

*Academic Counseling
& Advising*



. . . Enriching knowledge

. . . Engaging thought

. . . Encouraging growth



www.siu.edu

. . . Empowering lives

Academic Advising Portfolio

- ➡ Include all items on checklist
- ➡ Update each semester as you prepare for advisement
- ➡ Bring portfolio to every academic advising appointment
- ➡ Update again after registration for each term

Academic Advising Syllabus

- **Mission Statement**
Educational process; Shared responsibility
- **Student Learning Outcomes**
Know – Think – Grow
- **Required Assignments**
Comprehensive Educational Plan; Academic Advising Portfolio
- **Student Responsibilities**
Prepare – Discuss – Question – Follow Through – Learn
- **Adviser Responsibilities**
Inform – Guide – Refer – Educate

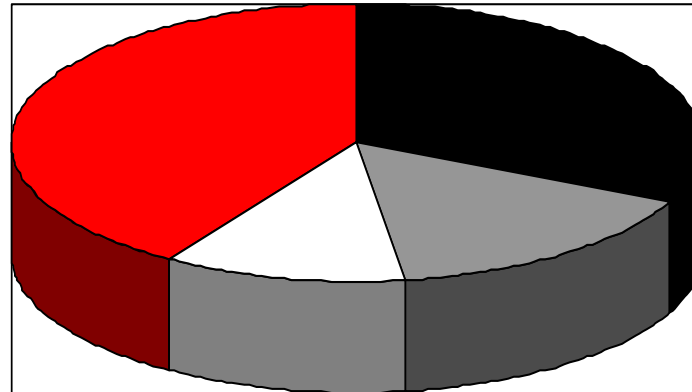
124 Credit Hours to Graduation

- ➡ Average Academic Load is 16 credit hours per semester, which equals 16 hours in class each week
- ➡ Faculty expect two hours of study for every hour in class
- ➡ 16 hours in class + 32 hours studying = 48 hours of academic work per week

*TIME MANAGEMENT IS ONE OF THE MOST
IMPORTANT KEYS TO SUCCESS*

Degree Requirements

Four types of courses
apply toward your degree



■ MAJOR ■ MINOR □ ELECTIVES ■ GENERAL EDUCATION

General Education 42-44 Credit Hours

- Skills – Courses which teach basic college-level skills
- Introductory – Courses which provide beginning study in five disciplines
- Distribution – Courses which provide detailed study in three disciplines
- Intergroup Relations - A course which examines subcultures within the US
- International Issues/Cultures - A course which examines issues or cultures outside the USA
- Interdisciplinary Studies - A course which examines a topic from the perspectives of at least two disciplines

Many departments utilize specific general education courses to develop foundational skills.

Curriculum Guides indicate general education courses required for a specific major.

Curriculum Guides

- ➡ Overview of a degree across 4 years
- ➡ Includes all requirements that must be met – but not intended to be totally prescriptive
- ➡ All posted online at <http://www.siu.edu/advising/CurriculumGuides.shtml>

Comprehensive Education Plan

- Four key components:
Courses, Career, Co-Curricular, Key Questions
- Complete all four sections every semester prior to meeting with your Academic Advisor
- Identify specific General Education and Elective courses
- Use the Catalog, Cougar Net, Curriculum Guides and Career Plan to assist you

Academic Advising at Springboard

Departmental Breakout Sessions

- ▶ Group sessions based on academic interests

Academic Advising 102

- ▶ Students and parents meet with an Academic Advisor
- ▶ Receive general information about course options for Fall 2009
- ▶ Discuss questions you may have about requirements, courses, dual credit and placement test results

Registration

- ▶ Register for first semester courses
- ▶ Receive referrals to campus resources based on your needs and interests

Important Registration Information!!!

- ➡ CougarNet used for registration
- ➡ Students need two or three pieces of information in order to enter CougarNet
 1. User Identification Number = Student ID Number (800...)
 2. Personal Identification Number (PIN)
 - ➡ First login attempt = Six digit birth date (MMDDYY)
 - ➡ Prompted to change to other six digit number/letter combination that is easy to remember
 - ➡ IF YOU HAVE CHANGED YOUR PIN, BE SURE YOU KNOW WHAT IT IS, TRY IT TONIGHT IN THE RESIDENCE HALL COMPUTER LAB
 3. Security question, answer (used to reset PIN if forgotten)

After You Return Home

- Complete First Semester page of Comprehensive Educational Plan
- Make changes to your schedule on Cougar Net, if necessary
- Check your schedule on Cougar Net periodically for waitlist information and room changes