

CAPSTONE SEMINAR IN PSYCHOLOGY
EMOTIONS AND EMOTIONS IN THE WORKPLACE
PSYCHOLOGY 494-002
FALL SEMESTER, 2009

Professor:	Catherine S. Daus, Ph.D.	Class Location:	Founders Hall, Room 0306
Office:	Alumni Hall, Room 0127	Class Days:	Tuesday/Thursday
Phone:	650-3119; 650-2202; 650-2265	Class Time:	11:00 – 12:15
E-mail:	cdaus@siue.edu	Office hours:	T/R: 10:00 – 11:00; W: 1:30–3:30 or by appointment

Capstone Seminar in Psychology: Emotion and Emotions in the Workplace (3 credit hours): Students will examine theories and research on the psychology of emotions, both general and specific emotions (e.g., anger, sadness, happiness), with a specific emphasis on emotions in the workplace. The course will also review aspects of research methods, data analysis and interpretation. At the end of the course, students should understand the functions of emotions, as well as be able to explain and predict both their own and others'. Specific special interest topics will include emotional intelligence and mood. Student research topics and studies will need to include emotions somehow.

Text: Cornelius, R. R. (1996). *The science of emotion: Research and tradition in the psychology of emotion*. Upper Saddle River, NJ: Prentice-hall.

American Psychological Association (2001). *Publication manual of the American Psychological Association* (5th ed.). Washington, DC: American Psychological Association.

There will also be required readings available via Blackboard periodically.

Course Objectives and Goals:

The intent of this capstone course is to integrate the material you have learned in previous courses along with new material presented in this course. This integration will yield an empirical research project that students will complete in small groups on a topic related to emotions and psychology.

At the beginning of this course, we will read and discuss material related to emotions and emotions in the workplace. The purpose of covering this new material is not only to expose you to previously unfamiliar concepts, but also to help you generate ideas for your own research projects, and to a limited extent, provide examples of how other researchers have addressed these issues. With your group (and under the instructor's guidance), you will design and run an original study related to emotions. You will present your study in two ways: an APA-style paper (individually written regarding your group project) and a poster to be presented at a mini-conference held in the SIUE Psychology department.

Following this class, students should have the ability to:

- Understand and describe the basic theory and concepts underlying the psychology of emotions and emotions in the workplace.
- Understand and describe the outcomes and indicators of emotions and emotions in the workplace.
- Critically evaluate research addressing these concepts.
- Work with classmates to design and execute an empirical study related to emotions and emotions in the workplace.
- Understand and describe research findings utilizing SPSS to analyze the research data.
- Write an APA-style paper based upon the empirical study.
- Work with classmates to prepare a poster based upon the empirical study and orally discuss it during a mini-conference in the SIUE Psychology department.

Class format: The class will be conducted in both lecture and small-group format. Assigned student teams will develop research projects for presentation and completion of the Department of Psychology Senior Assignment requirement. **It will be necessary for you to devote time outside of class with your team** working on activities such as collecting data, analyzing data, and other activities.

Course requirements:

Students' grades will be determined by calculating the percentage of points earned out of a possible 400. Specifically, the possible points are distributed as follows.

Group Contract (group)	25 points
Research proposal/IRB (group):	25 points
Write-up of Core Research Article	5 points
Midterm exam:	100 points
Final exam:	75 points
Peer Review of APA paper	10 points
APA-style (individual) paper:	100 points (10 pts from peer review; 90 pts from me – final paper after SRA session)
Oral poster presentation (group):	50 points
Class participation (group, discussion):	10 points

- Group Contract: Groups should refer to the article by Page and Donelan, “Team-building tools for students” (2003) with particular emphasis on the ‘creating a psychological contract’ section. You are to create a group contract to which all members agree. In this contract, among other things, you should establish group norms, values, rules, and roles (as much as you may know roles this early). Meetings (frequency, attendance policy, etc.), accountability (how will you hold each other accountable; when will you involve the professor), and peer evaluation strategies (what will constitute each grade for a peer) are required portions. The completed product should be 1- 3 pages, signed by all members. It will be graded on organization, thoroughness, reasonableness, and its ability to facilitate the group project. Total possible points are 25 for each group member. For a helpful website, see: <http://cob.jmu.edu/flahertb/merlot/groupcontract.htm>
- IRB research proposal – **ALL GROUPS** should have their IRB submitted no later than Thursday, October 8th. If the group members have worked conscientiously up until this point and the proposal is submitted on time, all group members will receive all 25 points.
- Presentation of core reference (5 pts.) – Each person should submit his/her article and ‘write-up’ which contributes to the group’s project. The write-up should be about 1 – 2 pages with an explanation of the hypotheses and theory behind them, how they tested them, what they found, and **how this is possibly useful for your study.**
- There will be two exams during the semester. The first exam will be a combination of essay, short-answer, fill-in-the-blank, and multiple choice questions and will be worth 100 points. The final exam will be an in-class exam primarily over your SA project and APA style and is worth 75 points.
- An individually written APA-style research paper will count for 100 points. Final research paper drafts will be peer-reviewed in class; your peer will assign you a grade out of 10 which counts for 10 of the 100 points for the APA paper. I will assign the final 90% of your grade. **PAPERS DUE FOR PEER REVIEW TUESDAY, DECEMBER 1ST; PEER REVIEW DUE TUESDAY, DECEMBER 8TH; FINAL PAPER DUE TO ME MONDAY, DECEMBER 14TH BY NOON.**
- Your oral presentation at the Department of Psychology Senior Assignment Poster Session will count for 50 points. Your participation, demonstrated preparation, demonstrated skills at

communicating research finds, and demonstrated professional behaviors will be assessed. A peer, self, and instructor evaluation process will be used to assess team member participation. This will require that individuals and peer team-members assess the contributions and team-work behaviors of the members of your team. These assessments along with my independent assessment of your team behavior and other faculty members' evaluations will be used.

- Class participation is expected and attendance is required; possible participation points are 10.

Course Grade:

Please note that for the poster presentation and research proposal/IRB, the same grade will be assigned to all members of a group unless in the instructor's judgment there is compelling reason to grade group members differently. The APA-style paper, exam, and class participation grades will be individually assigned. The groups in which students will work will be assigned by the professor with class input.

Course grades will be assigned according to the following criteria:

358 and higher – A 318 – 357 – B 317 – 278 – C 277 – 238 – D Below 238 - F

Students who miss a scheduled exam will receive a zero unless the instructor excuses their absence before the scheduled exam time, or a legitimate medical or personal emergency take place. Students should inform the instructor of conflicts with an exam as soon as possible. If a make-up exam is scheduled, it may vary in content or format from the scheduled exam.

Class and Department of Psychology Policies

- **Class attendance** is expected and required. Four unexcused absences from class will result in an administrative withdrawal from the class (see www.siue.edu/POLICIES/1i9.html).

Department of Psychology SRA Policy:

- All students at SIUE are required to do a Senior Assignment in order to graduate. This is the class in which you will work on this project. In order to pass the Senior Assignment requirement, you must 1) pass your Capstone course with a grade of C or better 2) present a poster based on the project you completed in the Capstone class at the Department of Psychology's Senior Assignment Poster Session, and 3) have your poster deemed acceptable by the faculty (i.e., a mean rating of 4 or above on the faculty evaluation form). In the event that you do not fulfill all 3 requirements in a given semester, you will need to retake the Capstone course and complete all three requirements in a subsequent semester. For example, if you receive below a C in the Capstone course, even if your poster presentation is deemed acceptable by the faculty, you will fail to complete the senior assignment requirement and must retake Capstone in its entirety with a new project. If you receive a C or better in the Capstone course, but your poster presentation is deemed unacceptable by the faculty, this in most circumstances will result in having to retake Capstone in its entirety, unless the Capstone professor presents evidence to the contrary. In order to help you with this endeavor, you have several resources: your Capstone professor, the Senior Assignment Coordinator (Dr. Brown), and two Senior Assignment Graduate Assistants (Adam Voyles and Bryan Cummiskey).
- This semester's Senior Assignment Poster Session will take place on Thursday, **December 3, 2009** from 3:30 – 4:45, with a pinning ceremony to follow from 4:45 to 5:15) in the basement of Alumni Hall in the Research Hallway (back hallway by the Resource Center). **Your attendance at this event is mandatory in order to pass Senior Assignment – please plan your schedule accordingly!** We will have a mandatory in-class meeting with the SRA graduate assistants on (2nd week of class) where specific procedures relating to SRA will be discussed. Please make every attempt to be in class on that day! Should you be absent, you **MUST** contact the SRA graduate assistants as soon as possible for an individual appointment with them to hear this information. The SRA GAs' office is AH 0310 and their office hours for this semester will be posted shortly after the first day of class. You can stop by during their office hours or e-mail them at psychsra@yahoo.com

for an appointment. You can also reach Dr. Brown, the Senior Assignment Coordinator, at danicbr@siue.edu or during her office hours on Wednesday, 11:00am – 1:00pm.

- Finally, the SRA GAs will need to be e-mailed by **ONE** member of your group by **1st week of November** with the following information: your Capstone professor's name, the title of your poster, and the names of all other members of your group.
- Students who take their capstone class in the fall may consider applying to present their research at the Midwestern Psychological Association (MPA) annual meeting in Chicago the following spring (typically late April/early May). Having your research accepted for presentation here is extremely prestigious and will look great on your vita/resume. If your capstone work is accepted, the Department of Psychology will help with expenses. The application is typically due toward the end of October. If you are interested in this option, you need to let your capstone professor know and he/she will provide guidance with the application process. Once you commit to this presentation mode, and are accepted, at least one member of your group **must** attend the conference.

Department of Psychology Policy on Plagiarism:

Plagiarism includes either presenting someone else's words without quotation marks (even if you cite the source) or presenting someone else's ideas without citing that source. If you plagiarize, your instructor cannot evaluate your understanding of the topic. When paraphrasing from another source, at the very least the student should change the wording, sentence syntax, and order of ideas presented in the paper. Ideally, the student will integrate ideas from multiple sources while providing critical commentary on the topic in a way that clearly identifies whether words and ideas are those of the student or are from another source. University policy states that "Normally a student who plagiarizes shall receive a grade of F in the course in which the act occurs. The offense shall also be reported to the Provost." (<http://www.siue.edu/POLICIES/1i6.html>). The University policy discusses additional academic sanctions including suspension and expulsion from the University. To insure that you understand how to avoid plagiarism, we encourage you to review the information on plagiarism provided on the Department of Psychology web page at <http://www.siue.edu/PSYCHOLOGY/plagiarism.htm>.

Academic misconduct will be handled in accordance with (<http://www.siue.edu/POLICIES/3c2.html>) (Univ. Pol.) Academic misconduct as described in this policy includes plagiarism, cheating, falsifying or manufacturing scientific data and/or representing manufactured data to be the result of scientific or scholarly experiment or research, and soliciting, aiding, abetting, concealing, or attempting such acts. Academic misconduct may lead to sanctions ranging from a failing grade on an individual assignment to separation from the University.

Department of Psychology Policy on Incomplete Grades and Withdrawal: It is the student's responsibility to officially withdraw from a course by the dates set by the University if the student is not intending to complete the course. Students who do not withdraw and have not completed the course will receive an Unauthorized Withdrawal (UW). Only under special circumstances a faculty member may agree to give a student an Incomplete (INC) grade in order to allow the student to complete the remaining work for the course not later than the end of the following semester. An INC is never automatic but must be approved by the instructor. If an instructor agrees to give a student an INC grade, the instructor and the student will fill out a form (Memorandum of Incomplete Grade) indicating why an INC is being given. One copy of the completed form will be given to the student, one copy will be given to the instructor, and one copy will be kept by the Department of Psychology secretary. If the work is not completed by the time specified on the Memorandum of Incomplete Grade form, the grade will be changed from INC to F.

Disability Support Services: Individual services are provided for students with specific learning disabilities through the University Disability Support Services. For more information contact DSS at 650-3726 or on the web at <http://www.siue.edu/DSS/>. DSS is located in The Student Success Center, Room 1270. Let me know if I can be of any assistance regarding needed accommodations. According to SIUE safety and procedures policies, students with disabilities have the option of developing a written plan for evacuation in the unlikely event of an emergency that requires evacuation. If any student with a disability would like to develop a written evacuation plan for this class, please contact the instructor.

Course Schedule:

Week	Date	Topic	Reading Assignment & other assignments
1	August 25	Introduction—Overview of course SRA	
	August 27	Overview of emotions and structure of emotions <i>Research – Discussion of phases of project</i> Discuss group contract article	Group contract article
2	September 1	Biology/Physiology of Emotion	Blackboard Readings
	September 3	Anger <i>SA assistant discussion</i> <i>Research: Sections of an APA Paper</i>	BB Readings pgs 10–27 APA Manual
3	September 8	Happiness/Joy <i>Research – Lit Review</i>	Group Contract Due BB Readings pgs 31-41 APA Manual
	September 10	Love <i>Research – Developing Good Hypotheses and identifying research variables</i>	BB readings
4	September 15	Sadness <i>Research: Choosing Measures</i>	BB readings
	September 17	Fear & Surprise <i>Research – IRB Proposal</i>	BB readings
5	September 22	Darwinian Perspective Jamesian Perspective <i>Research – IRB proposal</i>	Chapters 1, 2 & 3 – Cornelius
	September 24	Cognitive Perspective of Emotion Social Perspective of Emotion	Chapters 4 & 5 – Cornelius
6	September 29	Emotional Intelligence	BB readings
	October 1	Emotions in the Workplace – overview Emotional Labor IRB PROPOSALS TO DAUS FOR EDITING	BB readings
7	October 6	Measuring Emotions Emotion Topics Overflow	Chapters 6 & 7- Cornelius

	October 8	RESEARCH PROPOSALS DUE WITH IRB	
8	October 13	Groupwork overflow day	
	October 15	Overflow/Review for midterm	
9	October 20	MID-TERM EXAM	MIDTERM!!
	October 22	<i>Research – Introduction and Method Section</i>	
10	October 27	<i>Research – SPSS and data analysis</i>	
	October 29	<i>Research – Results and Discussion sections</i>	Email SA GAs with group information
11	November 3	<i>Research - Computer Demonstration: data entry/analysis</i>	
	November 5	<i>Research – putting it all together</i>	
12	November 10	<i>Research – overflow</i>	
	November 12	<i>Research – Poster Creation</i>	
13	November 17	<i>Research - Poster creation</i>	
	November 19	<i>Research - Poster creation</i>	
14	November 24	THANKSGIVING BREAK	
	November 26	THANKSGIVING BREAK	
15	December 1	FINAL PAPER DUE FOR PEER REVIEW	FINAL PAPER DUE FOR PEER REVIEW
	December 3	PREPARE FOR SENIOR ASSIGNMENT POSTER SESSION LATER THAT DAY!!!	SRA POSTER SESSION
16	December 8	Review of Colleague's paper due FINAL PAPER DUE TO ME MONDAY, DECEMBER 14TH BY NOON!!!	REVIEW OF COLLEAGUE'S PAPER DUE
	December 10	Overflow FINAL PAPER DUE TO ME MONDAY, DECEMBER 14TH BY NOON!!!	
17	December 17 10:00 – 11:40	In class final – NOTE THE TIME DIFFERENCE FOR THE FINAL!!!	FINAL EXAM!!!

Note: The schedule and procedures in this course are subject to change in the event of extenuating circumstances.

CAPSTONE SEMINAR IN PSYCHOLOGY

FULL NAME: _____

NAME PREFERENCE: _____

EMAIL ADDRESS: _____

PHONE NUMBER: _____

COMPLETED TEST AND MEASUREMENTS (421)? _____

CAREER GOALS? _____

UNIQUE INTEREST/S? _____

EXPECTED GRADUATION DATE? _____

QUESTIONS/CONCERNS FOR ME? _____
