

HEALTH EDUCATION

School of Education • Department of Kinesiology and Health Education

Degrees Available at SIUE

- Bachelor of Science
- Health Endorsement: Certified teachers and pre-service teachers in other specializations can obtain a middle school or secondary endorsement in health education.

Why Health Education?

The health education program prepares students for rewarding careers in prevention education. Entry-level health educators will encourage healthy lifestyles and wellness by educating individuals and communities about behaviors that can prevent diseases, injuries and other health problems. Successful completion of the program effectively prepares students to sit for the Certified Health Education Specialist (CHES) exam, given twice yearly.

Health Education at SIUE

The health education program meets the National Commission for Health Education Credentialing (NCHEC) standards. Classes are taught by a core group of award-winning health education faculty. A unique feature of the health education program is the focus on service learning, projects and internships through community partnerships, giving students multiple opportunities throughout their studies to work in the field of health education prior to graduation. Opportunities also exist for international travel study courses and internships. Elective courses allow students to emphasize areas of interest, such as adolescent health, minority health, environmental health and global health.

Career Outlook

The career outlook is promising for health educators. Jobs are expected to increase 18 percent by 2018, making it a career with above-average growth. Our graduates are employed in entry-level positions in a variety of settings, including state and local departments of public health, non-profit organizations, corporations, schools, colleges and universities, and medical care settings. Those who wish to obtain advanced degrees in graduate school will be prepared for programs in public health, health and public administration, epidemiology, and health promotion.

Admission Requirements

To be admitted into the health education program, students must:

- Obtain a minimum cumulative GPA of 2.5.
- Complete ENG 101 and 102 with a grade of "C" or better.

To be retained, students must:

- Maintain a GPA of 2.5 in their SIUE course work.
- Obtain a grade of "B" or better in HED 201 and grades of "C" or better in all HED major classes.

Graduation Requirements

Students are required to complete a senior assignment. Successful completion of an appropriate internship culminates the student's professional preparation.

Application Deadline

No deadline.



Faculty

David Cluphf, Ed.D.

1999, West Virginia University

Jennifer Gapin, Ph.D.

2009, University of North Carolina - Greensboro

Dayna Henry, Ph.D.

2010, Indiana University

Jeff Herrick, Ph.D.

2009, Virginia Commonwealth University

Erik Kirk, Ph.D.

2004, University of Kansas

Nicole Klein, Ph.D.

1995, University of Texas - Austin

Curt Lox (Chair), Ph.D.

1994, University of Illinois

Bryan Smith, PhD.

2002, University of Missouri - Columbia

Joshua Wooten, PhD.

2008, Texas Woman's University

Huaibo Xin, DrPH

2011, University of North Carolina - Greensboro

SOUTHERN ILLINOIS UNIVERSITY
EDWARDSVILLE

SCHOOL OF EDUCATION

Continued...

Sample Four-Year Curriculum

	FALL	SPRING
YEAR 1	ENG 101 English Composition I (3) CMIS 108 Computer Concepts (recommended) (3) PSYC 111 Foundation of Psychology (Intro SS) (3) SPC 103 (IGR), 104 or 105 Speech Communication (3) Introductory Fine Arts & Humanities (3) Total hours 15	HED 201 Healthful Living+ (3) BIOL 140 Human Biology (INSM) (3) ENG 102 English Composition II (3) PHIL 106, MATH 106, or FL 106 (3) PSYC 201, 203, or 204 Developmental Psychology (3) Total hours 15
YEAR 2	HED 305 Principles & Foundations of Health Education (3) BIOL 203 Human Sexuality (Dist NSM) (3) CHEM 120a & 124a General, Organic and Biological Chemistry (recommended Intro NSM) (4) SOC 111 Introduction to Sociology (Intro SS) (3) Distribution Fine Arts & Humanities++ (3) Total hours 16	HED 380 Drugs & Other Mood Modifiers (3) HED 410 Environmental Health Education (3) SPC 201, 213, 323, or 370 (3) International Issues/Culture (II/IC) (3) Distribution Social Sciences (3) Elective* (3) Total hours 18
YEAR 3	HED 355 Community Health (3) HED 360 Nutrition, Exercise, & Weight Control (3) Interdisciplinary Studies (IS) (3) Major Elective** (3) Elective* (3) Total hours 15	HED 405 Health Behavior & Counseling (3) HED 455 Introductory Epidemiology & Biostatistics (3) HED 470 Sexuality Education (3) HED 450 Grant Writing in Health Education (3) Major Elective** (3) Total hours 15
SUMMER	HED 313 Intentional & Unintentional Injuries (3) Total Hours 3	
YEAR 4	HED 490 Theory of Practice in Community Health Ed^ (3) HED 491 Program Planning & Evaluation^ (3) HED 363 Consumer Health (3) Elective* (3) Elective* (3) Total hours 15	HED 498 Senior Professional Seminar (3) HED 499 Field Study in Health Education (9) Total hours 12

TRANSFER STUDENTS Maximize your transfer experience - complete the **bolded** courses/requirements pre-transfer **AND** satisfy the Illinois Articulation Initiative (IAI) General Ed Core or receive an AA, AS, or AAT (early childhood, special ed, or math) degree from an IAI community college. If 'Minor' requirements are shown, discuss careful course selection with the academic advising contact listed. Transfer Credit Equivalency Guides are located at siue.edu/transfer



+ HED 201 requires a grade of B or better and is the only HED course that may be taken prior to major declaration.
 * Students may elect to use electives to complete a minor or an area of focus related to their interests in Health Education. These informal focus areas include, but are not limited to, Adolescent Health, Global Public Health, Environmental Health, Gerontology, Minority Health, or preparing for a Nursing or Physical Therapy program. See Health Education advisor for more information.
 ** Major Elective - Choose any two from HED 370, 462, 465, or 471.
 ^ Class must be taken concurrently.

Kinesiology and Health Education Programs at SIUE

Undergraduate Programs

- Health Education
- Exercise Science
- Physical Education

Graduate Programs

- Exercise Physiology
- Physical Education and Sport Pedagogy
- Sport and Exercise Behavior

Academic Advising Information

Monica Kempland
 Office of Clinical Experiences, Certification and Advisement (OCECA)
 Campus Box 1126, Edwardsville, IL 62026-1126
 Phone: 618.650.2614, Fax: 618.650.3719
mkempla@siue.edu

Contact Information

Dr. Nicole Klein
 Department of Kinesiology and Health Education
 Campus Box 1126, Edwardsville, IL 62026-1126
 Phone: 618.650.3028
nklein@siue.edu