Below are suggested course components and activities that may be incorporated into a course to meet the proposed “out-of-classroom” criteria for NFS. This is not an exhaustive list, rather suggestions on how the requirements might be met.

**Pick two of three out-of-classroom experiences/use of local regional resources**

**1.** **Academic support services**

Incorporation of academic support services may involve during-class visits to a service center or office, attendance at a workshop offered by a center or office, incorporation of services from one or more units in completing a particular assignment, development of cooperative assignments with one or more units, incorporation of a service-learning component with assistance from the appropriate unit, and visits by representative(s) of service centers or offices during a class period.

**Academic support services involve the following units:**

Instructional Services

The Writing Center

The Speech Center

Math Resource Center

The Career Development Center

Kimmel Leadership Center

Library Instruction

**2. University non-academic social and cultural resources**

Incorporation of university non-academic social and cultural resources may involve ‘field trips’ conducted during class periods, required visit(s) by students outside of class, or incorporation of one or more resources into an assignment or group project.

**University non-academic social and cultural resources could include:**

Cougar Lake

The University Museum

Arts and Issues

The East St. Louis Center

various athletic events & intramural sports

Vadalabene Center

Student Fitness Center

Myer Arboretum

programs associated with University Housing

**3. Local or regional social and cultural resources**

Incorporation of local or regional social and cultural resources may involve ‘field trips’ during class periods, required visit(s) by students outside of class, or incorporation of one or more resources into an assignment or group project.

**Local and regional social and cultural resources could include:**

The Stephenson House

Watershed Nature Center

Cahokia Mounds State Park

St. Louis Art Museum

St. Louis History Museum

Lewis and Clark Center

St. Louis Science Center

St. Louis Zoo

Edwardsville Public Library

Edwardsville Art in the Park

Children‘s Museum

Edwardsville Goshen farmer‘s market

Special events–e.g., balloon race in St. Louis, Halloween parade in Edwardsville, etc.

Local community service organizations and projects

**Note:** The NFS guidelines can be combined in many ways: e.g., requirements could be satisfied by a visit to the East St. Louis Center involving a service-learning component and cooperation with Kimmel.