  
**society is the**  
**logical choice to**  
**be the premier**  
**knowledge**  
**resource for**  
**professional**  
**nursing in 2020.**

### Undergraduate/Graduate Inductees

Kate A Abitogun  
Mirjam Joy Allen  
Richard William Allen  
Melodie F Anderson  
Michele L Beatty  
Michelle Amber Becker  
Jamie Ann Benhardt  
Marilyn K Boatman  
Jennifer L Bond  
Jill Elizabeth Bowman  
Jennifer L Brandenburg  
April Dawn Brandt  
Laura Marie Brown  
Cody E Bruce  
Rebecca S Callaway  
Rebecca Lyn Carpenter  
Pamela G. Colley  
Kimberly A. Conner  
Sarah J. Coulter  
Makayla F. Dilliner  
Melissa Lynn Doty  
Andrea Lynn Easlick  
Wendy D. Edie  
Whitney Elaine Fugate  
Sara Elizabeth Fulton  
James Matthew Gauen  
Katrenia Renee Givens  
Joseph Martin Gould, Jr.  
Ashley Elizabeth Hamm  
Larissa Layne Hartman  
Lisa Lynette Hildebrand  
Sharolynn K. Hoolihan  
Katherine Anne Horvath  
Ebi P. Igba  
Sarah JoAnn Jacob  
Kate Elizabeth Johnson  
Karen A. Kennedy  
Bryce Charles Kiel  
Amy Lee Kinscherff  
Tracy H. Knoll  
Jesse G. Korns  
Erin G. Krieger  
Carolyn Marie Kuberski  
Catherine Ann Layloff  
Rebecca Jane Lester

Erin Colleen Lutz  
Christine M Manohar  
Brittany Michelle Marshall  
Rachel Ruth Marshall  
Leanne Michelle Mast  
Jureatha Mays  
Corey Lynn Meyer  
Valerie Renee Middendorf  
Lydia Gail Moehring  
Christopher L Mogren  
Emmy Adrian Moore  
Candi Jo Moyer  
Joshua Dean Newman  
Kimberly A Niebrugge  
Sharon E Norris  
Kera M Olson  
Sharon E Norris  
Kera M Olson  
Rachel Cathrene Oney  
Gretchen Norman Owens  
Talia Marie Palmisano  
Nicole Danielle Pelczynski  
Julianna M Peters  
Linda J Read  
Jessica Renee Ruppel  
Jennifer L Scales  
Katie Elizabeth Schotthofer  
Bethany Anne Shaver  
Katherine L Slevin  
Jason Eric Taylor  
Jennifer Anne Taylor  
Julie Ann Tichacek  
Vanessa M Turner  
Grant E Van Meter  
Krista Renee Weitekamp  
Angie Kay West  
Jamea Angelica Wills

### Nurse Leader Inductees

Tracy Colburn  
Susan Elizabeth Gallagher  
Kendra Henske  
Patty Kelly  
Cathie Joan Ketterer  
Janet Sue King  
Kathy Ann Paur  
Christine A Tomasko

## April 2007 Induction Ceremony Speaker and Inductees



Dr. Ruth Murray, spoke on “The commitment to service in the Nursing Profession” and described her service to St. Patrick’s Center in St. Louis, MO.



Undergraduate , Graduate and Community Leader Inductees

**Vision 2020 Theme 4:  
Comprehensive leadership  
development programs are  
required to ensure that  
nurses have the skills to be  
global leaders in 2020 and  
beyond.**

## February 2007 Annual Business Meeting

The annual meeting of Epsilon Eta was held on Thursday, February 22, 2007 at the Four Points Sheraton, Fairview Heights, IL.

Dr. Pam Newland presented her dissertation, the *Impact of Symptoms Quality of Life in Women with Relapsing-Remitting Multiple Sclerosis and Healthy Women..*

Officers were elected for the upcoming year as follows:

President-Elect: Dr. Pam Newland

Secretary: Rhoda Headley, APN

Leadership Succession: Dr. Rosanne Griggs

Governance Committee: Dr. Kim White Chair, Dr. Gladys Mabunda, Amelia Siatkowski

**Vision 2020 Theme  
5:  
Technology is a  
vehicle for achieving  
many of Vision  
2020's goals and the  
honor society's de-  
sired outcomes.**

## Walk for the Cure—2007 and 2008 Care to Join In?

Four members of Epsilon Eta registered as team members for the 2007 St. Louis Komen Walk for Breast Cancer. This year the members took advantage of the option to "Sleep In" when they could discovered they would not be able to join the other 65,000 walkers in downtown St. Louis.

The Board members are considering the next strategy for participation in 2008. Relay for Life events are locally sponsored, including a potential relay on the SIUE campus. Watch the Spring newsletter for information on walk participation.

If you would like to spearhead any of these events, please contact one of the officers. It would be exciting to put your leadership skills in motion.

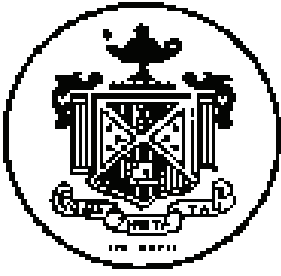
**We would love to hear from you? Please provide your email address to any member of Epsilon Eta Chapter!. Please let us know of any items you would like listed in the next newsletter coming out in the spring.**

Did you know that there are Continuing Education opportunities on the STTI website? Some of the newest opportunities cover clinical practice to evidence, transforming organizations to support evidence based practice, and weapons of mass destruction and disaster preparedness. Just go to <http://www.nursingsociety.org/Education/ContinuingEducation/Pages/ceonline.aspx>

**Scholarly Accomplishments** follow on page 7 and include information submitted by faculty at SIUE School of Nursing. *All members* are invited to submit information for future newsletters. Send your information *now* to Pam Newland, President-elect and editor of the newsletter. E-mail to [pnewlan@siue.edu](mailto:pnewlan@siue.edu)

## Nursing Scholarship through Research and Presentations

- Adkins, J. and Stanley, M. (2007). Achieving lipid goals: A study of outcomes in an NP clinic. *Advance for Nurse Practitioners*. 15(6), 61-64.
- Furfaro, T., Bernaix, L., Schmidt, C., & Clement, J. (in press) Nurse practitioners' knowledge and practice regarding malignant melanoma assessment and counseling. *Journal of the American Academy of Nurse Practitioners*.
- Schmidt, C., Bernaix, L., Koski, A., Weese, J., Chiappetta, M., & Sandrick, C. (2007). Hospitalized children's perceptions of nurses and nurse behaviors. *MCN: American Journal of Maternal Child Nursing*, 32, 272-278. (*Research Paper of the Year Award (MCN Award)*)
- Hamm, J., Bernaix, L., Clement, J., & Covington, N. (2007). The motivation to move: Prescribing exercise in primary care. *ADVANCE for Nurse Practitioners*, 15(5), 43-47.
- Paper Presentation – Bernaix, L., Arrizola, M., Iovenili, D., Medina-Poleniz, C., Schmidt, C., et al. *Lactation Knowledge, Attitudes, Beliefs and Intentions of NICU Nurses: An Intervention Study*. St. Louis Children's Hospital Annual Research Conference and 31<sup>st</sup> Midwest Nursing Research Conference, Omaha, NE.
- Boyd, M. (2008). *Psychiatric Nursing: Contemporary Practice* (4th ed.), Philadelphia: Lippincott, Williams, & Wilkins
- Mulcahy, M & Boyd, M. (May 15, 2007). Learning from Service Activities. Paradigms for the 21st Century: Educators, Community & Students. 2nd International Symposium on Service-Learning. University of Indianapolis, Indianapolis, IN.
- Boyd, M (June 5, 2007). Clinical Assessment & Interventions in Dementia. Clinical Updates in Mental Health & Developmental disabilities. Southern Illinois University School of Medicine & Illinois Department of Human Services. Springfield, Illinois.
- Boyd, M. (June 7, 2007). Overview of the Social-Political Context of Care. M. Boyd & G. Stevens (co-chairs) Late Life Psychiatric Disorders: Psychopharmacological Perspectives. American Psychiatric Nurses Association (Maryland Chapter).
- Boyd, M. (June 7, 2007). Cognitive Impairment in the Elderly. M. Boyd & G. Stevens (co-chairs) Late Life Psychiatric Disorders: Psychopharmacological Perspectives. American Psychiatric Nurses Association (Maryland Chapter).
- Boyd, M. (June 7, 2007). Psychosis & Agitation in the Elderly. . M. Boyd & G. Stevens (co-chairs) Late Life Psychiatric Disorders: Psychopharmacological Perspectives. American Psychiatric Nurses Association (Maryland Chapter).
- Boyd, M. & Warren, B. (June 23, 2007). Implications for the new Scope & Standards of Psychiatric Nursing Practice Clinical Psychopharmacology Institute. American Psychiatric Nurses Association. Cambridge, MA
- Boyd, M. (June 26, 2007). Nursing Management of Residents with Bipolar Disorder in Long-Term Care, 20th Annual National Association of Directors of Nursing Homes/Long-Term Care Annual Meeting, Las Vegas, NV.
- Flick, LH (June 11, 2007) Logistic Regression in Nursing Research. Presentation to nursing faculty and doctoral students, Burapha University, Chonburi, Thailand.
- Flick, LH, Cook, CA, Homan, SM, Mattfield-Beman, M, Pierce, K., Campbell, C, McSweeney, M, Parnell, L, Gallagher, ME. (June 3, 2007) Low protein intake amplifies the effects of maternal stress on preterm birth. International Family Nursing Conference, Bangkok, Thailand.
- Flick, LH, Cook, CA, Homan, SM, Mattfield-Beman, M, Pierce, K., Campbell, C, McSweeney, M, Parnell, L, Gallagher, ME. (April 5, 2007) Dietary protein: Protection against preterm birth in stressful environments. Arts and Sciences Colloquium on the Environment, Southern Illinois University, Edwardsville, Ill.
- Baylor, J. Flick, LH, Cook, CA, Homan, SM, Campbell, C, McSweeney, M, Parnell, L, Gallagher, ME. (March 25, 2007) Adolescent Mothers' Age-Discrepant Partners Have More Problem Behaviors Than Age-Consistent Partners, Midwest Nursing Research Society Annual Meeting, Omaha, Nebraska.
- Flick, LH, Chang, JJ, Cook, CL, Homan, SM, Campbell, CC, McSweeney, Gallagher, ME, Parnell, L (Dec. 8, 2006) Prenatal affective, anxiety and behavioral disorders and very preterm birth in a low-income community cohort. 12<sup>th</sup> Annual Maternal Child Health Epidemiology Conference, Atlanta, Georgia.
- Kelly, K. (2007), From apathy to savvy to activism: Becoming a politically active nurse. *American Nurse Today*, 2(8), 55-56.
- Kelly, K. (2007, July 19). Guest view: Health care system needs intensive care. *Belleville News-Democrat*, p. A4.
- Kelly, K. After Sunset: The Illinois Nurse Practice Act. Tenth District Illinois Nurses Association, Legislative Night, Fairview Heights, IL, September, 2007(invited)
- Popkess, Ann (2007). Nurses' Educational Fund Scholarship recipient
- Mabunda, G. (2007, September). Mental Health Conference: Making a difference together, unmasking cultural stigmatization for effective outreach and therapeutic interventions among legal immigrants / New Americans
- Newland, P. (2007, October). Impact of Symptoms on Quality of Life in Women with Relapsing Remitting MS and Healthy Women, 16th Annual Academy of Medical Surgical Nurses Poster.
- Schmidt, C. (2007). Self-care in children with type 1 diabetes: A survey of mothers. *MCN: The American Journal of Maternal-Child Nursing*, 32 (4), 223-229 and 2007 – MNRS Research Grant Scholar/ Recipient of ANF grant
- Ayoob, K., Durant, N.H., Faith, M., Haynes, B., Rowen, L., Schmidt, C., Tyler, R., Zedeck, C., Zeller, M. (2007). Childhood and Adolescent Obesity. *Bariatric Nursing and Surgical Patient Care*. 1(4), 229-239.
- White, K. (November, 2007). Adolescent sun exposure knowledge and risk behaviors. Poster presentation, American Public Health Association conference in Washington, DC.
- Yancey, V. (September 22, 2007). "An Ethic of Vulnerability: A Moral Grounding for Pain Management." at the Practice Challenges in Pain Management, Barnes Jewish Hospital, ASPMN and ONS.
- Siatkowski, A. (2007). Hispanic Acculturation: A concept analysis, *Journal of Transcultural Nursing*, 18 (4), 316.



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page at [http://www.siue.edu/  
NURSING/organizations/STT/  
index.shtml](http://www.siue.edu/NURSING/organizations/STT/index.shtml)  
The International Website is  
<http://www.nursingsociety.org/>

**Vision for 2020**

**As the second decade of the 21st century  
ends, the Honor Society of Nursing,  
Sigma Theta Tau International will be the  
organization of choice for scholarship,  
knowledge, and leadership for nurses**