

SIUE
OFFICE OF
ACADEMIC ADVISING

SUITE 1220, STUDENT
SUCCESS CENTER

SIX STEPS TO ACADEMIC SUCCESS

1. **GO TO CLASS and SIT NEAR THE FRONT ROW!!!**
2. **Take thorough notes and read them regularly!**
3. **READ THE BOOK— summarize ideas/theories on 5x7" note cards**
4. **Visit your professor during his/her office hours! Get questions answered!**
5. **Purchase a planner and update it regularly! TIME MANAGEMENT IS KEY!**
6. **Ask for help when you need it! You have an entire University staff here to assist you!**

THE ANCHOR



Academic Notification Can Heighten Others' Realization

A Glance into Your Academic Advising Future

During the past couple of weeks, you've been getting acclimated to the University... you've probably met new individuals, attended classes, visited the food court, and even stepped foot into the Lovejoy Library...or at least, we hope that you've been to the library!

In addition to these facilities, we hope that you've thought about making your way over to the Office of Academic Advising located in the Student Success Center, Suite 1220 (The Academic Advancement Center). For most of you, your initial advising session took place during Summer Springboard; for others, you were able to swing by for advisement in our office during either July or August.

For ALL of you, it is coming time where you need to schedule an academic advising appointment to discuss spring semester coursework—that's right, we're already going to sit



As noted, you will soon be meeting with one of the University's Academic Advisors to discuss your upcoming spring semester schedule. Prior to this meeting, you will want to organize your academic portfolio, so that your advising appointment is productive and successful! The following information will assist you in your advisement preparation:

down and examine your spring semester schedule already!

In the upcoming weeks, you



will hear more information about the registration dates for the spring, 2010. Again, many of you were able to sit in a computer lab over the summer and tour the CougarNet system. This fall, when you register for spring courses, you will use CougarNet once again; however, this time, you will be completing an abundance of the registration on your own. This is why it is dire



#1. Locate your red Academic Advising folder that you acquired during your Springboard to Success/initial advising session. This file will possess academic information such as your "four year plan," your general education degree requirements, and possible areas of study.

#2. Examine the [curriculum guide\(s\) for the major\(s\)](#) that you

that you schedule an advising appointment in the upcoming weeks to discuss courses. Your academic advisor will provide you with a new alternate PIN number so that you can obtain your spring courses!

In order to schedule an advising appointment, you will need to visit the [AdvisorTrac website](#) via the [Office of Academic Advising homepage](#). Please note that you may meet with any of the twelve advisors in our office, so if you do not see an available meeting time with your Springboard advisor, you may choose to schedule an appointment with a different advisor.

If you have already "officially" declared your major, you will need to contact the [Department in which you declared](#). If you have any further questions or concerns about your advisement, please do not hesitate to [contact our office by email](#) or telephone!



are considering for your undergraduate education. This will give you a better idea of what classes you will be obtaining in upcoming semesters.

#3. Prepare a possible list of courses that you may want to pursue for the spring semester. Your advisor will discuss these classes with you and will provide any necessary changes or additions.



Need direction with your career or major interests? Then let the Career Development Center be your compass!

“Man’s mind, once stretched by a new idea, never regains its original dimensions.” - Oliver Wendell Holmes



THE ANCHOR

Confused About a Career or Major?

When you were a child, you probably heard the familiar question, “What do you want to be when you grow up?” Besides the fact that this sentence ends in a preposition, there is another issue with this cliché—your opinions, desires, and goals have the ability to change!

Australian director/screenwriter/producer Baz Luhrmann produced a famous song in 1999 titled “[Everybody’s Free \(to Wear Sunscreen\)](#),” the song was originally based from a Chicago Tribune column written by Mary Theresa Schmich. In this single, part of the lyrics

note, “Don’t feel guilty if you don’t know what you want to do with your life...the most interesting people I know didn’t know at 22 what they wanted to do with their lives, some of the most interesting 40 year olds I know still don’t.”

[The Career Development Center](#) can assist you with questions or concerns that you may possess about whether you are pursuing the correct career or not! Located on the lower level of the new Student Success Center, the Career Development facility offers several services including career

counseling and exploration, cooperative education and internships, workshops and presentations, resume development, and career fairs.

Comedian Chris Rock once discussed the differences between having a “career” and having a “job.” By attending an institution of higher education, you have made the first step in pursuing a “career.” Let the Career Development Center assist you with your second step.

If you would like to obtain more information from their office, [click on this link!](#)

The 3 Things ALL Freshmen Should Know

Throughout your first semester of school, you may possess numerous questions about courses, your social life, how to get involved on campus, and how to manage all of your time; however, there are three pillar items that ALL freshmen (and sophomores, juniors, and seniors) should comprehend. These are, in no particular order: how to officially declare one’s major, how to calculate one’s grade point average (GPA), and where to find the University’s policies (i.e. Student Social Conduct, Student Academic Conduct, and Student Grievance Codes).

The first item of interest is how one can officially declare his/her major with the University. Prior to Summer Springboard, you may have notified the University that you were interested in pursuing a degree in engineering others of you may have shown a desire to enter the teaching arena, and yet others might have

followed footsteps into the School of Nursing.

Regardless of which area of study you are considering, it is dire to know what steps are needed for declaration into your program of interest. You may see what exact requirements must be completed by contacting your respective academic departments or by examining the corresponding [curriculum guide for your academic program](#). If you have any questions or concerns about your individual declaration requirements, you may [schedule an appointment with an academic advisor](#) for further discussion.

The second pillar that all freshmen students should comprehend is how to calculate one’s GPA. A student’s grade point average is calculated by dividing the total number of quality points (A=4, B=3, C=2, D=1, F/UW=0) by the total number of GPA hours

(classes may equal 1, 2, 3, 4, or 5 credit hours). You may also visit the [Office of Academic Advising’s website](#) to access an automated [GPA calculator](#). By monitoring your GPA, you will be able to predict possible grade outcomes on a semester basis.

The final piece of information that all freshmen students should know is SIUE’s policies and procedures for students. The University President, under the authority of the school’s Board of Trustees, has developed a code of behavior for all students who attend the University.

The following link provides the policies and procedures for [Student Rights and Conduct](#). Questions concerning these policies can be directed to either the Office for the [Vice Chancellor for Academic Affairs](#) or the [Office for the Vice Chancellor for Student Affairs](#).

SEPTEMBER 2009

Schedule of Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

- } **September 4th:** Last day to add a class
- } **September 4th:** Last day to drop or withdraw without receiving a grade
- } **September 4th:** Last day for full refund of tuition and fees
- } **September 4th:** Last day to pay tuition and fees for students registering after August 14th
- } **September 7th:** Labor Day holiday—NO CLASS
- } **September 18th:** Last day for partial refund of tuition and full refund of mandatory fees when withdrawing from all class. Refunds of tuition and mandatory fees will not be given after this date.

What Can An Advisor Do For Me?



“If you would lift me you must be on higher ground.”

-Ralph Waldo Emerson

THE ANCHOR

Often times, during one's journey, he/she may feel lost, have questions, or require directions and assistance. Years ago, individuals might find themselves pulling off on the side of the road and inquiring to a local gas station attendant about how to get to a specific place. These days, people are able to easily search for directions on the Internet or via a Global Positioning System. But when it comes to one's education, there is no clear map or exact path to success; one might experience detours, breakdowns, or stormy weather. It is during these times that an academic advisor can serve as one's beacon for safety and direction.

An advisor at SIUE will assist you with more than just what courses to take during your academic pursuit. An advisor can

provide guidance to specific issues that you might experience.

On page 2 of this newsletter, you were able to read about the Career Development Center and what kinds of services are provided through its office. Within the Office of Academic Advising, students are able to [obtain several types of guidance](#). For example, advisors can assist you with [general education and major requirements](#), [course planning](#), [study skills](#), and [transferring to or from another college or university](#).

On several occasions, the advisors on campus will assist with study habits and how a student can change such habits or become more successful

with skills that have already been obtained. Periodically, throughout a semester, advisors will provide study skill sessions or presentations to students; if you are interested in attending one of these gatherings, please feel free to [contact an advisor directly](#). You may also visit the following website to [see what smart students know about academic survival](#).

Again, your academic advisor can provide much assistance to you if you are interested. If you would like to obtain further information about specific tasks with which an advisor can assist, or if you just possess general questions or concerns, please feel free to [schedule an appointment with our office!](#)

Meet Your Advising Staff on a Whole New Level!

Name:

Roxie Renner



Hometown:

Belleville, IL

Alma Mater:

Southern Illinois University
Edwardsville (BS); Lindenwood
University (MA)

Favorite Music:

Billy Joel or Elton John

Memorable Quote:

“Be more concerned with your character than your reputation. Your character is what you really are while your reputation is merely what others think you are.”

- Former UCLA
coach, John Wooden

In her free time....

“I like to play tennis, read, and spend time with my friends and family.”

Favorite Food: Ice Cream



Over the course of the 2009-2010 school year, we plan on highlighting members of the University’s Academic Advising staff! Make sure to catch up on this information—you might just discover something new and unique or have something in common with your advisor that you did not know!!! To see a full list of current advisors in our office, you may [visit here!](#)

Name:

Jesse B. Harris,
Jr., Ph.D.



Hometown:

University City,
MO

Alma Mater: St. Louis University;
University of MO, St. Louis; Harris
Stowe State University

Favorite Book: Walter Pauk’s
“How to Study in College”

Favorite Music: John Coltrane

Unique Fact: I record my music
compositions in my home studio using
Virtual Studio techniques.

In his free time....

“I enjoy music performance and composition in my free time. In addition, I enjoy completing home improvement work, playing tennis, and developing software.”

Favorite Movie: The Good Shepherd

Find Us on Facebook... Follow Us on Twitter!

In the growing communication age of college students, the Office of Academic Advising has decided to join the trend... that’s right, we’ve got a Facebook account, and we also “tweet.”

Periodically throughout the semester, students can log into their Facebook accounts to see what information we’ve added or what updates we’re providing. At times, we could be informative, and on other occasions, our communication could provide a perspective of “life” in our world of academic advising.

Students can also visit Twitter to see what specific advisors have been up to throughout the course of the semester. It’s all pure fun, and we hope that you join us in our advising adventures.



FUN FACT:

**Southern Illinois
University**

Edwardsville’s

first mascot

(1968) was a

live cougar

named

“Chimega.”