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What does the doc say? Will we ever know? Changing the course of your healthcare.

Often, as patients interact with their doctors, they are left confused and bewildered by the complicated medical jargon and overwhelming number of things they have heard. In the U.S., patients are beginning to rise up and take ownership of their own health instead of waiting for someone to intercede on their behalf. This presentation will discuss the patient engagement movement that is gaining momentum in healthcare, the rights that you should demand from your doctor, and tools, technology, and life hacks to help you take charge of your health and your future.