

# Curiosity to Learn

[www.siu.edu/nursing](http://www.siu.edu/nursing)



## Report Contents

1 *From the Chancellor*

2 *From the Dean*

3 *Supporting Inquiry*

4 *Inquiring Faculty* | Faculty Research

6 *Inquiring Students* | Student Research

8 *Continued Inquiry* | Alumna Profile

9 *Jewels of Nursing* | Nursing Excellence

10 *Collaborative Inquiry* | Research Experts

12 *Recognizing our Donors*

16 *About the School* | Our Mission

18 *Recognizing Inquiry* | Scholarly Activity

*The SIUE School of Nursing is fully accredited by the Commission on Collegiate Nursing Education, the gold standard for baccalaureate and graduate degree nursing programs. The Certified Nurse Anesthesia Program is fully accredited by the Council on Accreditation of Nurse Anesthesia Programs.*





## From the Chancellor



Vaughn Vandegrift, Ph.D.  
SIUE Chancellor

The SIUE School of Nursing continues to grow as a dynamic place to learn and prepare for a rewarding career in health care.

Applications to the undergraduate nursing program are at record highs, and enrollment at both the undergraduate and graduate level continues to increase. The first accelerated baccalaureate in nursing class graduated in May 2007 after 15 months of rigorous study.

Under Dean Maurer's leadership, the number of nursing faculty has increased each year, from 53 in 2004 to 64 in 2006. The School is dedicated to developing faculty as teacher-scholars and incorporating research into student learning.

The University's values of Citizenship, Excellence, Integrity, Openness and Wisdom are clearly represented in the School of Nursing's commitment to the creation and sharing of knowledge.

Vaughn Vandegrift, Ph.D.  
SIUE Chancellor

## About SIUE

*Beautifully situated on 2,660 acres, SIUE is a public institution offering a broad choice of degrees and programs ranging from liberal arts to professional studies. Undergraduate and graduate degrees are offered in the arts and sciences, business, education, engineering and nursing. Professional degrees are available in dental medicine and pharmacy. Nearly 13,500 students choose SIUE for the enlightening programs, engaging faculty and convenient location just 25 minutes from St. Louis.*



## From the Dean



*Marcia C. Maurer, Ph.D., RN  
Dean and Professor,  
SIUE School of Nursing*

SIUE celebrates its 50th Anniversary in 2007. As the University community reflects upon and celebrates our accomplishments in higher education, I am particularly proud of the quality nursing education offered by the SIUE School of Nursing.

The measure of a quality nursing program is more than scores on the NCLEX or Master's Certification Examinations. Quality is assessed through the type of scholarship produced and the impact of that scholarship on improved patient care outcomes and educational initiatives.

Reflective of the University's teacher-scholar model, SIUE School of Nursing faculty embrace excellence in teaching within a student-centered, student-learning paradigm. At the same time, faculty members embrace inquiry and the scholarship of discovery, application and integration, and a passion for teaching.

The following pages reflect the commitment the School of Nursing faculty has to the scholarship of nursing, nursing practice and the enhancement of nursing education. Thank you to our alumni, donors and friends who support our commitment to quality.

*Marcia Maurer, PhD, RN*

*Marcia C. Maurer, Ph.D., RN  
Dean and Professor, SIUE School of Nursing  
Robert Wood Johnson Executive Nurse Fellow*

## Supporting Inquiry

# Nursing legislation in your corner

Today's population is living longer due to health care innovations and smarter lifestyle choices, and the call for qualified nurses continues to grow. In fact, it is estimated that there will be a shortage of more than 20,000 nurses in the state of Illinois—1 million nationally—by 2020.

SIUE School of Nursing Dean Marcia Maurer is recognized as a statewide leader in the nursing education arena. Dean Maurer was appointed to the nine-member advisory board of the Illinois Center for Nursing (ICN) in November 2006. According to the ICN Web site, the ICN was established by Gov. Blagojevich as part of an overall strategy to produce more highly skilled nursing professionals to meet health care needs in Illinois.

Dean Maurer and Lorraine Williams, associate professor in the School of Nursing, launched the Student Nurse Achievement Program (SNAP) in fall 2007. Select students started a five-year road to success through the SIUE School of Nursing. SNAP gives Metro East students from disadvantaged backgrounds the tools they will need to realize their full potential. Those admitted will not only set a course to earn a BSN; they will receive the guidance and support—professionally and personally—they need to become outstanding nursing professionals. They then return to their communities to provide nursing services for one year following graduation.

Dean Maurer has been a powerful advocate of maintaining excellence in nursing education and stands in support of legislation that addresses the nation's nursing needs. Dean Maurer has openly lent her support to U.S. Sen. Dick Durbin, D-Ill., and other top political leaders who have touted an amendment to the nation's Public Health Service Act to tackle current and projected nursing shortages.

### The NEED Act calls for:

The expansion of enrollment in baccalaureate nursing programs;

The development and implementation of internship and residency programs to provide mentoring and specialty opportunities;

Increased education in new technologies, including distance learning methodologies.

Senator Durbin introduced legislation in January 2007 that included NEED. In October, Senator Durbin amended the major funding provision of the NEED Act into the Senate's version of the Labor Health and Human Services FY08 Appropriation bill. It is currently assigned to the Senate's Health, Education, Labor and Pensions Committee.



## Inquiring Faculty



“Faculty members’ excitement and involvement in knowledge development keeps the educational process fresh and on the cutting-edge.”

*Louise Flick,  
professor in the SIUE School of Nursing*

### Our nation’s children

What is causing apparent increases in autism and asthma? Are lack of exercise and poor diet the only reasons that many children are overweight? The National Children’s Study, authorized by Congress in 2000, looks to find answers to these questions and more.

The 25-year study is a massive epidemiologic investigation to examine the effects of environmental exposures on the health and development of 100,000 children across the country. Children will be followed from before birth until age 21. The National Children’s Study will release its findings as children reach certain developmental milestones. Eventually more than 30 study centers will be identified to collect data from 105 representative counties.

# Creating Knowledge

SIUE School of Nursing Professor Louise Flick answered the National Children’s Study’s call for study center proposals. Flick is a co-principal investigator for the project, along with Terry Leet, chairman of the department of community health at Saint Louis University School of Public Health, and Michael DeBaun, associate professor of pediatrics and biostatistics at Washington University in St. Louis.

The team’s \$26 million five-year grant will fund study centers in the city of St. Louis and in Macoupin County, Ill. The team will recruit 1,000 participants per county: women prior to conception and very early in their pregnancies.

Flick likens the National Children’s Study to the Framingham Heart Study which resulted in 50 years of data collected from residents of Framingham, Mass. “Study results have revolutionized the way we view, treat and prevent cardiovascular disease,” she said.

“It is thrilling to think that I am part of the biggest epidemiologic study ever conducted in this country,” Flick continued. “Results will change how we understand the cause and prevention of disease and form the basis of child health guidance and interventions for generations to come.”

## Inquiring Faculty

# Reversing a local trend

The American Cancer Society estimates that about one in six men will be diagnosed with prostate cancer during his lifetime. One man in 34 will die of it.

One-third of St. Clair County men over 40 years of age deny ever being screened for prostate cancer. Minority men in St. Clair County are 50 percent more likely to get prostate cancer and twice as likely to die from the disease as men overall in the county. Not only do they have an increased risk for prostate cancer, but they are less apt to have health insurance or a health care provider.

In response to these startling statistics, Rita Arras and Kay Gaehle, both assistant professors in the SIUE School of Nursing, along with Roger Boyd, assistant professor in the SIUE Department of Social Work, have submitted a grant proposal to the American Cancer Society.

If funded, the grant will support several initiatives to “help men understand the risk factors, symptoms and treatment options for prostate cancer so

they can weigh their options and make informed decisions about their health,” explains Arras.

The grant proposal has three main components:

**Community-based participatory research:** The local health departments were involved in project development and will continue to be involved if the grant is funded.

**Mass media campaign:** The team will collaborate with the SIUE Department of Mass Communication to develop a culturally-appropriate mass media campaign.

**Knowledge intervention:** A mobile unit will offer free prostate cancer screenings at convenient locations. Case management and social support services will be available to individuals who test positive for prostate cancer.

“Our goal is to understand what forms of communication resonate with this at-risk population and ensure that they have access to the necessary information and treatment options,” said Arras.

“We hope to bring new insight through collaboration.”

*Rita Arras,  
assistant professor in the  
SIUE School of Nursing*



Left to right: Roger Boyd, Kay Gaehle and Rita Arras



## Inquiring Students

# Learning the art of inquiry

Candi Moyer, an SIUE School of Nursing junior, fell in love with obstetrics during clinical observations in her freshman year. When her professor, Laura Bernaix, approached her about submitting a proposal to SIUE's Undergraduate Research Academy (URA), it didn't take Moyer long to identify a research topic.

"I am most interested in labor and delivery," Moyer said. "My long-term career goal is to become a certified nurse midwife."

Moyer's research project, "Perceptions of Labor/Delivery Nurses Regarding Certified Nurse Midwifery Care," was one of 20 proposals accepted by the URA. Her research will look at the field of certified nurse midwifery from the nurse's perspective.

The URA allows students to engage in a research project or creative endeavor under the guidance of a faculty mentor for two consecutive semesters. Students are able to explore in-depth research or

creative processes at a level that is usually not available to them in their undergraduate studies.

"We know that evidence-based practice is the way to go. Hospitals want research in their organizations and they want nurses to be part of it," said Bernaix, Moyer's faculty mentor. "Candi will be able to make immediate research contributions in her future work environment as a result of this experience."

The results of Moyer's extensive literature review reveal that low-risk child-bearing women who are attended by a certified nurse midwife experience improved birth outcomes and patient satisfaction, decreased infant and maternal morbidity and mortality rates, and more cost-effective health care.

"Despite this list of benefits, only 10 percent of births in the U.S. are currently attended by a certified nurse midwife," said Moyer. "I believe nurses could be a great advocate of nurse midwifery care if they understood the benefits."

"I want to learn what resistance to midwifery exists and look for a way to make a difference."

*Candi Moyer,  
SIUE School of Nursing student*



## Inquiring Students



“The SIUE School of Nursing Health Care and Nursing Administration program was so much more than I imagined it would be.”

*Bill Rodgers,  
SIUE School of Nursing alumnus*

# Advancing the nursing profession

As manager of the Heart and Vascular Center at Alton Memorial Hospital, Bill Rodgers provides education and resources to physicians, nurses and cardiovascular technicians. “It is my job to see that all staff members understand the implications of the testing and treatments they administer,” said Rodgers.

Rodgers, a recent graduate of the SIUE School of Nursing Health Care and Nursing Administration master’s program, used his required graduate program research project as an opportunity to explore cardiovascular disease in women.

According to the National Institutes of Health, as many as three million women with previously diagnosed healthy arteries are at increased risk of coronary microvascular dysfunction, the forming of plaque in diffuse patterns throughout the coronary tree rather than focally, as is typically found in men.

To recognize coronary microvascular dysfunction before it progresses to its advanced stages, health care providers must recognize a woman at risk and understand that different treatment approaches than those traditionally used in men may be necessary.

“Women often come to the hospital with atypical symptoms,” he said. “Typical diagnostic testing such as coronary angiography may not be able to accurately detect coronary disease at the microvascular level.”

Study results led Rodgers to the following conclusions: Future research needs to be more gender balanced with greater female participation and initiatives to improve earlier recognition; diagnosis and treatment strategies need to be established.

“Health care providers and female patients need to be better educated about the unique cardiovascular needs of women,” said Rodgers.



## Continued Inquiry

# When duty Calls

Lt. Col. Marceline Robinson earned a bachelor of science in nursing in 1975 and a master of science in nursing in 1983, both from the SIUE School of Nursing.

“All of the professors and instructors provided me with the theoretical background and the scientific foundation I needed to succeed in mental health care,” said Robinson. “Professor Emerita Doris Bell and Associate Dean and Professor Mary Ann Boyd were particularly instrumental in preparing me for my role as a nurse.”

After graduation, Robinson found her niche in psychiatric nursing. She chose mental health as an area to focus on because “patients get better.”

“Continued research and medical advances have made the future look brighter for individuals living with mental illnesses,” she said.

Robinson is the associate chief nurse of mental health at the St. Louis Veterans Administration (VA) Medical Center—Jefferson Barracks Division. She has been employed at the VA for more than 20 years.

Currently training in Wisconsin, the 28-year veteran nurse and army reservist in the U.S. Army Nurse Corp. will venture into the Middle East later this year.

While Robinson is no stranger to traveling—having gone to Germany twice as part of her reservist training—this will be the psychiatric nurse’s first time in a war zone. The strength, support and encouragement of her family, friends and VA coworkers have prepared her for the upcoming mission.

“It’s incredibly fulfilling and everything I thought it would be.”

*Lt. Col. Marceline Robinson  
says of her nursing career*





## Jewels of Nursing

# *Celebrating* nursing excellence

The third annual Jewels of Nursing Excellence Gala and Awards honored those who share the School of Nursing's curiosity to learn and recognize nursing's vital role in health care. Nominations were made by alumni, health care agencies, health professionals, faculty, staff and friends of nursing.



SIUE School of Nursing Dean Marcia Maurer congratulates Gretchen Henderson.

### Outstanding Hospital or Health Care Agency *Alton Memorial Hospital*

Alton Memorial Hospital has taken a leadership role in regional health care by instituting comprehensive, dynamic environmental changes to further excellence in patient and family care. Using nursing theory, best evidence research and care delivery re-design, nurses and administrators at AMH strive to achieve exemplary patient and workplace outcomes.

### Outstanding Friend to Nursing *Sam and Geri Winston*

The Blowitz-Ridgeway Foundation, of which Sam Winston is a member, awarded a \$30,000 grant to the School of Nursing's Student Nurse Achievement Program (SNAP). The program offers students from underserved areas tutoring, nursing faculty mentors, summer immersion experiences and guidance on developing study skills, among other interventions. Sam and Geri have established a scholarship endowment and fund for students involved in SNAP and issued the Winston Family Challenge, which raised \$40,000 to support SNAP in just three months.

### Outstanding SIUE School of Nursing Alumnus *Jim Cato*

Cato earned his BSN from SIUE in 1978 and is now writing his doctoral dissertation on organizational leadership. As vice president and chief nursing officer for Eclipsys, he provides a nursing perspective to one of the nation's leaders in providing information solutions to health care needs.

### Outstanding New SIUE School of Nursing Alumna *Gretchen Henderson*

Henderson earned her MS from SIUE in 1999 and has served as school nurse for the Triad School District since 1998. She has implemented several initiatives to improve the health of the school community, including an annual health fair, a school-wide diabetes walk, help for children with obesity, and breast cancer awareness among teachers and staff.



## Collaborative Inquiry

# *The Journey* toward excellence

Health care is changing at a rapid pace. Evidence-based practice and nurse empowerment initiatives allow practicing nurses to stay on the leading-edge of health care while positively impacting patient outcomes and nursing care delivery.

### Anderson Hospital

Recognizing that nursing involves more than simply treating a patient's physical symptoms, Roberta Harrison, PhD, RN, assistant professor in the SIUE School of Nursing, and the nursing staff at Anderson Hospital are strengthening the organizational culture. The relationship-based care (RBC) model enhances a nurse's relationship with patients and family members, colleagues and themselves. "People all view and deal with illnesses differently," said Harrison. "A nurse's role is to help guide patients through their journey, making it as comfortable as possible." RBC initiatives result in increased nurse retention rates, a more efficient work environment and increased patient satisfaction. "The staff at Anderson Hospital is eager to work together. We share the desire to make an impact," said Harrison.

### SSM DePaul Health Center

Kathy Ketchum, PhD, RN, associate professor in the SIUE School of Nursing, is collaborating with staff nurses at SSM DePaul Health Center in St. Louis to infuse the principles of evidence-based nursing practices throughout the hospital. She has worked with the nurses to develop a Nursing Research Committee that will help all nurses learn about evidence-based practice, conduct literature reviews that will help with nursing care and appraise the level of the current evidence. In support of these efforts, the hospital recently acquired a contract for the Cumulative Index to Nursing and Allied Health Information, a nursing-focused literature database. "Nursing is a life-long learning process," said Ketchum. "It is essential for practicing nurses who are committed to research initiatives to have access to emerging knowledge."



Roberta Harrison pictured at left.



Kathy Ketchum seated at left.

## Collaborative Inquiry

Several SIUE School of Nursing faculty members are collaborating with area hospitals, serving as nursing research consultants as the hospitals move forward with these initiatives.

### Memorial Hospital

Richard Yakimo, PhD, RN, assistant professor in the SIUE School of Nursing, is helping Memorial Hospital in Belleville incorporate the most current evidence into nursing care. According to Nancy Weston, vice president of nursing services at Memorial Hospital, the hospital's commitment to research goes beyond applying for Magnet accreditation. "We are committed to research activities and the resulting contributions to the field of nursing," said Weston. "Through the discovery of best practices, we can make a difference in patients' lives." Yakimo is making a difference in his students' education. "It's difficult to discuss evidence-based practice when you have just begun to practice nursing," he said. "Keeping my students connected with this initiative makes research very real and practical for them."

### St. Elizabeth's Hospital

Marguerite Riley, PhD, RN, associate professor in the SIUE School of Nursing, is working with the nursing staff and nursing leadership at St. Elizabeth's Hospital in Belleville as they implement shared governance. They have formed four councils of shared governance: practice, education, research and management. Riley is serving as a consultant to the practice council as they establish a clinical ladder and review and revise hospital policies and protocols to reflect evidence-based standards. "Our goal is to empower nurses with the knowledge, forum and resources they need to provide input into patient-care decisions and enhance their commitment to evidenced-based holistic nursing care," said Riley.



Richard Yakimo seated at right.



Marguerite Riley, seated far left.



## About the School

# Academics and Scholarships

The SIUE School of Nursing offers a wide variety of degree programs for both students and current health care professionals. Classes are interactive and focused on learning and critical thinking, essential skills for nursing care.

### Undergraduate (Baccalaureate) Programs

- Basic - Program for Licensure  
RN to BS
- Honors Program
- Accelerated BSN option

### Graduate (Master's) Programs

- Health Care and Nursing Administration
- Nurse Anesthesia
- Nurse Educator
- Family Nurse Practitioner
- Clinical Nurse Leader

### Non-Degree Seeking Programs

- School Nurse
- Gerontological Nursing
- Nursing Management
- Nursing Management and Professional  
Development Sequence

The SIUE School of Nursing is fully accredited by the Commission on Collegiate Nursing Education, the gold standard for baccalaureate and graduate degree nursing programs. The Certified Nurse Anesthesia Program is fully accredited by the Council on Accreditation of Nurse Anesthesia Programs.

### Scholarship Support

The SIUE School of Nursing admitted the largest class of students ever in one semester in fall 2006. With your charitable support, our rapidly growing student body will continue to receive an educational experience like no other. Please consider giving to the SIUE School of Nursing this year. Make a difference in the lives of our students. Inspire the future of nursing.

For more information on scholarship giving, visit [www.siu.edu/nursing](http://www.siu.edu/nursing) or contact Angela Peters, director of development, 618-650-3906, [angpete@siue.edu](mailto:angpete@siue.edu).

“I look forward to helping people throughout my life, and I know that SIUE will prepare me to be the best nurse I can be!”

*Makayla Dilliner,  
SIUE School of Nursing student*

## About the School

# Our Mission

The School of Nursing at Southern Illinois University Edwardsville, comprised of graduate and undergraduate programs, prepares professional nurses through creative teaching by fostering:

**Curiosity to learn** through engaging students in scholarship of inquiry and practice and dissemination thereof

**Courage to serve** through collaborative practice, professional leadership, and advocacy for the sake of patient care

**Compassionate care** for clients served in multiple and diverse settings

**Respect for all** peoples through cultural awareness in order to provide competent nursing care to diverse populations

**Life-long learning** and commitment to the advancement of the nursing profession

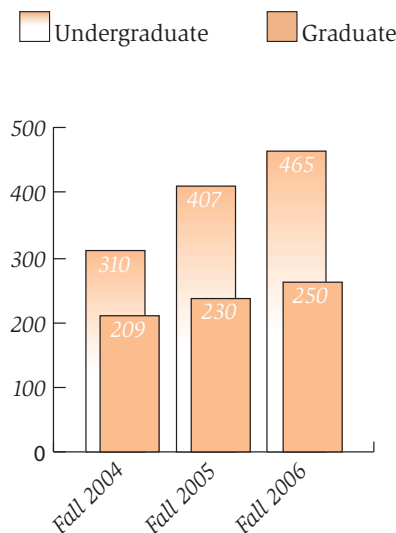
“Keep challenging yourself, keep furthering your education and keep asking those important questions.”

*Lynne Dillender  
SIUE School of Nursing graduate*

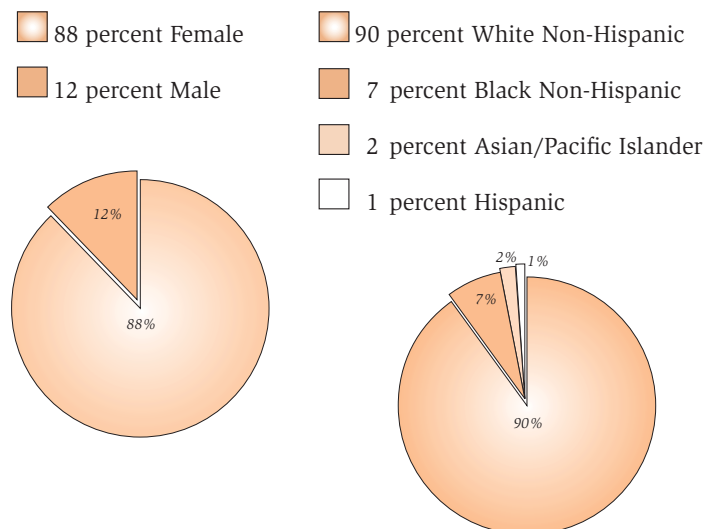


*Lynne Dillender, SIUE School of Nursing graduate and May 2007 commencement speaker.*

### SIUE School of Nursing Student Enrollment



### Snapshot of the Fall 2006 Class





## Recognizing Inquiry

# Faculty Highlights

### Awards

Fearing, Arleen - 5-year Service Award, SWIC Nursing Advisory Board.

Flick, Louise - Vaughnie J. Lindsay Research Professorship, SIUE Graduate School.

Gaehle, Kay - 1st annual IBHE Nurse Educator Fellowship Award.

Newland, Pamela - Achievement Award, Academy of Medical Surgical Nursing, Southern Illinois Prairie Chapter.

Perry, Anne - Bronze Award, Mosby's Nursing Skills CD-ROM, 54<sup>th</sup> Annual Columbus International Film and Video Festival.

Schmidt, Cynthia - Henry and Annette Baich Inaugural Research Award, SIUE Graduate School.

### Texts Published

Austin, W. & **Boyd, M.** (2006). *Psychiatric Nursing for Canadian Practice*. Philadelphia: Wolters Kluwer.

Elkin, M., **Perry, A.G.**, Potter, P. A. (Eds.), (2007), *Nursing interventions and clinical skills*, 4<sup>th</sup> edition, St. Louis: Elsevier Inc.

**Perry, A.G.**, Potter, P. A. (Eds.) (2007), *Pocket guide to basic skills and procedures*, 7<sup>th</sup> edition, St. Louis, Elsevier, Inc.

Potter, P. A. and **Perry, A. G.** (2007). *Basic Nursing*, 6<sup>th</sup> edition. St. Louis, Mosby.

### Articles & Papers Published

Adkins, J. & **Stanley, M.** (2007). "Achieving lipid goals in a nurse practitioner clinic setting." *Advances for Nurse Practitioners*, Vol 15(6), 61-64.

Anderson, D., Horton, C., O'Toole, M. L., Brownson, C. A., **Fazzone, P.**, & Fisher, E. B. (2007). "Integrating depression care and self management

in patients with diabetes: lessons from the Robert Wood Johnson Foundation Diabetes Initiative." *Diabetes Spectrum*, Vol. 20 (1), 10-16.

Ayoob, K., Durant, N.H., Faith, M., Haynes, B., Rowen, L., **Schmidt, C.**, Tyler, R., Zedeck, C., Zeller, M. (2007). "Childhood and Adolescent Obesity." *Bariatric Nursing and Surgical Patient Care*. 1(4), 229-239.

**Baier, M.** (2006). Agatha Hodgins. In B. F. Shearer (Ed.), *Home front heroes: A biographical dictionary of Americans during wartime*. Westport, CT: Greenwood Press.

**Baier, M.** (2006). Dita Kinney. In B. F. Shearer (Ed.), *Home front heroes: A biographical dictionary of Americans during wartime*. Westport, CT: Greenwood Press.

**Baier, M.** (2006). Catherine Lawrence. In B. F. Shearer (Ed.), *Home front heroes: A biographical dictionary of Americans during wartime*. Westport, CT: Greenwood Press.

**Baier, M.** (2006). Anita Newcomb McGee. In B. F. Shearer (Ed.), *Home front heroes: A biographical dictionary of Americans during wartime*. Westport, CT: Greenwood Press.

**Baier, M.** (2006). Mary Jane Safford. In B. F. Shearer (Ed.), *Home front heroes: A biographical dictionary of Americans during wartime*. Westport, CT: Greenwood Press.

**Baier, M.** (2006). Susie Baker King Taylor. In B. F. Shearer (Ed.), *Home front heroes: A biographical dictionary of Americans during wartime*. Westport, CT: Greenwood Press.

**Baier, M.** (2006). Louisa Tompkins. In B. F. Shearer (Ed.), *Home front heroes: A biographical dictionary of Americans during wartime*. Westport, CT: Greenwood Press.

**Baier, M.** (2006). Lillian Wald. In B. F. Shearer (Ed.), *Home front heroes: A biographical dictionary of*

*Americans during wartime*. Westport, CT: Greenwood Press.

**Bell, D., Williams, L.D.**, Davis, C. (2007). "Diagnosis and Outcome Development." *Psychiatric Nursing for Canadian Practice*, (pp. 170-180). Philadelphia: Lippincott, Williams, & Wilke.

**Boyd, M.A.** (2006). "Nurse Manager as Team Leader: Formulating an individualized care plan." *Interventions: Addressing the Challenges of Dementia Management in Long-Term Care*. Postgraduate Healthcare Education & Postgraduate Institute for Medicine.

Bostrom, A.C., **Boyd, M.A.**, Hamera, E. (2006). "Medication compliance and relapse prevention in schizophrenia." *Psychiatric Nurse Counseling Points*, 1(1). American Psychiatric Nursing Association & Delaware Media Group, Inc, Ridgewood, NJ.

Brownson, C., Miller, D., Crespo, R., Neuner, S., Thompson, J., Wall, J. C., Emont, S., **Fazzone, P.**, Fisher, E.B., & Glasgow, R. (2007). "Development and use of a quality improvement tool to assess self-management support in primary care." *Joint Commission Journal on Quality and Patient Safety*. Vol 33 (7), 408-416.

**Flick, L.H.**, Cook, C.A., Homan, S.M., Campbell, C., McSweeney, M. and Parnell, L. (2006). "Persistent tobacco use in pregnancy and risk of psychiatric disorder." *American Journal of Public Health*. 96(10), 1799-1807.

Giurgescu, C., Penckofer, S., **Maurer, M.**, & Bryant, F., (2006). "Impact of uncertainty, social support, and prenatal coping on the psychological well-being of high-risk pregnant women." *Nursing Research*, September/October, 55(6), 356-365.

Hamm, J., **Bernaix, L., Clement, J.**, & Covington, N. (2007). "The motivation



## Recognizing Inquiry

to move: Prescribing exercise in primary care." *Journal of American Academy of Nurse Practitioners*.

**Kelly, K.** (2007). "Power, politics, and influence." *Leading and managing in nursing*, 4<sup>th</sup> ed., pp. 169-187, St. Louis: Mosby.

Lasiuk, G., **Williams, L.D.**, & **Boyd, M.A.** (2007). "Stress, Crisis, and Disaster Management." *Psychiatric Nursing for Canadian Practice* (pp. 807-838). Philadelphia: Lippincott, Williams, & Wilke.

Meyer, G.A., Lavin, M.A., & **Perry, A.G.** (2007). "Is it time for a new category of nursing Diagnosis?" *International Journal of Nursing Terminologies & Classifications*, 18 (2): 45-50.

**Schmidt, C.** (2007). "Self-care in children with type 1 diabetes: A survey of mothers." *MCN: The American Journal of Maternal-Child Nursing*, 32 (4), 223-229.

**Yancey, V.** (2007). "Palliative care." *Nursing interventions and clinical skills* (4<sup>th</sup> ed.). St. Louis: Elsevier Inc.

### Presentations

**Arras, R.E.**, Freburg, M., & LaMartina, D. (2007). "Why should I care?" International Caring Conference, St. Louis, MO.

**Arras, R.E.**, Hutchinson, K. & Peters, M. (2006). "Cultivating population focused clinical experiences for undergraduate nursing students." American Public Health Association Meeting, Boston, MA.

**Baier, M.** (2007). "How Civil War Nurses Got Their Pensions." Research Presentation for Doctoral Student Audience, St. Louis University.

**Baier, M.** (2006). "How Civil War Nurses Got Their Pensions: The Woman's Relief Corps and Annie Wittenmyer." Paper presentation, American Association for the History of Nursing Annual Conference, Rochester, Minn.

**Baier, M.** (2006). "National Association of Army Nurses: Dorothea Dix's Nurses." Paper presentation, Annual Research Day, Blessing Rieman College of Nursing, Quincy.

Baylor, J., **Flick, L.H.**, Cook, C.A., Homan, S.M., Campbell, C., McSweeney, M., Parnell, L., Gallagher, M.E. (2007). "Adolescent mothers' age-discrepant partners have more problem behaviors than age-consistent partners." Midwest Nursing Research Society Annual Meeting, Omaha, Neb.

Behm, K., **Ketchum, K.M.**, Johnson, C., Vandever, J., Rippetto, F. (2007). "Implementation of PDA technology into a nursing curriculum." Paper presentation, SIUE Technology Fair.

**Bernaix, L.**, Arrizola, M., Iovenili, D., Medina-Poleniz, C., **Schmidt, C.**, et al. (2007). "Lactation Knowledge, Attitudes, Beliefs and Intentions of NICU Nurses: An Intervention Study." Paper presentation, St. Louis Children's Hospital Annual Research Conference, St. Louis.

**Bernaix, L.**, Arrizola, M., Iovenili, D., Medina-Poleniz, C., **Schmidt, C.**, et al. (2007). "Lactation Knowledge, Attitudes, Beliefs and Intentions of NICU Nurses: An Intervention Study." Paper presentation, 31<sup>st</sup> Annual Midwest Nursing Research Conference, Omaha, Neb.

**Bernaix, L.** (2007). Keynote Speaker, "Breastfeeding Promotion in the Hospital: Setting the Stage for Success." Paper presentation, St. Luke's Medical Center, St. Louis.

**Bernaix, L.**, Arrizola, M., Iovenili, D., Medina-Poleniz, C., **Schmidt, C.**, et al. (2006). "Lactation Knowledge, Attitudes, Beliefs and Intentions of NICU Nurses: An Intervention Study." Paper presentation, Martha Welch Annual Research Conference, Sigma Theta Tau, SIUE.

**Boyd, M.A.** (2006). "Effective Symptom Control in the Bipolar Manic Patient." Midwest National Primary Care Conference, Chicago.

**Boyd, M.A.** (2006). "Use of Films in Teaching Psychopathology." Relevance of Films for Pedagogy and Practice Symposium, American Psychological Association Annual Meeting, New Orleans.

Boyd, R.E. & **Arras, R.E.** "Minority men's health: Under the Radar." International Congress of Qualitative Inquiry, Champaign.

Byrd-Blake, M. & **Sander, R.** (2007). "Perceptions of learning through blackboard hybrid courses given comfort with technology, motivation to learn technology skills and online learning experience." Poster presentation, Spring Faculty Symposium, SIUE.

**Cruz, V.L.** (2007). "Long-Term Care and Management of the Dementia Resident." Clinical Updates Conference in Mental Health & Developmental Disabilities.

**Cruz, V.L.** (2006). "Outcome of an Alzheimer's Care Educational Training Program on the Staff and Residents." Paper presentation, International Nursing Research Congress, Sigma Theta Tau Int. Montreal, Quebec, Canada.

**Cruz, V.L.** (2006). "Outcome of an Alzheimer's Care Educational Training Program on the Staff and Residents." The Gerontological Society of America's Annual Scientific Meeting, Dallas.

**Cruz, V.L. & Kelly, K.** (2007). "A Nursing Management Certificate Program: Responding to the Needs of the Nursing Community." SIUE Technology Fair.

**Flick, L.H.** Cook, CA, Homan, SM, Mattfield-Beman, M, Pierce, K., Campbell, C, McSweeney, M, Parnell, L, Gallagher, ME. (2007). "Low protein intake amplifies the effects of maternal stress on preterm birth." 8<sup>th</sup> International Family Nursing Conference, Bangkok, Thailand.

**Flick, L.H.** Cook, C.A., Homan, S.M., Mattfield-Beman, M., Pierce, K., Campbell, C., McSweeney,



## Recognizing Inquiry

M., Parnell, L., Gallagher, M.E. (2007). "Dietary protein: Protection against preterm birth in stressful environments." Arts and Sciences Colloquium on the Environment, SIUE.

Baylor, J., **Flick, L.H.**, Cook, C.A., Homan, S.M., Campbell, C., McSweeney, M., Parnell, L., Gallagher, M.E. (2007). "Adolescent mothers' age-discrepant partners have more problem behaviors than age-consistent partners." Midwest Nursing Research Society Annual Meeting, Omaha, Neb.

**Flick, L.H.**, Chang, J.J., Cook, C.L., Homan, S.M., Campbell, C.C., McSweeney, M., Gallagher, M.E., Parnell, L. (2006). "Prenatal affective, anxiety and behavioral disorders and very preterm birth in a low-income community cohort." 12<sup>th</sup> Annual Maternal Child Health Epidemiology Conference, Atlanta.

**Gum, G.** (2007). "Advance Directives." Meridian Village Assisted Living Center, Glen Carbon.

Homan, S.M., **Flick, L.H.** (2006). "Rural resource mothers program improves prenatal care and birth outcomes." 12<sup>th</sup> Annual Maternal Child Health Epidemiology Conference, Atlanta.

**Fearing, A. & Riley, M.** (2007). "Constructivist course design: Student centered online learning for graduate students." Teaching and Technology Fair, SIUE.

**Flick, L.H.**, Cook, C.L., Chang, J.J., Homan, S.M., Campbell, C.C., McSweeney, M., Parnell, L. & Gallagher, M.E. (2006). "Psychiatric disorder, lifetime symptoms and birth outcomes." American Public Health Association Annual Meeting, Boston.

Hwa-Froelich, D., Cook, C.A., **Flick, L.H.**, Homan, S.M., Campbell, C., McSweeney, M. (2006). "Communication interactions between mothers with depression and their children." American Speech-Language-Hearing Association, Miami.

**Flick, L.H.** and Leet, T.L. (2006). "Update on Infant Mortality Surveillance and Risk Analysis for St. Louis City and County (1988-2004)." Paper presentation, St. Louis Fetal Infant Mortality Review, Community Action Team.

**Flick, L.H.**, Chang, J.J., Cook, C.L., Homan, S.M., Campbell, C.C., McSweeney, M., Gallagher, M.E., Parnell, L. (2006). "Is presence of any psychiatric disorder in pregnancy or high lifetime symptoms associated with poor birth outcomes?" Martha Welch Annual Research Day, SIUE.

**Kelly, K.**, (2007). "Mandatory Staffing Ratio Legislation." St. Elizabeth's Hospital, Bellville.

**Kelly, K.**, (2007). "Legislative Forum Update: Illinois Nurse Practice Act Sunset." Illinois Organization of Nurse Leaders, Bloomington.

**Kelly, K.**, (2007). "Sunset 2007: The Illinois Nurse Practice Act - Creating Change Through Grassroots Action." Alton Memorial Hospital, Alton; St. Joseph's Hospital, Highland; St. Elizabeth's Hospital, Belleville; Southwestern Illinois College, Belleville; Memorial Hospital, Belleville; Anderson Hospital, Maryville; St. Mary's/ Good Samaritan Hospitals, Centralia; Southern Illinois Collegiate Common Market, Herrin.

**Ketchum, K.M.**, Behm, K., Johnson, C., Vandever, J., Rippetto, F. (2007). "Podcasting, video, and PDAs. What? No IPOD!!" Paper presentation, Creative Teaching in Nursing Education, Memphis, Tenn.

**Lyerla F.**, LeRouge C., Cooke D., Turpin D., Wilson L., & Metheny N. (2007). "Semirecumbent Positioning of Mechanically Ventilated Patients via a Nursing Clinical Decision Support System." Poster presentation, Midwest Nursing Research Society, Omaha, Neb.

**Mabunda, G.**, (2007). "Helping the World's Endangered Children." The Great Decisions Series, World Affairs Council of St. Louis, Forest Park Community College, St. Louis.

**Mabunda, G.**, (2007). "Assessment of the Cultural Competence Level of Faculty and Nursing Students at a Midwestern University." 2nd Annual National Public Health Nursing Conference & Webcast, Memphis, Tenn.

**Mabunda, G.**, (2007). "Assessment of the Cultural Competence Level of Faculty and Nursing Students at a Midwestern University." Midwest Nursing Research Society Annual Research Conference, Omaha, Neb.

**Mabunda, G.**, (2007). "The Course of HIV Disease." Multidisciplinary Core Seminar: Current Approaches to HIV Care, Midwest AIDS Training and Education Center, St. Louis.

**Mabunda, G.**, (2006). "Assessment of the Cultural Competence Level of Faculty and Nursing Students at a Midwestern University." Annual Gateway Martha Welch Nursing Conference, SIUE.

**Mabunda, G.**, (2006). "Reaching Out to Special Groups to Improve HIV and STI Care and Prevention." Moderator, American Public Health Association Annual Meeting and Exposition, Boston.

**Newland, P.** (2007). "Impact of Symptoms on Quality of Life in Women with Relapsing Remitting Multiple Sclerosis and Healthy Women." Poster presentation, Symposium on Health Care, Springfield.

**Newland, P.** (2007). "Impact of Symptoms on Quality of Life in Women with Relapsing Remitting Multiple Sclerosis and Healthy Women." Unpublished doctoral dissertation presentation, SIUE Sigma Theta Tau Epsilon Eta Annual Business Meeting, Fairview Heights.

**Newland, P.** (2007). "Impact of Symptoms on Quality of Life in Women with Relapsing Remitting Multiple Sclerosis and Healthy Women." Unpublished doctoral dissertation presentation, University of Southern Indiana-Sigma Theta Tau Omicron Psi Research and Health Care Issues Conference, Evansville, Ind.



## Recognizing Inquiry

**Perry, A.**, (2007). "Nursing as an Integral Partner in Interdisciplinary Research, Creating Collaborative Research Partners." Southern Illinois University Carbondale, Carbondale.

**Perry, A.**, (2007). "At the Bedside: Where Knowledge and Practice Meet." St. Elizabeth's Hospital Research Day Keynote, Belleville.

**Popkess, A.**, (2007). "Are nursing students engaged? An analysis of baccalaureate students' responses to the National Survey of Student Engagement." Paper presentation, 12<sup>th</sup> Annual Research Day, Blessing Hospital, Quincy.

**Sander, R.** & Williams, L. (2006). "Bioterrorism Preparedness & Response Exercise-Are We Ready?" Symposium presentation, State of Illinois Department of Health - Sustaining the Heartland, Illinois Bioterrorism Summit, Oakbrook.

**Sander, R.** (2006). "Measurement of Functional Status in the Spinal Cord Injured Patient." Paper presentation, Midwest Nursing Research Society, Milwaukee.

**Sander, R.** (2006). "The Present Danger of Bioterrorism-Are We Ready?" Presentation, Scholars Springboard, SIUE.

**Sander, R.** (2006). "Global Health Pandemic & Security." Kimmel Leadership Center, SIUE.

**Schmidt, C.**, Koski, A., Weese, J., **Bernaix, L.**, Chiappetta, M., Sandrik, K. (2007). "Hospitalized Children's Perceptions of Nurses and Nurse Behaviors." Paper presentation, Marcia Kay Gillece Memorial Lectureship, Children's Memorial Medical Center, Chicago.

**Schmidt, C.**, Chiappetta, M., Carroll, E., Cook, A., **Bernaix, L.**, Deligiannis, L., Guzick, M., Mayer, K., Jackson, B., Sullivan, S. (2007). "In-Hospital Survival Skills Training for Type 1 Diabetes: Perceptions of Children and Parents." Poster presentation, St. Louis Children's Hospital Annual Research Conference, St. Louis.

**Stanley, M.** (2007). "Community Based Initiatives in the Global Context Enhancing Clinical Excellence: Linking Research to Education and Practice." Edwardsville.

**Stanley, M.** (2006). "Achieving Lipid Goals in a Nurse Practitioner Clinic Setting." Martha Welch Research Day, SIUE.

**Stanley, M.** (2006). "Building Health Communities in Rural Villages in India." Martha Welch Research Day, SIUE.

**Tomasko, C.** (2006). "Components and Outcomes of Group Healthcare Visits." Martha Welch Research Day, SIUE.

**Williams, L.D.** (2007). "Prevention of Heart Disease and Self-Care Needs after a Heart Attack." American Heart Association, Learn and Live Series, East St. Louis.

**Williams, L.D.** (2007). "Strategies to address early signs of hypertension to prevent stroke." American Heart Association, Learn and Live Series, East St. Louis.

**Yakimo, R.** (2007). "The Psychiatric Consultation-Liaison Staff Satisfaction Survey." 9<sup>th</sup> Annual International Society of Psychiatric-Mental Health Nurses Conference, Montreal, Quebec, Canada.

**Yakimo, R.** (2007). "Evaluating Clinical Research: Deal or No Deal?" Nursing Grand Rounds, Memorial Hospital, Belleville.

**Yakimo, R.** (2006). "Composing a Role: The Case of Psychiatric Consultation-Liaison Nurses." Martha Welch Research Day, SIUE.

**Yancey, V.** (2007). "Holistic Approach to Caring for People." ACEP Extern Education, Barnes Hospital, St. Louis.

**Yancey, V.** (2007). "Stress Management for Caregivers." Christian Hospital, St. Louis.



Assistant Professor Kay Gaehle was one of 15 nurses in the state of Illinois to receive a \$10,000 IBHE Nurse Educator Fellowship. Gaehle is further developing her expertise in oncology.

Alumni Hall, Room 2117  
Box 1066  
Edwardsville, IL 62026-1066  
[www.siu.edu/nursing](http://www.siu.edu/nursing)

## 2007-08 Dates to Remember

*School of Nursing Convocation*  
December 14, 2007

*Commencement*  
December 15, 2007

*Open House for prospective nursing students*  
February 16, 2008

*4<sup>th</sup> Annual Jewels of Nursing Excellence Gala & Awards*  
April 26, 2008

*School of Nursing Convocation*  
May 9, 2008

*Commencement,*  
May 10, 2008



For more than  
40 years, the SIUE  
School of Nursing  
has provided  
exceptional  
educational  
opportunities to  
men and women  
pursuing a career  
in nursing.

