

# THE MORE YOU KNOW

A PUBLICATION OF UNIVERSITY HOUSING'S RESIDENCE LIFE

Volume 2, Issue 4

APRIL 2009

## Spring is here at SIUE! ...Are you enjoying the outdoors?

Spring is in the air...everywhere you look around! The birds are chirping and the days are longer. What are you doing to celebrate the change of seasons? Many students miss out by staying in their apartments or rooms. In today's society, it is very easy to become a "prisoner" in your own residence by all the available technology. Video gaming, Facebook, e-mail and surfing the internet are just some of the ways that college students isolate themselves from the outside world.

SIUE offers many great opportunities for students to get outside and enjoy the spring! Here are a few ideas...so go ahead, email, Facebook or text your friends with these great ideas!

- Utilize the BBQ grills in your community and have a community social.
- Go and play a game of Frisbee Golf at Prairie Hall.
- Is basketball your thing? If so, go to Evergreen or Cougar Village and start a pick-up game.
- The sand is warm again! Grab your friends and play a game of sand volleyball. The courts are open at Prairie, Woodland, Bluff and Cougar Village.
- Take a stroll on one of the many trails.
- Start up a game of Capture the Flag or Flag Football.
- Venture into St. Louis and visit the Botanical Gardens, Forrest Park, St. Louis Zoo or the University City Loop.

Whatever you choose, you are bound to feel refreshed! Fresh air and good company is the recipe for springtime fun. Take advantage of longer days, get out and enjoy the fresh air and sunshine. Save the computer and the gadgets for a rainy day - they will be there when you return!

### "Flash of Genius"

April 27, 2009

Outdoor movie in Cougar Village

7 pm

### Dinner and a Movie

Dinner will be provided.  
In an effort to be sustainable please bring your own plate and cup.  
Hope to see you there!

All residents are welcome!

### Academic Advising Corner

- The final drop deadline of the semester is Friday, April 17th. In order to drop a course at this point, students must obtain signatures from both the instructor and an advisor (declared majors must see an advisor within Academic Counseling and Advising). When a course is dropped at this point in the term, a grade of WP (withdraw passing) or WF (withdraw failing) is earned. A grade of WP has no impact on GPA, a grade of WF acts as an F on GPA.
- If you are unsure about the final exam schedule, go to [http://www.siu.edu/registrar/schedules/exam\\_index\\_sp.shtml](http://www.siu.edu/registrar/schedules/exam_index_sp.shtml).
- Registration is now open for...
  - Graduate Students
  - Seniors (students with 90+ credit hours earned)
  - Juniors (students with 60-89 credit hours earned)
  - Sophomores (students with 30-59 credit hours earned)
  - Freshman (students with less than 30 credit hours earned)

### Inside this Issue:

- Spring is Here
- Academic Advising Information
- Dinner and a Movie
- Finals Week Tips
- Faculty Fellows



# Finals are quickly approaching...

Before you know, final exams will begin. University Housing wants to support you through this time. As you begin preparing for your exams it is important for you to keep the following things in mind:

- **Cumulative Exams...**

Many final exams will be cumulative in nature, meaning everything covered from day one could be included on the exam. This should not worry you if you take the appropriate measures when studying for finals. There will be a lot of "older" material on these exams so it is best to begin studying early. Do not wait until finals week to crack open the books.

Begin reviewing the earlier materials now and study a little bit at a time so that you are not cramming the night before a final. Research shows that smaller study times increase retention of information. A good way to begin this venture is to look at your old exams or quizzes. This will re-introduce the materials to you. Make sure to recopy your notes and do not avoid any material; as you never know what will be on the test.

If you begin now, it won't be as daunting than if you wait until the test approaches. Train your brain on what you know and make study sheets or flashcards of the information that you do not. It's never too early to form study groups. Approach your peers and ask them to get together for a study session. Now is the time to begin preparing!

- **All Nighters...**

At all costs, avoid them! Although it sounds like a great idea to stay up all night and prepare for that 9 am exam, it is not. Your brain needs rest and without it works less efficiently and becomes more fatigued.

## Looking for a Few Good Faculty!

It's that time of the year again. You can begin nominating amazing faculty members for Faculty Fellows positions within University Housing. Each residential community within University Housing has an assigned Faculty Fellow. In the first year communities, each wing has its own Faculty Fellow that works collaboratively with the community and the RA to plan awesome events throughout the academic year. Many of you have experienced what I am talking about. Faculty Fellows have been known to host dinners at their homes, attend trips to STL with their community, pick pumpkins with residents, and even offer out-of-classroom academic assistance. If you have a faculty member that you just love, and you think that they would be an asset to the Faculty Fellows program, send their name and why you think they should be a Faculty Fellow to Lisa Israel, Assistant Director for Residential Education at [lisrael@siue.edu](mailto:lisrael@siue.edu) or 650-5296.