

FOUNDATIONS OF PSYCHOLOGY - Fall 2018
PSYC 111 FR1

Professor:

Dr. Catherine Daus

Office: Alumni Hall, Room 0142, Telephone: 618-650-3119

Office Hours: M/W -1:30-2:30; and T/R 11:00-12:00 or by appointment

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Textbook:

Pomerantz, A. M. (2018). *My Psychology*. New York: Worth Publishers.

Website:

See LaunchPad link on class BB page.

Course Description:

This course provides an introduction to the field of psychology. Psychology is the scientific study of human behavior and mental processes. The goals of psychology are to describe, predict and understand human behavior. Human behavior is a rich, complicated and fascinating topic. Understanding human behavior can help you understand yourself and others. This survey course introduces topics such as scientific research methods, learning, memory, the brain, psychopathology and human development.

As well, this course is designated as a *New Freshman Seminar* and fulfills this general education requirement. A condensed version of the university requirements for NFS is as follows:

Courses designated as New Freshman Seminars (NFS) are designed to encourage student success by integrating students, intellectually and culturally, into the SIUE community. NFS are:

- 1) to assist new freshmen in making the transition to college level work and expectations;
- 2) to orient students to the resources and culture of the University; and
- 3) to engage students in an intellectual community of students and faculty.

Course Objectives:

Upon completion of this course, you should be able to:

1. Recall basic psychological concepts, terms, theories, events and psychologists
2. Apply psychology to understand human behavior
3. Locate psychological reference materials using our library's databases
4. Summarize and analyze psychological research articles
5. Develop, use, and evaluate a study plan
6. Understand collaborative group learning and group experiences
7. Utilize university and/or community resources
8. Participate in campus and community activities and events

Grades:

Course grades will be determined by your scores on four exams and various other assignments.

SEPARATE FOLDERS FOR ALL (BUT EXAMS) ARE POSTED WITH GUIDELINES

Research participation or online quizzes over articles (* see below)	0 points (unless not completed)
Exam1	40 points
Exam 2	40 points
Exam 3	40 points
Final Exam - Cumulative	40 points
2 Article Critiques (20 points each)	40 points total
Group Application Project	20 points
Online Journal Entry Posts on Discussion Board (6 total - 5 pts each)	30 points total
3 Campus Involvement Activities	
2 Study Plan Entries	
- Write study skills plan	
- How semester went according to your study skills plan	
1 Meeting with a Professor/Faculty Member	
Learning Curves – online in Launch Pad – (10 total – 5 pts. each)	50 points
<u>TOTAL POINTS POSSIBLE:</u>	<u>300 POINTS</u>

The following grading scale will be used:

269 - 300	A		
239 - 268	B	179 - 208	D
209 - 238	C	Below 179	F

Exams:

Each exam will have multiple choice and short answer questions. Make-up exams will only be given if you notify me your absence before the exam and you have a legitimate and documented excuse. Make-up exams will be entirely essay. The final exam is cumulative.

Late Policy:

No assignments will be accepted after they have been discussed in class. If you must turn in late work to my mailbox, please ask a Psychology Department staff member to sign it and record the date and time that it is turned in. Late work will have 5% deducted per day that it is late, including weekends

Attendance:

You are expected to attend all classes. In the event that you must miss class, it is your responsibility to contact a class member to find out what material was covered and any announcements made in class. If an assignment was distributed or collected during the missed class, you will be expected to turn it in on time.

Tentative Course Schedule – Green Highlight is Learning Curve Due Dates

Date	Topic	Reading Assignment
Tuesday, August 21	Introduction to the Course	Chapter 1 – pages 2-9
Thursday, August 23	The Science of Psychology	Chapter 1 – pg. 9 on
Tuesday, August 28	The Science of Psychology	Chapter 1 – pg. 9 on

Thursday, August 30	Research Participation Overview (see policy below) Biology of the Mind	Study Skills Plan online journal entry due Chapter 2
Tuesday, September 4	Biology of the Mind	Chapter 2
Thursday, September 6	Consciousness	Chapter 4
Tuesday, September 11	Consciousness	Chapter 4
Thursday, September 13	Social Psychology	Chapter 13
Tuesday, September 18	Library Day	
Thursday, September 20	Social Psychology	Chapter 13
Tuesday, September 25	Exam 1	Chapters 1, 2, 4, & 13
Thursday, September 27	Learning	Chapter 6
Tuesday, October 2	Learning	Chapter 6
Thursday, October 4	Memory	Chapter 5
Tuesday, October 9	Memory	Chapter 5 Article Critique #1 is due
Thursday, October 11	Development	Chapter 9
Tuesday, October 16	Development	Chapter 9
Thursday, October 18	Wrap-up/overflow day	Meeting with Professor online journal entry due
Tuesday, October 23	Exam 2	Chapters 6, 5, 9
Thursday, October 25	Stress and Health	Chapter 11
Tuesday, October 30	Motivation	Chapter 8 – pages 250-267
Thursday, November 1	Emotion	Chapter 8 – pages 268-281
Tuesday, November 6	Personality	Chapter 12
Thursday, November 8	Personality	Chapter 12 Article Critique #2 is due
Tuesday, November 13	Psychological Disorders	Chapter 14
Thursday, November 15	Psychological Disorders	Chapter 14
Friday, November 16		Last day to enter Campus Involvement Activities (3 journal entries)
November 19 - 24	Thanksgiving Break	
Tuesday, November 27	Wrap-up, review, brief overview of therapies	
Thursday, November 29	Exam 3	Chapters 11, 8, 12, 14
Thursday, December 6	Group Presentations	
Friday, December 7		Last day to submit research participation or quizzes
Monday, December 10, 12:00-1:40	Final Exam	How study skills plan went online journal entry due by 11:59 pm this evening

***Participation in Research or Research Article Quizzes by Psychology 111 Students – for all 111 classes**

Research is the basis of knowledge in psychology and provides the content in all areas of the discipline. The Department of Psychology requires a minimum of 6 hours of research experience of each student enrolled in PSYC 111, unless the participant pool coordinator has dictated otherwise. This requirement may be completed by active participation in a department-approved study, by taking quizzes on select research articles, or a combination of these two in accord with guidelines set by the instructor. Each accepted quiz (must score 80% or above to be accepted) receives one hour of research credit, and active participation in ongoing studies receives credit according to the length of time spent in the study, which can vary from half an hour to multiple hours.

Details of the research participation will be provided early in your class. Attendance on the day research participation is described is mandatory and you will receive in-depth instructions on how to use the SONA website (siue.sona-systems.com) for research participation. You will also participate in an initial screening process which may allow you to participate in future studies.

Failure to fully complete the research experience requirement results in a one-letter grade drop. For example, if a student earned a B in PSYC 111 at the end of the semester but failed to fulfill the research experience requirement, the student would receive a C. Students who make an appointment for research participation, as do the investigators conducting the study, make a commitment to be at the designated place at the designated time for their appointment. If an emergency arises to prevent participants from being able to be at the appointed time and place, they must notify the investigator no later than one hour prior to the study time. If students fail to come to the study on time or fail to cancel with sufficient notice, they will not receive credit for that study and be marked as a “no-show.” If you have more than two no-shows, you will no longer be able to register for experiments and will only have the option to register for the research article quizzes. Moreover, it is up to the investigator to decide whether and when such a participant can make an additional appointment for that particular study. Students should be aware that making a large number of appointments at the end of the semester (at the same time that hundreds of other students are trying to do so) can be difficult. It is best to fulfill the 6-hour requirement well before the end of the semester.

Again, failure to meet the 6-hour requirement at the end of the semester will lead to a reduction of one letter grade.

Those students who do not wish to participate in research may substitute research article quizzes for research participation. The article quizzes will give you some exposure to psychological research and acquaint you with some of the rich sources of materials where psychological studies are reported. The article quizzes will be posted on the SONA website after the midterm. You will sign up for the quiz, read a pre-approved research article, and take a quiz on said article. You must receive an 80% or greater to receive credit. Each quiz counts for 1 HOUR of research time.

DEPARTMENT OF PSYCHOLOGY POLICY ON INCOMPLETE GRADES, PASS-NO CREDIT OPTION, AND WITHDRAWAL

It is the student's responsibility to officially withdraw from a course by the dates set by the University if the student is not intending to complete the course. Students who do not withdraw and have not completed the course will receive an Unauthorized Withdrawal (UW). Only under special circumstances a faculty member may agree to give a student an Incomplete (INC) grade in order to allow the student to complete the remaining work for the course not later than the end of the following semester. An INC is never automatic but must be approved by the instructor. If an instructor agrees to give a student an INC grade, the instructor and the student will fill out a form (Memorandum of Incomplete Grade) indicating why an INC is being given. One copy of the completed form will be given to the student, one copy will be given to the instructor, and one copy will be kept by the Department of Psychology secretary. If the work is not completed by the time specified on the Memorandum of Incomplete Grade form, the grade will be changed from INC to F.

DEPARTMENT OF PSYCHOLOGY POLICY ON PLAGIARISM

Plagiarism includes presenting someone else's words without quotation marks (even if you cite the source), presenting someone else's ideas without citing that source, or presenting one's own previous work as though it were new. When paraphrasing from another source or your own work, at the very least, the student should change the wording, sentence syntax, and order of ideas presented in the paper. Additionally, you should not submit a paper, or parts of a paper, written to fulfill the requirements of one class for the requirements in another class without prior approval of the current instructor and appropriate citation. Ideally, the student will integrate ideas from multiple sources while providing critical commentary on the topic in a way that clearly identifies whether words and ideas are those of the student or are from another source. Plagiarism is one type of academic misconduct described in SIUE's Student Academic Code (<http://www.siu.edu/policies/3c2.shtml>). University policy states that "Normally a student who plagiarizes shall receive a grade of F in the course in which the act occurs. The offense shall also be reported to the Provost." (<http://www.siu.edu/policies/1i6.shtml>). The University policy discusses additional academic sanctions including suspension and expulsion from the University. To insure that you understand how to avoid plagiarism, we encourage you to review the information on plagiarism provided on the Department of Psychology web page at <http://www.siu.edu/education/psychology/plagiarism.shtml>.

Accommodation and Support: It is the policy and practice of both me and Southern Illinois University Edwardsville to try to create inclusive learning environments. If there are aspects of the instruction or design of this course that result in barriers to your inclusion or to accurate assessment of achievement—please notify me as soon as possible. Students needing accommodations because of medical diagnosis or major life impairment will need to register with **Accessible Campus Community & Equitable Student Support (ACCESS)** and complete an intake process. Students who believe they have a diagnosis but do not have documentation should contact ACCESS for assistance and/or appropriate referral. The ACCESS office is located in the Student Success Center, Room 1270. You can also reach the office by e-mail at myaccess@siue.edu or by calling 618.650.3726. For more information on policies, procedures, or necessary forms, please visit the ACCESS website at www.siu.edu/access.

Reasons to Become a PSYCHOLOGY MAJOR (or MINOR) at SIUE

Take Valuable Courses: Popular examples...

- Child Psychology (Psyc 201); Social Psychology (Psyc 206)
- Cognitive Psychology (Psyc 208); Research Design (Psyc 220)
- Theories of Personality (Psyc 340); Psychopathology (Psyc 431)

Meet Other Students: Social Events, Presentations, Volunteerism, Leadership

- Psi Chi Honors Society For majors with notable academic success
- Psychology Club (open to all students interested in psychology)

Conduct Research Studies (Psyc 491): Example topics...

- behavior problems, school difficulties, autism spectrum, parenting, delinquency
- weight management, physical health, stress, ethical issues, mental illness, aging
- consumer behavior, employee selection, prejudice, gender bias
- cognitive functioning, decision making, memory, teaching of psychology, pseudoscience

Experience Field Study (Psyc 493): Example sites...

- SIUE Head Start; SIUE Counseling; SIUE Human Resources; Local School Districts
- Juvenile Detention; Center for Autism; Madison County Probation; McCallum Place

Find Great Jobs! Examples with a Bachelor's degree from SIUE...

- Facebook Recruiter; Case Manager at Centerstone; Human Resources at Express Scripts
- Probation Officer at St. Clair County; Research Technician at Barnes Hospital
- Crisis Worker at Children's Home + Aide; Residential Counselor at Chestnut Health

Get Your Masters at SIUE:

- Industrial/Organizational Psychology (consult for businesses)
- Clinical Psychology (provide assessment & therapy)
- Clinical Child & School Psychology (help children & adolescents)

Get into PhD Programs: Examples admitting our students...

- DePaul University (industrial/organizational psychology)
- Florida State University (social psychology)
- Illinois State University (school psychology)
- St. Louis University (clinical psychology & family therapy)
- University of Nevada - Las Vegas (experimental psychology)

Find Great Jobs (PART 2): Examples with graduate degrees...

- Professor at SIUE; Researcher at Washington University
- Nestle Manager; VP of Human Resources at Ameren
- Clinician at Foundations for Change; Neuropsychologist at St. John's Mercy
- St. Jude Hospital Research Associate; School Psychologist at Edwardsville High

If not the Psychology MAJOR, consider the Psychology MINOR:

- All you need is: Introduction to Psychology (Psyc 111) and 6 more psychology courses
- Most jobs are greatly enhanced by psychology knowledge and related skills!

Stay in Touch:

- siue.edu/education/psychology
- Twitter: @SIUEpsychology