

Southern Illinois University Edwardsville  
Intramural Sports  
Volleyball  
Fall 2009

## Rules

Governing rules for the Intramural Sports Volleyball program will be those established by the National Federation with the following exceptions:

### Players

- Teams may play with four, five, or six players on the court at one time.

### Captain's Meeting

- An official will toss a coin before the match to determine the choice of side, or to serve or receive the ball. After the first game, the two teams will switch sides and the serve. If a third game is needed, the official will conduct another coin toss.

### Scoring

- All matches will consist of a best 2 out of 3 game format. All 3 games will be played by rally scoring to 25, and a team must win by a 2 point margin. There is no “cap” during any of the matches.

### Timeouts

- Each team may be granted two time-outs per match. An additional timeout will be granted to each team for the third game if necessary. Each time-out is one minute.

### Substitution

- You may only substitute into the center back position when your team rotates to serve. After notifying the official, the substitute may enter into the game for whoever is in the center back position (male/male, female/female).

### Start of Play

- Players will be signaled with the whistle and an arm motion before the ball can be served. Each team will be given one warning per game, before a side-out is awarded.

### Returning the Serve

- Rule Change Effective Fall 2009: Serves may be received with a forearm pass, an overhead pass, or any legal contact.

## **Blocking**

- It is illegal to block a serve.
- The center-line must be completely crossed before a violation occurs.
- Height of Net: Coed & Men 8'0" Women 7'4"

## **Coed Rules**

- If the ball is hit more than once by a team, both a male and a female must touch it at least once.
- The number of male and female players must be equal, unless the team is playing with five players. If this is the case, the number of male and female players must be within one.

## **The Serve**

The serve is **legal** if the ball hits the net, completely within the antennas, and lands within the boundaries of the court.

- Playoffs and Sportsmanship: Each team that finishes the regular season with a Sportsmanship Rating of at least 2.75 will make the single elimination playoffs. Furthermore, each team must maintain a Sportsmanship Rating of at least a 2.75 each game to remain in the playoffs.
- The following scale will be used to rate all teams in all contests played:
  - 4: Excellent, no problems.
  - 3: Occasional problems, some verbal dissent.
  - 2: Unreasonable comments and conduct.
  - 1: Continuous verbal dissent, unreasonable conduct.
  - 0: Fighting, vulgar language, unreasonable conduct.
- Non-unsportsmanlike penalties such as wearing jewelry or not having checked in improperly will not count against sportsmanship rating unless it is a repeated offense during the same game.
- Method of Rating:
  - 1. The officials working that game and/or any Intramural Staff (Supervisors, Graduate Assistants, or Administrative Staff) will rate each team in each contest on sportsmanship.

2. The Intramural Staff and officials rate teams and organizations on a 0-4 rating system. To qualify for the playoffs under the sportsmanship guidelines, a team **MUST** average a 2.75 over the course of the season to be included in the playoffs.

3. **Special Game Situations:** Both teams will receive a 4 for sportsmanship if a contest is postponed and not rescheduled due to rainouts, power failure, etc.

4. A team winning by forfeit or default will receive a 4 for sportsmanship. A team that forfeits will receive a 0 for sportsmanship. A team that defaults will receive no rating.

- If any team receives a 2 for sportsmanship during the playoffs, they will automatically be dropped from the playoff bracket.

## **General Regulations**

Roster additions will not be added until the first contest.

Roster additions can be made until the end last regular season game.

**Forfeit Time: GAME TIME is FORFEIT TIME!!!!!!**

CAMPUS RECREATION